



**LCCHS**

# **DAILY HOWL**

Tuesday, April 9th, 2024

**DAY 5**

# **WEDNESDAY APRIL 10th (DAY 6)**

## **FINAL PAYMENT FOR THE TORONTO TRIP DUE**

**(Please see Mr. Dort & Mr. Rowe in the Phys Ed Hallway after 8:30 am. If you have missed a previous payment please inform us of payment availability)**

**Mandatory Meeting for all Toronto Trip participants at the beginning of Junior Lunch in the SMALL GYM (Wednesday April 10th). Room assignments and packing list. Please come prepared with your Roomates (4) names on a piece of paper if possible.**

# Sparkle Room

A clothing rack filled with various dresses, including a white peplum dress, a gold sequined dress, and a red dress.

**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*



# Staff VS Student Basketball

Thursday April 11th @ 1p.m.

All students are welcome

Sign up at both junior and senior lunch Tuesday and Wednesday

# Multicultural Food Fiesta 2024!

**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***



**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***

On **Tuesday April 30th, 2024** during both Junior & Senior lunches all L.C.C.H.S. students and staff will be invited to celebrate the cultural diversity in our school and community. This food Fiesta will consist of a cultural food sampling in the mall area. If you would like to present a country, cook traditional samples and present your kiosk on that day, come to see **Ms.Baillargeon (B-239) before April 24th to subscribe and receive all the informations. It is on a first come first serve basis. Limited places.**





International  
Baccalaureate®

Reminder: minimum annual number of hours has to be reached:

Grade 7: 5 hours

Grade 8: 5 hours

Grade 9: 10 hours

Grade 10: 15 hours

Grade 11: 15 hours

Note: Hours must be within the current school year (2023-2024)

**Important notice to all Level 1-4 IB students**

**IB Community and Service Hours.**

**Any activity between September and March that has not been entered or approved is no longer accepted. Activities prior to 2023 that were never approved have been removed. All remaining hours are to be completed between April and early June. In the future, all activities must be entered on managebac within 5 days maximum after the event.**

Balanced Day  
will be passing  
this morning  
first period.



## SUPER RECYCLERS FUNDRAISER

The LCCHS clothing drive fundraiser is launched! The more clothing, shoes, backpacks and linens collected the larger the amount LCCHS will receive to continue enhancing our school. The leadership students distributed flyers in the community to promote the event late last week. The collection truck is scheduled to arrive the afternoon of April 30th. Checkout the website with all the information. <https://www.superrecycleurs.com/>





# NIKAMU MITUITUN CONCERT

[Nikamu Mamuitun  
Concert \(youtube.com\)](#)

(6:35 min)

## NIKAMU MITUITUN CONCERT

Please take a few minutes to watch the video link with your first period class in preparation for this week's concert for those registered.

Avez-vous 14 ans ou plus?  
Êtes passionné par le soccer?  
Devenez arbitre!

Are you 14 years old and up?  
Have a passion for soccer?  
Become a referee!



Horaires flexibles  
Minimum 25\$ par match  
Date de formation: 13-14 avril

Flexible hours  
Minimum 25\$ per game  
Training date: April 13-14

CLUB SOCCER LASALLE | 8700 rue Hardy, LaSalle, QC H8N 1S2  
dref@lasallesoccer.ca | www.lasallesoccer.ca

**Washington/Philadelphia/  
New York 2024  
Senior Trip(Grade 9 & 10 )**

**Mandatory Meeting April 10th**

in room C166 at the beginning of lunch &

**I'm still missing some final payments**

Please make your final payment to  
Ms.Aubertin in the senior art room C166 !!!

# Autism Acceptance Month

April,9,2024 is a dress down day for Autism Acceptance.

Every Donation is important.

Please remember you are expected to still dress in gym clothes for Phys. Ed. Class.



# “Am I Invisible” by Dominic Walsh

Am I invisible to you

Because I don't understand your tone of voice

Or the things you do with your face and body

Am I invisible

Because you and everyone else can hear signals from a radio station that I can't

Am I invisible

Because I don't speak

So you erase me

Replace me

With an almost person

Or a jumble of clichés

Am I invisible

Because I twist my fingers

Clap my hands

Flap my hands

Repeat sounds, words, noises, sentences

That are music and poetry and liquid gold to me

Is this difference all it takes

For you not to listen

To exclude me, abuse me, institutionalise me

To speak about me as if I'm not in the room

Am I invisible

Because of words in books written by dead men

That claim I am not a real person

I exist

I am real

I'm just waiting for you to see me.

**Phoenix potential candidates!!! Please see Miss O'Neill if you are interested in learning more about the program for the 2024-2025 year. Meeting dates are at senior lunch in room c-180 from now until the end of the year.**

**- Wednesday, April 10th ( senior lunch)**

**-Thursday, April 18th (senior lunch)**

**-Wednesday, April 24th ( senior lunch)**

**-PED DAY April 29th Phoenix retreat (9 a.m -2 p.m)**

**-Wednesday, May 1st (senior lunch)**

**-Wednesday, May 8th (senior lunch)**

**-Wednesday, May 15th (senior lunch)**

**-Wednesday, May 22nd (senior lunch)**

**-Wednesday, May 29th (senior lunch)**

**You MUST see Miss O'Neill in c-180 to get any further information.**



*Congratulations to our  
Phoenix students for the  
month of March!!*

*We celebrate the following  
2 students for the month  
of February....*



# MARCH

Jaycob Sherry



For his impressive role as “Macbeth”, his quiet and intentional attention paid to his fellow man, and for his incredible ghost writing series of [The Boxing Comic](#)

# MARCH

Nolan McDermott



For reaching the highest Math 4 MEES result in Phoenix history (94%), maintaining an impressive attendance record, and for playing a mean guitar.



**Come play Chess**

**Every day 1 & 4 during jr lunch**

**in C109**



Allion lunch time activity begins tomorrow Wednesday March 20th, 2024!

Please fill in your availability on the shared document emailed to you last week. You must receive approval before the activity date.

4-5 students maximum per lunch

Please be sure to sign up for 2 dates

Volunteers:

Priya Sieunarine  
Brianna Joly  
Sarina Turner  
Keyrah Lyons-Bryan  
Cheyenne Donovan  
Daisy-Rodrigue  
Juliana Sollazzo  
Zoe Lightburn  
Isabella Mendolia  
Jada Durant  
Mckenna Johnson-Proulx  
Addison Kyle  
Saeed Alam  
Letizia Ruscitto  
Luca Boisvenue  
Tyler Dezso  
Jason Roy  
Liam Neill  
Mason Vaughn  
James Kanaras



The following LCCHS have approval to visit Allion today during 3rd period. They will be dismissed at 11 am. Students are responsible for any missed work.

**Yesterday's students will be moved to next week!**

**TODAY**

Alivia Matchett

Letizia Ruscitto

Safin Ahamed





NO CELLS  
PHONE  
ALLOWED



NO CELLS  
PHONE  
ALLOWED

# Cell Phone, Headset and EarPods

**Cell phones** must be out of sight at all times. If your phone is seen by any staff member in class and in the the hallways, it will be taken and handed into the office.

**Headsets** are not allowed to be worn over ears and/or around your neck.

**Earpods** are not allowed to be worn in your ears, in class and/or in the hallways. If your headset and/or earpods are seen by any staff member, it will be taken and handed in the the office.



shutterstock.com - 428717947



**NEW SPOTS FOR TLC CLEANUP ARE  
NOT AVAILABLE!!**



**WEDNESDAY APRIL 17TH (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony  
Roviezzo, Joudia Lamhamdi**

**WEDNESDAY MAY 2ND (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony  
Roviezzo, Luca Boisvenue**

**WEDNESDAY MAY 15TH (FILLED)**

**Cyhrrroh Thompson, Joudia Lamhamdi, Luca  
Boisvenue, Tyler Deszo**

**WEDNESDAY MAY 29 (FILLED)**

**Timothy Sule, Renato D'Avanzo–Jordan, Matias  
Cofré**

**EMAIL MR. SICOLI IF INTERESTED. BE SURE TO  
THE EXACT DATE YOU WISH TO REGISTER FOR.**

# SCHOOL NURSE At CLSC LaSalle in AM

*Emilie Babineau* 514-617-3219

[emilie.babineau.comtl@ssss.gouv.qc.ca](mailto:emilie.babineau.comtl@ssss.gouv.qc.ca)

\*\*If I am not at  
school\*\*

\*\*Call /Text me \*

**Other option: Nurse at the Youth clinic**

**Monday-Friday:**

**YOUTH CLINIC/14-24 years old 514-364-2572**

**CLSC LaSalle, 8550 Newman Blvd., H8N 1Y5, beside  
Scores**

# VACCINATION AT LCCHS

WHO? Grade 9 students

WHEN? *April 26th 2024*  
*9-15h30*



WHERE? LCCHS Auditorium

**Even if you don't get vaccinated please:**

**\*\*\* BRING your VACCINATION BOOKLET  
OR RECORD for Nurse to check\*\*\*\***

# VACCINATION AT LCCHS GRADE 9

## April 26th 2024

- Bring your **VACCINATION RECORD**  
(booklet or sheet from place of birth)
- **WEAR a T-Shirt**

### Québec



### Ontario





# Health Services if Nurse absent

**Youth Clinics are open 14-24 years old FREE!**

**CLSC LaSalle or Lachine or Pointe-Claire or Pierrefonds:**

**[Book Appointment:](#) by phone: 514-697-4110 ext. 1313**

OR

Online on  
**Clicsanté.ca**



The screenshot shows the CLIC SANTÉ website interface. At the top left is the CLIC SANTÉ logo. To its right are four buttons: 'BOOK AN APPOINTMENT', 'CANCEL APPOINTMENT', 'CREATE MY ACCOUNT', and 'LOGIN'. Below this is a section titled 'BOOK YOUR APPOINTMENT' with a search bar containing the text 'Search for a service...' and a 'Q SEARCH' button. A dark blue horizontal bar below the search bar is labeled '1. SELECT A CATEGORY'. Underneath this bar are seven service categories, each with an icon and text: 'COVID-19' (virus icon), 'Blood Test, Screening and Specimens' (test tube icon), 'Vaccination' (syringe icon), 'Youth clinics and Aire ouverte' (youth icon, circled in red), 'STBBI and Sexual Health' (water drop icon), 'Consultation in a pharmacy' (pharmacy icon), and 'Consultation with a professional' (hand with cross icon). A timestamp '4:17 PM' is visible in the bottom right corner.



## *IB learner profile of the month (RISK-TAKERS)*

*This month we are looking to celebrate the IB learner profile trait of being a RISK-TAKER*

*IB student for the Month for April will be selected by the IB Arts teachers at the end of the month!*

### *Risk-Taker:*

*Students who are risk-takers are willing to step outside their comfort zone and try something new in the hopes of gaining new knowledge or additional skills. They are comfortable being challenged and welcome opportunities to explore new ideas.*



# CONGRATULATIONS TO OUR IB MOST BALANCED STUDENTS DURING THE MONTH OF MARCH!! YOUR IB PHYS.ED TEACHERS PROUDLY SELECTED THE FOLLOWING IB STUDENTS:

Balanced (Health and Physical Education; March)		
Level 1	51	Amanda Kenny Perez
	52	Timothy Sule
Level 2	51	Matias Cofre
	52	Ella Graham-Roache
Level 3	51	Sami Mughal
	52	Courtney McLellan
Level 4	51	Brianna Joly
	52	David Cutler
Level 5	51	Nicolas Assousa
	52	Kyla Lecouteur / Luca Macri

Academic & Vocational Counsellor : **Lisa Davis-Mancini**

Appointments available: **Tues, Wed and Friday**

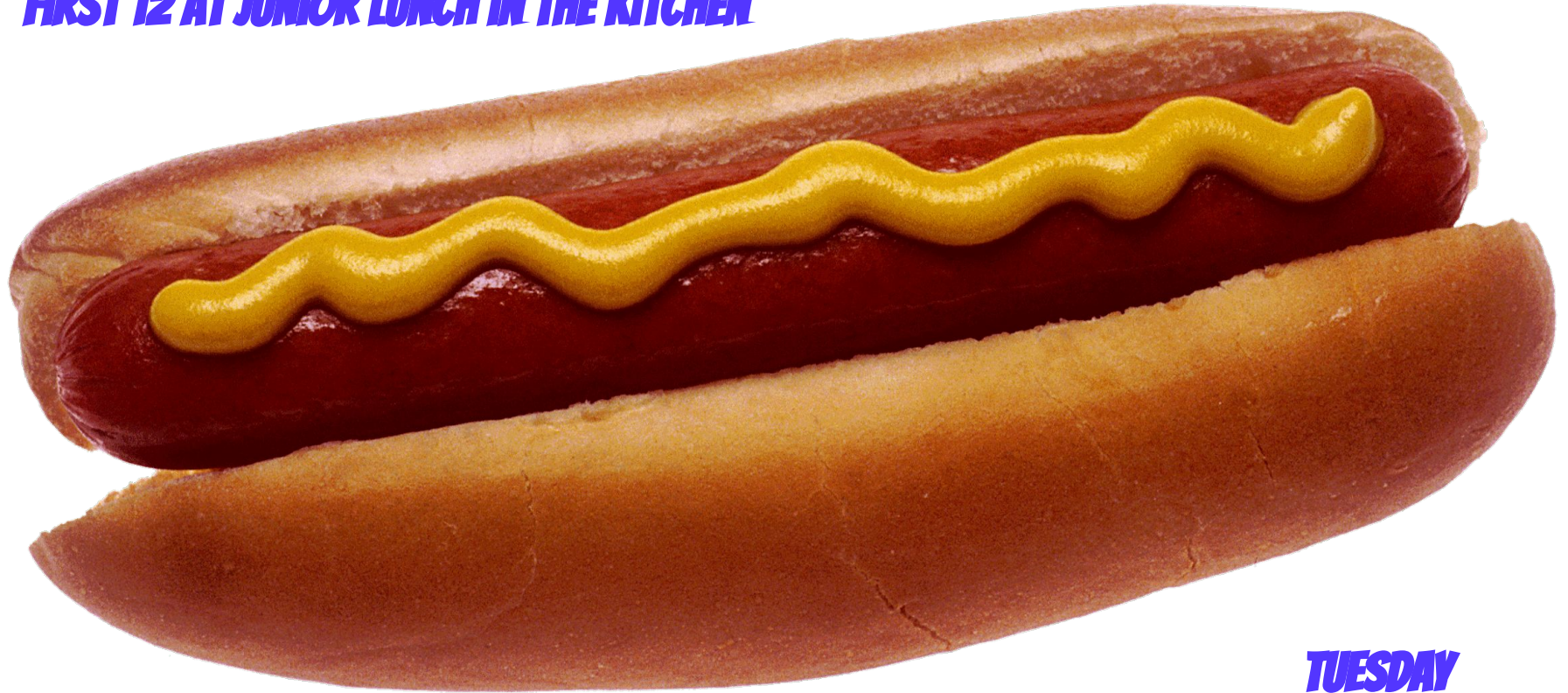
E-mail: [ldavis@lbperson.ca](mailto:ldavis@lbperson.ca)

Tel : 514-595-2050, ext. **20321**

Room **B235**



***FIRST 12 AT JUNIOR LUNCH IN THE KITCHEN***



***YOU CAN ONLY CHOOSE TUESDAY OR WEDNESDAY***

***TUESDAY  
&  
WEDNESDAY***



**Wanna know how to make a creamy alfredo sauce with chicken? Join us in the kitchen during Senior lunch**

**TUESDAY & WEDNESDAY**



Senior **B**ook Club

Wednesday & Friday this week

In the planning room C229

At senior lunch at 1:00- 1:30

# BOOK CLUB

# Run For It



Since 2018, there has been a 22% increase in young Canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- \* Starting: Tuesday April 9th
- \* When: Tuesday and Thursday after school
- \* Length: 6-8 weeks
- \* Race date: June 9th
- \* Sign up: See Ms. Joanne
- \* Email: [jgraham@lbpsb.qc.ca](mailto:jgraham@lbpsb.qc.ca)





# AFTER SCHOOL ACTIVITIES **NEWS**

**TUESDAY ACTIVITIES**

**SENIOR VOLLEYBALL CLUB**  
**TUESDAYS AFTER SCHOOL**



**ANY AND ALL SKILL LEVELS WELCOME**  
**SMALL GYM**



A close-up photograph of a ping pong table. The table is green with a white line. A white ping pong ball is on the table. A wooden paddle with a blue rubber surface is in the foreground, slightly out of focus. The background shows a green mesh net.

**Ping pong w/Mr. Elkin  
Tuesdays**

Cooking today at  
3:40pm!!!

Bring a smile and a  
container for your  
treats.

Can't wait to see you!

Ms. Cynthia, Ms. Karen  
and Ms. Lorine



COOKING!

JUNIOR



B203  
MUSIC ROOM

DUNGEONS AND DRAGONS

# **Weight & Strength Training**

A bodybuilder with a very muscular physique is shown from the waist up, flexing his right arm and shoulder. He is wearing a red singlet and has a confident, smiling expression. The background is a solid, bright blue color. The lighting is dramatic, highlighting the contours of his muscles.

**MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES**

**GET THE HELP YOU NEED!**

**LCCHS HOMEWORK ZONE**

**Monday to Thursday**

**3:40 - 4:40 pm**

**Library**

**Help  
available**



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone/with friends