



**LCCHS**

# **DAILY HOWL**

Monday, April 15th, 2024

**DAY 3**

Any **girl** that wants to play on the **GMAA Flag Football Team** must show up to practice **Monday, April 15th at 3:40 pm** and **Tuesday, April 16th at 3:40 pm** outside on the turf field. First game is Thursday.



To all boys interested in track and field, please sign up outside of the phys. ed office! If you have any questions, please come see Mr. Abracen, Mr. Myerson, or Mr. Lalonde.

Let's defend our banner!"





## Community and Service Hours 1st Opportunity!

Park Riverside Track Event  
May 26th.

-Location: Keith Ewenson  
Stadium

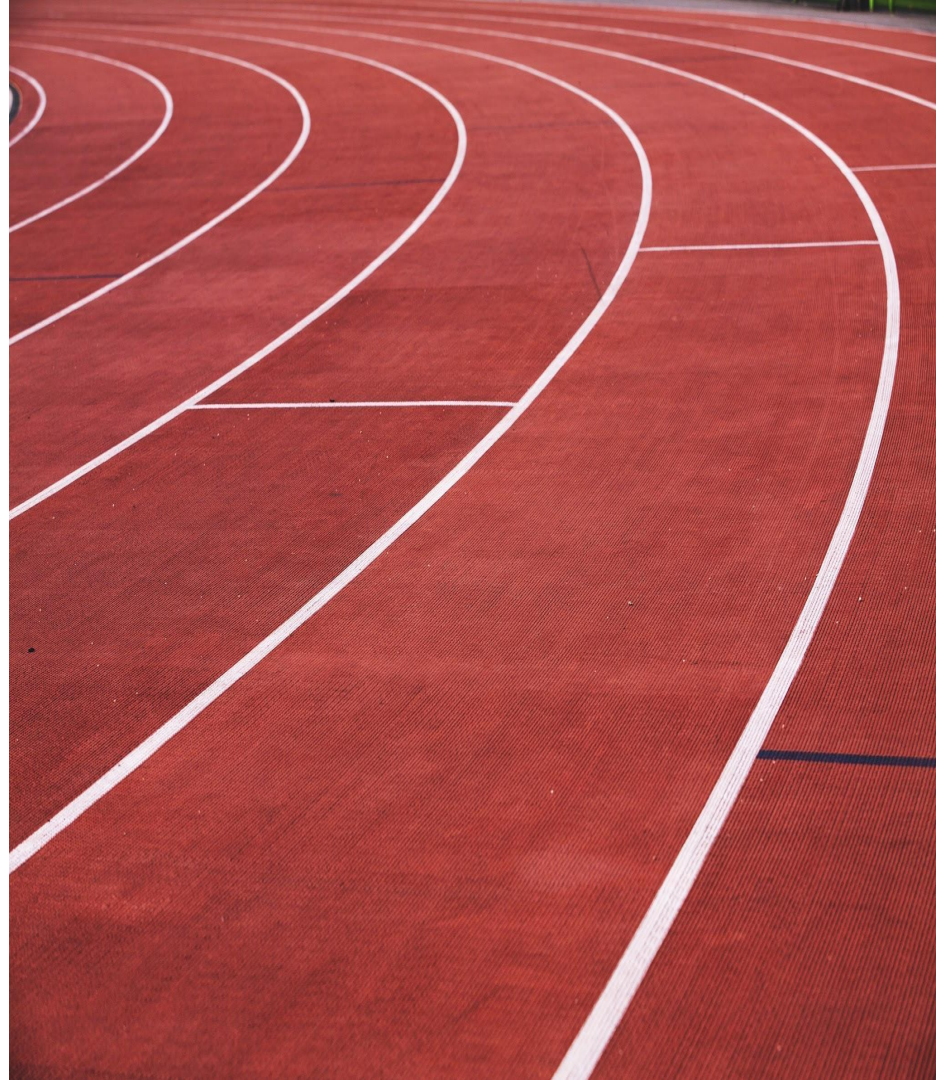
8299 Central- Corner Central  
and Raymond (Riverside Park  
track)

-Arrival Time 7am

-Lunch will be provided

Accepting first 25 students.

Email Mr. Sicoli if interested



# Community Service 2nd Opportunity St. John Brebeuf Car Wash

It will be on Saturday May  
25,2024 from 9:00am to 2:00pm  
at St. John Brebeuf parking lot.

7777 George Street

15 students needed!

Email Mr. Sicoli if interested!!



# Attention Sec 4 IB Students

**There will be an IB  
personal project class  
presentation next week!**

**Start thinking of a topic  
that you may want to  
select for the upcoming  
year!!**





# Sparkle Room

A clothing rack filled with various dresses, including a white peplum dress, a gold sequined dress, and a red dress.

**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*

# Multicultural Food Fiesta 2024!

**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***



**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***

On **Tuesday April 30th, 2024** during both Junior & Senior lunches all L.C.C.H.S. students and staff will be invited to celebrate the cultural diversity in our school and community. This food Fiesta will consist of a cultural food sampling in the mall area. If you would like to present a country, cook traditional samples and present your kiosk on that day, come to see **Ms.Baillargeon (B-239) before April 24th to subscribe and receive all the informations. It is on a first come first serve basis. Limited places.**





## SUPER RECYCLERS FUNDRAISER

The LCCHS clothing drive fundraiser is launched! The more clothing, shoes, backpacks and linens collected the larger the amount LCCHS will receive to continue enhancing our school. The leadership students distributed flyers in the community to promote the event late last week. The collection truck is scheduled to arrive the afternoon of April 30th. Checkout the website with all the information. <https://www.superrecycleurs.com/>



**Phoenix potential candidates!!! Please see Miss O'Neill if you are interested in learning more about the program for the 2024-2025 year. Meeting dates are at senior lunch in room c-180 from now until the end of the year.**

**- Wednesday, April 10th ( senior lunch)**

**-Thursday, April 18th (senior lunch)**

**-Wednesday, April 24th ( senior lunch)**

**-PED DAY April 29th Phoenix retreat (9 a.m -2 p.m)**

**-Wednesday, May 1st (senior lunch)**

**-Wednesday, May 8th (senior lunch)**

**-Wednesday, May 15th (senior lunch)**

**-Wednesday, May 22nd (senior lunch)**

**-Wednesday, May 29th (senior lunch)**

**You MUST see Miss O'Neill in c-180 to get any further information.**



*Congratulations to our  
Phoenix students for the  
month of March!!*

*We celebrate the following  
2 students for the month  
of February....*





# MARCH

Jaycob Sherry



For his impressive role as “Macbeth”, his quiet and intentional attention paid to his fellow man, and for his incredible ghost writing series of [The Boxing Comic](#)

# MARCH

Nolan McDermott



For reaching the highest Math 4 MEES result in Phoenix history (94%), maintaining an impressive attendance record, and for playing a mean guitar.

**Come play Chess**

**Every day 1 & 4 during jr lunch**

**in C109**



Allion lunch time activity begins tomorrow Wednesday March 20th, 2024!

Please fill in your availability on the shared document emailed to you last week. You must receive approval before the activity date.

4-5 students maximum per lunch

Please be sure to sign up for 2 dates

Volunteers:

Priya Sieunarine  
Brianna Joly  
Sarina Turner  
Keyrah Lyons-Bryan  
Cheyenne Donovan  
Daisy-Rodrigue  
Juliana Sollazzo  
Zoe Lightburn  
Isabella Mendolia  
Jada Durant  
Mckenna Johnson-Proulx  
Addison Kyle  
Saeed Alam  
Letizia Ruscitto  
Luca Boisvenue  
Tyler Dezso  
Jason Roy  
Liam Neill  
Mason Vaughn  
James Kanaras







NO CELLS  
PHONE  
ALLOWED



NO CELLS  
PHONE  
ALLOWED

# Cell Phone, Headset and EarPods

**Cell phones** must be out of sight at all times. If your phone is seen by any staff member in class and in the the hallways, it will be taken and handed into the office.

**Headsets** are not allowed to be worn over ears and/or around your neck.

**Earpods** are not allowed to be worn in your ears, in class and/or in the hallways. If your headset and/or earpods are seen by any staff member, it will be taken and handed in the the office.



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**NEW SPOTS FOR TLC CLEANUP ARE  
NOT AVAILABLE!!**



**WEDNESDAY APRIL 17TH (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony  
Roviezzo, Joudia Lamhamdi**

**WEDNESDAY MAY 2ND (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony  
Roviezzo, Luca Boisvenue**

**WEDNESDAY MAY 15TH (FILLED)**

**Cyhrrroh Thompson, Joudia Lamhamdi, Luca  
Boisvenue, Tyler Deszo**

**WEDNESDAY MAY 29 (FILLED)**

**Timothy Sule, Renato D'Avanzo–Jordan, Matias  
Cofré**

**EMAIL MR. SICOLI IF INTERESTED. BE SURE TO  
THE EXACT DATE YOU WISH TO REGISTER FOR.**

# SCHOOL NURSE At CLSC LaSalle in AM

*Emilie Babineau* 514-617-3219

[emilie.babineau.comtl@ssss.gouv.qc.ca](mailto:emilie.babineau.comtl@ssss.gouv.qc.ca)

\*\*If I am not at  
school\*\*

\*\*Call /Text me \*

**Other option: Nurse at the Youth clinic**

**Monday-Friday:**

**YOUTH CLINIC/14-24 years old 514-364-2572**

**CLSC LaSalle, 8550 Newman Blvd., H8N 1Y5, beside  
Scores**



# VACCINATION AT LCCHS

WHO? Grade 9 students

WHEN? *April 26th 2024*  
*9-15h30*



WHERE? LCCHS Auditorium

**Even if you don't get vaccinated please:**

**\*\*\* BRING your VACCINATION BOOKLET  
OR RECORD for Nurse to check\*\*\*\***

# VACCINATION AT LCCHS GRADE 9

## April 26th 2024

- Bring your **VACCINATION RECORD**  
(booklet or sheet from place of birth)
- **WEAR a T-Shirt**

### Québec



### Ontario



# Health Services if Nurse absent

**Youth Clinics are open 14-24 years old FREE!**

**CLSC LaSalle or Lachine or Pointe-Claire or Pierrefonds:**

**[Book Appointment:](#) by phone: 514-697-4110 ext. 1313**

OR

Online on  
**Clicsanté.ca**



The screenshot shows the CLIC SANTÉ website interface. At the top left is the CLIC SANTÉ logo. To its right are four buttons: [BOOK AN APPOINTMENT](#), [CANCEL APPOINTMENT](#), [CREATE MY ACCOUNT](#), and [LOGIN](#). Below these is a section titled "BOOK YOUR APPOINTMENT" with a search bar containing the text "Search for a service..." and a "Q SEARCH" button. Underneath is a dark blue bar with the heading "1. SELECT A CATEGORY". Below this bar are seven service categories, each with an icon and text: COVID-19 (virus icon), Blood Test, Screening and Specimens (test tube icon), Vaccination (syringe icon), Youth clinics and Aire ouverte (youth icon, circled in red), STBBI and Sexual Health (water drop icon), Consultation in a pharmacy (pharmacist icon), and Consultation with a professional (hand with plus icon). A timestamp "4:17 PM" is visible in the bottom right corner.



## ***IB learner profile of the month (RISK-TAKERS)***

*This month we are looking to celebrate the IB learner profile trait of being a RISK-TAKER*

*IB student for the Month for April will be selected by the IB Arts teachers at the end of the month!*

### ***Risk-Taker:***

*Students who are risk-takers are willing to step outside their comfort zone and try something new in the hopes of gaining new knowledge or additional skills. They are comfortable being challenged and welcome opportunities to explore new ideas.*



IB Learners strive to embody these ten traits...



**CONGRATULATIONS TO OUR IB MOST BALANCED STUDENTS DURING THE MONTH OF MARCH!! YOUR IB PHYS.ED TEACHERS PROUDLY SELECTED THE FOLLOWING IB STUDENTS:**

<b>Balanced (Health and Physical Education; March)</b>		
Level 1	51	Amanda Kenny Perez
	52	Timothy Sule
Level 2	51	Matias Cofre
	52	Ella Graham-Roache
Level 3	51	Sami Mughal
	52	Courtney McLellan
Level 4	51	Brianna Joly
	52	David Cutler
Level 5	51	Nicolas Assousa
	52	Kyla Lecouteur / Luca Macri

Academic & Vocational Counsellor : **Lisa Davis-Mancini**

Appointments available: **Tues, Wed and Friday**

E-mail: [ldavis@lbperson.ca](mailto:ldavis@lbperson.ca)

Tel : 514-595-2050, ext. **20321**

Room **B235**





**WANNA MAKE SPAGHETTI &  
GARLIC BREAD? COME TO THE  
KITCHEN.**

**JUNIOR LUNCH - TUESDAY &  
THURSDAY**





**MAKING PANINIS ARE EASY, FUN, & DELICIOUS! JOIN US AT SENIOR LUNCH IN THE KITCHEN TO MAKE ONE.**

**TUESDAY**





Senior **Book** Club

Tuesday & Thursday this week

In the planning room C229

At senior lunch at 1:00- 1:30

# BOOK CLUB



**PLEASE HAVE A CHANGE OF CLOTHES OTHERWISE YOU MAY NOT BE LET IN**

**THURSDAY (11:46am)  
JUNIOR LUNCH**

**THURSDAY  
SENIOR LUNCH AT 1PM  
WEIGHT ROOM WILL BE OPEN FOR FIRST 8 STUDENTS**

# AFTER SCHOOL ACTIVITIES **NEWS**

## MONDAY ACTIVITIES



Cooking today at  
3:40pm!!!

Bring a smile and a  
container for your  
treats.

Can't wait to see you!

Ms. Cynthia, Ms. Karen  
and Ms. Lorine



COOKING!



# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in white, bold, sans-serif font. At the bottom, there is a black banner with white text that reads "MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES".

**MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES**



# CURL LOVE

**LEARN ALL ABOUT TAKING CARE AND STYLING  
OF YOUR HAIR. ALL HAIR TYPES ARE WELCOME.**

**SEE MS. CASSANDRA TO SIGN UP**

**MONDAYS  
3:45PM - 4:45PM  
WITH MS. RENEE  
INNOVATION ROOM**

# Podcasting 101

- Learn about and plan a podcast
- Booking, interviewing guests
- Building an audience
- Editing, uploading and publishing your podcast

**Mondays with Ms. Loreena**  
**Innovation Room**





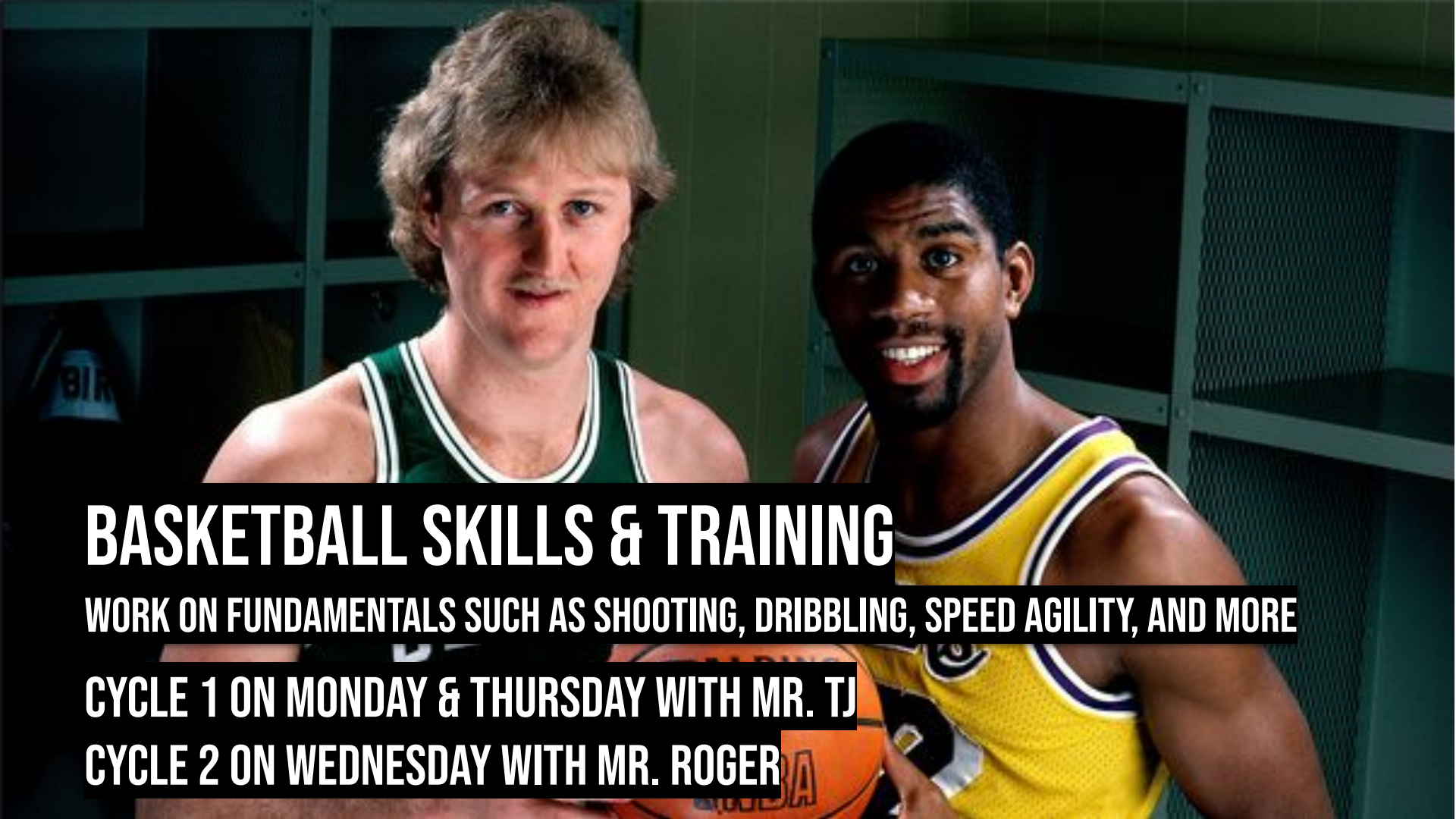


# Guitar Club

With Mr. Brault and Mr. Mott  
Monday's at 3:45-4:45  
Music Room

See Ms. Cassandra to sign up





# **BASKETBALL SKILLS & TRAINING**

**WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE**

**CYCLE 1 ON MONDAY & THURSDAY WITH MR. TJ**

**CYCLE 2 ON WEDNESDAY WITH MR. ROGER**

**GET THE HELP YOU NEED!**

**LCCHS HOMEWORK ZONE**

**Monday to Thursday**

**3:40 - 4:40 pm**

**Library**

**Help  
available**



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone/with friends