



**LCCHS**

# **DAILY HOWL**

Tuesday, April 16th, 2024

**DAY 4**

Done with your library books?

Then please bring them back to the library!

There are return boxes both outside the library and on the circulation desk.



**READ IT,  
LOVE IT,  
RETURN IT!**

Any **girl** that wants to play on the GMAA **Flag Football Team** must show up to practice **today Tuesday, April 16th at 3:40 pm outside on the turf field.** First game is Thursday.



# Grad pics - Retakes



April 25 - 12:45 pm (mini-day)

Please email me [tgesto@lbpearson.ca](mailto:tgesto@lbpearson.ca) if you need retakes or if you have any questions.



Please note that both codes will remain open so you can buy from both sessions.

To all boys interested in track and field, please sign up outside of the phys. ed office! If you have any questions, please come see Mr. Abracen, Mr. Myerson, or Mr. Lalonde.

Let's defend our banner!"



## Community and Service Hours 1st Opportunity!

Park Riverside Track Event  
May 26th.

-Location: Keith Ewenson  
Stadium

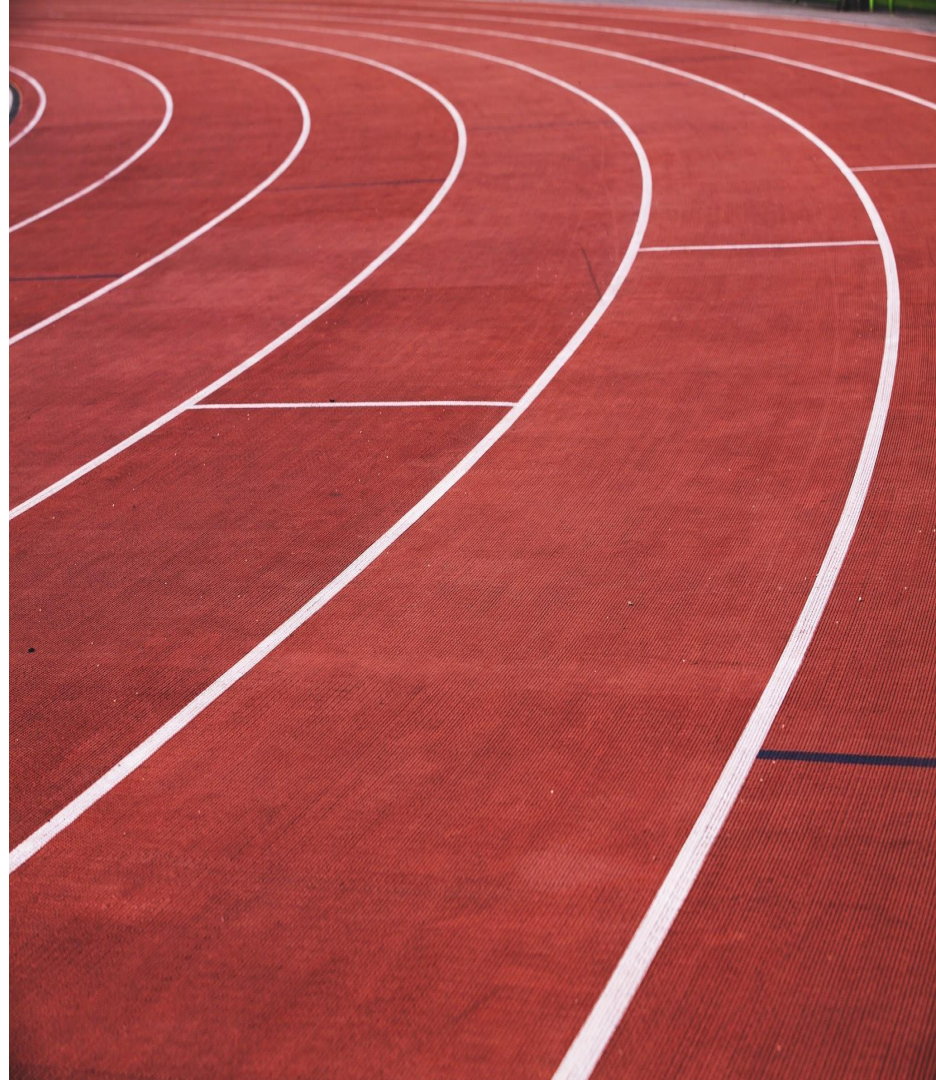
8299 Central- Corner Central  
and Raymond (Riverside Park  
track)

-Arrival Time 7am

-Lunch will be provided

Accepting first 25 students.

Email Mr. Sicoli if interested



# Community Service 2nd Opportunity St. John Brebeuf Car Wash

It will be on Saturday May  
25,2024 from 9:00am to 2:00pm  
at St. John Brebeuf parking lot.

7777 George Street

15 students needed!

Email Mr. Sicoli if interested!!



# Attention Sec 4 IB Students

**There will be an IB  
personal project class  
presentation next week!**

**Start thinking of a topic  
that you may want to  
select for the upcoming  
year!!**





# Sparkle Room

A clothing rack filled with various dresses, including a white peplum dress, a gold sequined dress, and a red dress.

**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*

# Multicultural Food Fiesta 2024!

**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***



**\*\*\*Last day to sign up:  
Wednesday, April 24th\*\*\***

On **Tuesday April 30th, 2024** during both Junior & Senior lunches all L.C.C.H.S. students and staff will be invited to celebrate the cultural diversity in our school and community. This food Fiesta will consist of a cultural food sampling in the mall area. If you would like to present a country, cook traditional samples and present your kiosk on that day, come to see **Ms.Baillargeon (B-239) before April 24th to subscribe and receive all the informations. It is on a first come first serve basis. Limited places.**



## SUPER RECYCLERS FUNDRAISER

The LCCHS clothing drive fundraiser is launched! The more clothing, shoes, backpacks and linens collected the larger the amount LCCHS will receive to continue enhancing our school. The leadership students distributed flyers in the community to promote the event late last week. The collection truck is scheduled to arrive the afternoon of April 30th. Checkout the website with all the information. <https://www.superrecycleurs.com/>



**Phoenix potential candidates!!! Please see Miss O'Neill if you are interested in learning more about the program for the 2024-2025 year. Meeting dates are at senior lunch in room c-180 from now until the end of the year.**

**- Wednesday, April 10th ( senior lunch)**

**-Thursday, April 18th (senior lunch)**

**-Wednesday, April 24th ( senior lunch)**

**-PED DAY April 29th Phoenix retreat (9 a.m -2 p.m)**

**-Wednesday, May 1st (senior lunch)**

**-Wednesday, May 8th (senior lunch)**

**-Wednesday, May 15th (senior lunch)**

**-Wednesday, May 22nd (senior lunch)**

**-Wednesday, May 29th (senior lunch)**

**You MUST see Miss O'Neill in c-180 to get any further information.**



*Congratulations to our  
Phoenix students for the  
month of March!!*

*We celebrate the following  
2 students for the month  
of February....*



# MARCH

Jaycob Sherry



For his impressive role as “Macbeth”, his quiet and intentional attention paid to his fellow man, and for his incredible ghost writing series of [The Boxing Comic](#)

# MARCH

Nolan McDermott



For reaching the highest Math 4 MEES result in Phoenix history (94%), maintaining an impressive attendance record, and for playing a mean guitar.

**Come play Chess**

**Every day 1 & 4 during jr lunch**

**in C109**



Allion lunch time activity begins tomorrow Wednesday March 20th, 2024!

Please fill in your availability on the shared document emailed to you last week. You must receive approval before the activity date.

4-5 students maximum per lunch

Please be sure to sign up for 2 dates

Volunteers:

Priya Sieunarine  
Brianna Joly  
Sarina Turner  
Keyrah Lyons-Bryan  
Cheyenne Donovan  
Daisy-Rodrigue  
Juliana Sollazzo  
Zoe Lightburn  
Isabella Mendolia  
Jada Durant  
Mckenna Johnson-Proulx  
Addison Kyle  
Saeed Alam  
Letizia Ruscitto  
Luca Boisvenue  
Tyler Dezso  
Jason Roy  
Liam Neill  
Mason Vaughn  
James Kanaras







NO CELLS  
PHONE  
ALLOWED



NO CELLS  
PHONE  
ALLOWED

# Cell Phone, Headset and EarPods

**Cell phones** must be out of sight at all times. If your phone is seen by any staff member in class and in the the hallways, it will be taken and handed into the office.

**Headsets** are not allowed to be worn over ears and/or around your neck.

**Earpods** are not allowed to be worn in your ears, in class and/or in the hallways. If your headset and/or earpods are seen by any staff member, it will be taken and handed in the the office.



shutterstock.com - 428717947



**NEW SPOTS FOR TLC CLEANUP ARE  
NOT AVAILABLE!!**



**WEDNESDAY APRIL 17TH (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony Roviezzo, Joudia Lamhamdi**

**WEDNESDAY MAY 2ND (FILLED)**

**Evan Flores Doyle, Cyhrrroh Thompson, Anthony Roviezzo, Luca Boisvenue**

**WEDNESDAY MAY 15TH (FILLED)**

**Cyhrrroh Thompson, Joudia Lamhamdi, Luca Boisvenue, Tyler Deszo**

**WEDNESDAY MAY 29 (FILLED)**

**Timothy Sule, Renato D'Avanzo-Jordan, Matias Cofré**

**EMAIL MR. SICOLI IF INTERESTED. BE SURE TO  
THE EXACT DATE YOU WISH TO REGISTER FOR.**

# SCHOOL NURSE At CLSC LaSalle in AM

*Emilie Babineau* 514-617-3219

[emilie.babineau.comtl@ssss.gouv.qc.ca](mailto:emilie.babineau.comtl@ssss.gouv.qc.ca)

\*\*If I am not at  
school\*\*

\*\*Call /Text me \*

**Other option: Nurse at the Youth clinic**

**Monday-Friday:**

**YOUTH CLINIC/14-24 years old 514-364-2572**

**CLSC LaSalle, 8550 Newman Blvd., H8N 1Y5, beside  
Scores**

# VACCINATION AT LCCHS

WHO? Grade 9 students

WHEN? *April 26th 2024*  
*9-15h30*



WHERE? LCCHS Auditorium

**Even if you don't get vaccinated please:**

**\*\*\* BRING your VACCINATION BOOKLET  
OR RECORD for Nurse to check\*\*\*\***

# VACCINATION AT LCCHS GRADE 9

## April 26th 2024

- Bring your **VACCINATION RECORD**  
(booklet or sheet from place of birth)
- **WEAR a T-Shirt**

### Québec



### Ontario



# Health Services if Nurse absent

**Youth Clinics are open 14-24 years old FREE!**

**CLSC LaSalle or Lachine or Pointe-Claire or Pierrefonds:**

**[Book Appointment:](#) by phone: 514-697-4110 ext. 1313**

OR

Online on  
**Clicsanté.ca**



The screenshot shows the CLIC SANTÉ website interface. At the top, there is a navigation bar with the CLIC SANTÉ logo and buttons for 'BOOK AN APPOINTMENT', 'CANCEL APPOINTMENT', 'CREATE MY ACCOUNT', and 'LOGIN'. Below this is a section titled 'BOOK YOUR APPOINTMENT' with a search bar and a 'SEARCH' button. A dark blue banner below the search bar reads '1. SELECT A CATEGORY'. Underneath, there are seven category icons with labels: COVID-19, Blood Test, Screening and Specimens, Vaccination, Youth clinics and Aire ouverte (circled in red), STBBI and Sexual Health, Consultation in a pharmacy, and Consultation with a professional. A timestamp '4:17 PM' is visible in the bottom right corner.



## ***IB learner profile of the month (RISK-TAKERS)***

*This month we are looking to celebrate the IB learner profile trait of being a RISK-TAKER*

*IB student for the Month for April will be selected by the IB Arts teachers at the end of the month!*

### ***Risk-Taker:***

*Students who are risk-takers are willing to step outside their comfort zone and try something new in the hopes of gaining new knowledge or additional skills. They are comfortable being challenged and welcome opportunities to explore new ideas.*



# CONGRATULATIONS TO OUR IB MOST BALANCED STUDENTS DURING THE MONTH OF MARCH!! YOUR IB PHYS.ED TEACHERS PROUDLY SELECTED THE FOLLOWING IB STUDENTS:

Balanced (Health and Physical Education; March)		
Level 1	51	Amanda Kenny Perez
	52	Timothy Sule
Level 2	51	Matias Cofre
	52	Ella Graham-Roache
Level 3	51	Sami Mughal
	52	Courtney McLellan
Level 4	51	Brianna Joly
	52	David Cutler
Level 5	51	Nicolas Assousa
	52	Kyla Lecouteur / Luca Macri



Academic & Vocational Counsellor : **Lisa Davis-Mancini**

Appointments available: **Tues, Wed and Friday**

E-mail: [ldavis@lbperson.ca](mailto:ldavis@lbperson.ca)

Tel : 514-595-2050, ext. **20321**

Room **B235**





**WANNA MAKE SPAGHETTI &  
GARLIC BREAD? COME TO THE  
KITCHEN.**

**JUNIOR LUNCH - TUESDAY &  
THURSDAY**



**MAKING PANINIS ARE EASY, FUN, & DELICIOUS! JOIN US AT SENIOR LUNCH IN THE KITCHEN TO MAKE ONE.**

**TUESDAY**



Senior **Book** Club

Tuesday & Thursday this week

In the planning room C229

At senior lunch at 1:00- 1:30

# BOOK CLUB



**PLEASE HAVE A CHANGE OF CLOTHES OTHERWISE YOU MAY NOT BE LET IN**

**THURSDAY (11:46am)  
JUNIOR LUNCH**

**THURSDAY  
SENIOR LUNCH AT 1PM  
WEIGHT ROOM WILL BE OPEN FOR FIRST 8 STUDENTS**

# AFTER SCHOOL ACTIVITIES **NEWS**

TUESDAY ACTIVITIES

# Run For It



Since 2018, there has been a 22% increase in young Canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- \* When: Tuesday and Thursday after school
- \* Length: 6-8 weeks
- \* Race date: June 9th
- \* Sign up: See Ms. Joanne
- \* Email: [jgraham@lbpsb.qc.ca](mailto:jgraham@lbpsb.qc.ca)



**SENIOR VOLLEYBALL CLUB**  
**TUESDAYS AFTER SCHOOL**



**ANY AND ALL SKILL LEVELS WELCOME**  
**SMALL GYM**





A close-up photograph of a ping pong table. The table is green with a white line. A white ping pong ball is on the table. A wooden paddle with a blue rubber surface is in the foreground, slightly out of focus. The background shows a green mesh net.

**Ping pong w/Mr. Elkin  
Tuesdays**

JUNIOR



B203  
MUSIC ROOM

DUNGEONS AND DRAGONS

Cooking today at  
3:40pm!!!

Bring a smile and a  
container for your  
treats.

Can't wait to see you!

Ms. Cynthia, Ms. Karen  
and Ms. Lorine



COOKING!

# **Weight & Strength Training**

A bodybuilder with a very muscular physique is shown from the waist up, flexing his right arm and shoulder. He is wearing a red singlet and has a confident, smiling expression. The background is a solid, bright blue color. The lighting is bright, highlighting the contours of his muscles.

**MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES**

**GET THE HELP YOU NEED!**

**LCCHS HOMEWORK ZONE**

**Monday to Thursday**

**3:40 - 4:40 pm**

**Library**

**Help  
available**



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone/with friends