



LCCHS

DAILY HOWL

Friday, May 3rd 2024

DAY 4

Open-Mic Day

When: May 8, 2024

After the Mini-Day at
7:15 PM

Where: In the mall
area

What: You can sing,
dance, tell jokes, Rap,
play an instrument
and read poetry or
any other musical
secret talent you have.

Use this link to sign
up-

https://docs.google.com/forms/d/e/1FAIpOLsDJKIAne1b_BpX9DwRxxroO



Done with your library books?

Then please bring them back to the library!

There are return boxes both outside the library and on the circulation desk.



**READ IT,
LOVE IT,
RETURN IT!**

GRADE 9 OTTAWA TRIP

TUESDAY, MAY 21

Please hand in your **permission forms** to Ms. Milton (C203) or Ms. Cleveland (C255) as soon as possible.

Deadline: Tuesday, May 7!

If you need a new form, see Ms. Milton in room C203.

To all 2023-24 LCCHS GMAA athletes. We will be holding our sports banquet on **May 8th**.

-Pizza lunch at the conclusion of the mini day.

-Awards ceremony in the auditorium, after lunch.

Please RSVP using the link that you received either by email or in your team communication group.

LCCHS Athletics



NOTICE: COMMUNITY AND SERVICE

THE ST. JOHN BREBEUF CAR WASH HAS BEEN POSTPONED. HOWEVER, ALL STUDENTS THAT HAVE ALREADY REGISTERED ARE GIVEN PRIORITY TO PARTICIPATE AT THE BREBEUF ANNUAL YARD SALE DURING THE FIRST WEEK OF JUNE. MR.SICOLI WILL SEND THE EXACT DETAILS TO ALL STUDENTS REGISTERED BY EMAIL TODAY. ONCE RECEIVED, PLEASE CONFIRM IF YOU PLAN ON PARTICIPATING.
THANK YOU



Wolfpack!!! Today during senior lunch there will be a presentation and dance lesson for traditional Irish dance in the innovation room. Let's finish off our multicultural week with some fun!

Sparkle Room

A clothing rack filled with various dresses, including a white peplum dress, a gold sequined dress, and a red dress.

**Please visit
the Office
to schedule
your visit
to the**

Sparkle Room

Free Lunch this Friday May 3rd

The next free lunch is this Friday May 3rd.

The dates for the next free lunch is May 3rd and May 31st. In lieu of Asian Heritage month, the menu will be Asian inspired!

Searching for 2 junior and 1 senior helper.

Junior Helpers: Dante Carmosino

Senior Helpers: Matthew Monette, Louis Sarasua-Purcell

Email Mr. Sicoli if interested.



Well the usual suspects were up to their old tricks again. Below is list of the girls that qualified for the GMAA Girls Outdoor Track & Field Championships on May 7th:

Ella Graham-Roche x3 Cassandra
Veerabadren x3 Amber Stephen x1
Brianna Joly x2 Alicia Williams x2 Assia
Victor x4 Seanna Mcfarlane-Scott x5

Wish them luck!!



Phoenix potential candidates!!! Please see Miss O'Neill if you are interested in learning more about the program for the 2024-2025 year. Meeting dates are at senior lunch in room c-180 from now until the end of the year.

- Wednesday, April 10th (senior lunch)

-Thursday, April 18th (senior lunch)

-Wednesday, April 24th (senior lunch)

-PED DAY April 29th Phoenix retreat (9 a.m -2 p.m)

-Wednesday, May 1st (senior lunch)

-Wednesday, May 8th (senior lunch)

-Wednesday, May 15th (senior lunch)

-Wednesday, May 22nd (senior lunch)

-Wednesday, May 29th (senior lunch)

You MUST see Miss O'Neill in c-180 to get any further information.



*Congratulations to our
Phoenix students for the
month of March!!*

*We celebrate the following
2 students for the month
of February....*



MARCH

Jaycob Sherry



For his impressive role as “Macbeth”, his quiet and intentional attention paid to his fellow man, and for his incredible ghost writing series of The Boxing Comic

MARCH

Nolan McDermott



For reaching the highest Math 4 MEES result in Phoenix history (94%), maintaining an impressive attendance record, and for playing a mean guitar.

Come play Chess

Every day 1 & 4 during jr lunch

in C109





NO CELLS
PHONE
ALLOWED



NO CELLS
PHONE
ALLOWED

Cell Phone, Headset and EarPods

Cell phones must be out of sight at all times. If your phone is seen by any staff member in class and in the the hallways, it will be taken and handed into the office.

Headsets are not allowed to be worn over ears and/or around your neck.

Earpods are not allowed to be worn in your ears, in class and/or in the hallways. If your headset and/or earpods are seen by any staff member, it will be taken and handed in the the office.



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**NEW SPOTS FOR TLC CLEANUP ARE
NOT AVAILABLE!!**



WEDNESDAY MAY 15TH (All spots filled)

Cyhrroh Thompson, Joudia Lamhamdi, Tyler Deszo, Giada Fabrizio

WEDNESDAY MAY 29 (FILLED)

Timothy Sule, Renato D'Avanzo-Jordan, Matias Cofré

**EMAIL MR. SICOLI IF INTERESTED. BE SURE TO THE EXACT DATE YOU WISH
TO REGISTER FOR.**

SCHOOL NURSE At CLSC LaSalle in AM

Emilie Babineau 514-617-3219

emilie.babineau.comtl@ssss.gouv.qc.ca

**If I am not at
school**

**Call /Text me *

Other option: Nurse at the Youth clinic

Monday-Friday:

YOUTH CLINIC/14-24 years old 514-364-2572

**CLSC LaSalle, 8550 Newman Blvd., H8N 1Y5, beside
Scores**

Health Services if Nurse absent

Youth Clinics are open 14-24 years old FREE!

CLSC LaSalle or Lachine or Pointe-Claire or Pierrefonds:

[Book Appointment:](#) by phone: 514-697-4110 ext. 1313

OR

Online on
Clicsanté.ca



The screenshot shows the CLIC SANTÉ website interface. At the top, there is a navigation bar with the CLIC SANTÉ logo and buttons for 'BOOK AN APPOINTMENT', 'CANCEL APPOINTMENT', 'CREATE MY ACCOUNT', and 'LOGIN'. Below this is a section titled 'BOOK YOUR APPOINTMENT' with a search bar and a 'SEARCH' button. A dark blue bar below the search bar is labeled '1. SELECT A CATEGORY'. Underneath this bar, there are seven categories with icons: COVID-19, Blood Test, Screening and Specimens, Vaccination, Youth clinics and Aire ouverte (circled in red), STBBI and Sexual Health, Consultation in a pharmacy, and Consultation with a professional. The bottom right corner of the screenshot shows the time '4:17 PM'.

Academic & Vocational Counsellor : **Lisa Davis-Mancini**

Appointments available: **Tues, Wed and Friday**

E-mail: ldavis@lbperson.ca

Tel : 514-595-2050, ext. **20321**

Room **B235**





Senior **B**ook Club

Thursday & Friday this week

In the planning room C229

At senior lunch at 1:00- 1:30

BOOK CLUB

JUNIOR. LUNCH - TUESDAY & THURSDAY
LEARN HOW TO MAKE MAC & CHEESE AND GARLIC
BREAD





LEARN HOW TO MAKE A HEALTHY BURRITO BOWL DURING SENIOR LUNCH ON THURSDAY IN THE KITCHEN.

AFTER SCHOOL ACTIVITIES **NEWS**

**CHEER SQUAD & CREATE MUSIC WILL BE ON TUESDAY
THIS WEEK**

AFTER SCHOOL ACTIVITIES **NEWS**

MONDAY ACTIVITIES

Cooking today at
3:40pm!!!

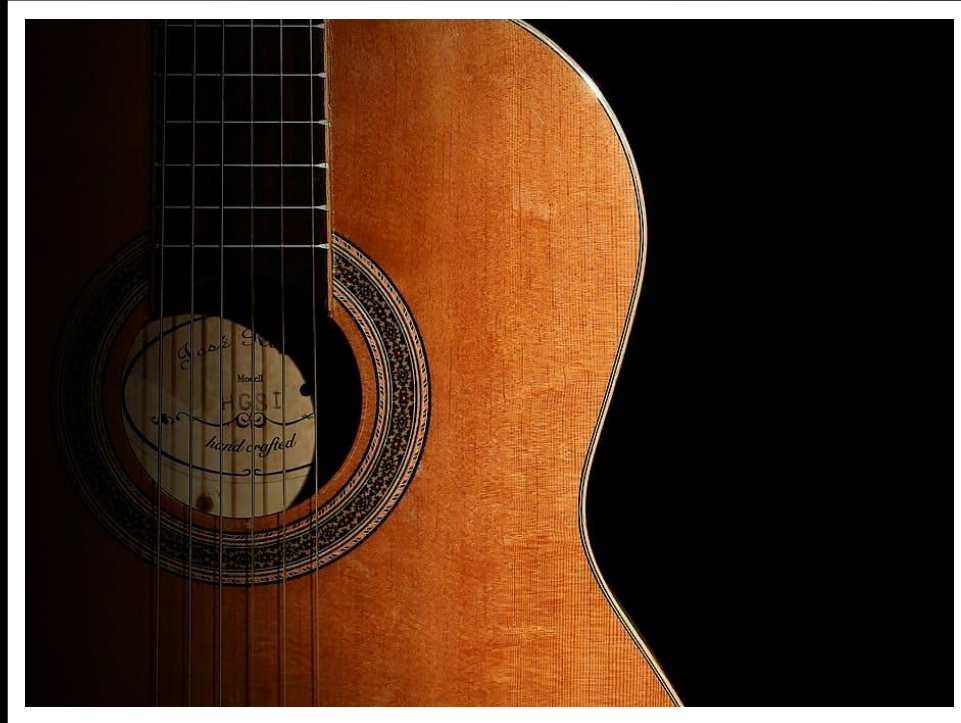
Bring a smile and a
container for your
treats.

Can't wait to see you!

Ms. Cynthia, Ms. Karen
and Ms. Lorine



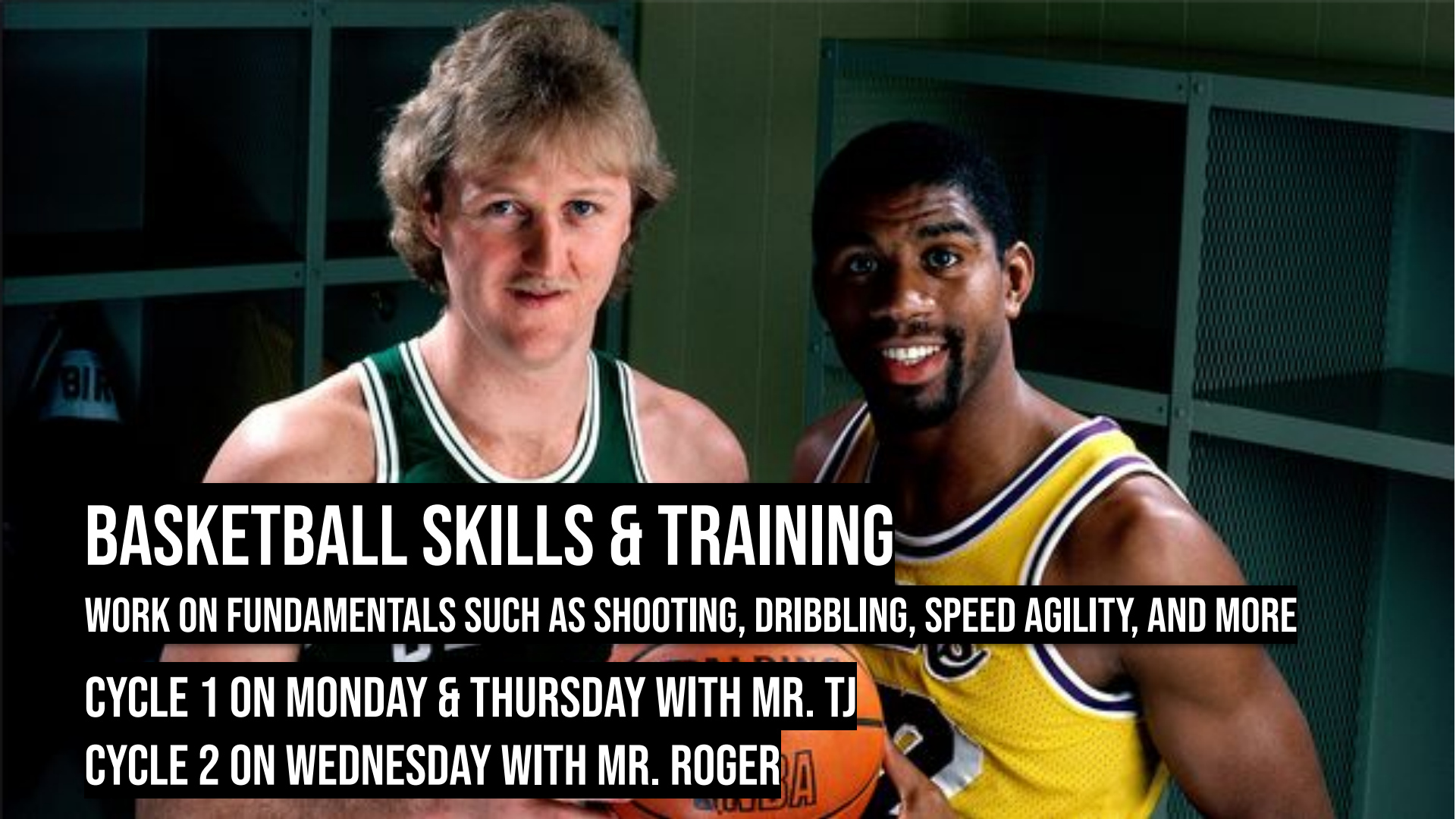
COOKING!



Guitar Club

With Mr. Brault and Mr. Mott
Monday's at 3:45-4:45
Music Room

See Ms. Cassandra to sign up



BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

CYCLE 1 ON MONDAY & THURSDAY WITH MR. TJ

CYCLE 2 ON WEDNESDAY WITH MR. ROGER



CURL LOVE

**LEARN ALL ABOUT TAKING CARE AND STYLING
OF YOUR HAIR. ALL HAIR TYPES ARE WELCOME.**

SEE MS. CASSANDRA TO SIGN UP

**MONDAYS
3:45PM - 4:45PM
WITH MS. RENEE
INNOVATION ROOM**

Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in white, bold, sans-serif font. At the bottom, there is a black banner with white text that reads "MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES".

MONDAY TO FRIDAY WITH MR. AARON, MS. JULIA & MR. CHARLES

GET THE HELP YOU NEED!

LCCHS HOMEWORK ZONE

Monday to Thursday

3:40 - 4:40 pm

Library

**Help
available**



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone/with friends