

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is flying on the left side. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular graphic is overlaid in the center of the image, containing the school's name and the title of the publication.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

September 11th, 2024 | Day 1

I'M NOT A
QUITTER 

Do you know how we can help cancer? How?
By donating to cancer research or donating to
the school. Our goal for this year is \$4,000

Help stop Cancer for Terry Fox 2024 on September 13

Donate here <https://schools.terryfox.ca/77537>

Terry Fox Run

Sept 13th, 2024
Periods 6 and 7

Come dressed for the
day in appropriate
sports wear

There will be a corn
boil after the run!

NO MATTER THE DISTANCE



TERRY FOX RUN

Friday, September 13th



REWARDS

(all money goes towards cancer research)

\$400= **Mr. Brault will show a movie in class**

\$500= **Mr Karen will wear pants for a week**

\$1000 = **Mr. Lalonde does run in avocado costume**

\$1500= **Mme Nesrine will dye a strand of her hair pink**

\$2000= **Mr Mackenzie will run in a clown costume**

\$2000= **Mr Delaney will run in shark costume**

\$3000= **Mr Billy dyes his hair blue**

\$3000= **Ms. Hanna will give a free class**

\$4000= **Mr Gallagher shaves off his beard**



**2024 GRADS
PROM COMMITTEE
SEPT 13 @ 12:43
IN ROOM C220**



**COME MAKE THIS LAST
YEAR OF HS ONE TO
REMEMBER**





Boston & New York Senior Trip 2025

**1st Meeting Monday
September 16th at the
beginning of senior
lunch in the
auditorium**



A young elephant is the central focus, being fed from a white plastic bottle with a red top by a person wearing a green long-sleeved shirt. The elephant's trunk is curled around the bottle. The background shows a dirt ground and other people in blue shirts, suggesting an outdoor setting like a sanctuary or zoo.

Interested?
Stop by
C220, B239
or C258

Thailand 2025

Only 5
spots
left

LCCHS ICE HOCKEY TRAINING

WHEN: Wednesday Sept 11th (4:00-5:00)

WHERE: Jacque Lemaire Arena

WHO: “All Grade Levels”

** You must have full equipment in-order
to participate*

See ***Mr.Dort*** for more info (***Rm C260***)





Cadet Boys Soccer

Next Tryouts

Thursday right after miniday

12:45-1:40

For more information,
Please see Madame Michaud or Miss Milton.

Girls Outdoor Soccer

Unfortunately, due to lack of participation, **there will be no** Outdoor Soccer Girls team this year. Please stay tuned for Futsal (Indoor soccer) in late Fall.

For more information,
Please see Madame Michaud or Miss Milton.

BANTAM GIRLS WHITE TEAM

Please accept the
Google Classroom
invitation before next
practice.

Our next practice is
Friday morning at 8 am
in the Big Gym.

*If you cannot make it to practice, please let Ms.
G (C132) or Ms. Racine (C204) know.*





Juvenile Girls Volleyball Practice

There will be a practice today after school.



Cadet Girls Volleyball

There will be a FINAL tryout today after school for those who are on the updated list.

A desk calendar with a black base and white pages. The pages are numbered 0, 2, and 2, representing the year 2020. The calendar is set against a background of blue and red geometric shapes.

Scorekeepers Needed

If you are interested in scorekeeping GMAA volleyball and basketball games this year, please go see Mr. Myerson. Use this opportunity for IB hours. It also gets you invited to our end of year sports banquet.

GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day)



IB learner profile of the month is Back!! (SEPTEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being an **“OPEN MINDED”** IB student.

Month of September will be selected by the IB English teachers at the end of the month!

Open-minded

Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.



International
Baccalaureate®

Community and Service Reminders and Opportunities for All students

Opportunities:

IB Reminder: minimum annual number of hours has to be reached:

Grade 7: 5 hours

Grade 8: 5 hours

Grade 9: 10 hours

Grade 10: 15 hours

Grade 11: 15 hours

Note: Hours must be within the current school year (2024-2025)

St. John Brebeuf FOOD COLLECTION
Saturday Sept 14 th 8 am - 1 pm

Drivers needed!!!

Email Mr. Sicoli at msicoli03@lbpearson.ca if interested

Community and service opportunity Friday after school!

Looking for 5 students to help out Friday after school to clean and organize the kitchen.

Email Mr. Sicoli if interested

msicoli03@lbpearson.ca



**Community and Service for this Saturday September 14th at
St. John Brebeuf FOOD COLLECTION 8 am-Noon**

St. John Brebeuf FOOD COLLECTION SPOTS STILL AVAILABLE

STUDENTS REGISTERED

Addison Kyle
Alessandra Farinelli-Cerra
Alexia Petrella
Alexei Wahid Kasimatis
Armand Christen
Asher Lanecki
Blake Chan
Bishal Ghosh
Brandon Moroz
Christian Sollazzo
Elizabeth Dyer-Winters
Elyssa Samvura-Perrotte

Jeanne Langevin
Leah Staniscia-Tomasini
Liana Cipriani
Madison Too
Megan Too
Nathan Rossi
Nicolas Furgiuele
Olivia Bender

Reemna Hagos
Riley Lempka
Sahn Luc Napish
Sydney Chicoine

Email Mr. Sicoli at msicoli03@lhngerson.ca if interested

Community and Service Opportunity

Event: CWA CORN ROAST

Date: Friday September 13th 2024

Time to Arrive: 4- 8 pm

Location: Children's World Academy

Email Mr. Sicoli if you are interested

msicoli03@lbpearson.ca

All spots have been filled!

Thanks to all those who signed up

More information will be sent Thursday by email

Students registered:

Alesha Haroon
Amiliyah Michele-Joseph
Christian Finauri
Dalis Assousa
Eleni Chatzigogos
Emily Collins
Isabella Eaton
Isabella Mendoza
Jaden Mckaig
Imani Raymond
Kenya Dennis
Liana Cipriani
Lino Panattoni
Nowmi Coletta
Rajanaé Singh
Sami Mughal
Sarah Gelineau
Saryiah Wheeler Morris
Mia Ruscitto
Alexia Petrella



AFTER SCHOOL ACTIVITIES **NEWS**

**AFTER SCHOOL ACTIVITIES HAS A NEW START DATE:
SEPTEMBER 23, 2024.**

**SIGN UPS FOR SPECIFIC ACTIVITIES START THIS WEEK AT
LUNCH ON WEDNESDAY AND FRIDAY**

**YOU HAVE THE FIRST 15 MINS OF LUNCH TO SIGN UP IN
THE MALL AREA**

**YOU WILL HAVE TO BRING A PERMISSION SLIP HOME TO BE
SIGNED AND RETURNED TO THE SCHOOL IN ORDER TO
PARTICIPATE**

AFTER SCHOOL ACTIVITIES **NEWS**

PLEASE NOTE CHANGE

SIGN UPS FOR
WEDNESDAY SEPTEMBER 11TH

COOKING
CREATE MUSIC
BEDAZZLE
VOLLEYBALL JR & SR

C.R.E.A.T.E MUSIC GROUP

A platform to express yourself through Creative Writing, Song Writing, Singing, Rapping, Dancing, and Performing.

Participants will perform in front of each other and in groups to slowly but surely get comfortable performing and be open to create in front of others.

At the end of the session participants can be part of a show and also record their song(s) and have them played on radio as well as be interviewed on my radio show "Smitty In The City" on LaSalle Radio CKVL 100.1fm and via online at CKVL.FM my show is every Friday from 8-10pm.



**AFTER SCHOOL ACTIVITY
W/ TODD SMITH**

WEDNESDAYS

SENIOR VOLLEYBALL CLUB

THURSDAYS AFTER SCHOOL



ANY AND ALL SKILL LEVELS WELCOME
SMALL GYM



See Mr.
Karen for
more info

Bedazzle Your Sandal

Looking for a
way to jazz up
your every
step?

Become one of us!



Learn how
to bedazzle
your
sandals to
look your
best and
brightest all
year long!!!





Cooking Basics

Mondays, w/ Ms. Lorine & Ms. Mel

In this beginner cooking class, you'll learn all the essentials to embark on your culinary journey. From basic knife skills to simple recipes, you'll gain the confidence to whip up tasty meals in no time.

Cooking 101

*Bake!
Chop!
Sauté!*

TUESDAYS
With Ms. Lynda & Ms.

Kristen

Cooking with Ms.
Cynthia, Ms. Kim & Ms.
Lorine Wednesdays &
Thursdays!!!

Bring a smile and a
container for your
treats.

Can't wait to see you!



COOKING!
Wed & THURS



Junior Volleyball
Fridays with Mr. Roger

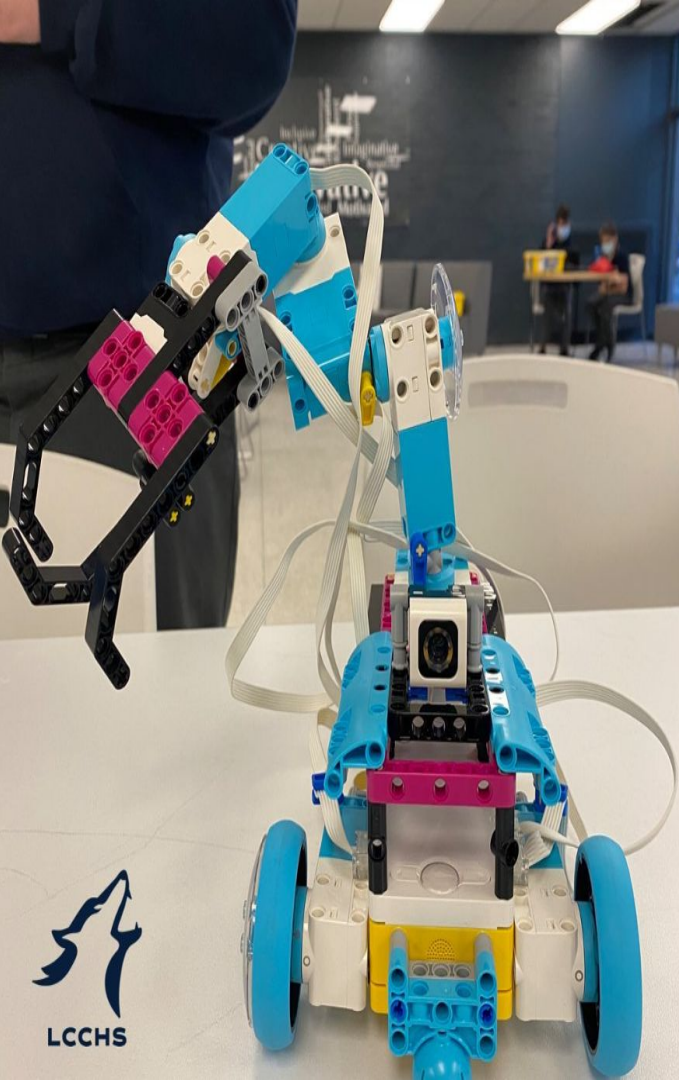
AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
FRIDAY SEPTEMBER 13TH

WEIGHT & STRENGTH TRAINING
DUNGEONS & DRAGONS jr & sr
ROBOTICS jr.



DUNGEONS AND DRAGONS



Lego Robotics
Wednesday's after
school innovation room



Weight & Strength Training

A photograph of a muscular man, likely a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font with a black outline. At the bottom, there are two lines of text in a white font with a black background, providing information about the training schedule.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon

AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
MONDAY SEPTEMBER 16TH

SKIN CARE & MAKE UP
BOARD GAMES
CURL LOVE



**LEARN ABOUT SKINCARE & MAKEUP WITH
MS. NESRINE
WEDNESDAYS
ROOM C220**





Junior Board Game Club

Tuesdays
in C211
With Ms. Hughes





CURL LOVE

**LEARN ALL ABOUT TAKING CARE
AND STYLING OF YOUR HAIR. ALL
HAIR TYPES ARE WELCOME.**

**MONDAYS
3:45PM - 4:45PM
WITH MS. RENEE
INNOVATION ROOM**

Important Things to Remember



LCCHS UNIFORM

All students are expected to be in full uniform at all times.



Uniform includes **grey pant/skorts, white or blue LCCHS tops, a crewneck sweater, and entirely black shoes. Please refer to your agenda.**

Non uniform shoes and athletic wear may be worn in Phys Ed. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!



THE LCCHS UNIFORM

Please be advised that if you arrive at school without your uniform, your parents will be called, and you will be sent home.

SHOES

Shoes must be entirely black.



During the winter months, you must change into your school shoes upon arrival and store your boots in your lockers.

SKIRT LENGTH

Only the skirt with integrated shorts are permitted. No rolling of skirts is permitted.

HEADWEAR

Headbands must be **PLAIN** (either blue or black). No hats or hoods may be worn indoors.

Cellphones, Headphones, and Earbuds

- Cell phone/headphone/earbud use are **NOT** permitted during class time
- Staff members **will confiscate** phones taken out during class time or between classes
- Urgent calls are **not an excuse**. Urgent calls to and from home are to be carried out **at the office**
- Confiscated cell phones and earbuds will be kept at the office for the rest of the day.
- BE RESPONSIBLE! While in class and in the hallways, the rule is:
“ON SILENT AND OUT OF SIGHT!”



If your cellphone or earbuds are confiscated, you will need to serve an afterschool detention.

SOCIAL MEDIA

*It is illegal to **RECORD VIDEOS** and **TAKE PICTURES** of people without their permission.*





HALL PASS (Agenda)

Students asking to leave the classroom for the purpose of washroom use or getting water **must have an agenda**. It acts as your hall pass.

•Leaving the classroom is at your teacher's discretion and should be avoided.



EATING IN THE SCHOOL

Use garbage/recycling bins:

Please respect your school environment and use the garbage and recycling bins appropriately.

Allergies:

Please avoid bringing items that contain nuts or peanuts to school.

Locations: Students may eat in the cafeteria, in the bistro of the Mall and outside on school grounds.

Clean up after yourselves: Always remember to clean up after you have eaten in the cafeteria. It is just the right thing to do!

