

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

September 13th, 2024 | Day 3

I'M NOT A
QUITTER 

Do you know how we can help cancer? How?
By donating to cancer research or donating to
the school. Our goal for this year is \$4,000

Help stop Cancer for Terry Fox 2024 on September 13

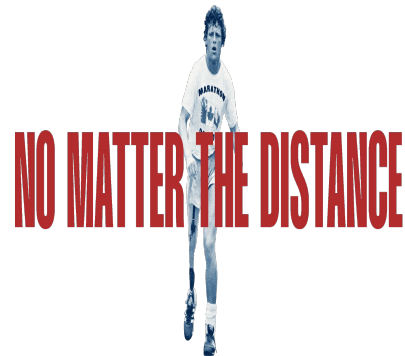
Donate here <https://schools.terryfox.ca/77537>



Terry Fox Run

**Today
Periods 6 and 7**

**There will be a corn
boil after the run!**



TERRY FOX RUN

Friday, September 13th



REWARDS

(all money goes towards cancer research)

\$400= Mr. Brault will show a movie in class

\$500= Mr Karen will wear pants for a week

\$1000 = Mr. Lalonde does run in avocado costume

\$1500= Mme Nesrine will dye a strand of her hair pink

\$2000= Mr Mackenzie will run in a clown costume

\$2000= Mr Delaney will run in shark costume

\$3000= Mr Billy dyes his hair blue

\$3000= Ms. Hanna will give a free class

\$4000= Mr Gallagher shaves off his beard



**2024 GRADS
PROM COMMITTEE
SEPT 13 @ 12:43
IN ROOM C220**

**COME MAKE THIS LAST
YEAR OF HS ONE TO
REMEMBER**



Boston & New York Senior Trip 2025

**1st Meeting Monday
September 16th at the
beginning of senior
lunch in the
auditorium**





Interested?
Stop by
C220, B239
or C258

Thailand 2025

Only 5
spots
left

There will be a
Bantam Girls
Basketball tryout on
Monday, Sept. 16th
right after school.
Please sign up at the
Phys. Ed. office!
Grade Sevens Only.



Boy's Bantam Soccer Tryout



Monday, September 16th
After school, on the field

– circulation

A flip calendar with a black cover and blue spiral binding. The calendar is open to the year 2020. The digit '0' is on a red background, while the digits '2', '2', and '0' are on white backgrounds. The calendar is set against a background of blue and red geometric shapes.

Scorekeepers Needed

If you are interested in scorekeeping GMAA volleyball and basketball games this year, please go see Mr. Myerson. Use this opportunity for IB hours. It also gets you invited to our end of year sports banquet.

GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day).



IB learner profile of the month is Back!! (SEPTEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being an **“OPEN MINDED”** IB student.

Month of September will be selected by the IB English teachers at the end of the month!

Open-minded

Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.

Curriculum Night.

September 19

Looking for 40 students
to help parents navigate
the school.

No phones,
full uniform, all programs,
CS hours granted.

Interested?

tgesto@lbpearson.ca



AFTER SCHOOL ACTIVITIES **NEWS**

**AFTER SCHOOL ACTIVITIES HAS A NEW START DATE:
SEPTEMBER 23, 2024.**

**SIGN UPS FOR SPECIFIC ACTIVITIES START THIS WEEK AT
LUNCH ON WEDNESDAY AND FRIDAY**

**YOU HAVE THE FIRST 15 MINS OF LUNCH TO SIGN UP IN
THE MALL AREA**

**YOU WILL HAVE TO BRING A PERMISSION SLIP HOME TO BE
SIGNED AND RETURNED TO THE SCHOOL IN ORDER TO
PARTICIPATE**

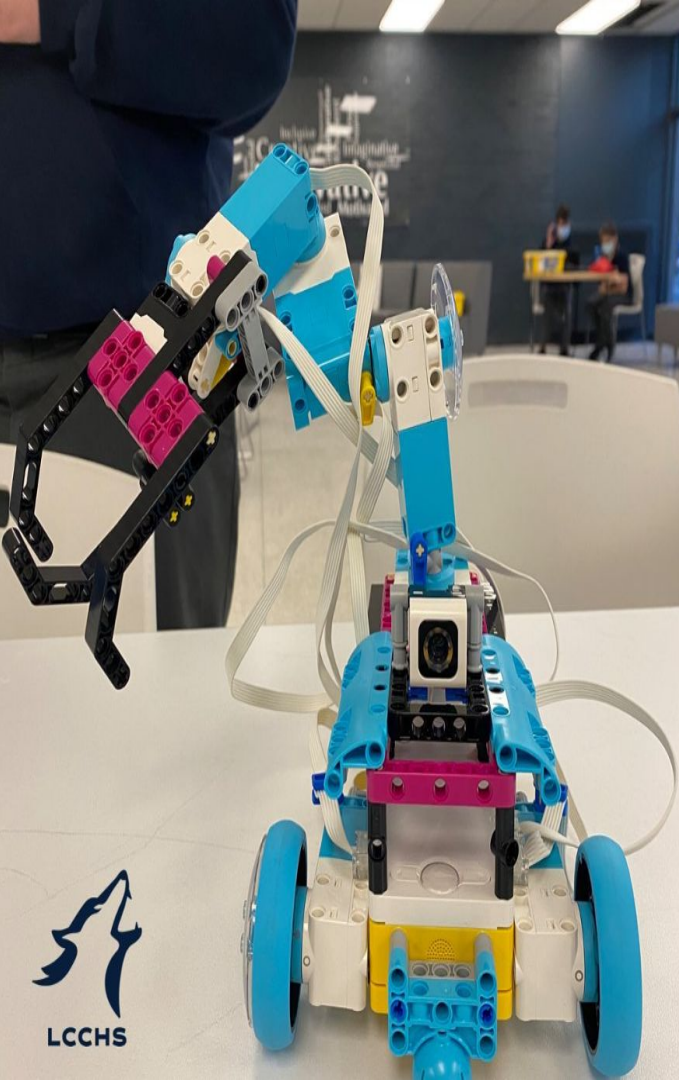
AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
FRIDAY SEPTEMBER 13TH

WEIGHT & STRENGTH TRAINING
DUNGEONS & DRAGONS jr & sr
ROBOTICS jr.



DUNGEONS AND DRAGONS



Lego Robotics
Wednesday's after
school innovation room



Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font with a black outline. At the bottom, there are two lines of text in a white font with a black background, providing information about the training schedule.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon

AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
MONDAY SEPTEMBER 16TH

SKIN CARE & MAKE UP
BOARD GAMES
CURL LOVE



**LEARN ABOUT SKINCARE & MAKEUP WITH
MS. NESRINE
WEDNESDAYS
ROOM C220**





Junior Board Game Club

Tuesdays
in C211
With Ms. Hughes





CURL LOVE

**LEARN ALL ABOUT TAKING CARE
AND STYLING OF YOUR HAIR. ALL
HAIR TYPES ARE WELCOME.**

**MONDAYS
3:45PM - 4:45PM
WITH MS. RENEE
INNOVATION ROOM**

AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
WEDNESDAY SEPTEMBER 18TH

WIND ENSEMBLE
JUNIOR BASKETBALL
SPINNING & CYCLING

LCCHS Wind Ensemble

Thursdays After School

Open for all students who have some experience (in music class pre-covid or in elementary school) playing any of the following instruments:

Flute
Clarinet
Saxophone
Trumpet
Trombone
Baritone



A photograph of two basketball players in a locker room. The player on the left is white with a mullet hairstyle, wearing a green jersey with white trim. The player on the right is Black, smiling, wearing a yellow jersey with purple and white trim. He is holding an orange Spalding NBA basketball. The background shows green lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

JUNIORS ON TUESDAY WITH MR. TJ



SPINNING

W/ MS. JOANNE | WEIGHT ROOM

TUESDAYS

Important Things to Remember



LCCHS UNIFORM

All students are expected to be in full uniform at all times.



Uniform includes **grey pant/skorts, white or blue LCCHS tops, a crewneck sweater, and entirely black shoes. Please refer to your agenda.**

Non uniform shoes and athletic wear may be worn in Phys Ed. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!



THE LCCHS UNIFORM

Please be advised that if you arrive at school without your uniform, your parents will be called, and you will be sent home.

SHOES

Shoes must be entirely black.



During the winter months, you must change into your school shoes upon arrival and store your boots in your lockers.

SKIRT LENGTH

Only the skirt with integrated shorts are permitted. No rolling of skirts is permitted.

HEADWEAR

Headbands must be **PLAIN** (either blue or black). No hats or hoods may be worn indoors.

Cellphones, Headphones, and Earbuds

- Cell phone/headphone/earbud use are **NOT** permitted during class time
- Staff members **will confiscate** phones taken out during class time or between classes
- Urgent calls are **not an excuse**. Urgent calls to and from home are to be carried out **at the office**
- Confiscated cell phones and earbuds will be kept at the office for the rest of the day.
- BE RESPONSIBLE! While in class and in the hallways, the rule is:
“ON SILENT AND OUT OF SIGHT!”



If your cellphone or earbuds are confiscated, you will need to serve an afterschool detention.

SOCIAL MEDIA

*It is illegal to **RECORD VIDEOS** and **TAKE PICTURES** of people without their permission.*





HALL PASS (Agenda)

Students asking to leave the classroom for the purpose of washroom use or getting water **must have an agenda**. It acts as your hall pass.

•Leaving the classroom is at your teacher's discretion and should be avoided.



EATING IN THE SCHOOL

Use garbage/recycling bins:

Please respect your school environment and use the garbage and recycling bins appropriately.

Allergies:

Please avoid bringing items that contain nuts or peanuts to school.

Locations: Students may eat in the cafeteria, in the bistro of the Mall and outside on school grounds.

Clean up after yourselves: Always remember to clean up after you have eaten in the cafeteria. It is just the right thing to do!

