LaSalle Community Comprehensive High School

DAILY HOWL

September 17th, 2024 | Day 5

LCCHS ICE HOCKEY TRAINING

WHEN: Tuesday Sept 17th (4:00-5:00) Wednesday Sept 18th (4:00-5:00)

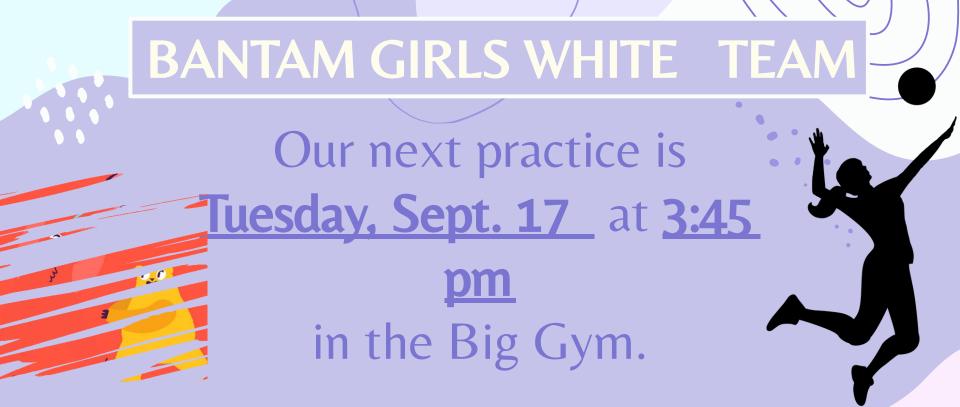
WHERE: Jacque Lemaire Arena

WHO: <u>"All Grade Levels"</u>

* You must have full equipment in-order to participate

See Mr.Dort for more info (Rm C260)





If you cannot make it to practice, please let Ms. G (C132) or Ms. Racine (C204) know.

Bantam Girls BLUE Volleyball Practice

Tuesday after school Sept. 17th 3:45-5:00

Friday morning
Sept.20th 8:00-8:45

Please email <u>k.a.stewart006@gmail.com</u> if you did not get an invitation to join the Google Classroom



Scorekeepers Needed

If you are interested in scorekeeping GMAA volleyball and basketball games this year, please go see Mr. Myerson. Use this opportunity for IB hours. It also gets you invited to our end of year sports banquet.



GMAA Cross Country Run

Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office. Race date: Thursday, October 10th, 2024 (all day).

Balanced Day will be passing for recycling Wednesday, Sept. 18, Period 1!! Please put your bins in the hallway!!!





IB learner profile of the month is Back!! (SEPTEMBER)!!!! This month we are looking to celebrate the IB learner profile trait of being an <u>"OPEN MINDED"</u> IB student.

Month of September will be selected by the IB English teachers at the end of the month!

<u>Open-minded</u>

Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.

SENIOR BOOK CLUB

Spots available with Miss Kathleen

Room c229

Starting next Monday (Sept 23), After School Activities will begin. Reminder there are no activities on a mini day.

Please make sure you bring your permission forms back as soon as possible.

Please note: Cooking, Weight training, Skin care & Curl Love is full – there are waiting lists for these activities.

AFTER SCHOOL ACTIVITIES HAS A NEW START DATE: SEPTEMBER 23, 2024.

SIGN UP AT LUNCH(1ST 15 MINS) THIS WEEK

SIGN UPS FOR WEDNESDAY SEPTEMBER 18TH

BOXING WIND ENSEMBLE JUNIOR BASKETBALL SPINNING & CYCLING

CORE & BOXING

THURSDAYS WITH MR. DIIZON DANCE ROOM

LCCHS Wind Ensemble Thursdays After School

Open for all students who have <u>some experience</u> (in music class pre-covid or in elementary school) playing any of the following instruments: Flute Clarinet Saxophone Trumpet Trombone Baritone

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

JUNIORS ON TUESDAY WITH MR. TJ

SPINNING W/MS.JOANNE | WEIGHT ROOM TUESDAYS

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CHEER CLUB PICKLEBALL PODCASTING IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !! AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS,FUN DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.



WEDNESDAYS WITH MS. AMANDA

Pickleball Mondays w/ Mr. Rowe | small gym

Podcasting 101

- Learn about and plan a podcast
- Booking, interviewing guests
- Building an audience
- Editing, uploading and publishing your podcast

Wednesdays with Ms. Loreena Resource Room