

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

September 18th, 2024 | Day 6

LCCHS ICE HOCKEY TRAINING

WHEN: Wednesday Sept 18th (4:00-5:00)

WHERE: Jacque Lemaire Arena

WHO: “All Grade Levels”

** You must have full equipment in-order
to participate*

See Mr.Dort for more info (Rm C260)





Boys Juvenile GMAA Flag Football

Next practice for flag football **Wednesday, September 18th at 3:50 pm** on the grass field behind the school.

First game: September 23rd.

Bantam Girls BLUE Volleyball Practice

Tuesday after school

Sept. 17th 3:45-5:00

Friday morning

Sept. 20th 8:00-8:45

Please email k.a.stewart006@gmail.com
if you did not get an invitation to join the
Google Classroom



A desk calendar with four pages showing the year 2020. The first page has a red '0', the second has a black '2', the third has a black '2', and the fourth has a black '0'. The calendar is on a dark blue desk with a red and blue background.

Scorekeeper Training

There is a mandatory training in Mr. Myerson's room (C-185) at lunchtime today. Bring your food and a pencil. If you are a junior, please reach out and we will find an alternative time.

GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day).

Balanced Day will be passing for recycling
Wednesday, Sept. 18, Period 1!!
Please put your bins in the hallway!!!





IB learner profile of the month is Back!! (SEPTEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being an **“OPEN MINDED”** IB student.

Month of September will be selected by the IB English teachers at the end of the month!

Open-minded

Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.



SENIOR BOOK CLUB

Spots available
with Miss Kathleen
Room c229

AFTER SCHOOL ACTIVITIES **NEWS**

Starting next Monday (Sept 23), After School Activities will begin. Reminder there are no activities on a mini day.

Please make sure you bring your permission forms back as soon as possible.

Please note: **Cooking, Weight training, Skin care & Curl Love** are full - there are waiting lists for these activities.

AFTER SCHOOL ACTIVITIES **NEWS**

**AFTER SCHOOL ACTIVITIES HAS A NEW START DATE:
SEPTEMBER 23, 2024.**

SIGN UP AT LUNCH(1ST 15 MINS) THIS WEEK

AFTER SCHOOL ACTIVITIES **NEWS**

TODAY!!!!

WEDNESDAY SEPTEMBER 18TH

**BOXING
WIND ENSEMBLE
JUNIOR BASKETBALL
SPINNING & CYCLING**

CORE & BOXING

THURSDAYS WITH MR. DIIZON
DANCE ROOM



LCCHS Wind Ensemble

Thursdays After School

Open for all students who have some experience (in music class pre-covid or in elementary school) playing any of the following instruments:

Flute
Clarinet
Saxophone
Trumpet
Trombone
Baritone



A photograph of two basketball players in a locker room. The player on the left is white with a mullet hairstyle, wearing a green jersey with white trim. The player on the right is Black, smiling, wearing a yellow jersey with purple and white trim. He is holding an orange Spalding NBA basketball. The background shows green metal lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

JUNIORS ON TUESDAY WITH MR. TJ



SPINNING

**W/ MS. JOANNE | WEIGHT ROOM
TUESDAYS**

AFTER SCHOOL ACTIVITIES **NEWS**

SIGN UPS FOR
FRIDAY SEPTEMBER 20TH

CHEER CLUB
PICKLEBALL
PODCASTING

***IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !!
AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS, FUN
DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.***

Cheer Squad

WEDNESDAYS WITH MS. AMANDA

Pickleball

Mondays w/ Mr. Rowe | small gym



Podcasting 101

- Learn about and plan a podcast
- Booking, interviewing guests
- Building an audience
- Editing, uploading and publishing your podcast



Wednesdays with Ms. Loreena
Resource Room