

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular overlay is centered on the image, containing the school's name and the title of the publication.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**September 24th, 2024 | Day 4**

# We Raised \$4300 for Terry Fox!!!!

Congratulations L.C.C.H.S.



This is more than our set goal of \$4000 and a you all should be very proud of the effort put in.

Special thanks to the leadership students for all the hard work.

Look forward to a blue haired Mr. Billy, partially pink haired Mme. Nesrine and a beardless Mr. Gallagher. As well as the other wonderful rewards from your teachers.

**TCBY Frozen Yogurt**  
**Thursday, September, 26th**  
**during lunch**  
**ONLY \$3**



# LCCHS ICE HOCKEY TRYOUTS

*We will use these three practices to  
determine if there will be a team.  
Attendance is Mandatory.*

**WHEN:** Tuesday Sept 24th (4:00-5:00)  
Wednesday Sept 25th (4:00-5:00)

**WHERE:** Jacque Lemaire Arena

**WHO:** “All Grade Levels”

**Please Let me know if you can't make it!**





# GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day).



International  
Baccalaureate®

*Have you finished any community service activities but haven't logged your hours on ManageBac yet?*

*Reminder: minimum annual number of hours has to be reached:*

*Grade 7: 5 hours*

*Grade 8: 5 hours*

*Grade 9: 10 hours*

*Grade 10: 15 hours*

*Grade 11: 15 hours*

*Note: Hours must be within the current school year (2023-2024)*

**Please do so by Friday with a complete detailed reflection, hours, and correct supervisor email. In the future, events entered more than 5 days after the event will no longer be counted towards your hours.**



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*Need a refresher on how to enter your community service hours on managebac? Visit the IB MYP Google classroom folder for video instructions on:*



- 1) Creating a password*
- 2) Resetting a password*
- 3) Create an SA activity*
- 4) Writing a detailed reflection*
- 5) Editing or deleting an activity*



**IB learner profile of the month is Back!! (SEPTEMBER)!!!!**

This month we are looking to celebrate the IB learner profile trait of being an **“OPEN MINDED”** IB student.

*Month of September will be selected by the IB English teachers at the end of the month!*

## **Open-minded**

*Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.*



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments  
(computers available)
- ✓ Work alone or with friends



SENIOR BOOK CLUB

Spots available  
with Miss Kathleen  
Room c229

# **AFTER SCHOOL ACTIVITIES NEWS**

**New activities alert!!!!!!**

**If interested see  
Ms.Cassandra**



# **Tuesdays | Music Room**

## **Gamers Club**

**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,  
Guilty Gear Strive and more**

**w/ Mr. Corey & Mr. Franc**

**See Ms. Cassandra to sign up!**

# Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | Rm C211



See Ms. Cassandra to sign up!



# Badminton w/ Mr. Rind Wednesdays



**See Ms. Cassandra to sign up!**



# Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room

See Ms. Cassandra to sign up



# AFTER SCHOOL ACTIVITIES **NEWS**

**WELCOME TO AFTER SCHOOL ACTIVITIES**

**REMINDER NO ENTRY IF YOU HAVE A DETENTION.**

**IF YOU ARE IN AN ACTIVITY, YOU WILL HAVE TO LEAVE  
THE BUILDING BY 5PM REGARDLESS OF THE  
WEATHER OUTSIDE OR YOUR RIDE NOT BEING THERE.**

**AND MOST OF ALL, HAVE FUN!!!!**

# AFTER SCHOOL ACTIVITIES **NEWS**

**TUESDAY**



# Junior Board Game Club

Tuesdays  
in C211  
With Ms. Hughes







# SPINNING

W/ MS. JOANNE | WEIGHT ROOM  
TUESDAYS

***IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !!  
AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS, FUN  
DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.***

# **Cheer Squad**

***TUESDAYS WITH MS. AMANDA  
DRAMA ROOM***



A photograph of two basketball players in a locker room. The player on the left is white with a mullet hairstyle, wearing a green jersey with white trim. The player on the right is Black, smiling, wearing a yellow jersey with purple and white trim. He is holding an orange Spalding NBA basketball. The background shows green metal lockers.

# **BASKETBALL SKILLS & TRAINING**

**WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE**

**JUNIORS ON TUESDAY WITH MR. TJ**

JUNIOR

MUSIC ROOM



DUNGEONS AND DRAGONS



# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# **Weight & Strength Training**

A photograph of a very muscular man, likely a bodybuilder, wearing a red tank top and red shorts. He is flexing his right arm, showing off his bicep and forearm muscles. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there is a black banner with white text.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**