

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular overlay is centered on the image, containing the school's name and the title of the video.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**October 1st, 2024 | Day 2**

# ROSH HASHANAH

Rosh Hashanah is the New Year in Judaism. The biblical name for this holiday is Yom Teruah. It is the first of the High Holy Days.

Happy Rosh Hashanah





Congrats to the Juvenile Boys volleyball team for going undefeated in their first tournament!



Next home tournament: October 7th



# **GRAD RINGS SALE:**

**SEPT. 30 TO OCT. 11**

**COME GRAB YOUR BROCHURE  
DURING SENIOR LUNCH IN THE  
MALL AREA.**

**\$100 MINIMUM DEPOSIT**



KEEPING YOUR  
MEMORIES  
ALIVE



A stack of several old, leather-bound books is arranged on a rustic wooden table. The books have worn spines and some are open, showing aged pages. A decorative cord is draped over the top book. The lighting is warm, highlighting the textures of the leather and wood.

**Do you love to read?**

Junior  
team

**Battle of the Books  
Informational Meeting  
Thurs., Oct. 3rd  
in the library (11:51)**

**\*note: this will be a very short meeting**



# Gender & Sexuality Alliance

To all 2SLGBTQI+ students & allies, come attend this year's first session and hang out as we start up this year's GSA.

Bring your lunch and join us in the library.

**Junior Lunch: October 1st**

**Senior Lunch: October 7th**



# Bantam Boys Basketball Tryouts

Tryouts:

Thursday (Oct 3rd) at 3:45pm

Gym time is limited so please  
attend. Thank you.



# CADET BOYS BASKETBALL



*Any Cadet Boy interested in playing basketball should sign up outside the Phys. Ed. office ASAP.*



# Cadet Girls Basketball

*Any Cadet Girl  
(grades 8-9)*

*interested in playing  
basketball should  
sign up outside the  
Phys. Ed. office  
Monday and  
Tuesday.*

*Tryouts are on  
Tuesday, Oct. 1 after  
school in the big gym!*



# Juvenile Girls Basketball

*Any Juvenile Girl  
(grades 10-11)*

*interested in playing  
basketball should  
sign up outside the  
Phys. Ed. office  
Monday and  
Tuesday.*

*Tryouts are on  
Tuesday, Oct. 1 after  
school in the big gym!*



# Juvenile Boys Basketball Tryouts

Tryouts:

Thursday(Oct 3rd) at 8 am.

Gym time is limited so please  
attend. Thank you.





# ***LCCHS ICE HOCKEY TRAINING***

**CHECK GOOGLE CLASSROOM!**

**Please confirm your availability!**



# GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day).

**SENIOR ROBOTICS SEASON**  
**2024-2025**

**TEAM MEETING-**

All grade 9 to 11 students interested in joining the Sonic Howl Senior Robotics must attend a mandatory meeting **TODAY** at 1 pm in Mr. Panzera's classroom C245





Balanced Day will be passing for recycling Tuesday,  
Oct. 1 Period 1!!  
Please put your bins in the hallway!!!





International  
Baccalaureate®

*Thank you to all  
students who got their  
service as action in on  
time!!*

*Reminder: minimum annual  
number of hours has to be  
reached:*

*Grade 7: 5 hours*

*Grade 8: 5 hours*

*Grade 9: 10 hours*

*Grade 10: 15 hours*

*Grade 11: 15 hours*

*Note: Hours must be within  
the current school year  
(2023-2024)*



International  
Baccalaureate®

*Reminder: minimum annual number of hours has to be reached:*

*Grade 7: 5 hours*

*Grade 8: 5 hours*

*Grade 9: 10 hours*

*Grade 10: 15 hours*

*Grade 11: 15 hours*

*Need a refresher on how to enter your community service hours on managebac? Visit the IB MYP Google classroom folder for video instructions on:*



- 1) Creating a password*
- 2) Resetting a password*
- 3) Create an SA activity*
- 4) Writing a detailed reflection*
- 5) Editing or deleting an activity*





**IB learner profile of the month is Back!! (SEPTEMBER)!!!!**

This month we are looking to celebrate the IB learner profile trait of being an **“OPEN MINDED”** IB student.

*Month of September will be selected by the IB English teachers at the end of the month!*

## **Open-minded**

*Students who are open-minded understand and appreciate their own cultures and personal histories, and are open to the perspectives, values and traditions of other individuals and communities. They are accustomed to seeking and evaluating a range of points of view, and are willing to grow from the experience.*

# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments  
(computers available)
- ✓ Work alone or with friends



SENIOR BOOK CLUB

Spots available  
with Miss Kathleen  
Room c229



# AFTER SCHOOL ACTIVITIES NEWS

## Activities that are full

you will have to wait till next session (January) if you are not on the waiting list already. If another day opens up, waiting list students will be contacted first and then opened to all at another sign up day (do not come to ask Ms. Cassandra she will post on here).

- Cooking
- Fitness & Weight Training
  - Video Games
  - Boxing

# AFTER SCHOOL ACTIVITIES NEWS

Reminder to put your signed permission forms in the box at the office.

During class time if you are in the hallway, do not stop Ms. Cassandra to talk about after school activities. You can send her an email at [ctrotman03@lbpearson.ca](mailto:ctrotman03@lbpearson.ca) or speak with her the first 10 minutes of her lunch (junior 12:46-12:56) or after school.

# AFTER SCHOOL ACTIVITIES **NEWS**

**TUESDAY**





# Junior Board Game Club

Tuesdays  
in C211  
With Ms. Hughes







**SPINNING**

**W/ MS. JOANNE | WEIGHT ROOM  
TUESDAYS**

A photograph of two basketball players in a locker room. The player on the left is white with a mullet hairstyle, wearing a green jersey with white trim. The player on the right is Black, smiling, wearing a yellow jersey with purple and white trim. He is holding an orange Spalding NBA basketball. The background shows green metal lockers.

# **BASKETBALL SKILLS & TRAINING**

**WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE**

**JUNIORS ON TUESDAY WITH MR. TJ**



JUNIOR

MUSIC ROOM



DUNGEONS AND DRAGONS



# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# **Weight & Strength Training**

A photograph of a very muscular man, likely a bodybuilder, wearing a red tank top and red shorts. He is flexing his right arm, showing off his bicep and forearm muscles. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there are two gold dumbbells.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**