

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

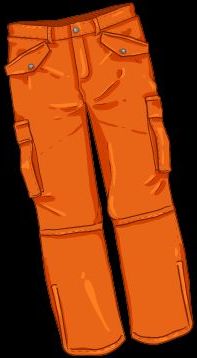
**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**October 9th, 2024 | Day 2**

# DRESS DOWN DAY

Oct 11th, 2024



Bring your \$2 donation to help the leadership program.

# CALLING ALL ARTISTS!

Mr Howden is looking for aspiring artists to help redesign the door art to the music room.

**\$\$\$ PRIZE!**



The competition is open to ALL STUDENTS. We are looking for two panels to replace the wolves on the doors. When creating your design, it should reflect the school/music program (consider including guitars, pianos, amps, IB stuff, etc...)

The winning design for each panel will be awarded a 50\$ gift card to the store of your choice (100\$ total).

More details to be announced next week!

# Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

UNE INITIATIVE DU SERVICE DE POLICE  
DE LA VILLE DE MONTRÉAL (SPVM)

# JOURNÉE CARRIÈRES SERVICES D'URGENCE

Samedi 12 octobre  
10 h à 15 h

Stationnement du Carrefour  
Angrignon (angle Newman/Senkus)





# **GRAD RINGS SALE:**

**SEPT. 30 TO OCT. 11**

**COME GRAB YOUR BROCHURE  
DURING SENIOR LUNCH IN THE  
MALL AREA.**

**\$100 MINIMUM DEPOSIT**



KEEPING YOUR  
MEMORIES  
ALIVE



**Are you interested in joining Student Council?  
Cycle 2 ONLY**

**Student Council Meeting  
Thursday, October 10th at 12:55pm  
in the innovation room.**



# LCCHS Volleyball



Come support our volleyball teams at home this week!

Monday - Juvenile Boys

Tuesday - Cadet Boys

Wednesday - Cadet Girls

Thursday - Juvenile Girls

Friday - Cadet Boys



# CADET BOYS BASKETBALL



TRYOUTS THIS FRIDAY, OCTOBER 11  
3:45

# Cadet Girls Basketball Tryouts

Wednesday Oct 9th

@ 8:00 a.m. Open to all Grade 8 & 9 girls!

Sign up outside the Phys. Ed. Office



# Juvenile Boys Basketball

Practice on the 11th of October has been moved to Oct 17th at 8am. Gym time is limited. Please be in attendance.



# ***LCCHS ICE HOCKEY TRAINING***

**CHECK GOOGLE CLASSROOM!**

**Please confirm your availability!**



# GMAA Cross Country Run



Any student from any level that wants to participate in the cross country run can sign up outside the phys.ed. office.

Race date: Thursday, October 10th, 2024 (all day).

Balanced Day will be passing for recycling  
Wednesday, Oct. 9 Period 1!!  
Please put your bins in the hallway!!!





***Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.***

<b>Open-Minded (Language and Literature; September)</b>		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



## IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

*We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.*

*Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.*

*Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.*



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments (computers available)
- ✓ Work alone or with friends

Friday,  
October 11th

Junior & Senior lunch



NO CELL  
PHONES  
are permitted.

If caught  
filming or  
taking  
pictures, it will  
be taken away  
till end of day.

Artistic competition - prizes





**MAKING PANINIS ARE EASY, FUN, & DELICIOUS! JOIN US AT JUNIOR LUNCH IN THE KITCHEN TO MAKE ONE.**

**THURSDAY & FRIDAY**

**11 STUDENTS PER LUNCH**

**FIRST COME FIRST SERVE**

**CAN ONLY COME 1 DAY NOT BOTH**

**AFTER SCHOOL ACTIVITIES NEWS**

**WEDNESDAY**

***IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !!  
AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS, FUN  
DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.***

# **Cheer Squad**

***WEDNESDAYS WITH MS. AMANDA  
DRAMA ROOM***

# C.R.E.A.T.E MUSIC GROUP



**AFTER SCHOOL ACTIVITY  
W/ TODD SMITH**

**WEDNESDAYS IN THE AUDITORIUM**



# Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room

# Badminton w/ Mr. Rind Wednesdays





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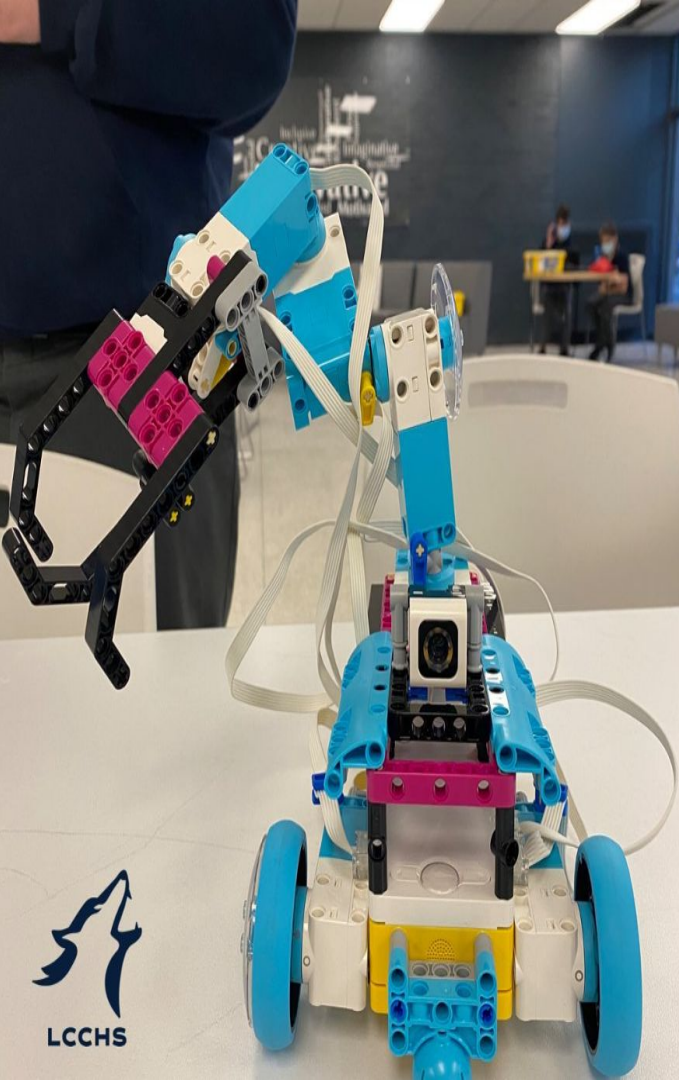


DUNGEONS AND DRAGONS



**LEARN ABOUT SKINCARE & MAKEUP WITH  
MS. NESRINE  
WEDNESDAYS  
ROOM C220**





Lego Robotics  
Wednesday's after  
school innovation room



# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there is a black banner with white text.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**



# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*

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DUNGEONS AND DRAGONS