

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

October 11th, 2024 | Day 4

Open Gym

In the Small Gym

Day 1,3,5,6 Junior Lunch

Day 2,3,5,6 Senior Lunch



CALLING ALL ARTISTS!

Mr Howden is looking for aspiring artists to help redesign the door art to the music room.

\$\$\$ PRIZE!



The competition is open to ALL STUDENTS. We are looking for two panels to replace the wolves on the doors. When creating your design, it should reflect the school/music program (consider including guitars, pianos, amps, IB stuff, etc...)

The winning design for each panel will be awarded a 50\$ gift card to the store of your choice (100\$ total).

More details to be announced next week!

Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

For Grade 10, 11 and WOTP:

The Post-Secondary Education Fair is happening on **November 15th from 9am to noon, at John Rennie High School.**

Cegeps and universities will be attendance!

Your parents were sent information about bussing from LCCHS. Remind them to fill out the form.

See Ms. Rachelle, the Guidance Counsellor, in the Main Office for questions.

UNE INITIATIVE DU SERVICE DE POLICE
DE LA VILLE DE MONTRÉAL (SPVM)

JOURNÉE CARRIÈRES SERVICES D'URGENCE

Samedi 12 octobre
10 h à 15 h

Stationnement du Carrefour
Angrignon (angle Newman/Senkus)





GRAD RINGS SALE:

SEPT. 30 TO OCT. 11

**COME GRAB YOUR BROCHURE
DURING SENIOR LUNCH IN THE
MALL AREA.**

\$100 MINIMUM DEPOSIT



KEEPING YOUR
MEMORIES
ALIVE



Congrats to the Juvenile Girls volleyball team
for having an undefeated second tournament!



Go wolves !

LCCHS Volleyball



Come support our volleyball
teams at home this week!

Friday - Cadet Boys

CADET BOYS BASKETBALL



TRYOUTS THIS FRIDAY, OCTOBER 11
3:45

Cadet Girls 2nd Basketball Tryouts

Wednesday Oct 16th

@ 8:00 a.m. New Grade 8 & 9 girls are welcomed!



Juvenile Boys Basketball

Practice on the 11th of October has been moved to Oct 17th at 8am. Gym time is limited. Please be in attendance.





Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.

Open-Minded (Language and Literature; September)		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.

Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.

LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



MUST HAVE A CHANGE OF CLOTHES OTHERWISE YOU MAY NOT BE LET IN

**EVERY TUESDAYS
SENIOR LUNCH ONLY**

WEIGHT ROOM WILL BE OPEN FOR FIRST 10 STUDENTS

TODAY!!!

Junior & Senior lunch

NO CELL
PHONES
are permitted.

If caught
filming or
taking
pictures, it will
be taken away
till end of day .

Artistic competition - prizes





MAKING PANINIS ARE EASY, FUN, & DELICIOUS! JOIN US AT JUNIOR LUNCH IN THE KITCHEN TO MAKE ONE.

THURSDAY & FRIDAY

11 STUDENTS PER LUNCH

FIRST COME FIRST SERVE

CAN ONLY COME 1 DAY NOT BOTH

AFTER SCHOOL ACTIVITIES **NEWS**

THURSDAY

LCCHS Wind Ensemble

Thursdays After School

Open for all students who have some experience (in music class pre-covid or in elementary school) playing any of the following instruments:

Flute
Clarinet
Saxophone
Trumpet
Trombone
Baritone



SENIOR VOLLEYBALL CLUB

THURSDAYS AFTER SCHOOL



ANY AND ALL SKILL LEVELS WELCOME
SMALL GYM



CORE & BOXING

THURSDAYS WITH MR. DIIZON
DANCE ROOM



Thursdays | C154 Room

Gamers Club

**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,
Guilty Gear Strive and more
w/ Mr. Corey & Mr. Franc**

Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | Rm C211



Weight & Strength Training

A photograph of a muscular man, likely a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font with a black outline. At the bottom, there are two lines of text in a white font with a black background, providing information about the training schedule.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon



Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine