

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with angular patterns. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

October 15th, 2024 | Day 5

Open Gym

In the Small Gym

Day 1,3,5,6 Junior Lunch

Day 2,3,5,6 Senior Lunch



CALLING ALL ARTISTS!

Mr Howden is looking for aspiring artists to help redesign the door art to the music room.

\$\$\$ PRIZE!



The competition is open to ALL STUDENTS. We are looking for two panels to replace the wolves on the doors. When creating your design, it should reflect the school/music program (consider including guitars, pianos, amps, IB stuff, etc...)

The winning design for each panel will be awarded a 50\$ gift card to the store of your choice (100\$ total).

More details to be announced next week!

Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

For Grade 10, 11 and WOTP:

The Post-Secondary Education Fair is happening on **November 15th from 9am to noon, at John Rennie High School.**

Cegeps and universities will be attendance!

Your parents were sent information about bussing from LCCHS. Remind them to fill out the form.

See Ms. Rachelle, the Guidance Counsellor, in the Main Office for questions.

Approaches To Learning Tip of the Week:



Skill Focus: Organization

Tip: Daily Google Classroom Check-In

How to Practice:

Set a Routine: Choose a specific time each day to check your Google Classroom.

Review Announcements: Start by reading any new announcements from your teachers or school to stay updated on important information.

Check Assignments: Look at upcoming assignments and due dates. Make a note of what needs to be done and prioritize your tasks. Not sure? Be proactive and ask for help or clarification in advance and not wait until the last minute.

Why It Helps: Regularly checking Google Classroom helps you stay on top of your assignments, manage your time effectively, reduce stress, and ensure you don't miss any important updates from your teachers.



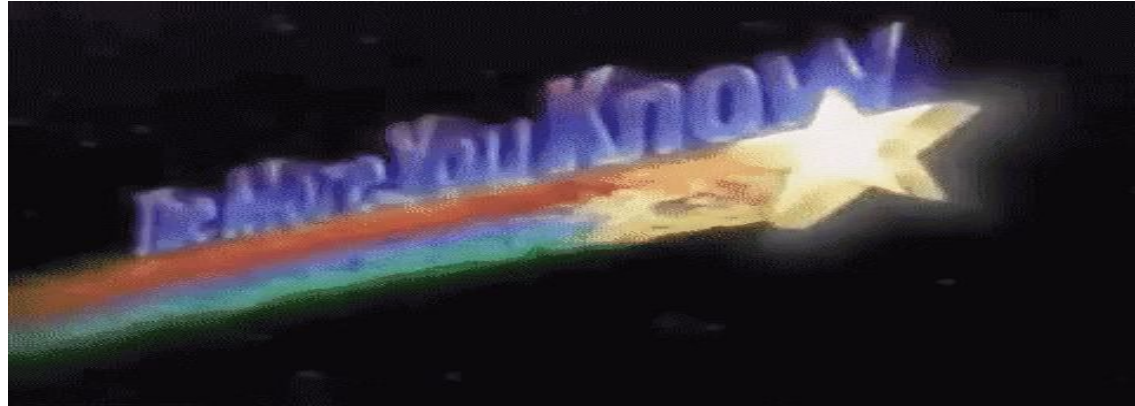
LCCHS

A T L S K I L L S



“For every minute spent organizing, an hour is earned.”

– Benjamin Franklin



Cadet Girls 2nd Basketball Tryouts

Wednesday Oct 16th

@ 8:00 a.m. New Grade 8 & 9 girls are welcomed!



Juvenile Boys Basketball

Practice on the 11th of October has been moved to Oct 17th at 8am. Gym time is limited. Please be in attendance.



Service as Action Opportunity

Looking for 9 senior students as tour guide volunteers for tomorrow night's Open House.

Students must have:

Strong Communication Skills: Tour guides should be articulate and able to convey information clearly and confidently about our school.

Friendly and Approachable: Must be welcoming and make visitors feel comfortable.

Knowledgeable: Must have a good understanding of the school's history, programs, and facilities.

Enthusiastic: Must be passionate about the school and its community involvement.

Reliable: Must be punctual and dependable to ensure tours run smoothly.

Leadership: Must be able to manage groups and handle unexpected questions or situations.

Professional: Must maintain a respectful and courteous demeanor at all times is essential and be in proper uniform attire.

Email Mr. Sicoli or Mme. Baillargeon if interested

Mr.Sicoli

Mme. Baillargeon

msicoli03@lbpearson.ca

kbaillargeon@lbpearson.ca



Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.

Open-Minded (Language and Literature; September)		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.

Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.

LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



MUST HAVE A CHANGE OF CLOTHES OTHERWISE YOU MAY NOT BE LET IN

**EVERY TUESDAYS
SENIOR LUNCH ONLY**

WEIGHT ROOM WILL BE OPEN FOR FIRST 10 STUDENTS



**THURSDAY
JUNIOR LUNCH (KITCHEN)
LEARN HOW TO MAKE BURGERS!!!!!!
FIRST 11 STUDENTS**

AFTER SCHOOL ACTIVITIES **NEWS**

TUESDAY



Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom, there are two gold dumbbells.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon



Junior Board Game Club

Tuesdays
in C211
With Ms. Hughes





SPINNING

W/ MS. JOANNE | WEIGHT ROOM
TUESDAYS

A photograph of two basketball players in a locker room. The player on the left is white with a mullet hairstyle, wearing a green jersey with white trim. The player on the right is Black, smiling, wearing a yellow jersey with purple and white trim. He is holding an orange Spalding NBA basketball. The background shows green metal lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

JUNIORS ON TUESDAY WITH MR. TJ

JUNIOR

MUSIC ROOM



DUNGEONS AND DRAGONS