

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**October 17th, 2024 | Day 1**

**Open Gym**

**In the Small Gym**

**Day 1,3,5,6 Junior Lunch**

**Day 2,3,5,6 Senior Lunch**

**No open gym on mindays**





# CALLING ALL ARTISTS!

Mr Howden is looking for aspiring artists to help redesign the door art to the music room.

**\$\$\$ PRIZE!**



The competition is open to ALL STUDENTS. We are looking for two panels to replace the wolves on the doors. When creating your design, it should reflect the school/music program (consider including guitars, pianos, amps, IB stuff, etc...)

The winning design for each panel will be awarded a 50\$ gift card to the store of your choice (100\$ total).

More details to be announced next week!

**TCBY Frozen Yogurt**  
**Thursday, October 17th**  
**during lunch**  
**ONLY \$3**





# Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

# For Grade 10, 11 and WOTP:

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The Post-Secondary Education Fair is happening on **November 15th from 9am to noon, at John Rennie High School.**

Cegeps and universities will be attendance!

Your parents were sent information about bussing from LCCHS. Remind them to fill out the form.

See Ms. Rachelle, the Guidance Counsellor, in the Main Office for questions.

## Approaches To Learning Tip of the Week:



### Skill Focus: Organization

### Tip: Daily Google Classroom Check-In

How to Practice:

**Set a Routine:** Choose a specific time each day to check your Google Classroom.

**Review Announcements:** Start by reading any new announcements from your teachers or school to stay updated on important information.

**Check Assignments:** Look at upcoming assignments and due dates. Make a note of what needs to be done and prioritize your tasks. Not sure? Be proactive and ask for help or clarification in advance and not wait until the last minute.

**Why It Helps:** Regularly checking Google Classroom helps you stay on top of your assignments, manage your time effectively, reduce stress, and ensure you don't miss any important updates from your teachers.



# LCCHS

A T L S K I L L S



**“For every minute spent organizing, an hour is earned.”**

**– Benjamin Franklin**



A desk calendar with a black base and white pages. The pages are numbered 0, 2, and 2, representing the year 2022. The calendar is set against a background of blue and red geometric shapes.

# Scorekeepers Needed

If you are interested in scorekeeping basketball games, please see one of the basketball coaches (Mr. TJ, Mr. Gibbs, Mr. Abracen, Ms. Campbell, Mr. Wasacz x2, Mr. Lewis) OR Mr. Myerson

Training will be held soon!



There will be  
Bantam Girls'  
Basketball practices  
on Mon. Oct. 21 and  
Wed. Oct. 23 right  
after school. Our first  
game is On Oct. 28  
at LCCHS.





**CADET BOYS  
BASKETBALL  
TRYOUTS**

**Wednesday, October 23**

**After school**

**Large Gym**

**This will be the last tryout**

# Juvenile Boys Basketball

Practice on the 11th of October has been moved to Oct 17th at 8am. Gym time is limited. Please be in attendance.





**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Utsav Roy for his  
dedication and  
helpfulness to the  
Phoenix class.

**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Sienna Herbert for  
her academic  
excellence and her  
artistic integrity.

# Service as Action Opportunity

Looking for 9 senior students as tour guide volunteers for tomorrow night's Open House.

Students must have:

**Strong Communication Skills:** Tour guides should be articulate and able to convey information clearly and confidently about our school.

**Friendly and Approachable:** Must be welcoming and make visitors feel comfortable.

**Knowledgeable:** Must have a good understanding of the school's history, programs, and facilities.

**Enthusiastic:** Must be passionate about the school and its community involvement.

**Reliable:** Must be punctual and dependable to ensure tours run smoothly.

**Leadership:** Must be able to manage groups and handle unexpected questions or situations.

**Professional:** Must maintain a respectful and courteous demeanor at all times is essential and be in proper uniform attire.

Email Mr. Sicoli or Mme. Baillargeon if interested

Mr.Sicoli

Mme. Baillargeon

[msicoli03@lbpearson.ca](mailto:msicoli03@lbpearson.ca)

[kbaillargeon@lbpearson.ca](mailto:kbaillargeon@lbpearson.ca)





***Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.***

<b>Open-Minded (Language and Literature; September)</b>		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



## IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

*We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.*

*Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.*

*Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.*

# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends

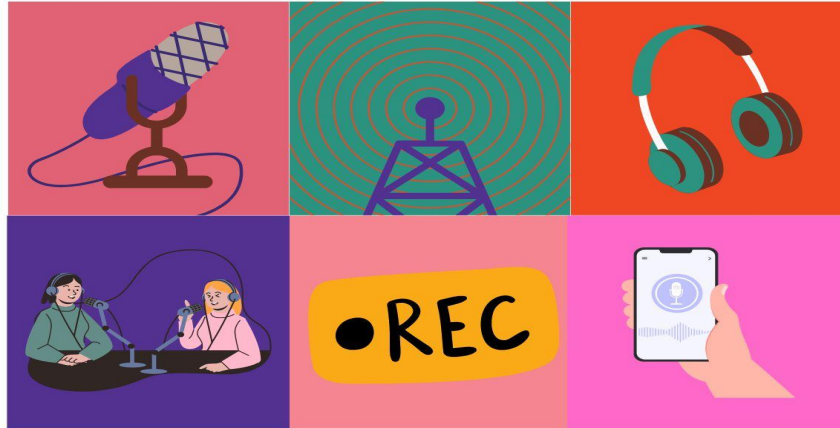




CREATE YOUR OWN

# PODCAST

LEARN ALL ABOUT PODCASTING  
WHILE CREATING YOUR OWN



EVERY  
WEDNESDAY

SIGN UP WITH MISS  
CASSANDRA



**THURSDAY**  
**JUNIOR LUNCH (KITCHEN)**  
**LEARN HOW TO MAKE BURGERS!!!!!!**  
**FIRST 11 STUDENTS**



# AFTER SCHOOL ACTIVITIES NEWS

THURSDAY

**AFTER SCHOOL ACTIVITIES NEWS**

**WIND ENSEMBLE  
CANCELLED TODAY**

***SENIOR VOLLEYBALL CLUB***

***THURSDAYS AFTER SCHOOL***



***ANY AND ALL SKILL LEVELS WELCOME***  
***SMALL GYM***





# ***CORE & BOXING***

***THURSDAYS WITH MR. DIIZON***  
***DANCE ROOM***



**Thursdays | C154 Room**

**Gamers Club**

**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,  
Guilty Gear Strive and more  
w/ Mr. Corey & Mr. Franc**

# Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | Rm C211





# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# **Weight & Strength Training**

A photograph of a very muscular man, likely a bodybuilder, wearing a red tank top and red shorts. He is flexing his right arm, showing off his bicep and forearm muscles. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there are two gold dumbbells.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**