

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular graphic is overlaid on the center of the image, containing the school's name and the title of the publication.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**October 30th, 2024 | Day 3**

## *Motivational Quote of the Week*

"JUST ONE SMALL POSITIVE  
THOUGHT IN THE MORNING  
CAN CHANGE YOUR WHOLE  
DAY."

DALAI LAMA



Oct 31st, 2024

# HALLOWEEN DAY

Activities going on around  
the school all day long!

LCCHS

Go to your first period class for 5min for attendance.

**DONT FORGET YOUR COSTUMES! (NO MASKS)**

## WHERE TO GO?

### FILMS IN THE AUDITORIUM:

- Films will be playing in the auditorium throughout the day.

### SPORTS IN THE GYM:

- Games like basketball and volleyball will take place in the big gym.

### ACTIVITIES GOING IN THE MALL AREA:

- Haunted house and halloween theme activities.



A vibrant Halloween-themed background with a dark blue night sky. It features various elements: a large orange full moon at the top center, several orange jack-o'-lanterns with glowing eyes, white skulls, purple and orange candy, a white spiderweb, and purple bats. The scene is decorated with small white stars and green confetti.

*Happy Halloween!!!!!!*

*Thursday October 31st dress up in  
your best halloween costumes!!*

*Masks, Weapons, and offensive  
costumes will not be tolerated.*



**LCCHS GAMER'S CLUB  
HALLOWEEN SUPER SMASH  
BROTHERS ULTIMATE TOURNAMENT  
IN B203 THIS THURSDAY MINI DAY**



**SINGLE ELIMINATION  
FIRST TO 2  
NO ITEMS  
10AM TO 12PM ON THURSDAY  
TRY TO BRING YOUR CONTROLLER**

**CAP OF 24, GO SIGN UP AT C207  
DURING SENIOR AND JUNIOR  
LUNCH - TODAY**



# CALLING ALL ARTISTS!

All artists who are interested in submitting something, please scan this QR code and join the Google classroom. That is where I will be posting updates. You may only join from your @lbpearson.ca email. If the Qr code does not work, the classroom code is **ddonxmh**



SCAN ME

# Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.



## Tip of the Day: How to create effective study notes

### 1. Choose the Right Method

**Cornell Method:** Divide your page into three sections: notes, cues, and summary. This helps organize information and makes review easier.

**Mapping Method:** Create visual mind maps connecting ideas, which is great for visual learners.

**Highlight Key Information:** Use Colors: Highlight or underline important terms and concepts to make them stand out

**Summarize After Class:** Write a brief summary of your notes to reinforce what you've learned and regularly review

**Active Listening:** Pay attention and actively listen during lectures to capture the most important points

**Ask Questions:** Don't hesitate to ask questions if something is unclear, and note down the answers.

**Why it helps:** By integrating these note-taking strategies, you can significantly boost your academic performance and develop new skills that will benefit them throughout your educational journey and beyond.



*“Success is the sum of small efforts - repeated day in and day out.”-Robert Collier*

Congrats to all of our volleyball teams for an amazing regular season!! We are proud to announce that 4 of our teams will be competing in the playoffs next week!!



*Go wolves!*



Come watch our Juvenile Boys on a November 7th at 3:30 in the gym!

# Juvenile Boys Basketball

Practice this Wednesday Oct  
30th, 8am. Gym time is  
limited. Please be in  
attendance.



**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Utsav Roy for his  
dedication and  
helpfulness to the  
Phoenix class.

**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Sienna Herbert for  
her academic  
excellence and her  
artistic integrity.



***Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.***

<b>Open-Minded (Language and Literature; September)</b>		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



## IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

*We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.*

*Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.*

*Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.*



Language Acquisition Teachers will consider the following Approaches to Learning Skills for being a good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

- ***Student(s) use effective speaking techniques for communication (Body language, voice projection, preparedness, proper pronunciation, eye contact, clarity etc. )***
- ***Student(s) is/are organized and represents work in a clear and logical manner.***
- ***Student(s) communicate effectively in writing and use of media for different purposes (email, homework, posters, assignments etc.)***
- ***Student(s) recognizes and respect different communication styles and behaviors based on cultural backgrounds. (Spanish class)***



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends

# AFTER SCHOOL ACTIVITIES **NEWS**

**THE FOLLOWING ACTIVITIES HAVE ROOM & ARE  
LOOKING FOR YOU TO JOIN:**

- **SPINNING WITH MS. JOANNE (Tues)**
- **GUITAR WITH MR. BRAULT (Wed)**
- **CHEER SQUAD WITH MS. AMANDA (Wed)**
- **JR. DUNGEONS & DRAGONS WITH MR. HOWDEN (Tues)**

# AFTER SCHOOL ACTIVITIES **NEWS**

**WEDNESDAY**



# Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room

***IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !!  
AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS, FUN  
DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.***

# **Cheer Squad**

***WEDNESDAYS WITH MS. AMANDA  
DRAMA ROOM***

SENIOR

C269



DUNGEONS AND DRAGONS

# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there is a black banner with white text.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**



# *Cooking Club*

*In the Kitchen*

---

*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

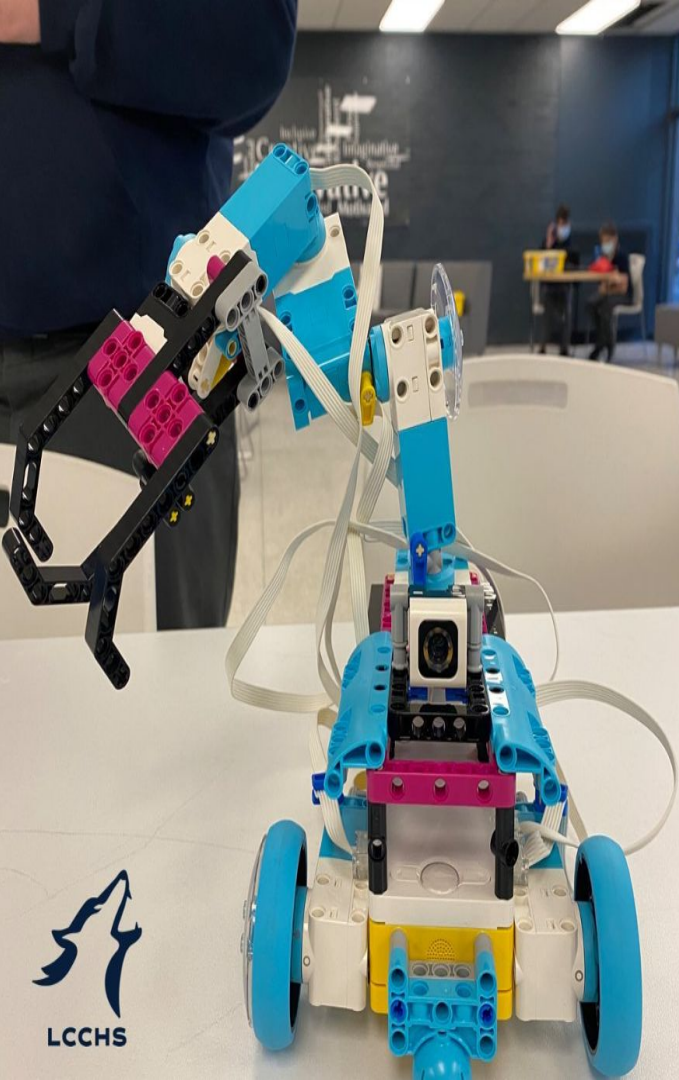
*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*





**LEARN ABOUT SKINCARE & MAKEUP WITH  
MS. NESRINE  
WEDNESDAYS  
ROOM C220**





Lego Robotics  
Wednesday's after  
school innovation room



# C.R.E.A.T.E MUSIC GROUP



**AFTER SCHOOL ACTIVITY  
W/ TODD SMITH**

**WEDNESDAYS IN THE AUDITORIUM**

# Badminton w/ Mr. Rind Wednesdays

