

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**November 1st, 2024 | Day 5**

## *Motivational Quote of the Week*

"JUST ONE SMALL POSITIVE  
THOUGHT IN THE MORNING  
CAN CHANGE YOUR WHOLE  
DAY."

DALAI LAMA

***Happy  
Diwali***



*Diwali is the Hindu festival of lights with variations celebrated in other Indian religions. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance".*



October 31st, 2024

# *Happy Diwali*

May the warmth and love of this festival fill your  
home and heart with happiness.

@LCCHS



# CALLING ALL ARTISTS!

All artists who are interested in submitting something, please scan this QR code and join the Google classroom. That is where I will be posting updates. You may only join from your @lbpearson.ca email. If the Qr code does not work, the classroom code is [ddonxmh](#)



SCAN ME

# Start your day with breakfast

There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.



Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

## Tip of the Day: How to create effective study notes

### 1. Choose the Right Method

**Cornell Method:** Divide your page into three sections: notes, cues, and summary. This helps organize information and makes review easier.

**Mapping Method:** Create visual mind maps connecting ideas, which is great for visual learners.

**Highlight Key Information:** Use Colors: Highlight or underline important terms and concepts to make them stand out

**Summarize After Class:** Write a brief summary of your notes to reinforce what you've learned and regularly review

**Active Listening:** Pay attention and actively listen during lectures to capture the most important points

**Ask Questions:** Don't hesitate to ask questions if something is unclear, and note down the answers.

**Why it helps:** By integrating these note-taking strategies, you can significantly boost your academic performance and develop new skills that will benefit them throughout your educational journey and beyond.



*“Success is the sum of small efforts - repeated day in and day out.”-Robert Collier*

Congrats to all of our volleyball teams for an amazing regular season!! We are proud to announce that 4 of our teams will be competing in the playoffs next week!!



*Go wolves!*



**Come watch our Juvenile Boys on a November 7th at 3:30 in the gym!**



**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Utsav Roy for his  
dedication and  
helpfulness to the  
Phoenix class.

**SEPTEMBER**

**STUDENT OF THE MONTH**



Congratulations to  
Sienna Herbert for  
her academic  
excellence and her  
artistic integrity.

We are looking for 15 volunteers from grades 9-11 for our Kicking PancreAS 5K event in Montreal on Saturday November 9, 2024. We are excited to bring this event to Montreal for the first time ever!! Kicking PancreAS is a 5K run/walk that helps to raise awareness about pancreatic cancer and we are looking for volunteers.

Information on the run

Date: Saturday Nov 9, 2024

Time: Run begins at 5:00pm volunteers arrive at 3:30pm

Location: Parc Angrignon

Students who volunteer will acquire up to five (5) volunteer hours.

Email Mme. Baillargeon if interested  
kbaillargeon@lbpearson.ca



Un coup de pied au cancer du pancréas  
5K

UNE COURSE/MARCHE  
AMICALE DE 5 KM  
POUR TOUS LES ÂGES  
ET TOUTES LES  
CAPACITÉS

Craig's Cause  
Pancreatic Cancer Society

**Un coup de pied  
au cancer du pancréas**

**9 NOVEMBRE 2024 • MONTRÉAL, QUÉBEC**



***Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.***

<b>Open-Minded (Language and Literature; September)</b>		
Level 1	51	Henry Sebag
	52	Eva Maria Furgjuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



## IB learner profile of the month ! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

*We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.*

*Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.*

*Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.*



Language Acquisition Teachers will consider the following Approaches to Learning Skills for being a good **“COMMUNICATOR”**.

*Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!*

- **Student(s) use effective speaking techniques for communication (Body language, voice projection, preparedness, proper pronunciation, eye contact, clarity etc. )**
- **Student(s) is/are organized and represents work in a clear and logical manner.**
- **Student(s) communicate effectively in writing and use of media for different purposes (email, homework, posters, assignments etc.)**
- **Student(s) recognizes and respect different communication styles and behaviors based on cultural backgrounds. (Spanish class)**

# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments (computers available)
- ✓ Work alone or with friends

# AFTER SCHOOL ACTIVITIES **NEWS**

**FRIDAY**





**Junior Volleyball**  
**Fridays with Mr. Roger**