

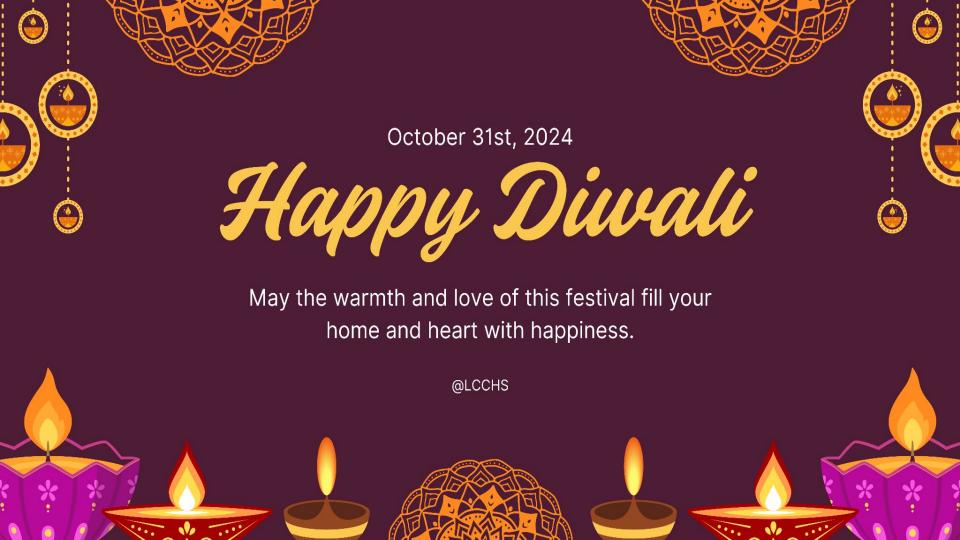
Motivational Quote of the Week

"JUST ONE SMALL POSITIVE THOUGHT IN THE MORNING CAN CHANGE YOUR WHOLE DAY."

DALAI LAMA



Dimali is the Hindu festival of lights with variations celebrated in other Indian religions. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance".



CALLING ALL ARTISTS!

All artists who are interested in submitting something, please scan this QR code and join the Google classroom. That is where I will be posting updates. You may only join from your @lbpearson.ca email. If the Qr code does not work, the classroom code is ddonxmh





SCAN ME

Start your day with breakfast There will be free breakfast in the cafeteria on Mondays and Wednesdays starting October 7th from 8:15am to 8:45am.

Week of October 14th: breakfast will be served on Tuesday and Thursday due to the holiday and mini day.

Approaches to learning Tip of the Week: Creating effective study notes

Tip of the Day: How to create effective study notes





1. Choose the Right Method

Cornell Method: Divide your page into three sections: notes, cues, and summary. This helps organize information and makes review easier.

Mapping Method: Create visual mind maps connecting ideas, which is great for visual learners.

Highlight Key Information: Use Colors: Highlight or underline important terms and concepts to make them stand out

Summarize After Class: Write a brief summary of your notes to reinforce what you've learned and regularly review

Active Listening: Pay attention and actively listen during lectures to capture the most important points

Ask Questions: Don't hesitate to ask questions if something is unclear, and note down the answers.

Why it helps: By integrating these note-taking strategies, you can significantly boost you academic performance and develop new skills that will benefit them throughout you educational journey and beyond.



"Success is the sum of small efforts - repeated day in and day out."-Robert Collier

Congrats to all of our volleyball teams for an amazing regular season!! We are proud to announce that 4 of our teams will be competing in the playoffs next week!!





Go wolves!



Come watch our Juvenile Boys on a November 7th at 3:30 in the gym!



Congratulations to Utsav Roy for his dedication and helpfulness to the Phoenix class.



Congratulations to Sienna Herbert for her academic excellence and her artistic integrity.

We are looking for 15 volunteers from grades 9-11 for our Kicking PancreAS 5K event in Montreal on Saturday November 9, 2024. We are excited to bring this event to Montreal for the first time ever!! Kicking PancreAS is a 5K run/walk that helps to raise awareness about pancreatic cancer and we are looking for volunteers.

Information on the run

Date: Saturday Nov 9, 2024

Time: Run begins at 5:00pm volunteers arrive

at 3:30pm

Location: Parc Angrignon

Students who volunteer will acquire up to five

(5) volunteer hours.

Email Mme. Baillargeon if interested kbaillargeon@lbpearson.ca



Un coup de pied au cancer du pancréas 9 NOVEMBRE 2024 • MONTRÉAL, QUÉBEC IB Learners strive to embody these ten traits...



Congratulations to the following IB students who demonstrated an Open Mind throughout the month of September.

Open-Minded (Language and Literature; September)		
Level 1	51	Henry Sebag
	52	Eva Maria Furgiuele
Level 2	51	Maria Soares de Almeida
	52	Kailyn Hull
Level 3	51	Bishal Ghosh
	52	Sarina Turner
Level 4	51	Malakhi Henry Tim Jr.Swaray
	52	Kenya Dennis
Level 5	51	Iyahsis Thompson
	52	Julia Bonarrigo



IB learner profile of the month! (OCTOBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good "COMMUNICATOR".

Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

Nous nous exprimons avec assurance et créativité dans plus d'une langue et de différentes façons. Nous écoutons également les points de vue d'autres personnes et groupes, ce qui permet une collaboration efficace.

Nos expresamos con confianza y creatividad en diversas lenguas, lenguajes y maneras. Colaboramos eficazmente, escuchando atentamente las perspectivas de otras personas y grupos.



Language Acquisition Teachers will consider the following Approaches to Learning Skills for being a good "COMMUNICATOR".

Month of October will be selected by the IB LANGUAGE ACQUISITION TEACHERS at the end of the month!

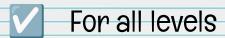
- Student(s) use effective speaking techniques for communication (Body language, voice projection, preparedness, proper pronunciation, eye contact, clarity etc.)
- Student(s) is/are organized and represents work in a clear and logical manner.
- Student(s) communicate effectively in writing and use of media for different purposes (email, homework, posters, assignments etc.)
- Student(s) recognizes and respect different communication styles and behaviors based on cultural backgrounds. (Spanish class)

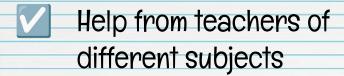
LCCHS HOMEWORK ZONE

Monday, Tuesday, Wednesday & Thursday 3:40 - 4:40 pm Library

Starting September 23rd







Complete your assignments (computers available)



AFTER SCHOOL ACTIVITIES NEWS

FRIDAY

