



JASON SUDEIKIS

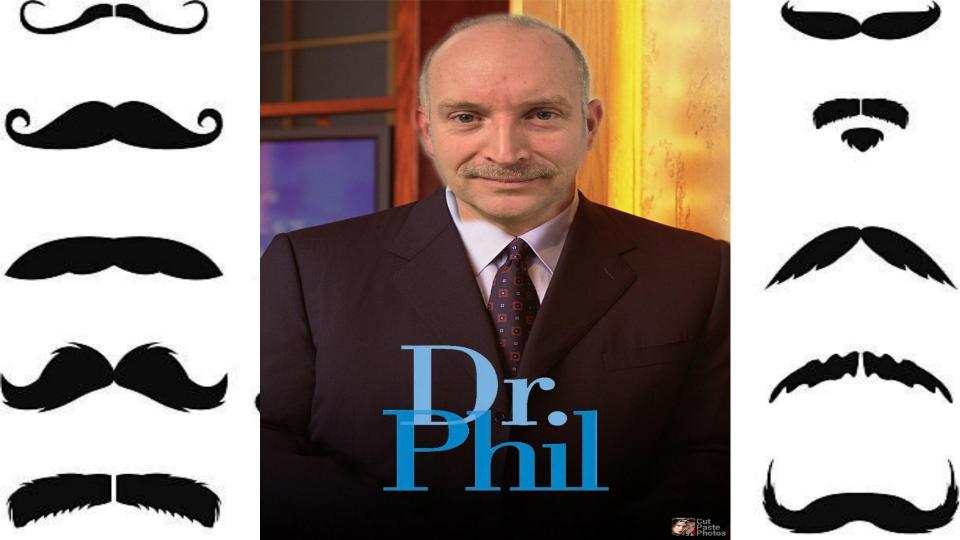
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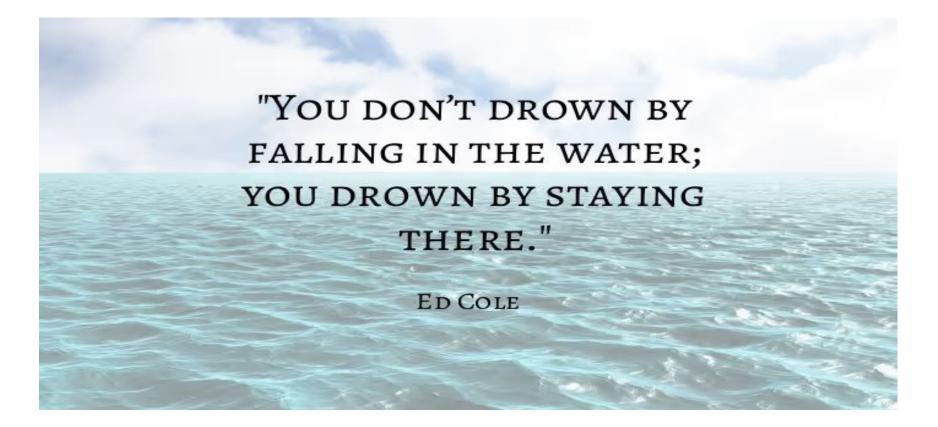








Motivational Quote of the Week



Student Spectators

Want to watch a game? You will now have to sign up to attend games.

This coming Monday at lunch (first 15 mins) sign up to attend the following Basketball games:

Tuesday, November 26
Cadet Girls 2:45PM
Bantam Girls 3:45PM
Bantam Boys 5:00PM

Wednesday, November 27
Cadet Girls 3:45PM
Bantam Boys 5:15PM

Only students who have signed up will be able to attend the games. A reminder that if you have a detention, you are not permitted to attend after school activities or games.

Admin will inform students who no longer have permission to attend games.



On Friday, November 22nd, SPC cards will be on sale for \$10 during senior lunch only. You must be 14+ to purchase.

We will have another sale in February for those that purchased one last **Get SPC** February! for only 10 bucks from our high school Save on your favourite brands all year Bluenotes' Foot Locker

SAMSUNG H.M

TACO

& many more

Card is valid for 1 year! Lots of savings!

STAY TUNED OUR SCHOOL SURVEY WILL BE DONE DURING YOUR ENGLISH PERIOD DURING THE WEEKS OF NOV. 18TH AND 25TH

The OurSCHOOL survey gives the school information on how to make things better for students. Based on what information you give in the survey, we can make changes to help improve student experiences at school and help everyone do better.





Cancer Awareness DAY

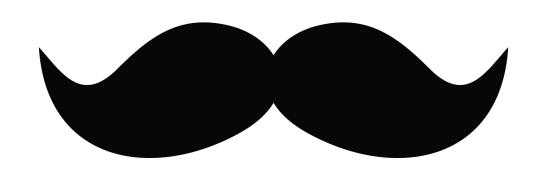
Friday (november 22nd)

Be pink or be stashed!

https://breastcancerprogress.ca/donate/

MOVEMBER

In honor of prostate cancer awareness month, we invite all boys who are willing to grow a moustache (or if you can't grow a moustache, buy a fake one!)



<u>JOIN THE LCCHS</u> MOBROS





Popcorn sale Friday, Nov. 22 during both lunches. Thanks for supporting the **Thailand Humanitarian Trip!**

Gender & Sexuality Alliance

To all 2SLGBTQI+ students & allies, come join our Gender & Sexuality Alliance (GSA) meetings! The GSA is a safe and inclusive space where we can come together to support and celebrate diversity.

Bring your lunch and join us in the library.

Today at
Senior Lunch in the
library







Once you have your dress be sure to dm the account a picture of it, for then it will be posted.

> CANNOT WAIT TO SEE YOUR PROM DRESSES!!!









LCCHS Doughnut Fundraiser
Order forms will be distributed in class by leadership students.

Sell some wonderful treats and help feed the community!

Start your day with breakfast Free breakfast in the cafeteria will continue on Mondays and Wednesdays from 8:15am to 8:45am during the month of November.



Grad BLACK Sweaters For Sale \$50 cash only Find us in the mall at lunch until Nov 22.

LEVEL I QUEBEC CITY TRIP

- -The trip will take place February 17-19th (3 days/2 nights).
- -Coach bus there and back.
- -4 students per hotel room.
- -The trip cost approximately \$500.
- -Maximum 50 students total.



There will be an information meeting next week at Junior Lunch. Stay tuned.

Quebec City Trip Meeting Friday, November 22nd

BEGINNING OF JUNIOR LUNCH IN THE AUDITORIUM

Boston & New York Senior Trip 2025

Deposit \$150 (cash or check) this Friday
November 22nd to
Ms.Aubertin C166
morning or at
lunchtime





Cadet Girls Basketball Practice

Tuesday, Nov 26th @ 8:00 a.m.

Game: Nov 27th @ 3:45 (@ LCCHS)

If you can't make it to practice, please email Ms. Campbell (dcampbell06@lbpearson.ca)



Basketball Uniforms

If you still have a basketball uniform from last year or earlier, please bring it to Miss Lynda at the main office by Friday, November 22. Your name with the uniform number is on a scoresheet and if it is not returned, you will be charged for it.



Winter is coming... CCCHS WINTER CARNIVAL DAY February 27,2025 SKIING AND TUBING

C-213
Office
Phys. Ed Office

Please return signed and completed forms along with your payment in the mall area during the first 15 minutes of lunch



What is TUBING, you ask?







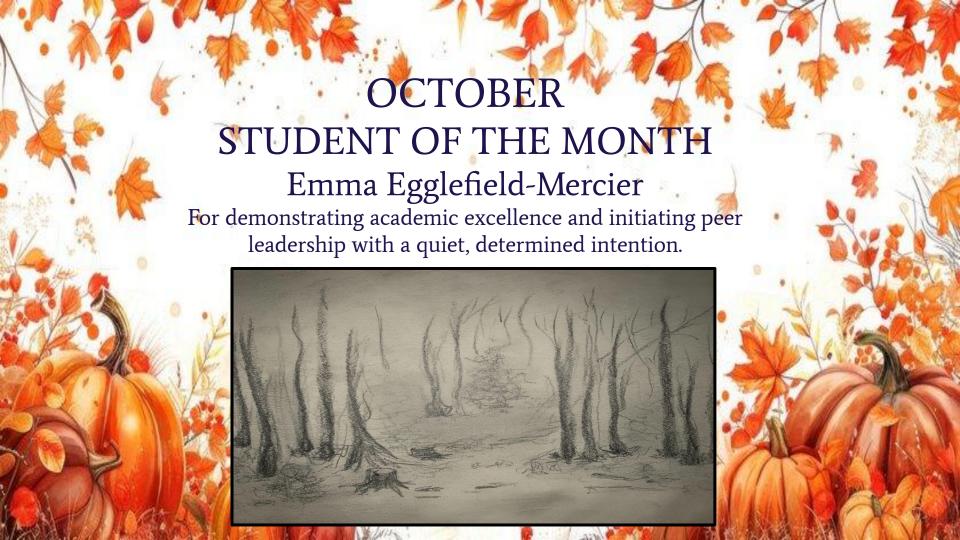


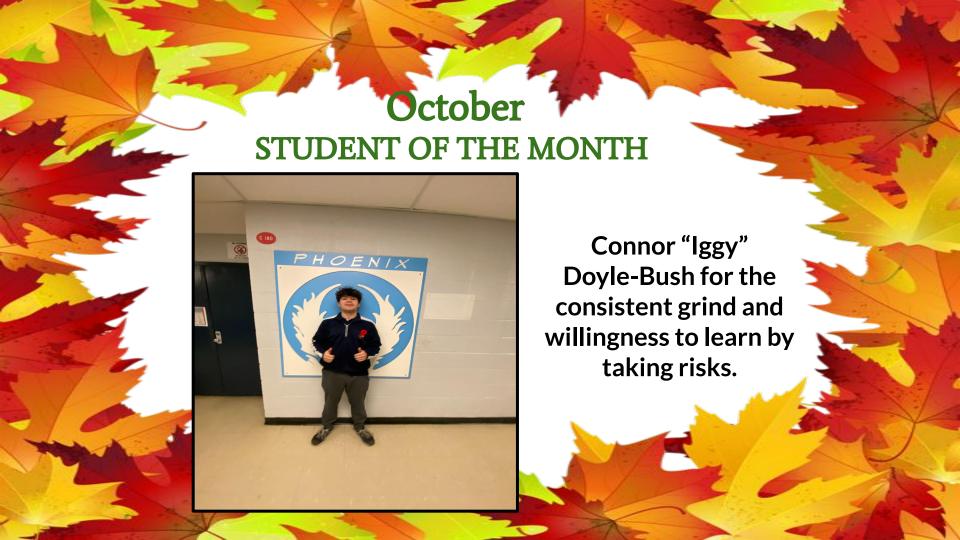












Approaches to learning Tip of the Week: Critical Thinking

1. Ask Questions

- Always ask "why" and "how" to deepen your understanding of a topic.
- Don't take information at face value; question the underlying assumptions.

2. Analyze Information

- Consider the credibility and reliability of your information sources.
- Support your arguments with solid evidence and data.

3. Think Open-Mindedly

- Look at issues from different angles and consider alternative viewpoints.
- Be aware of your own biases and strive to minimize them.

4. Reflect and Evaluate

- Regularly reflect on your own thinking process and decisions.
- Evaluate the results of your decisions and learn from any mistakes.

5. Communicate Clearly

- Practice expressing your ideas clearly and logically.
- Participate in debates and discussions to refine your thinking and learn from others.

By incorporating these tips into your daily routine, you can strengthen your critical thinking abilities and make more informed decisions.





"Learning without thought is labor lost; thought without learning is perilous."-Confucius





IB learner profile of the month! (OCTOBER)!!!! The Language Acquisition Teachers have proudly selected the following Communicators:

Communicateur - De mentalidad abierta (Acquisition de langues; Octobre)		
Level 1	51	Vincent Crevier
	52	Avery Devlin
Level 2 - Français	51	Rowan Devlin
	52	Adam McLachlan
Level 2 - Espagnol	51	Sierra Maruca
	52	Alessandra Farinelli-Cerra
Level 3 - Français	51	Amber Stephen
	52	Joudia Lamhamdi
Level 3 - Espagnol	51	Emma Verelli
	52	Nathan Rossi
Level 4	51	Lynx Patten
	52	Kiran Sinha
Level 5	51	Mary Demetra Kanaras
	52	Dave Nowens Jean-Mathe



ATLs will be based on:

Grade 7-8
Social-Collaboration
Communication-Interaction

Grade 11 Critical Thinking

IB learner profile of the month! (NOVEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good "RISK TAKER".

Month of November will be selected by the IB Physical and Health Education teachers at the end of the month!

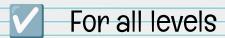
Students who are risk-takers are willing to step outside their comfort zone and try something new in the hopes of gaining new knowledge or additional skills. They are comfortable being challenged and welcome opportunities to explore new ideas.

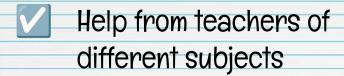
LCCHS HOMEWORK ZONE

Monday, Tuesday, Wednesday & Thursday 3:40 - 4:40 pm Library

Starting September 23rd







Complete your assignments (computers available)





AFTER SCHOOL ACTIVITIES NEWS

REMINDER:

It is getting cold outside. Check a weather app and dress warm as you will be asked to stay outside after 4pm if you are hanging out in the mall or bistro area and are not in an activity.

Same goes if you are in an activity. You will be asked between 4:45pm and 5pm to leave the building whether rain, snow or freezing outside.

AFTER SCHOOL ACTIVITIES NEWS

BOXING IS CANCELLED THIS WEEK

WIND ENSEMBLE IS CANCELLED UNTIL FURTHER NOTICE

AFTER SCHOOL ACTIVITIES NEWS

THURSDAY

LCCHS Wind Ensemble

Thursdays After School

Open for all students who have <u>some experience</u> (in music class pre-covid or in elementary school) playing any of the following instruments:

Flute
Clarinet
Saxophone
Trumpet
Trombone
Baritone

SENIOR VOLLEYBALL CLUB THURSDAYS AFTER SCHOOL



ANY AND ALL SKILL LEVELS WELCOME SMALL GYM



Thursdays | C154 Room



Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,
Guilty Gear Strive and more

w/ Mr. Corey & Mr. Franc

Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | Rm C211



Cooking Club,

In the Kitchen

Mondays w/ Ms. Lorine & Ms. Mel

Tuesdays w/ Ms. Lynda & Ms. Kristen

Wednesdays | Thursdays w | Ms. Cynthia, Ms. Kim & Ms. Lorine

