

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

November 25th, 2024 | Day 2



Motivational Quote of the Week

**“It’s no use
going back to
yesterday,
because you
were a different
person then.”**

Self Improvement

Tips for Self Improvement:

- stay active
- start journaling
- make sure to have a good mindset
- set goals for yourself
- Eat healthier
- Express yourself even when its hard

“Do the best you can until you know better. Then when you know better, do better.”
- *Maya Angelou*



Start your day with breakfast

Free breakfast in the cafeteria will continue on Mondays and Wednesdays from 8:15am to 8:45am during the month of November.



PRINGLES



**On sale for \$1
at lunch on
Wednesday, November 27th**

**STAY TUNED
OUR SCHOOL SURVEY
WILL BE DONE DURING YOUR
ENGLISH PERIOD DURING THE
WEEKS OF NOV. 18TH AND 25TH**

The OurSCHOOL survey gives the school information on how to make things better for students. Based on what information you give in the survey, we can make changes to help improve student experiences at school and help everyone do better.





Why are socks always optimistic? They believe in sock-cess.



Stepping Up

Donate new and clean socks

<https://www.instagram.com/stepupmtl/>



LCCHS Doughnut Fundraiser

Order forms will be distributed in class by leadership students.

Sell some wonderful treats and help feed the community!

Toronto Trip 2025

Who: Grade 8 students

When: May 6 - 9th

Information meeting:

Wednesday, Dec 2nd,
2024

Junior lunch

Auditorium





Winter is coming...



LCCHS WINTER CARNIVAL DAY 2025
SKIING AND TUBING



Forms and payment due by




DECEMBER 6



at the latest!!!

Please turn in signed and completed forms along with payment in the mall area during the **first 15 minutes of junior and senior lunch**



What is TUBING, you ask?



Student Spectators

TODAY AT LUNCH

JUNIOR & SENIOR LUNCH (FIRST 15 MINS)

SIGN UP FOR

Tuesday, November 26

Cadet Girls 2:45PM (CANCELLED)

Bantam Girls 3:45PM

Bantam Boys 5:00PM

Wednesday, November 27

Cadet Girls 3:45PM

Bantam Boys 5:15PM

Only students who have signed up will be able to attend the game. reminder that if you have a detention, you are not permitted to attend after school activities or games.

Admin will inform students who no longer have permission to attend games.



LCCHS

Cadet Girls Basketball Practice

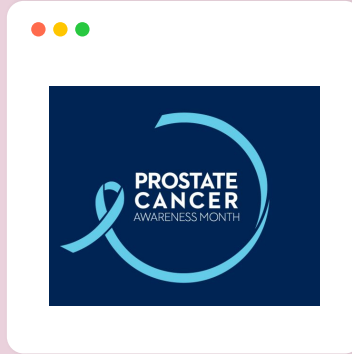
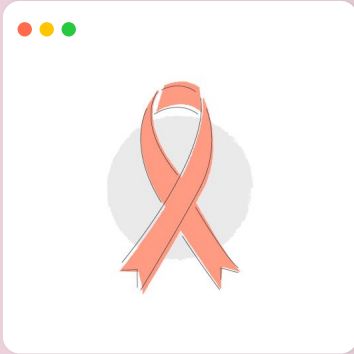
Tuesday, Nov 26th @ 8:00 a.m.

Game: Nov 27th @ 3:45 (@ LCCHS)

If you can't make it to practice, please email Ms. Campbell (dcampbell06@lbpearson.ca)
or Mr. Abracen (iabracen@lbpearson.ca)



What is cancer



Cancer is among the leading causes of death worldwide

2 in 5 Canadians are expected to be diagnosed with cancer in their lifetime.

1 in 4 Canadians is expected to die of the disease.

cancer



MOVEMBER

PROSTATE CANCER

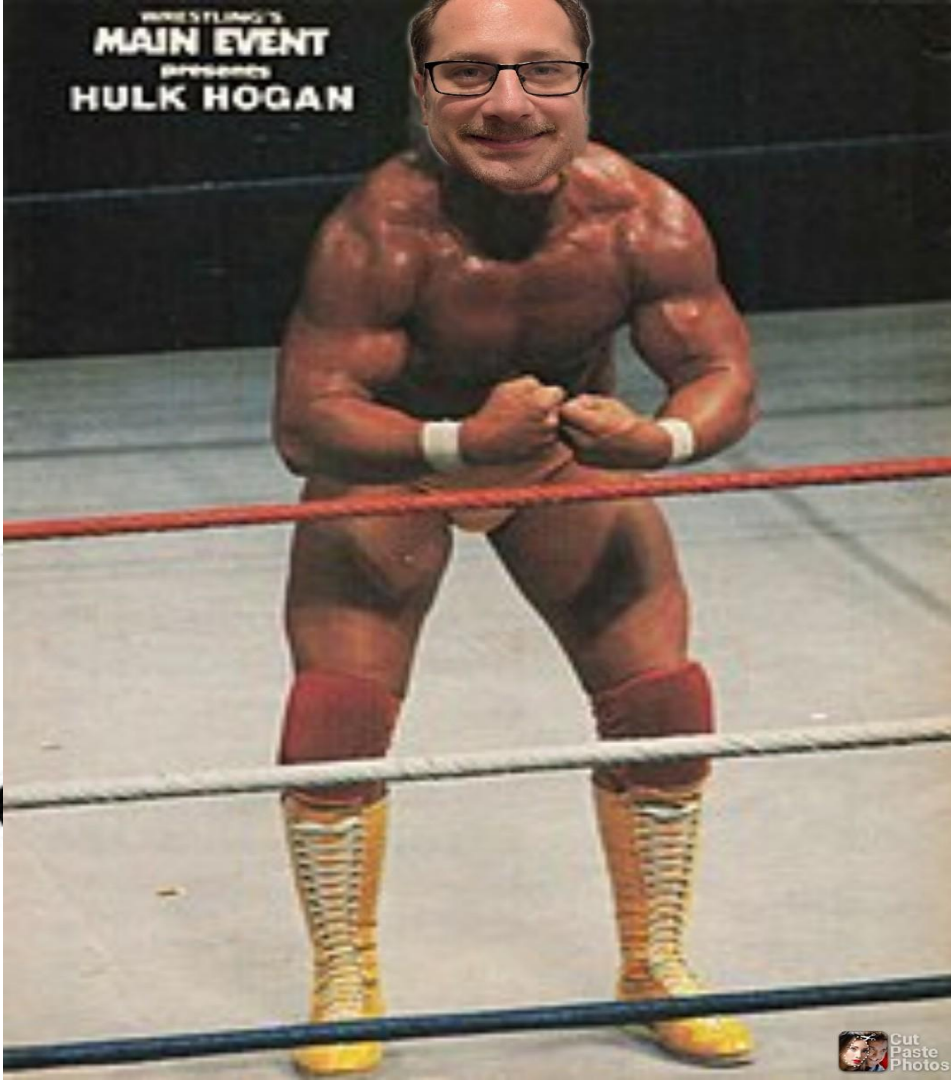
AWARENESS
MONTH



We all have partners, fathers, brothers, sons, uncles, and friends that we love. Too many of these men are dying too young, impacting relationships, families, and communities. Donate today and help us build a future with healthier men and healthier communities.

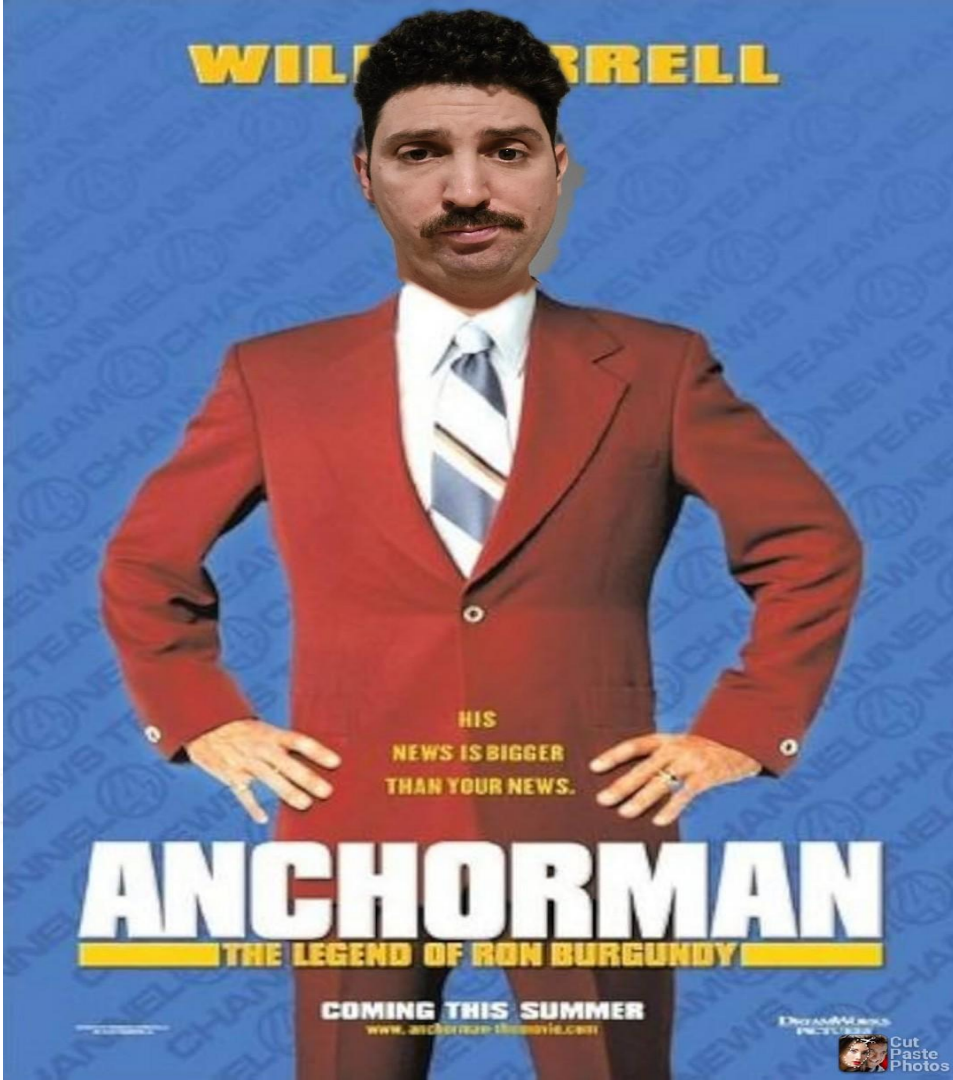


**Meet the
2024
LCCHS
Mo Bros**









JASON SUDEIKIS

TED LASSO



Apple TV+

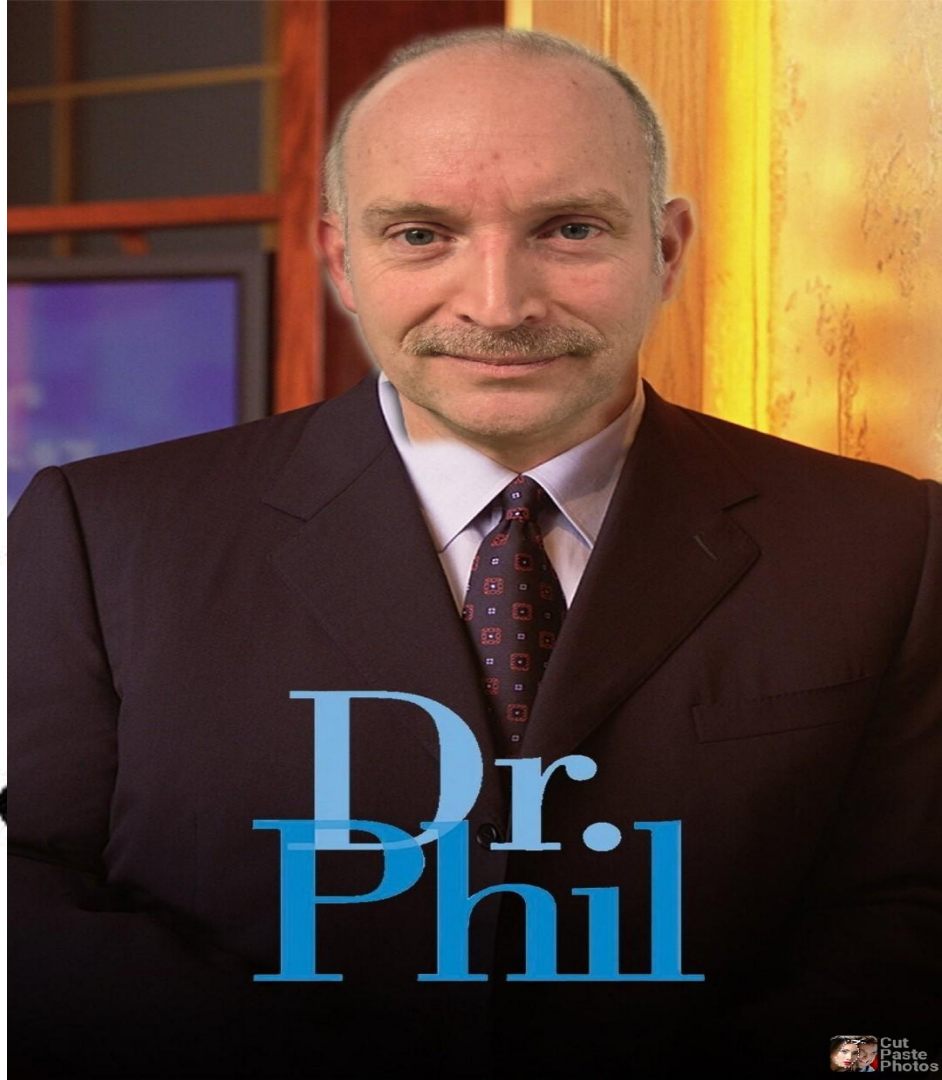


Cut
Paste
Photos



PARAMOUNT PICTURES Presents "THE GODFATHER" An ALBERT S. RUDY PRODUCTION Starring MARLON BRANDO and AL PACINO JAMES CAAN RICHARD CASTELLANO
ROBERT DUVALL STERLING HAYDEN JOHN MARLEY RICHARD COOTE DIANE KEATON Music Score by NINO ROJA Screenplay by MARIO PIZZO and FRANCIS FORD COPPOLA Based on MARIO PIZZO'S Novel "THE GODFATHER"
Produced by ALBERT S. RUDY Directed by FRANCIS FORD COPPOLA







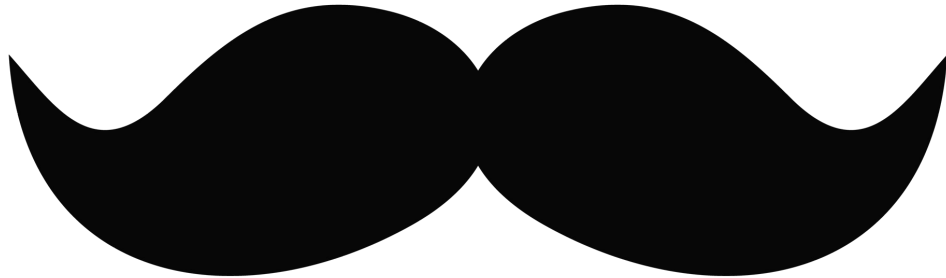
Join the cause.

“Great men are not
born great, they
grow great . . . - Mario
Puzo, The Godfather ”

- Gianni Panzera

MOVEMBER

In honor of prostate cancer awareness month, we invite all boys who are willing to grow a moustache (or if you can't grow a moustache, buy a fake one!)



JOIN THE LCCHS
MOBROS



OCTOBER STUDENT OF THE MONTH

Emma Egglefield-Mercier

For demonstrating academic excellence and initiating peer leadership with a quiet, determined intention.



October STUDENT OF THE MONTH



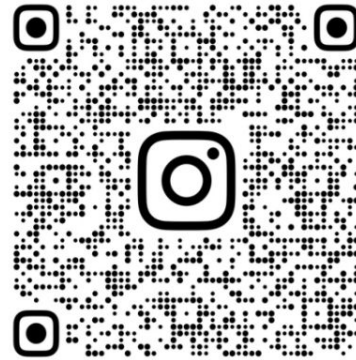
**Connor "Iggy"
Doyle-Bush for the
consistent grind and
willingness to learn by
taking risks.**

ALL LCCHS SECONDARY 5 GIRLS, BE SURE TO
SCAN AND FOLLOW OUR PROM DRESS 2025
INSTAGRAM ACCOUNT, TO BE SURE THAT NO
ONE IS STUCK WITH THE SAME PROM DRESS.

ALL POSTS WILL MADE ANONYMOUS

Once you have your dress be
sure to dm the account a
picture of it, for then it will
be posted.

CANNOT WAIT TO SEE
YOUR PROM DRESSES!!!



LCCHS.PROM.DRESSES2025

Balanced Day will be passing for recycling
Wednesday, Nov. 27 Period 3!!
Please put your bins in the hallway!!!



Approaches to learning Tip of the Week: Math ATLs:

Critical Thinking:

Break down complex problems into smaller, manageable parts and evaluate different strategies to solve them. (*identify, break it down, possible solutions, implement, reflect, practice regularly*)

Self-Management:

Develop resilience and persistence when faced with challenging problems. (*tutorials, positivity, learn from experience, set realistic goals*)

Communication:

Use appropriate mathematical terminology and symbols to express ideas clearly.

Collaboration:

Work effectively with peers to solve problems and share different approaches and solutions. (*listen actively to others, peer study groups*)

Creative Thinking:

- 1) Think outside the box to find unique solutions to problems.
- 2) Use diagrams, graphs, and other visual tools to understand and solve problems.





***IB learner profile of the month ! (OCTOBER)!!!!
The Language Acquisition Teachers have proudly
selected the following Communicators:***

Communicateur - De mentalidad abierta (Acquisition de langues; Octobre)		
Level 1	51	Vincent Crevier
	52	Avery Devlin
Level 2 - Français	51	Rowan Devlin
	52	Adam McLachlan
Level 2 - Espagnol	51	Sierra Maruca
	52	Alessandra Farinelli-Cerra
Level 3 - Français	51	Amber Stephen
	52	Joudia Lamhamdi
Level 3 - Espagnol	51	Emma Verelli
	52	Nathan Rossi
Level 4	51	Lynx Patten
	52	Kiran Sinha
Level 5	51	Mary Demetra Kanaras
	52	Dave Nowens Jean-Mathe



IB learner profile of the month ! (NOVEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being good **“RISK TAKER”**.

ATLs will be based on:

Grade 7-8
Social-Collaboration
Communication-Interaction

Grade 11
Critical Thinking

Month of November will be selected by the IB Physical and Health Education teachers at the end of the month!

Students who are risk-takers are willing to step outside their comfort zone and try something new in the hopes of gaining new knowledge or additional skills. They are comfortable being challenged and welcome opportunities to explore new ideas.

LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments (computers available)
- ✓ Work alone or with friends

**Have you ever
made a sandwich
out of a pita
bread? Go to the
kitchen to learn on
Tuesday during
Junior Lunch**





**PLEASE HAVE A CHANGE OF
CLOTHES OTHERWISE YOU MAY
NOT BE LET IN**

**OPEN WEIGHT ROOM
TUESDAY
SENIOR LUNCH**

AFTER SCHOOL ACTIVITIES **NEWS**

Skin Care & Make Up is cancelled this week

AFTER SCHOOL ACTIVITIES **NEWS**

MONDAY



Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of a very muscular man, likely a bodybuilder, wearing a red tank top and red shorts. He is flexing his right arm, showing off his bicep and forearm muscles. He is smiling and looking towards the camera. The background is a solid, bright blue color. At the bottom of the image, there are two gold dumbbells.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon



CURL LOVE

**LEARN ALL ABOUT TAKING CARE
AND STYLING OF YOUR HAIR. ALL
HAIR TYPES ARE WELCOME.**

**MONDAYS
3:45PM - 4:45PM
WITH MS. RENEE
INNOVATION ROOM**



Senior **B**ook Club

Monday

In the planning room C229

With Ms. Kathleen

BOOK CLUB

A promotional image for a basketball training program. It features two men in a locker room. The man on the left is white with a mustache and a green jersey. The man on the right is Black with a goatee and a yellow jersey, holding a Spalding basketball. The background shows green lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

MONDAY (TILL END OF DEC.) & TUESDAY WITH MR. TJ