

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

December 3rd, 2024 | Day 1

A female athlete in a blue uniform is running on a red track. The background shows a stadium with red seating and some trees. The text is overlaid on the image.

Motivational Quote of the Week

**“PERSEVERANCE IS NOT A
LONG RACE; IT IS MANY
SHORT RACES ONE AFTER
THE OTHER.”**

WALTER ELLIOT

Start your day with breakfast

Free breakfast in the cafeteria will
continue throughout December
from 8:15am to 8:45am

Please note the dates due to mini days

December 2nd and 4th (M-W)

December 9th and 12th (M-Th)

December 16th (M)



Student Spectators

Did you sign up for the game? Lucky you, you will be admitted as long as you do not have a detention or do not have permission.

Admin will inform students who no longer have permission to attend games.



LCCHS



As we enter winter, many people are forced to live on the streets because they cannot afford to buy a home at this time of year. Being said, we would like to give back to the community and help make sure that everyone has a warm winter.

From now all the way up to christmas break, everyone is encouraged to bring in CLEAN AND NEW, NOT USED AND DIRTY SOCKS. We are attempting to participate in the stepping up program





LCCHS Doughnut Fundraiser

Order forms due Today
Return Forms to Miss Lynda

LEVEL 1 QUEBEC CITY TRIP

Any level 1 student that intends to go on the Quebec City trip this year must bring the signed parental permission forms and \$100 deposit December 5th at Junior Lunch in the Mall Area.

Boston & New York Senior Trip 2025

Deposit \$150 (cash or
check) **PAST DUE** please
see Ms.Aubertin C166 by
Friday Dec.6th before
1st period, otherwise the
trip will be cancelled!!!





Winter is coming...



LCCHS WINTER CARNIVAL DAY 2025
SKIING AND TUBING



Forms and payment due by




DECEMBER 6



at the latest!!!

Please turn in signed and completed forms along with payment in the mall area during the **first 15 minutes of junior and senior lunch**



What is TUBING, you ask?





Girls Futsal Tryout

Thursday
December 4th
after school in
the big gym.

Mandatory
attendance if you
want to play!

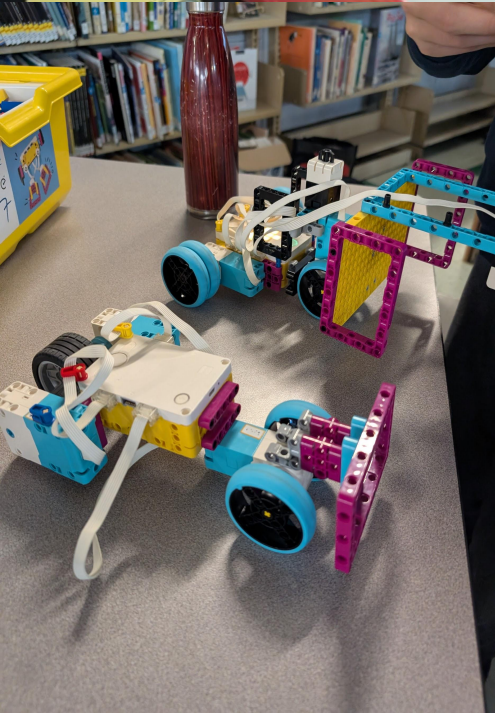


The LCCHS Annual Food Drive is on this Wednesday!

IB students must register on the MYP google classroom with the name of their assigned supervisor. ALL students are encourage to participate!!

Let's make this year better than last!!

Time: 6-8 pm



Congratulations to the Junior
Howl Lego Robotics team for
winning the 2024
PCHS Robotics Challenge

Team Members:

Adam McLachlan
Andrei Ignatin
Jacob Giampaolo
Lucas Scott Adams
Ryson Chan



Way-to-go!!



Balanced Day will be passing for recycling
Wednesday, Dec. 4 Period 1!!
Please put your bins in the hallway!!!



Approaches to learning Tip of the Week: Transfer skills

Transferring skills between subjects can enhance learning and help students apply their knowledge in various contexts.

Here are 3 transferable tips to learning:

Identify Common Themes: Look for common themes or concepts that appear in multiple subjects. For example, the scientific method in science can be related to problem-solving techniques in math.

Use Analogies: Create analogies to connect concepts from different subjects. For instance, understanding the structure of a story in literature can help with understanding the structure of a historical event.

Apply Skills in New Contexts: Practice applying skills learned in one subject to problems in another. For example, use statistical analysis from math to interpret data in a science experiment.



“The future belongs to those who learn more skills and combine them in creative ways.”

— Robert Greene





***IB learner profile of the month (November)!!!
The IB Physical and Health Education Teachers have proudly selected the following Risk-Takers for November!***

Risk-Taker Health and Physical Education; November)			Teachers	Approaches to Learning Skills
Level 1	51	Giulia Fabrizio	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Kalista Bailey		
Level 2	51	Jude Richer	Mr.Mendolia	Social-Collaboration Communication-Interaction
	52	Timothy Sule		
Level 3	51	Vanessa Langlois	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Cyhrroh Thompson		
Level 4	51	Sami Mughal	Mr.Mendolia	Critical Thinker
	52	Bruna Fernandes Zubakin		
Level 5	51	Justin Piggot	Mr.Mendolia	Critical Thinker
	52	Madison Too		

Level 1

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

Level 2

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

Level 3

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

Level 4

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

Level 5

- Delegate and share responsibility for decision-making
- Use critical-literacy skills to analyse and interpret media communications



IB learner profile of the month ! (DECEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being **"BALANCED"**.

Month of December will be selected by our very own and amazing IB Drama teacher, Mr. Lalonde! He has some awesome skills to teach you about enhancing your Drama skills! "Get reading to unleash your balanced dramatic skills with ATL flair – because life's a stage, and we're all just improvising!"

Balanced:

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***



LCCHS Inquirers (Curiosity) and Thinkers (Creativity) in action ATL: COLLABORATION
GLOBAL CONTEXT: SCIENTIFIC AND TECHNICAL INNOVATION



LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



**WANNA MAKE SPAGHETTI &
GARLIC BREAD? COME TO THE
KITCHEN.**

**JUNIOR LUNCH - TUESDAY &
THURSDAY**



**PLEASE HAVE A CHANGE OF
CLOTHES OTHERWISE YOU MAY
NOT BE LET IN**

**OPEN WEIGHT ROOM
TUESDAY
SENIOR LUNCH**

Dance the line with Ms. Lynda Learn 2 line dances at lunch!



**Tuesday - Senior Lunch
1 - 130pm Mall Area**

AFTER SCHOOL ACTIVITIES **NEWS**

No BOXING
till December 17th

AFTER SCHOOL ACTIVITIES **NEWS**

TUESDAY



Junior Board Game Club

Tuesdays
in C211
With Ms. Hughes



JUNIOR

ROOM C154



DUNGEONS AND DRAGONS



Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of a very muscular man, likely a bodybuilder, wearing a red tank top and red shorts. He is flexing his right arm, showing off his bicep and forearm muscles. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there is a black banner with white text.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon

A promotional image for a basketball training program. It features two men in a locker room. The man on the left is white with a mustache and a green jersey. The man on the right is Black with a goatee and a yellow jersey, smiling and holding a Spalding basketball. The background shows green lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

MONDAY (TILL END OF DEC.) & TUESDAY WITH MR. TJ