

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side. A large blue circular overlay is centered on the image, containing the school's name and the title of the publication. The text is white and black, providing a clear contrast against the blue background.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**December 4th, 2024 | Day 2**

A female athlete in a blue uniform is running on a red track. The background shows a stadium with red seating and some trees. The text is overlaid on the image.

*Motivational Quote of the Week*

**“PERSEVERANCE IS NOT A  
LONG RACE; IT IS MANY  
SHORT RACES ONE AFTER  
THE OTHER.”**

**WALTER ELLIOT**

# Start your day with breakfast

Free breakfast in the cafeteria will  
continue throughout December  
from 8:15am to 8:45am

Please note the dates due to mini days

December 2nd and 4th (M-W)

December 9th and 12th (M-Th)

December 16th (M)



# Student Spectators

Did you sign up for the game? Lucky you, you will be admitted as long as you do not have a detention or do not have permission.

*Admin will inform students who no longer have permission to attend games.*



**LCCHS**





As we enter winter, many people are forced to live on the streets because they cannot afford to buy a home at this time of year. Being said, we would like to give back to the community and help make sure that everyone has a warm winter.

From now all the way up to christmas break, everyone is encouraged to bring in CLEAN AND NEW, NOT USED AND DIRTY SOCKS. We are attempting to participate in the stepping up program



# LEVEL 1 QUEBEC CITY TRIP

Any level 1 student that intends to go on the Quebec City trip this year must bring the signed parental permission forms and \$100 deposit December 5th at Junior Lunch in the Mall Area.



# Boston & New York Senior Trip 2025

Deposit \$150 (cash or  
check) **PAST DUE** please  
see Ms.Aubertin C166 by  
**Friday Dec.6th** before  
1st period, otherwise the  
trip will be cancelled!!!





*Winter is coming...*



*LCCHS WINTER CARNIVAL DAY 2025*  
**SKIING AND TUBING**



Forms and payment due by



**DECEMBER 6**



at the latest!!!

Please turn in signed and completed forms along with payment in the mall area during the **first 15 minutes of junior and senior lunch**





*What is TUBING, you ask?*



# Girls Indoor Track & Field

Any girl that is interested in participating in indoor Track & Field please sign the list outside the phys.ed. office.

There are throwing events, jumping events, long distance running events and sprint events as well. You must sign up for 2 events to be on the team.



# Girls Futsal Tryout

Thursday  
December 5th  
after school in  
the big gym.

Mandatory  
attendance if you  
want to play!





*The LCCHS Annual Food Drive is on this Wednesday!*

*IB students must register on the MYP google classroom with the name of their assigned supervisor. ALL students are encourage to participate!!*

*Let's make this year better than last!!*

*Time: 6-8 pm*

Balanced Day will be passing for recycling  
Wednesday, Dec. 4 Period 1!!  
Please put your bins in the hallway!!!



## Approaches to learning **Tip of the Week:** Transfer skills

Transferring skills between subjects can enhance learning and help students apply their knowledge in various contexts.

Here are 3 transferable tips to learning:

**Identify Common Themes:** Look for common themes or concepts that appear in multiple subjects. For example, the scientific method in science can be related to problem-solving techniques in math.

**Use Analogies:** Create analogies to connect concepts from different subjects. For instance, understanding the structure of a story in literature can help with understanding the structure of a historical event.

**Apply Skills in New Contexts:** Practice applying skills learned in one subject to problems in another. For example, use statistical analysis from math to interpret data in a science experiment.



“The future belongs to those who learn more skills and combine them in creative ways.”

— Robert Greene







***IB learner profile of the month (November)!!!  
The IB Physical and Health Education Teachers have proudly selected the following Risk-Takers for November!***

<b>Risk-Taker Health and Physical Education; November)</b>			<b>Teachers</b>	<b>Approaches to Learning Skills</b>
Level 1	51	Giulia Fabrizio	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Kalista Bailey		
Level 2	51	Jude Richer	Mr.Mendolia	Social-Collaboration Communication-Interaction
	52	Timothy Sule		
Level 3	51	Vanessa Langlois	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Cyhrroh Thompson		
Level 4	51	Sami Mughal	Mr.Mendolia	Critical Thinker
	52	Bruna Fernandes Zubakin		
Level 5	51	Justin Piggot	Mr.Mendolia	Critical Thinker
	52	Madison Too		

## Level 1

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 2

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 3

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 4

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 5

- Delegate and share responsibility for decision-making
- Use critical-literacy skills to analyse and interpret media communications



## IB learner profile of the month ! (DECEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being **"BALANCED"**.

*Month of December will be selected by our very own and amazing IB Drama teacher, Mr. Lalonde! He has some awesome skills to teach you about enhancing your Drama skills! "Get reading to unleash your balanced dramatic skills with ATL flair – because life's a stage, and we're all just improvising!"*

### **Balanced:**

*We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.*



***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***





*LCCHS Inquirers (Curiosity) and Thinkers (Creativity) in action* ATL: COLLABORATION  
GLOBAL CONTEXT: SCIENTIFIC AND TECHNICAL INNOVATION



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



# AFTER SCHOOL ACTIVITIES **NEWS**

**No BOXING**  
**till December 17th**



**AFTER SCHOOL ACTIVITIES NEWS**

**WEDNESDAY**

SENIOR

C269



DUNGEONS AND DRAGONS



# Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room



***IT'S MORE THAN JUST CHEER, IT'S COMMUNITY NOISE !!  
AS A CHEERLEADING SQUAD, YOU WILL LEARN BASIC CHEERS, FUN  
DANCE ROUTINES, WITH THE OPTION TO DO STUNTS.***

# **Cheer Squad**

***WEDNESDAYS WITH MS. AMANDA  
DRAMA ROOM***

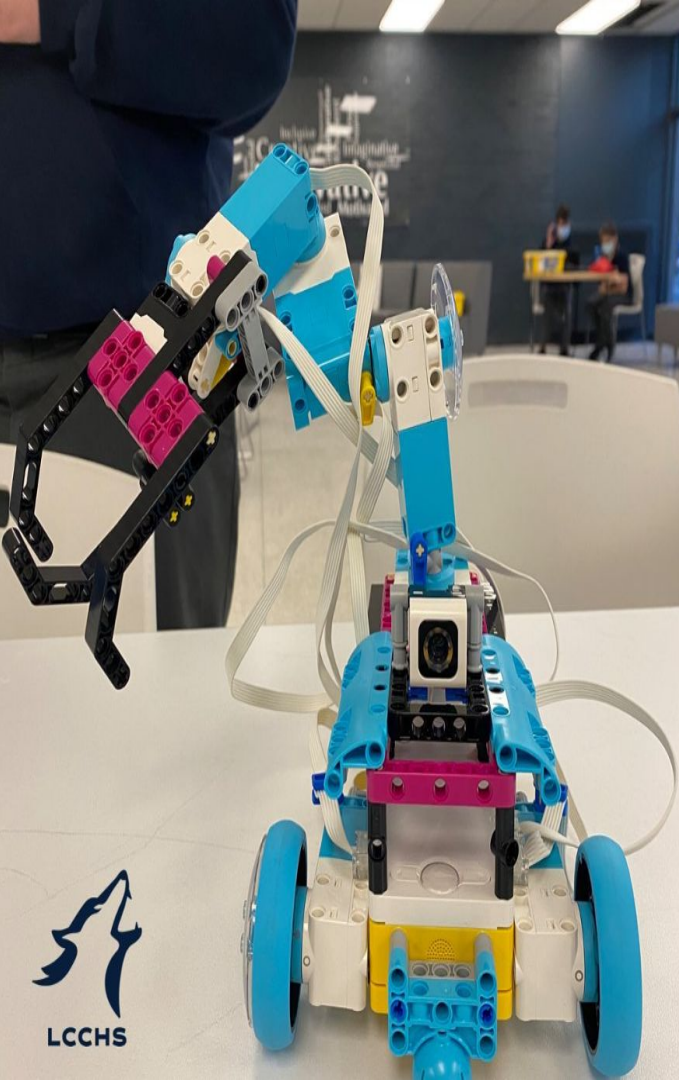




**LEARN ABOUT SKINCARE & MAKEUP WITH  
MS. NESRINE  
WEDNESDAYS  
ROOM C220**







Lego Robotics  
Wednesday's after  
school innovation room



# C.R.E.A.T.E MUSIC GROUP



**AFTER SCHOOL ACTIVITY  
W/ TODD SMITH**

**WEDNESDAYS IN THE AUDITORIUM**



# Badminton w/ Mr. Rind Wednesdays







# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*

# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font. At the bottom, there are two lines of text in a black box with white font: "Monday & Wednesday with Mr. Aaron" and "Tuesday & Thursday with Ms. Julia & Mr. Sheldon".

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**