

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is flying on the left side. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular graphic is overlaid in the center of the image, containing the school's name and the title of the publication. The sky is clear and blue.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**December 5th, 2024 | Day 3**

A person in a blue athletic outfit and white sneakers is running on a red track. The background shows a stadium with red seats and a green field. The text is overlaid on the image.

*Motivational Quote of the Week*

**“PERSEVERANCE IS NOT A  
LONG RACE; IT IS MANY  
SHORT RACES ONE AFTER  
THE OTHER.”**

**WALTER ELLIOT**

# **PAINT NIGHT**

**AT LUNCH**

**10 students**  
**Thursday, December 12**  
**Innovation room**  
**Junior & Senior Lunch**

**Sign ups Monday Dec. 9 beginning of lunch**  
**Mall Area**





# Start your day with breakfast

Free breakfast in the cafeteria will  
continue throughout December  
from 8:15am to 8:45am

Please note the dates due to mini days

December 2nd and 4th (M-W)

December 9th and 12th (M-Th)

December 16th (M)







As we enter winter, many people are forced to live on the streets because they cannot afford to buy a home at this time of year. Being said, we would like to give back to the community and help make sure that everyone has a warm winter.

From now all the way up to christmas break, everyone is encouraged to bring in CLEAN AND NEW, NOT USED AND DIRTY SOCKS. We are attempting to participate in the stepping up program



# LEVEL 1 QUEBEC CITY TRIP

Any level 1 student that intends to go on the Quebec City trip this year must bring the signed parental permission forms and \$100 deposit December 5th at Junior Lunch in the Mall Area.



# Boston & New York Senior Trip 2025

Deposit \$150 (cash or  
check) **PAST DUE** please  
see Ms.Aubertin C166 by  
**Friday Dec.6th** before  
1st period, otherwise the  
trip will be cancelled!!!





# LET'S RIP UP THE SLOPES!



Skiers & Tubers

**LAST DAY**

for forms & payment

this **FRIDAY**

**DECEMBER 6**

(last bus is filling up!)

Congrats to the  
Bantam girls basketball  
TEAM who fought  
through adversity and  
won by 4 against Bialik  
HS! Shout out to ZEE  
who dropped a bunch and  
to Serena who came  
through in the clutch!



# Girls Indoor Track & Field

Any girl that is interested in participating in indoor Track & Field please sign the list outside the phys.ed. office.

There are throwing events, jumping events, long distance running events and sprint events as well. You must sign up for 2 events to be on the team.





# Girls Futsal Tryout

Thursday  
December 5th  
after school in  
the big gym.

Mandatory  
attendance if you  
want to play!

LCCHS would like to extend their heartfelt thanks to all the incredible volunteers who made last night's annual LCCHS food drive a resounding success.

Students, parents, teachers, and the entire community came together once again in a remarkable display of collaboration and what it means to be a caring community. Your dedication and hard work will make a significant impact for many over the holiday season, and we couldn't have done it without each and every one of you.

Thank you for your unwavering support and for showing what we can achieve when we work together.

Way-to-go Wolves!



**Global Context: Fairness and development: What are the consequences of our common humanity?**

**The power of LCCHS community collaboration!**





## Approaches to learning **Tip of the Week:** Transfer skills

Transferring skills between subjects can enhance learning and help students apply their knowledge in various contexts.

Here are 3 transferable tips to learning:

**Identify Common Themes:** Look for common themes or concepts that appear in multiple subjects. For example, the scientific method in science can be related to problem-solving techniques in math.

**Use Analogies:** Create analogies to connect concepts from different subjects. For instance, understanding the structure of a story in literature can help with understanding the structure of a historical event.

**Apply Skills in New Contexts:** Practice applying skills learned in one subject to problems in another. For example, use statistical analysis from math to interpret data in a science experiment.



“The future belongs to those who learn more skills and combine them in creative ways.”

— Robert Greene





***IB learner profile of the month (November)!!!  
The IB Physical and Health Education Teachers have proudly selected the following Risk-Takers for November!***

<b>Risk-Taker Health and Physical Education; November)</b>			<b>Teachers</b>	<b>Approaches to Learning Skills</b>
Level 1	51	Giulia Fabrizio	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Kalista Bailey		
Level 2	51	Jude Richer	Mr.Mendolia	Social-Collaboration Communication-Interaction
	52	Timothy Sule		
Level 3	51	Vanessa Langlois	Mr.Lanctot	Social-Collaboration Communication-Interaction
	52	Cyhrroh Thompson		
Level 4	51	Sami Mughal	Mr.Mendolia	Critical Thinker
	52	Bruna Fernandes Zubakin		
Level 5	51	Justin Piggot	Mr.Mendolia	Critical Thinker
	52	Madison Too		

## Level 1

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 2

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 3

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 4

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 5

- Delegate and share responsibility for decision-making
- Use critical-literacy skills to analyse and interpret media communications



## IB learner profile of the month ! (DECEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being **"BALANCED"**.

*Month of December will be selected by our very own and amazing IB Drama teacher, Mr. Lalonde! He has some awesome skills to teach you about enhancing your Drama skills! "Get reading to unleash your balanced dramatic skills with ATL flair – because life's a stage, and we're all just improvising!"*

### **Balanced:**

*We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.*





***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***



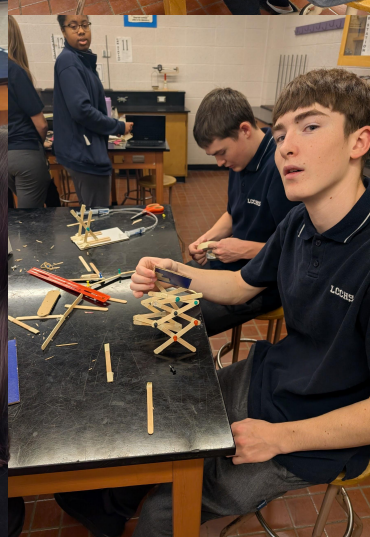
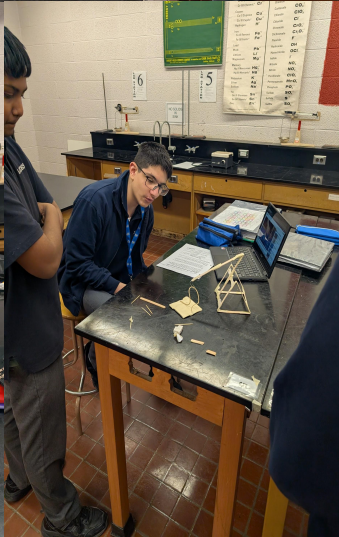
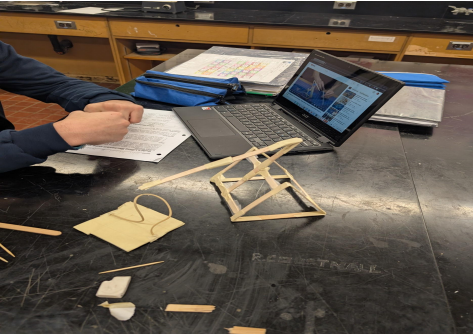
# Grade 9's build Hydraulic Lifts with Mr. Panzera!!

*Science and Technology class in action!!*

*LCCHS Thinkers in action*

*ATL: Creative Thinking (developing ideas and experimenting)*

**GLOBAL CONTEXT:  
SCIENTIFIC AND  
TECHNICAL  
INNOVATION**



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



# AFTER SCHOOL ACTIVITIES **NEWS**

**No BOXING**  
**till December 17th**



**AFTER SCHOOL ACTIVITIES NEWS**

**THURSDAY**

***SENIOR VOLLEYBALL CLUB***

***THURSDAYS AFTER SCHOOL***



***ANY AND ALL SKILL LEVELS WELCOME***  
***SMALL GYM***



**Thursdays | C154 Room**

**Gamers Club**

**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,  
Guilty Gear Strive and more  
w/ Mr. Corey & Mr. Franc**

# Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | **Rm C225**







# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*

# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there are two gold dumbbells.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**