

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**December 9th, 2024 | Day 5**

*Motivational  
Quote of the Week*

*The smallest  
act of kindness  
is worth more than  
the grandest intention.*

*-Oscar Wilde*



# PAINT NIGHT

AT LUNCH

**10 students**  
**Thursday, December 12**  
**Innovation room**  
**Junior & Senior Lunch**

**Sign ups TODAY Dec. 9 beginning of lunch**  
**Mall Area**





# Start your day with breakfast

Free breakfast in the cafeteria will  
continue throughout December  
from 8:15am to 8:45am

Please note the dates due to mini days

December 2nd and 4th (M-W)

December 9th and 12th (M-Th)

December 16th (M)







As we enter winter, many people are forced to live on the streets because they cannot afford to buy a home at this time of year. Being said, we would like to give back to the community and help make sure that everyone has a warm winter.

From now all the way up to christmas break, everyone is encouraged to bring in CLEAN AND NEW, NOT USED AND DIRTY SOCKS. We are attempting to participate in the stepping up program





# Athletics Media Day



All Cadet and Juvenile athletes will be participating in a media day/photoshoot on Wednesday, December 11th @ 1pm.

(Schedule found on your teams Google Classroom or from your coach)

Be prepared to have you individual and team photo taken in **TEAM UNIFORM.**

If you have any questions, please see Mr. Myerson.

# Badminton Team



## Sign-up

sheet

@ PHYS. ED. OFFICE



# Girls Indoor Track & Field

Any girl that is interested in participating in indoor Track & Field please sign the list outside the phys.ed. office.

There are throwing events, jumping events, long distance running events and sprint events as well. You must sign up for 2 events to be on the team.



❄️ November ❄️

# Student of the Month

## Donald Atitso

For your dedication to creating a positive classroom environment and sharing your strengths with others.



❄️ November ❄️

# Student of the Month

**Ahmed Seh**

For showing continuous growth and committing to a healthy lifestyle both emotionally, physically, and academically



Balanced Day will be passing for recycling  
Tuesday, Dec. 10 Period 1!!  
Please put your bins in the hallway!!!





Community and Service Deadline:

**All activities** done in November to December must be entered fully entered on managebac by December 20th.

Please check managebac regularly for comments by your level service and action supervisor. Remember your reflections must be detailed (what skills did you work on, global/personal impact, importance of the event etc...)

***Canned food drive=Maximum 3 hours***

***(14 days is more than enough time, no excuses)***



## Approaches to learning **Tip of the Week:** Social Collaboration Skills

Here are five effective ways to exercise leadership and take on a variety of roles within groups:

**Take Initiative:** Proactively identify opportunities for improvement and take charge of projects. This shows responsibility and inspires others to follow your example.

**Foster Collaboration:** Build strong relationships with team members by promoting a culture of collaboration. Share knowledge, offer assistance, and encourage open communication.

**Lead by Example:** Set a positive example through your work ethic, professionalism, and integrity. Be reliable, punctual, and committed to your tasks.

These strategies can help you effectively lead and contribute to your group's success.



Unity is strength. . .  
when there is  
teamwork and  
collaboration,  
wonderful things  
can be achieved. -  
Mattie Stepanek





***IB learner profile of the month (November)!!!  
The IB Physical and Health Education Teachers have proudly selected the following Risk-Takers for November!***

| <b>Risk-Taker Health and Physical Education; November)</b> |    |                         | <b>Teachers</b> | <b>Approaches to Learning Skills</b>              |
|--|----|-------------------------|-----------------|---|
| Level 1  | 51 | Giulia Fabrizio         | Mr.Lanctot      | Social-Collaboration<br>Communication-Interaction |
|  | 52 | Kalista Bailey          |                 |   |
| Level 2  | 51 | Jude Richer             | Mr.Mendolia     | Social-Collaboration<br>Communication-Interaction |
|  | 52 | Timothy Sule            |                 |   |
| Level 3  | 51 | Vanessa Langlois        | Mr.Lanctot      | Social-Collaboration<br>Communication-Interaction |
|  | 52 | Cyhrroh Thompson        |                 |   |
| Level 4  | 51 | Sami Mughal             | Mr.Mendolia     | Critical Thinker                                  |
|  | 52 | Bruna Fernandes Zubakin |                 |   |
| Level 5  | 51 | Justin Piggot           | Mr.Mendolia     | Critical Thinker                                  |
|  | 52 | Madison Too             |                 |   |



## Level 1

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 2

- Use appropriate forms of writing for different purposes and audiences
- Read critically and for comprehension

## Level 3

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 4

- Use memory techniques to develop long-term memory
- Focus on the process of creating by imitating the work of others

## Level 5

- Delegate and share responsibility for decision-making
- Use critical-literacy skills to analyse and interpret media communications



## IB learner profile of the month ! (DECEMBER)!!!!

This month we are looking to celebrate the IB learner profile trait of being **"BALANCED"**.

*Month of December will be selected by our very own and amazing IB Drama teacher, Mr. Lalonde! He has some awesome skills to teach you about enhancing your Drama skills! "Get reading to unleash your balanced dramatic skills with ATL flair – because life's a stage, and we're all just improvising!"*

### **Balanced:**

*We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.*



***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***



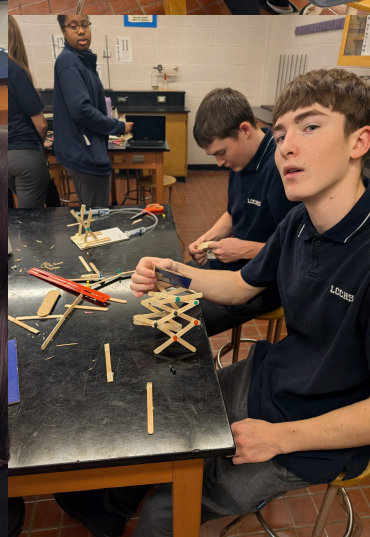
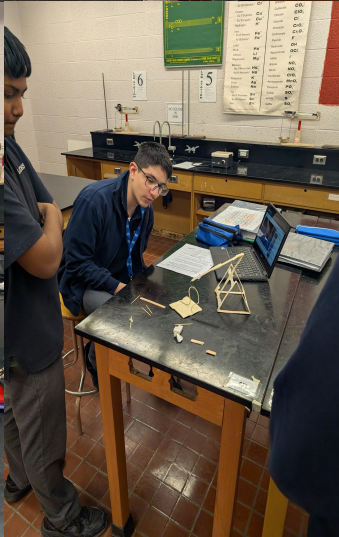
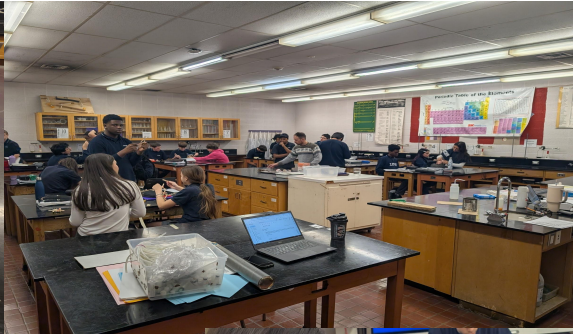
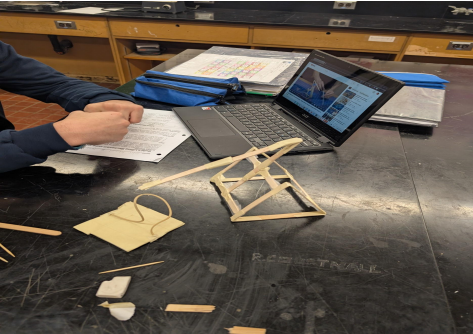
# Grade 9's build Hydraulic Lifts with Mr. Panzera!!

*Science and Technology class in action!!*

*LCCHS Thinkers in action*

*ATL: Creative Thinking (developing ideas and experimenting)*

**GLOBAL CONTEXT:  
SCIENTIFIC AND  
TECHNICAL  
INNOVATION**





# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



**TUESDAY & THURSDAY  
JUNIORS DO YOU LOVE  
TACOS? COME LEARN HOW TO  
MAKE AN EASY MEAL.  
LUNCH TIME IN THE KITCHEN**



**PLEASE HAVE A CHANGE OF  
CLOTHES OTHERWISE YOU MAY  
NOT BE LET IN**

**OPEN WEIGHT ROOM  
TUESDAY  
SENIOR LUNCH**



# AFTER SCHOOL ACTIVITIES **NEWS**

**No BOXING**  
**till December 17th**

# AFTER SCHOOL ACTIVITIES **NEWS**

MonDAY



# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there is a black banner with white text.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**





# CURL LOVE

**LEARN ALL ABOUT TAKING CARE  
AND STYLING OF YOUR HAIR. ALL  
HAIR TYPES ARE WELCOME.**

**MONDAYS  
3:45PM - 4:45PM  
WITH MS. RENEE  
INNOVATION ROOM**



Senior **B**ook Club

Monday

In the planning room C229

With Ms. Kathleen

# BOOK CLUB

A promotional image for a basketball training program. It features two men in a locker room. The man on the left is white with a mustache and a green jersey. The man on the right is Black with a goatee and a yellow jersey, smiling and holding a Spalding basketball. The background shows green lockers.

# **BASKETBALL SKILLS & TRAINING**

**WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE**

**MONDAY (TILL END OF DEC.) & TUESDAY WITH MR. TJ**