

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

February 5th, 2025 | Day 3

Motivational Quote of the Week

**“We are the ones
we’ve been
waiting for.
We are the change
that we seek.”**

BARACK OBAMA



Black History
Month

Dr. Jean Augustine

Jean Augustine

- Jean Augustine made history as the first Black woman elected to Canada's Parliament, serving from 1993 to 2006.
- Her roles included Parliamentary Secretary to the Prime Minister, Minister for Multiculturalism and the Status of Women, Chair of the Foreign Affairs Committee, and Deputy Speaker.





Jean Augustine



- She brought the motion to recognize February as Black History Month to the House of Commons in 1995
- From 2007 to 2015, she was Ontario's first-ever Fairness Commissioner.
- In 2008, the Jean Augustine Chair in Education, Community & Diaspora was launched at York University to help advance education, equity and inclusiveness.



“We must show up and be counted alongside today’s champions. We must stand up in the face of transgression and injustice. We must speak up on important matters that could use another healthy voice.”

–Dr. Jean Augustine

Start your day with breakfast



Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

February 3rd-5th (M-W)

February 10th-12th (M-W)

February 19th -24th-26th (W-M-W)

Please note that sandwich bar will not be available until February 10th



On Wednesday, February 12th, SPC cards will be on sale for \$10 during senior lunch only. You must be 14+ to purchase.

Tim Hortons has been added to the list.



Get SPC for only 10 bucks

from our high school

Save on your favourite brands all year



& many more



*Card is valid for
1 year!
Lots of savings!*

PRINGLES



**On sale for \$1
at lunch on
Wednesday, February 5th**

CEGEP OPEN HOUSES



Dawson College February 5th, 4PM to 8PM

Marianopolis College February 5th, 6PM to 8:30PM

Champlain College (St. Lambert) February 6th, 6:30PM to 8:30PM



Student Spectators

Monday, February 10th, 2025

JUNIOR & SENIOR LUNCH (FIRST 15 MINS)

SIGN UP FOR

MONDAY FEB 10TH - JUVY BOYS - 345PM

MONDAY FEB 10TH - CADET BOYS - 5PM

TUESDAY FEB 11TH - CADET GIRLS - 245PM

TUESDAY FEB 11TH - BANTAM GIRLS - 415PM

TUESDAY FEB 11TH - JUVENILE BOYS - 545PM

Only students who have signed up will be able to attend the games. A reminder that if you have a detention, you are not permitted to attend after school activities or games.

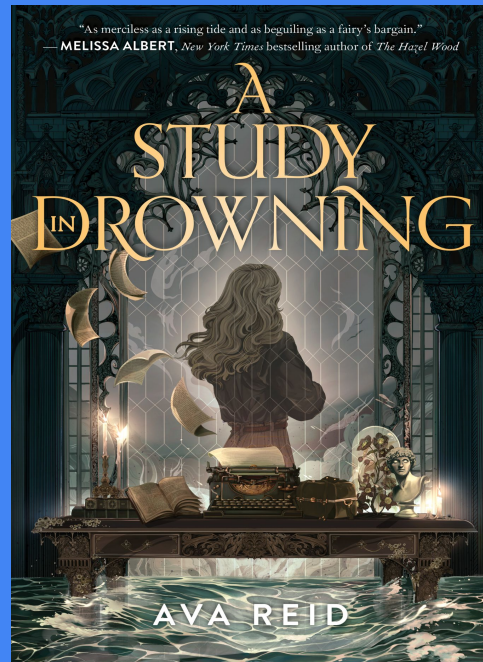


LCCHS

Cadet Girls Basketball Games

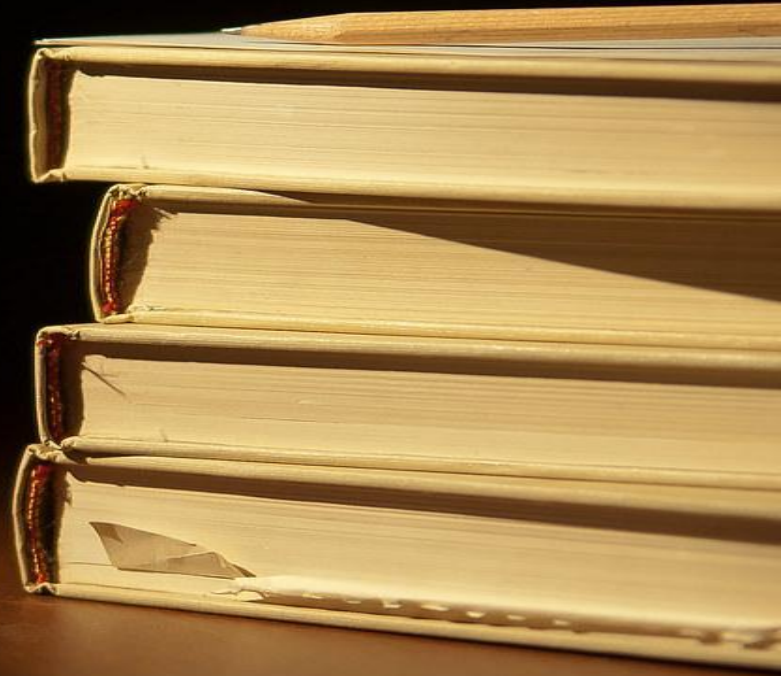
Games: Feb 10th (4:30 away) & Feb 11th (2:45 @ home)





New books in the library - come check them out!

Have you had library
books since the fall?
Time to bring them
back!



PHOENIX STUDENT OF THE MONTH

Jomara Ferdinand

*For your complete
commitment to the Phoenix
program through
punctuality, commitment to
academic excellence and
artistic classroom culture.*



PHOENIX STUDENT OF THE MONTH

Atlas Romberg

*For rising from the
ashes and soaring
through your term 2
examinations, and for
making kindness and
empathy great again.*



TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE
msicoli03@lbpearson.ca

WEDNESDAY FEBRUARY 5TH	Liam GB Arseneault, Cyhrrroh Thompson, Saeed Alam, Renato D'Avanzo Jordan
WEDNESDAY FEBRUARY 19TH	FULL
TUESDAY MARCH 18TH	FULL
WEDNESDAY MARCH 26TH	FULL
WEDNESDAY APRIL 2ND	FULL
WEDNESDAY APRIL 16TH	FULL
WEDNESDAY APRIL 30TH	FULL
WEDNESDAY MAY 14TH	FULL
WEDNESDAY MAY 18TH	FULL



Approaches to learning Tip of the Week:

MYP Approaches to Learning Tip of the Day: Critical Thinking

Challenge Assumptions: When faced with a problem or new information, take a moment to identify and question the assumptions behind it. Ask yourself, “What am I assuming here?” and “Are these assumptions valid?” This practice helps you uncover hidden biases and leads to more thorough and objective analysis.

By regularly challenging assumptions, you’ll sharpen your critical thinking skills and make more reasoned and balanced decisions. Keep questioning and exploring



“The important thing is not to stop questioning. Curiosity has its own reason for existing.” -Albert Einstein:



The LaSalle Popular Run and Walk is back, it will take place this year on Sunday March 30, 2025

In 2024, about thirty LCCHS students came as volunteers. Together with students from other schools in the area, they greatly helped to make the 43rd edition of the race a great success.

We very much hope, once again this year, to be able to count on the presence of LCCHS students.

Please email Mr. Sicoli if interested!
msicoli03@lbpearson.ca





IB learner profile of the month (January)!!!

The IB Design Teachers have proudly selected the following Principled IB students for January!

Congratulations to the following IB students for their principled trait in the design course and demonstration of ATL skills.

Primary vs Secondary Source Analysis: Analyze documents about technological innovations and artifacts. (Criterion A)

Read critically and avery a variety of sources for information

Organize and depict information logically

Structure information in summaries, essays, and reports Using a design template

Design improvements to existing machines, media and technologies

Use brainstorming and visual diagrams to generate new ideas and inquiries

Read critically and a variety of sources for information (Criterion A of Design Cycle)

Organize and depict information logically (all criteria)

Structure information in summaries, essays, and reports Using a design template

Design improvements to existing machines, media and technologies

Use brainstorming and visual diagrams to generate new ideas and inquiries

Principled (Design; January)			Teachers
Level 1	51	Maya Sinha and Avery Devlin	Sicoli
	52	Simon Lemay	Cleveland
Level 2	51	Michelle Gayle	Sicoli
	52	Carina Craig & Adam McLachlan	Cleveland
Level 3	51	Megan Too	Panzera
	52	Giada Fabrizio	
Level 4	51		
	52		



IB learner profile of the month (February)!!!

The IB Science teachers will choose the student who has shown the most curiosity and inquiry in Science at the end of the month."

"We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life"

ATL skills focus:

1. **Research Skills:** Essential for conducting experiments, gathering data, and analyzing results. This includes information literacy, media literacy, and ethical use of information.
2. **Thinking Skills:** Critical for problem-solving, analyzing data, and developing hypotheses. This includes critical-thinking, creative-thinking, and transfer skills.
3. **Communication Skills:** Important for presenting findings, writing lab reports, and collaborating with peers. This includes effective interaction, reading, writing, and using language to communicate information.
4. **Self-Management Skills:** Necessary for planning and executing experiments, managing time, and maintaining focus. This includes organization, affective skills, and reflection.
5. **Collaboration Skills:** Vital for working in teams, sharing responsibilities, and supporting peers during group projects. This includes working effectively with others and practicing empathy



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends

AFTER SCHOOL ACTIVITIES NEWS

WEDNESDAY

SENIOR

C269



DUNGEONS AND DRAGONS



Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room



**LEARN ABOUT SKINCARE & MAKEUP WITH
MS. NESRINE
WEDNESDAYS
ROOM C220**



LEGO
ROBOTICS
TODAY AFTER
SCHOOL IN THE
INNOVATION
ROOM



Badminton w/ Mr. Roger Wednesdays





Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there are two gold dumbbells.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon