February 14th, 2025 | Day 2

Motivational Quote of the Week

"We must open the doors and we must see to it they remain open, so that others can pass through."

-- Rosemary Brown

Black History Month

Viola Desmond

Viola Desmond

- Viola Irene Desmond was a businesswoman and civil rights activist
- In 1946, Viola Desmond challenged racial discrimination when she refused to leave the segregated Whites-only section of the Roseland Theatre in New Glasgow, Nova Scotia.
- She was arrested, jailed overnight and convicted without legal representation
- She went unpardoned in her lifetime
- In 2010, Lieutenant-Governor Mayann Francis issued Desmond a free pardon.
- In December 2016, the Bank of Canada announced that Viola Desmond would be the first Canadian woman to be featured by herself on the face of a banknote
- Viola Desmond was named a National Historic Person by the Canadian government in 2018.

Thank you to
our teachers and staff
Staff Appreciation Week
February 10th to February 14th
THANK YOU FOR YOUR DEDICATION!
WE APPRECIATE YOU!
THANK YOU FOR ALL THAT YOU DO!

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

February 3rd-5th (M-W)

February 10th-12th (M-W)

February 19th -24th-26th (W-M-W)

Please note that sandwich bar will not be available until February 10th

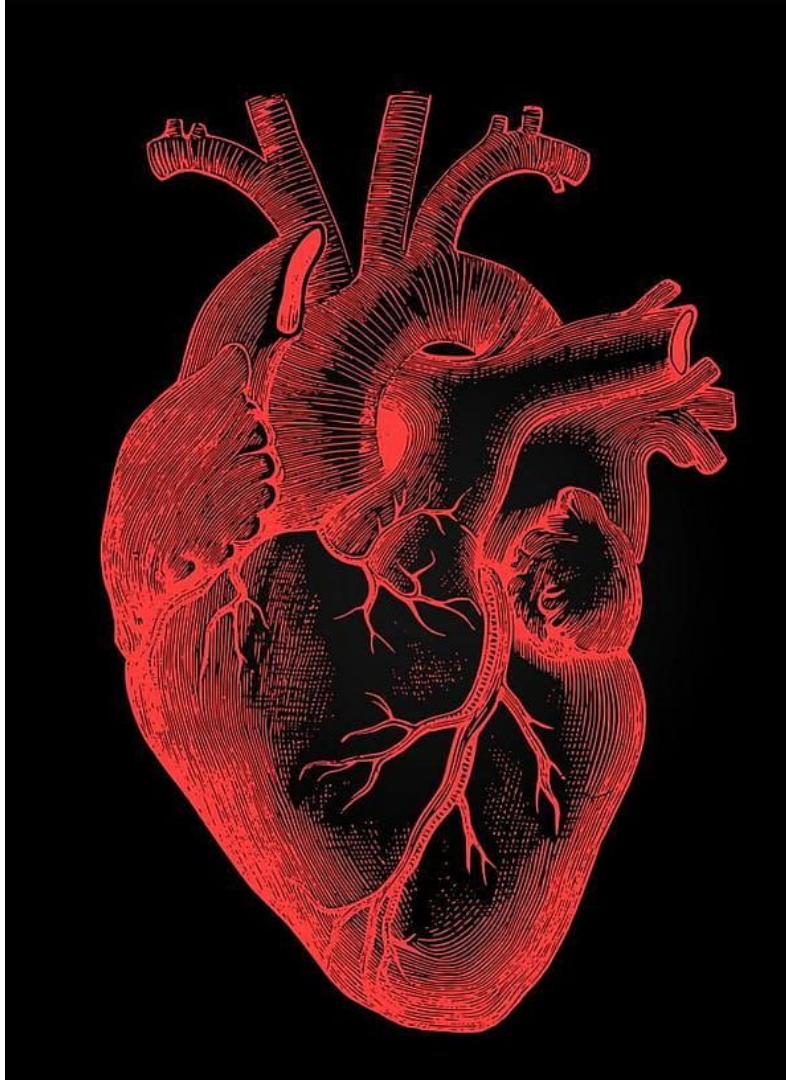
February is worlds international heart month

On February 14th we will have a Valentines dress down day.
(Red, Pink and white colours)
All the money will go to the Fondation En Coeur

‘’ 1 in 100 children are born with a heart disease or defect that will require medical care” ‘’we have a mission of helping children with congenital heart disease and their families by offering them information and support services.” fondation en coeur

Your donation, your way to make a difference - Site web

With your help this fondation can help many people



Pink Shirt Day!

Pink shirt day is a day dedicated of raising awareness about harmful effects and bullying and promoting and spreading kindness across all communities. It encourages people to take a stand against bullying and support those who will be affected.

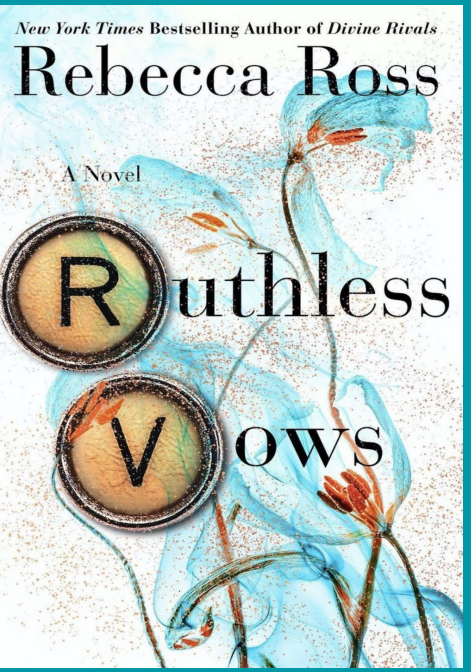
On the 26th of February all student are allowed to come to school wearing a pink shirt to raise awareness of bullying.
School bottoms are mandatory.

Be Part of the 2025 St. Patrick's Parade carrying a banner

Sunday, March 16 - 11:00 am Downtown
Come join the fun!

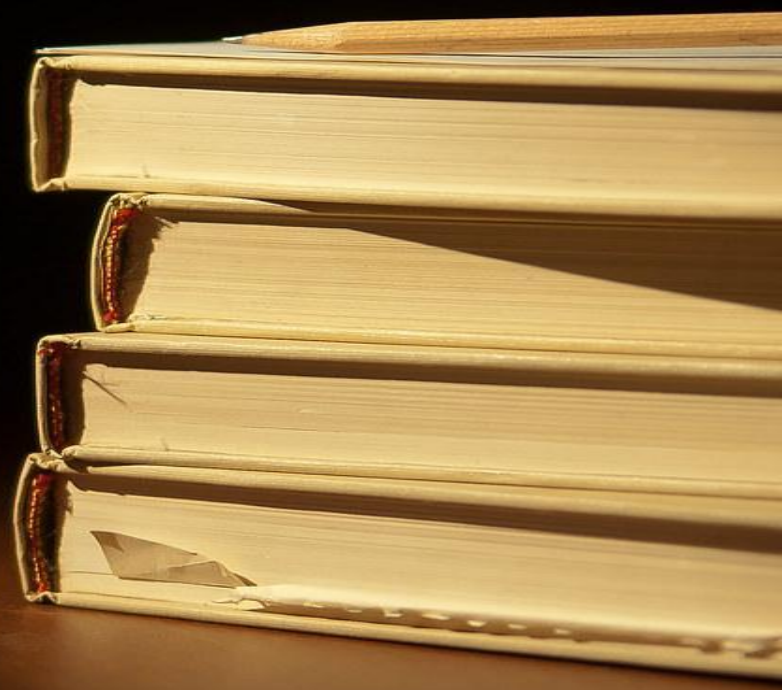
IB Community Service hours offered
Limited spots available

Interested? Find me in C220 - B236 or email me: tgesto@lbpearson.ca



New books in the library - come check them out!

Have you had library books since the fall? Time to bring them back!



PHOENIX STUDENT OF THE MONTH

Jomara Ferdinand

For your complete commitment to the Phoenix program through punctuality, commitment to academic excellence and artistic classroom culture.

PHOENIX STUDENT OF THE MONTH

Atlas Romberg

For rising from the ashes and soaring through your term 2 examinations, and for making kindness and empathy great again.

TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE
msicoli03@lbpearson.ca

WEDNESDAY FEBRUARY 19TH	FULL
TUESDAY MARCH 18TH	FULL
WEDNESDAY MARCH 26TH	FULL
WEDNESDAY APRIL 2ND	FULL
WEDNESDAY APRIL 16TH	FULL
WEDNESDAY APRIL 30TH	FULL
WEDNESDAY MAY 14TH	FULL
WEDNESDAY MAY 18TH	FULL

Approaches to learning Tip of the Week: Proper Research and Citing Original Work

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work.(***See updated Academic Integrity policy on our school website under the IB tab)***

Keep Track of Your Sources: Use tools like a simple google doc to keep track of all your sources.Record all necessary details (author, title, publication date, URL) as you gather information. <u>If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.</u>

Paraphrase and Summarize: Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **T<u>his also applies to the use AI technology.</u>**

Properly Attribute Images and Media: Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license.Use tools ls like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps:Creates a school climate of enhancing credibility and integrity and

"Integrity is doing the right thing, even when no one is watching."
— C.S. Lewis

Sea Wonders: Clay and recycled Art

The Phoenix Program students teamed up with the IB grade 8 classes in an Artinspires workshop to create original hybrid sculptures based on marine animals from plastic pollution in our waterways and the issues around the Pacific Garbage Patch.

A big thank you to our Phoenix teachers Ms.Oonagh O'neill and Andrew Coderre for opening up their classes and taking the lead on this wonderful initiative and inviting Angela Marsh from Artinspires to give an amazing 3-day workshop. We also wish to thank all secondary 2 IB teachers and lab technician, Mrs. Mcculloch, Mrs. Cleveland,Ms. Racine, Mr. Badiane, Mr. Dort, and Mr. Sicoli, for having their students take part in this amazing learning experience with their students.

Check out our Facebook page for more photos!

Girls Who Code Summer Programs help girls and non-binary students ages 14-18 to build coding skills, explore career pathways in tech, and connect with a supportive worldwide community—no program fees or coding experience required!

🌟 Our Summer Programs Application is now open and offers one of our two programs:

Pathways is a six-week program where students learn at their own pace with step-by-step video tutorials. Participants can explore artificial intelligence, data science, cybersecurity, and web development, including a brand-new course on responsible artificial intelligence design. This is an excellent choice for students with challenging schedules!

The Summer Immersion Program (SIP) is a two-week live virtual classroom experience for students to meet like-minded peers as they design creative computer games, gain practical college and career advice from industry professionals, and explore tech careers.

📌 Key Application Info:

Apply by February 26th for priority consideration!
The application closes on April 11th.
Summer Programs are open to girls and non-binary **students ages 14-18,** including prior participants.
No application or program fees!

🚀 2025 Program Dates:

Pathways: 30 June 2025 - 8 August 2025
SIP: 28 July 2025 - 8 August 2025
Students can begin applying today

The Outdoor Adventure Show (https://outdooradventureshow.ca/montreal-visitor), would like to have 4 volunteers (seniors) on each day making a total of 8 for the weekend.

Saturday - 2 volunteers in the morning (4hours) starting at 930am to 130pm and 2 volunteers in the afternoon starting at 1:15pm to 6pm (4.5 hours)

Sunday - 2 volunteers in the morning (4hours) starting at 930am to 130pm and 2 volunteers in the afternoon starting at 1:15pm to 5pm (under 4 but will give 4 for hours).

The venue is:
Palais des Congrès
200 Viger Ouest
Montreal PQ H2Z 1X7
METRO - Place D'armes

Please email Mr. Sicoli if interested!
msicoli03@lbpearson.ca

The LaSalle Popular Run and Walk is back, it will take place this year on Sunday March 30, 2025

In 2024, about thirty LCCHS students came as volunteers. Together with students from other schools in the area, they greatly helped to make the 43rd edition of the race a great success.

We very much hope, once again this year, to be able to count on the presence of LCCHS students.

Please email Mr. Sicoli if interested!
msicoli03@lbpearson.ca

IB learner profile of the month (January)!!!
The IB Design Teachers have proudly selected the following Principled IB students for January!

Congratulations to the following IB students for their principled trait in the design course and demonstration of ATL skills.

Principled (Design; January)			Teachers
Level 1	51	Maya Sinha and Avery Devlin	Sicoli
	52	Simon Lemay	Cleveland
Level 2	51	Michelle Gayle	Sicoli
	52	Carina Craig & Adam McLachlan	Cleveland
Level 3	51	Megan Too	Panzera
	52	Giada Fabrizio	
Level 4	51	Elyssa Samvura-perrotte	
	52	Veronika Oliinichuk Bruna Fernandes Zubakin,Zoe Williams	

Primary vs Secondary Source Analysis: Analyze documents about technological innovations and artifacts. (Criterion A)

Read critically and avery a variety of sources for information

Organize and depict information logically

Structure information in summaries, essays, and reports Using a design template

Design improvements to existing machines, media and technologies

Use brainstorming and visual diagrams to generate new ideas and inquiries

Read critically and a variety of sources for information (Criterion A of Design Cycle)

Organize and depict information logically (all criteria)
Structure information in summaries, essays, and reports Using a design template
Design improvements to existing machines, media and technologies
Use brainstorming and visual diagrams to generate new ideas and inquiries

IB learner profile of the month (February)!!!

The IB Science teachers will choose the student who has shown the most curiosity and inquiry in Science at the end of the month."

“We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life”

ATL skills focus:

1. Research Skills: Essential for conducting experiments, gathering data, and analyzing results. This includes information literacy, media literacy, and ethical use of information.
2. Thinking Skills: Critical for problem-solving, analyzing data, and developing hypotheses. This includes critical-thinking, creative-thinking, and transfer skills.
3. Communication Skills: Important for presenting findings, writing lab reports, and collaborating with peers. This includes effective interaction, reading, writing, and using language to communicate information.
4. Self-Management Skills: Necessary for planning and executing experiments, managing time, and maintaining focus. This includes organization, affective skills, and reflection.
5. Collaboration Skills: Vital for working in teams, sharing responsibilities, and supporting peers during group projects. This includes working effectively with others and practicing empathy

Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- Caring (Empathy)
- Reflective (Perseverance)
- Knowledgeable
- Principled (Integrity)
- Open-minded (Adaptability/inclusive)
- Risk-takers (Leadership)
- Communicator
- Balanced
- Inquirer (Curiosity)
- Thinker (Creativity)

LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting September 23rd

- ☑ For all levels
- ☑ Help from teachers of different subjects
- ☑ Complete your assignments (computers available)
- ☑ Work alone or with friends

AFTER SCHOOL ACTIVITIES NEWS

FRIDAY

Junior Volleyball
Fridays with Mr. Roger