

The image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circular overlay is centered on the image, containing the school's name and the title of the publication.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

February 27th, 2025 | Day 3

Motivational Quote of the Week

“Follow your passion, be prepared to work hard and sacrifice, and above all, don’t let anyone limit your dreams.”

-- Donovan Bailey



Black History
Month

Spotlight on Our Community



Leona Carthy

- founder of @art_by_leoart , a Montreal-based graphic design and digital art studio.
- Leona's creative expertise spans branding, visual arts, and creative consulting, with a passion for producing compelling visual narratives

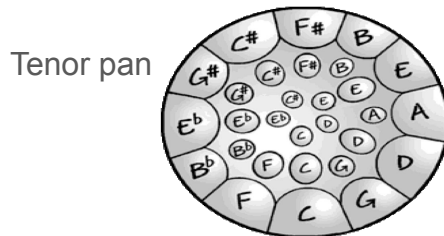


The Steel Pan Family

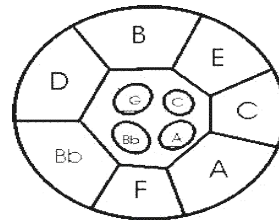
["Work" Steel Pan video](#)

- [Frontline Pans section](#) - contains the highest pitched instruments
- [Mid-range pans section](#) - contains instruments in the middle of the steelband range
- [Background pans section](#) - contains the lowest pitched instruments
- [Engine room](#) - contains percussion instruments other than the steel pan

There are many types of steel pans that are not popular or are only used on special occasions such as competitions.



Single Guitar Pan



6 Bass Pan



Reminder: CEGEP applications are
due by **March 1!**

Need help applying? Book an
appointment with the guidance
counsellor: calendly.com/lcchs

Email:

rdoucet03@lbpearson.ca





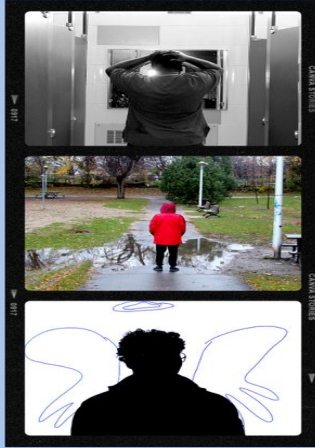
LOVE Program

Coming soon to LCCHS!
February 2025



Workshops Include:

- > Photography
- > Group based discussions
- > Creative Writing
- > Group or individual projects
- > And much more!



***An opportunity to express yourself creatively,
develop new skills, create friendships and learn
more about mental, social, and emotional health!***

Stay connected on
Instagram for event updates!



@love_quebec



Winter Carnival!



February 27th, 2025

Period 1: Bingo

Periods 2 - 3: Cross Country Skiing, Snow Shoeing, Baking, Karaoke, Arts and crafts, Basketball, Volleyball etc!(Sign up sheets outside of Innovation Room)

Period 4: Junior Lunch Dance Party With Todd Smith

Period 5: Juniors Spirit Assembly in the Gym

Period 5: Senior Lunch Dance Party With Todd Smith

Period 6-7: Cross Country Skiing, Snow Shoeing, Baking, Karaoke, Arts and crafts, Basketball, Volleyball etc!(Sign up sheets outside of Innovation Room)

TWIN DAY

Get ready for Twin Day on **Thursday,**
February 27th !

Find a friend, or a group, coordinate
your outfits, and come to school
dressed as twins!



THROWBACK DAY

On February 28th!

Get ready to dress down and show off your best retro look! Whether it's '80s, '90s, or 2000s bring the nostalgia and have fun with your outfit!



Multicultural Food Fiesta 2025!

*****Last day to sign up:
Thursday, March 27th*****



*****Last day to sign up:
Thursday, March 27th*****

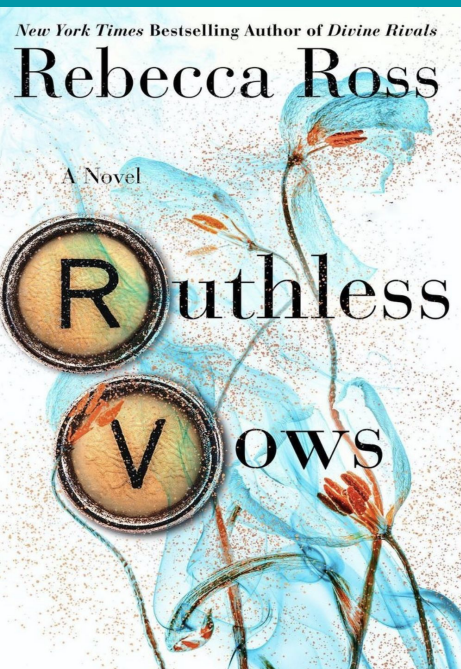
On **Thursday April 3rd, 2025** during both Junior & Senior lunches all L.C.C.H.S. students and staff will be invited to celebrate the cultural diversity in our school and community. This food Fiesta will consist of a cultural food sampling in the mall area. If you would like to present a country, cook traditional samples and present your kiosk on that day, come to see **Ms.Baillargeon (B-239) before March 27th to subscribe and receive all the informations. It is on a first come first serve basis. Limited places.**



Congrats to the Juvy Boys Badminton team for securing a win after a great effort yesterday!

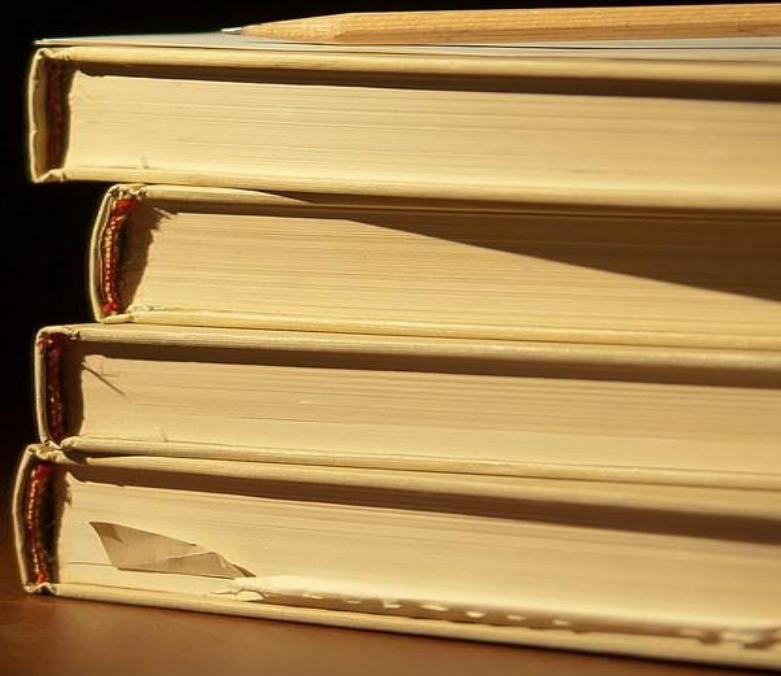


It was LCCHS' first Badminton match in over 5 years!



New books in the library - come check them out!

Have you had library
books since the fall?
Time to bring them
back!



PHOENIX STUDENT OF THE MONTH

Jomara Ferdinand

*For your complete
commitment to the Phoenix
program through
punctuality, commitment to
academic excellence and
artistic classroom culture.*



PHOENIX STUDENT OF THE MONTH

Atlas Romberg

*For rising from the
ashes and soaring
through your term 2
examinations, and for
making kindness and
empathy great again.*



Sea Wonders: Clay and recycled Art

The Phoenix Program students teamed up with the IB grade 8 classes in an Artinspires workshop to create original hybrid sculptures based on marine animals from plastic pollution in our waterways and the issues around the Pacific Garbage Patch.

A big thank you to our Phoenix teachers Ms.Oonagh O'Neill and Andrew Coderre for opening up their classes and taking the lead on this wonderful initiative and inviting Angela Marsh from Artinspires to give an amazing 3-day workshop. We also wish to thank all secondary 2 IB teachers and lab technician, Mrs. Mcculloch, Mrs. Cleveland, Ms. Racine, Mr. Badiane, Mr. Dort, and Mr. Sicoli, for having their students take part in this amazing learning experience with their students.

Check out our Facebook page for more photos!



Ms. Cleveland's Sec 3 Science & Technology classes recently concluded a unit on Waves, during which they:

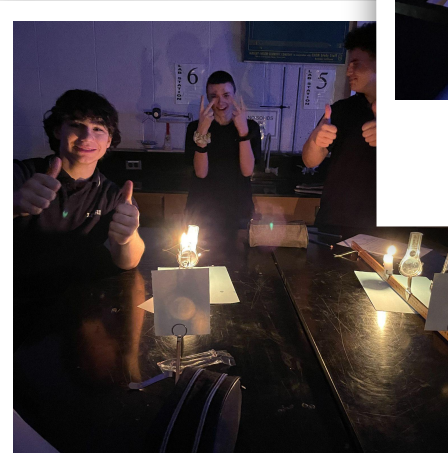
- Tested the best conditions for sound waves to travel through string telephones
- Observed light rays travel in a straight line through a pinhole camera, producing an inverted image
- Found the focal length of a convex lens using an optical bench

Global Context: Scientific and Technical innovation

IB Learner Profile: Inquirer

ATL Skills on Display:

- **Research Skills** - Essential for conducting experiments, gathering data, and analyzing results. This includes information literacy, media literacy, and ethical use of information.
- **Thinking Skills** - Critical for problem-solving, analyzing data, and developing hypotheses. This includes critical-thinking, creative-thinking, and transfer skills.
- **Communication Skills** - Important for presenting findings, writing lab reports, and collaborating with peers. This includes effective interaction, reading, writing, and using language to communicate information.
- **Self-Management Skills** - Necessary for planning and executing experiments, managing time, and maintaining focus. This includes organization, affective skills, and reflection.
- **Collaboration Skills** - Vital for working in teams, sharing responsibilities, and supporting peers during group projects. This includes working effectively with others and practicing empathy.

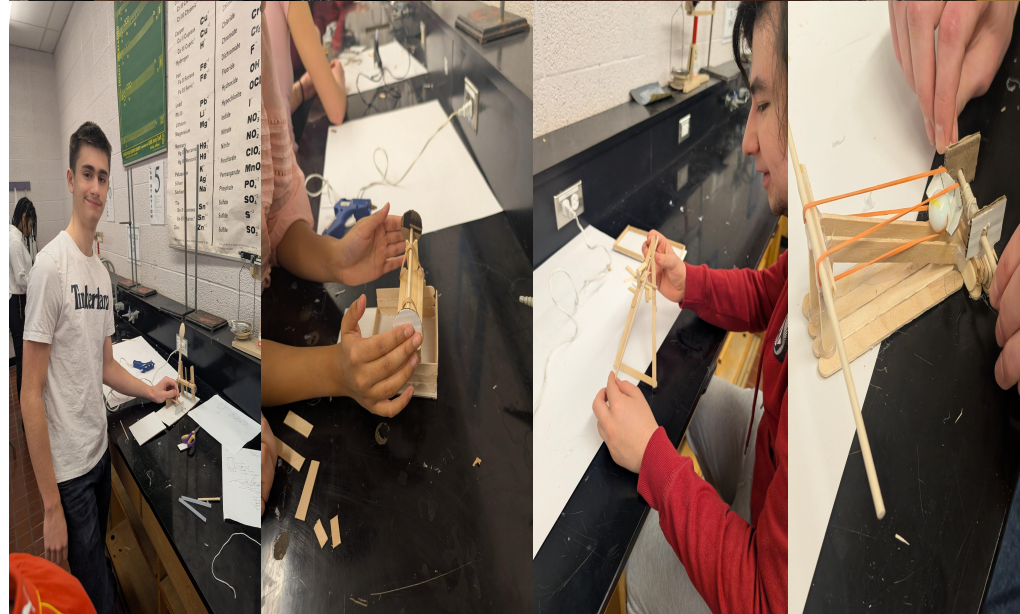


Mr. Mott's Secondary 4 class was busy building Catapults last week learning about motion transmission and motion transformation.

Global Context: Scientific and Technical Innovation
IB Learner Profile: Inquiry

ATLs on display

1. **Research Skills:** Essential for conducting experiments, gathering data, and analyzing results. This includes information literacy, media literacy, and ethical use of information.
2. **Thinking Skills:** Critical for problem-solving, analyzing data, and developing hypotheses. This includes critical-thinking, creative-thinking, and transfer skills.
3. **Communication Skills:** Important for presenting findings, writing lab reports, and collaborating with peers. This includes effective interaction, reading, writing, and using language to communicate information.
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IB learner profile of the month (January)!!!

The IB Design Teachers have proudly selected the following Principled IB students for January!



IB learner profile of the month (February)!!!

The IB Science teachers will choose the student who has shown the most curiosity and inquiry in Science at the end of the month."

"We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life"

ATL skills focus:

1. **Research Skills:** Essential for conducting experiments, gathering data, and analyzing results. This includes information literacy, media literacy, and ethical use of information.
2. **Thinking Skills:** Critical for problem-solving, analyzing data, and developing hypotheses. This includes critical-thinking, creative-thinking, and transfer skills.
3. **Communication Skills:** Important for presenting findings, writing lab reports, and collaborating with peers. This includes effective interaction, reading, writing, and using language to communicate information.
4. **Self-Management Skills:** Necessary for planning and executing experiments, managing time, and maintaining focus. This includes organization, affective skills, and reflection.
5. **Collaboration Skills:** Vital for working in teams, sharing responsibilities, and supporting peers during group projects. This includes working effectively with others and practicing empathy



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

Congratulations to the following IB students for their principled trait in the design course and demonstration of ATL skills.

Principled (Design; January)			Teachers
Level 1	51	Maya Sinha and Avery Devlin	Sicoli
	52	Simon Lemay	Cleveland
Level 2	51	Michelle Gayle	Sicoli
	52	Carina Craig & Adam McLachlan	Cleveland
Level 3	51	Megan Too	Panzera
	52	Giada Fabrizio	
Level 4	51	Elyssa Samvura-perrotte	Mott
	52	Veronika Oliinichuk Bruna Fernandes Zubakin,Zoe Williams	Mott

Primary vs Secondary Source Analysis: Analyze documents about technological innovations and artifacts. (Criterion A)

Read critically and avery a variety of sources for information

Organize and depict information logically

Structure information in summaries, essays, and reports Using a design template

Design improvements to existing machines, media and technologies

Use brainstorming and visual diagrams to generate new ideas and inquiries

Read critically and a variety of sources for information (Criterion A of Design Cycle)

Organize and depict information logically (all criteria)

Structure information in summaries, essays, and reports Using a design template

Design improvements to existing machines, media and technologies

Use brainstorming and visual diagrams to generate new ideas and inquiries

Congratulations to the following On a roll students for the month of February

On A Roll - February 2025			
Student Name	Grade	Reason	Teacher/Staff member name
Dustin Gagne	Sec 2 ▼	He has changed into a much better student since the beginning of the year, coming to class staying all period and doing what is asked of him	Stephanie Saveriano
Lily Moroz and Maddie	Sec 1 ▼	Both Lily and Maddie volunteered their time over the weekend to make a daycare backyard accessible for the children on Monday without the motivation of IB hours.	M.Sicoli /Shout-out from their proud Aunt Ms.Sharon Ann Mary

Learner attribute in action! What it means to be caring!



Our grade 7 students, Lily and Maddie, volunteered their time over the weekend to make a daycare backyard accessible for the children on Monday. They did this purely out of kindness and compassion, without asking for anything in return or for any recognition. Neither of them is in the IB program, nor do they have any community service requirements, yet they chose to help a small business in the community. Lily and Maddie are true examples of community spirit!

Shout-out from the proud aunt,
Sharon Moroz

Approaches to learning Tip of the Week: Proper Research and Citing Original Work

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See updated Academic Integrity policy on our school website under the IB tab**)

Keep Track of Your Sources: Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

Paraphrase and Summarize: Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use AI technology.**

Properly Attribute Images and Media: Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps: Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”
— C.S. Lewis



Build coding skills, follow your passion, and explore tech careers with mentors and peers who'll inspire and support you every step of the way.



CHOOSE YOUR OWN ADVENTURE: CODE. CREATE. CONNECT.

VIRTUAL SUMMER IMMERSION PROGRAM

Join the ultimate summer squad

Become a game designer while making friends, meeting mentors, and exploring career paths in live virtual classrooms.

Who gets to join?

- Girls and non-binary students, ages 14-18 with or without prior coding experience, including alums.

What will you learn?

- Design creative computer games inspired by your passion.
- Gain practical university and career advice.
- Get an inside look at working in tech.

What's in it for you?

- Find support and community from devoted Teaching Teams and classmates from around the world.
- Get career inspiration and mentorship from exclusive Partner Events.

When does the 2025 program take place?

- 28 July – 8 August
- Classes meet M-F for 2-3 hours, followed by independent work time and optional Student Hours.

PATHWAYS



Forge your own path in cutting-edge tech

Learn to code at your own pace, apply new skills to real-world projects, and connect with industry pros and an exclusive Discord community.

Who gets to join?

- Girls and non-binary students, ages 14-18 with or without prior coding experience, including alums.

What will you learn?

- Choose from courses in artificial intelligence, data science, cybersecurity, and web development.

What's in it for you?

- Learn at your own pace with step-by-step video tutorials.
- Get help in Advisor Events, Student Hours, and an exclusive global Discord community.
- Earn certificates for completed courses.

When does the 2025 program take place?

- 30 June – 8 August
- Each course in a track takes 3-6 hours to complete.

JOIN
THE FUN:



KEY 2025 DATES:

Early decision deadline: 26 February

Application closes: 11 April

girlswhocode.com/summerapply

Girls Who Code Summer Programs help girls and non-binary students ages 14-18 to build coding skills, explore career pathways in tech, and connect with a supportive worldwide community—no program fees or coding experience required!

☀️ Our Summer Programs Application is now open and offers one of our two programs:

Pathways is a six-week program where students learn at their own pace with step-by-step video tutorials. Participants can explore artificial intelligence, data science, cybersecurity, and web development, including a brand-new course on responsible artificial intelligence design. This is an excellent choice for students with challenging schedules!

The Summer Immersion Program (SIP) is a two-week live virtual classroom experience for students to meet like-minded peers as they design creative computer games, gain practical college and career advice from industry professionals, and explore tech careers.



Key Application Info:

Apply by February 26th for priority consideration!

The application closes on April 11th.

Summer Programs are open to girls and non-binary students ages 14-18, including prior participants.

No application or program fees!



2025 Program Dates:

Pathways: 30 June 2025 - 8 August 2025

SIP: 28 July 2025 - 8 August 2025

Students can begin applying today



Be Part of the 2025 St. Patrick's Parade carrying a banner

Sunday, March 16 - 11:00 am Downtown
Come join the fun!

IB Community Service hours offered
Limited spots available

Interested? Find me in C220 - B236 or
email me: tgesto@lbpearson.ca



The LaSalle Popular Run and Walk is back, it will take place this year on Sunday March 30, 2025

In 2024, about thirty LCCHS students came as volunteers. Together with students from other schools in the area, they greatly helped to make the 43rd edition of the race a great success.

We very much hope, once again this year, to be able to count on the presence of LCCHS students.

Please email Mr. Sicoli if interested!
msicoli03@lbpearson.ca



TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE
msicoli03@lbpearson.ca

WEDNESDAY FEBRUARY 19TH	FULL
TUESDAY MARCH 18TH	FULL
WEDNESDAY MARCH 26TH	FULL
WEDNESDAY APRIL 2ND	FULL
WEDNESDAY APRIL 16TH	FULL
WEDNESDAY APRIL 30TH	FULL
WEDNESDAY MAY 14TH	FULL
WEDNESDAY MAY 18TH	FULL



LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends

TODAY!!!!

Junior & Senior lunch

DANCE PARTY WITH MR TODD!!!

NO CELL
PHONES
are permitted.

If caught
filming or
taking
pictures, it will
be taken away
till end of day .



JUNIOR. LUNCH - TUESDAY & THURSDAY
LEARN HOW TO MAKE MAC & CHEESE





Senior Book Club

**Tuesdays & Thursdays at Senior
Lunch**

In the planning room C229

BOOK CLUB

AFTER SCHOOL ACTIVITIES NEWS

New Activity Alert:

LCCHS Band

Starting March 11, 2025

COME ONE, COME ALL TUESDAYS, STARTING MARCH 11TH | MUSIC ROOM

Guitarists, bassists, drummers, keyboardists, sax-ists (is that a word?!?), didgeridoo players, and SINGERS!

All instruments welcome—bring yours or use ours.
VOICE IS AN INSTRUMENT too, but singers must bring their own!

🎤 SING and PLAY your favorite songs! 🎸

The repertoire will depend on the taste of the players—all styles welcome!

See Ms. Cassandra to sign up!



AFTER SCHOOL ACTIVITIES NEWS

THURSDAY

SENIOR VOLLEYBALL CLUB

THURSDAYS AFTER SCHOOL



ANY AND ALL SKILL LEVELS WELCOME
SMALL GYM



CORE & BOXING

***TUESDAYS & THURSDAYS WITH
MR. DIIZON
DANCE ROOM***



Thursdays | C154 Room

Gamers Club

**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,
Guilty Gear Strive and more
w/ Mr. Corey & Mr. Franc**

Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | **Rm C225**





Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and leg. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. At the bottom of the image, there are two gold dumbbells.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon