

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The text reads "LaSalle Community Comprehensive High School" in white, bold, sans-serif font. Below this, "DAILY HOWL" is written in black, bold, sans-serif font. At the bottom of the blue circle, "LCCHS" is written in a light blue, semi-transparent font. Below the blue circle, the date and day "March 25th, 2025 | Day 3" is written in black, bold, sans-serif font. The background shows the school building with a Canadian flag on the left and a blue flag on the right. There are concrete steps leading up to the entrance with metal railings. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

March 25th, 2025 | Day 3

Motivational Quote of the Week

“Ability is what you’re capable of doing.
Motivation determines what you do.
Attitude determines how well you do it.”

-- Lou Holtz

Bathroom Stall Policy

 One person per stall — no exceptions.

 If you are caught in a stall with another student, you will be sent home immediately.

Let's all help keep our school safe and respectful.

Thank you for your cooperation!

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

March 17th - 20th (M-Th)

March 25th - 27th (T-Th)



- In the morning before class
- During Lunch time
- Afterschool

Please do not come ask for snacks during and in between classes.

Thank you for your understanding.

**Snacks
are only
available**





THE CROWN PROJECT

PROM QUEEN & KING

contest

Closes April 18, 2025

What The Winners Receive:

- ★ A PROM DRESS
- ★ A CUSTOM-MADE SUIT DESIGNED BY FRANÇOIS BERTHO IN COLLABORATION WITH MONTREAL ALOUETTES PLAYER JAMAR MCGLOUSTER
- ★ SHOES AND ACCESSORIES
- ★ PROFESSIONAL HAIRSTYLING AND MORE

PROM QUEEN ENTER HERE



PROM KING ENTER HERE



Sparkle Room



**Please visit
the Office
to schedule
your visit
to the**

Sparkle Room

**We have received
more dresses and
some suits**

Multicultural Food Fiesta 2025! April 3rd!

Mini-day changed and will be April 2nd!

**Come to see, Mrs. B. (B-239)
before the end of
Thursday March 27th.**

I would like 60 kiosks this year!

Subscribe and receive all the informations.



Good luck to our volleyball teams and futsal team in Quarter finals this week!!

**25
March**

Cadet Girls VOLLEYBALL vs. Dorval-Jean
4:30PM | @Dorval-Jean-XXII

and

Juvenile Boys FUTSAL vs. Vincent Massey
4:30PM | @Vincent Massey

**26
March**

Juvenile Girls VOLLEYBALL vs. Collège Bourget
4:45 PM | @Collège Bourget

Check out game highlights and results on our
instagram page @lcchsathletics



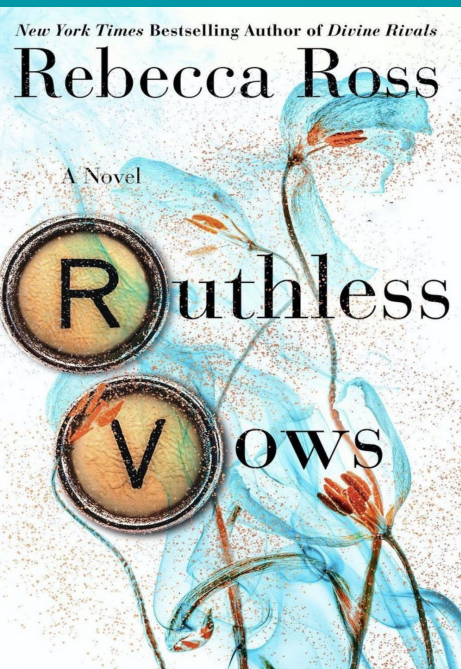
Cadet Girls Flag Football

Any girl that would like to be on the team must show up to:

a meeting Wednesday, March 26th at 3:40 p.m at the
phys.ed office

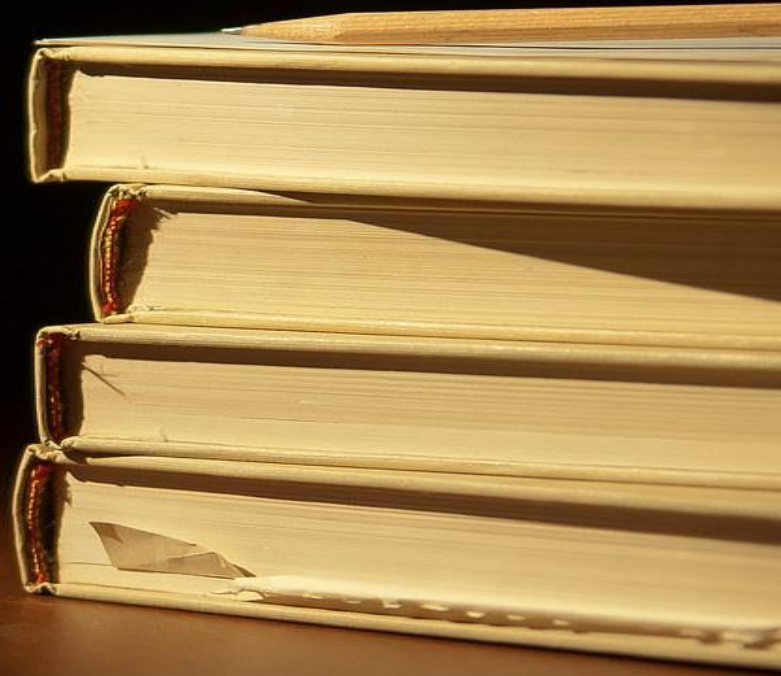
&

practice Thursday, March 27th at 3:40 p.m.



New books in the library - come check them out!

Have you had library
books since the fall?
Time to bring them
back!



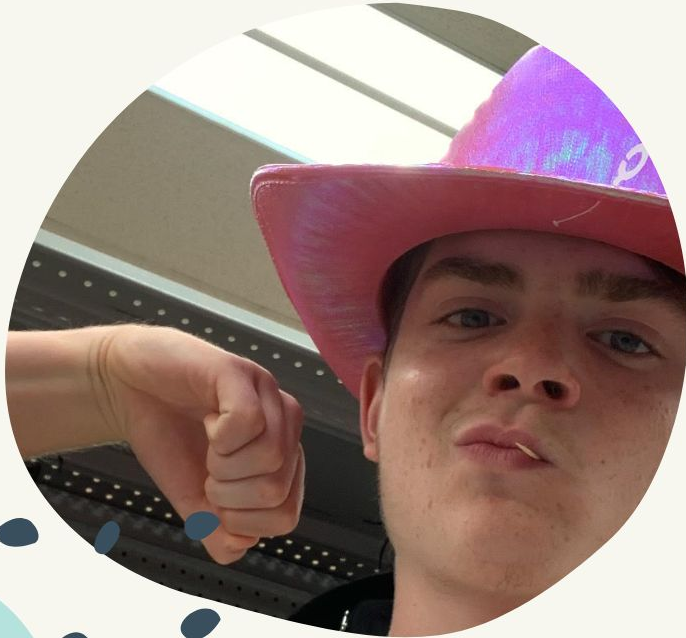
Balanced Day will be passing for recycling
Wednesday, March 26, Period 3!!
Please put your bins in the hallway!!!



Mandatory Lego Robotics session tomorrow and Thursday after school in preparation for this Sunday's Provincial Tournament at University of Sherbrooke in Longueuil



Phoenix student of the Month



Lucas Gagnon

For prioritizing his academic
commitment and
accomplishing his goals

Phoenix student of the Month



Andrii Ulitenko

For taking on a new approach to the executive functions of Task initiation and Organization.



Congratulations to the following On a roll students for the month of March

Reshayne Nelson-Dawes	Sec 4	Elkin
Dominic Lucas, Pietramala	Sec 4	Elkin
Zion Streater	Sec 4	Elkin
Jeremiah Matandi-White	Sec 4	Elkin



IB learner profile of the month (February)!!!

The IB Science Teachers have proudly selected the following Inquiring IB students....

Inquirers (Sciences; February)			Teachers	ATLs taught
Level 1	51	Giulia Fabrizio	Cleveland	Make unexpected or unusual connections between objects and / or ideas (<i>Animal Business Card</i>)
	52	Annette Choquet- Schmitz	Sicoli	
Level 2	51	Alexander Fiorentino	Sicoli	Thinking-Transfer (<i>Artinspires ocean plastics-Science and Art</i>) -Compare conceptual understanding across multiple subject groups and disciplines - Make connections between subject groups and disciplines - Combine knowledge, understanding and skills to create products or solutions
	52	Andrei Ignatin & Kailyn Hull	Cleveland	
Level 3	51	Isabel Eaton	Panzera	Demonstrates information literacy by: - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,
	52	Philippe Oliver-Igartua	Panzera	Demonstrates information literacy by: - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,

Inquirers (Sciences; February)			Teachers	ATLs taught
Level 4	General Science	Matthew Monette	De Wolf	Demonstrates information literacy by: <ul style="list-style-type: none"> - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,
	General and Environment	Sami Mughal Zoe Williams	Mott	Demonstrates information literacy by: <ul style="list-style-type: none"> - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,

Inquirers (ciences; February)			Teachers	ATLs taught
Level 5	Chemistry	Brianna Joly	De Wolf	Analysing and evaluating issues and ideas <ul style="list-style-type: none"> - Practise observing carefully in order to recognise problems - Interpret data - Evaluate evidence and arguments - Draw reasonable conclusions and generalizations - Consider ideas from multiple perspectives - Propose and evaluate a variety of solutions
	Biology	Devin Henry and Cameron Davie	De Wolf	Demonstrates information literacy by: <ul style="list-style-type: none"> - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,



IB learner profile of the month (March!!!)

The IB Individuals and Societies and Music teachers will choose the student who has shown to be the most Knowledgeable and the end of the month.

Knowledgeable

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

Approaches to learning Tip of the Week: Proper Research and Citing Original Work

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See updated Academic Integrity policy on our school website under the IB tab**)

Keep Track of Your Sources: Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

Paraphrase and Summarize: Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. This also applies to the use AI technology.

Properly Attribute Images and Media: Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps: Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”
— C.S. Lewis



TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE
msicoli03@lbpearson.ca

WEDNESDAY MARCH 26TH	FULL
WEDNESDAY APRIL 2ND	FULL
WEDNESDAY APRIL 16TH	FULL
WEDNESDAY APRIL 30TH	FULL
WEDNESDAY MAY 14TH	FULL
WEDNESDAY MAY 18TH	FULL



LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



**TUESDAY & THURSDAY
JUNIORS DO YOU LOVE
TACOS? COME LEARN HOW TO
MAKE AN EASY MEAL.
LUNCH TIME IN THE KITCHEN**



**PLEASE HAVE A CHANGE OF
CLOTHES OTHERWISE YOU MAY
NOT BE LET IN**

**OPEN WEIGHT ROOM
TUESDAY
SENIOR LUNCH**



Senior Book Club

**Tuesdays & Thursdays at Senior
Lunch**

In the planning room C229

BOOK CLUB

AFTER SCHOOL ACTIVITIES NEWS

TUESDAY

COME ONE, COME ALL

TUESDAYS, MUSIC ROOM

Guitarists, bassists, drummers, keyboardists, sax-ists (is that a word?!?), didgeridoo players, and SINGERS!

All instruments welcome—bring yours or use ours.
VOICE IS AN INSTRUMENT too, but singers must bring their own!

🎤 SING and PLAY your favorite songs! 🎸

The repertoire will depend on the taste of the players—all styles welcome!





Junior Board Game Club

Tuesdays
in C211
With Ms. Hughes



A promotional image for a basketball training program. It features two men in a locker room. The man on the left is white with a mustache and a green jersey. The man on the right is Black with a goatee and a yellow jersey, holding a Spalding basketball. The background shows green lockers.

BASKETBALL SKILLS & TRAINING

WORK ON FUNDAMENTALS SUCH AS SHOOTING, DRIBBLING, SPEED AGILITY, AND MORE

MONDAY (TILL END OF DEC.) & TUESDAY WITH MR. TJ

JUNIOR

ROOM C154



DUNGEONS AND DRAGONS

C.R.E.A.T.E MUSIC GROUP



**AFTER SCHOOL ACTIVITY
W/ TODD SMITH**

WEDNESDAYS IN THE AUDITORIUM

CORE & BOXING

***TUESDAYS & THURSDAYS WITH
MR. DIIZON
DANCE ROOM***





Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

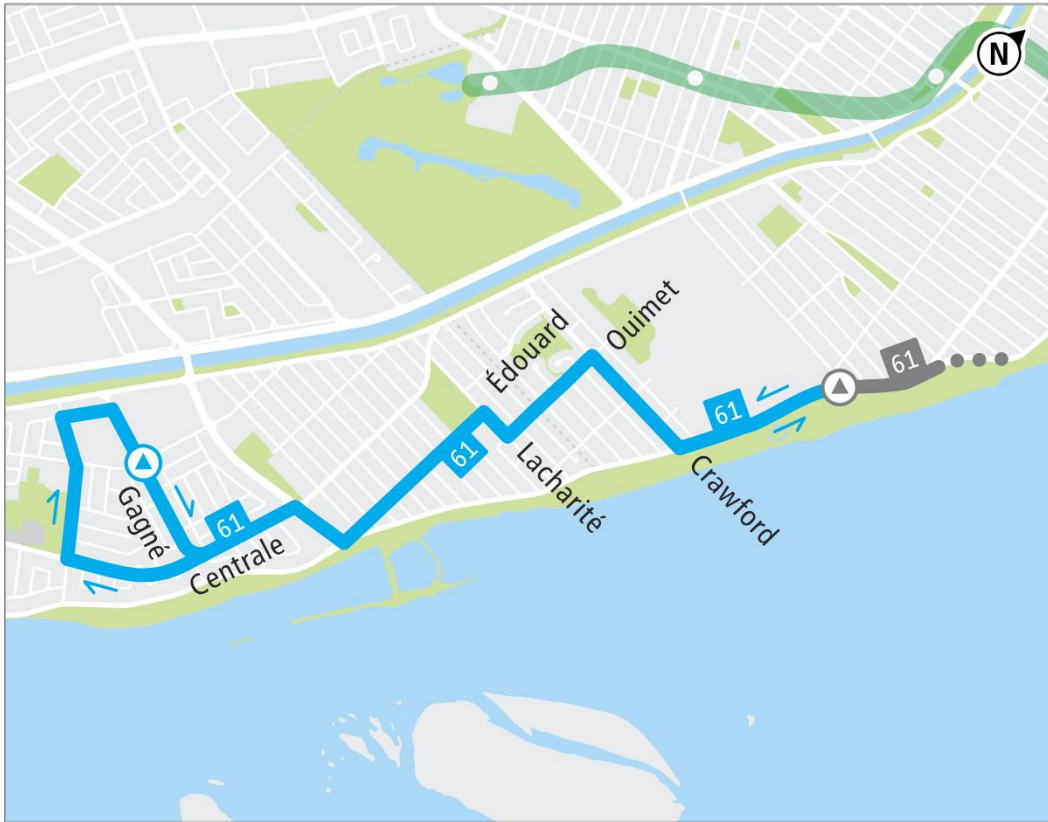
A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font with a black outline. At the bottom, there are two lines of text in a white font with a black background, providing information about the training schedule.

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon



61 Line extension



LEGEND

Old terminus	Regular direction	New terminus	Extension

The 61 Wellington is being extended to LaSalle!

- The route extension will take place on March 24th (Monday)
- The 61 will serve LCCHS at the old 58 bus stop (Centrale / Bishop-Power)
- The extension will primarily follow the old 58 route
- The new route will terminate at Gagne / George (Near Couche-Tard)

Routes 38 and 114 will also receive minor adjustments on March 24th.

For more information:
<https://www.stm.info/en/info/service-updates/bus/bus-lines-61-and-114-extended>