

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with angular patterns. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**March 27th, 2025 | Day 5**

## *Motivational Quote of the Week*

“Ability is what you’re capable of doing.  
Motivation determines what you do.  
Attitude determines how well you do it.”

-- Lou Holtz

## Bathroom Stall Policy

 One person per stall — no exceptions.

 **If you are caught in a stall with another student, you will be sent home immediately.**

Let's all help keep our school safe and respectful.

Thank you for your cooperation!

# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

March 17th - 20th (M-Th)

March 25th - 27th (T-Th)





- In the morning before class
- During Lunch time
- Afterschool

Please do not come ask for snacks during and in between classes.

Thank you for your understanding.

**Snacks  
are only  
available**







Popcorn

**Popcorn sale  
Friday, March.  
28 during both  
lunches.**

**\$1**

**Thanks for  
supporting the 2026  
Humanitarian Trip!**



THE CROWN PROJECT

# PROM QUEEN & KING

## *contest*

Closes April 18, 2025

What The Winners Receive:

- ★ A PROM DRESS
- ★ A CUSTOM-MADE SUIT DESIGNED BY FRANÇOIS BERTHO IN COLLABORATION WITH MONTREAL ALOUETTES PLAYER JAMAR MCGLOUSTER
- ★ SHOES AND ACCESSORIES
- ★ PROFESSIONAL HAIRSTYLING AND MORE

PROM QUEEN ENTER HERE



PROM KING ENTER HERE





# Sparkle Room



**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*

**We have received  
more dresses and  
some suits**



# Multicultural Food Fiesta 2025!

## April 3rd!

**Today, last day to subscribe!!!  
Come to see me during Junior or  
Senior lunch B-239.  
If you subscribed already, I will send  
you all the information this Friday.  
Look your school email!**

To all level 4 students who are interested in the Phoenix Program, there will be a meeting on Wednesday April 2nd in C-180 (Phoenix classroom) immediately after the bell on the mini-day. Presence is **essential** for the application process. Please email Ms. O'Neill or Mr. Coderre if there are any issues.

[oneill@lbpearson.ca](mailto:oneill@lbpearson.ca) &  
[acoderre@lbpearson.ca](mailto:acoderre@lbpearson.ca)



Lord of the Dragons

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ArtByGameco.com

WWW.EEDENARTWORK.BLOGSPOT.COM



Mandatory Lego Robotics session today after school in preparation for this Sunday's Provincial Tournament at University of Sherbrooke in Longueuil



# **Cadet Girls Flag Football**

**Any girl that would like to be on the team  
must show up to:**

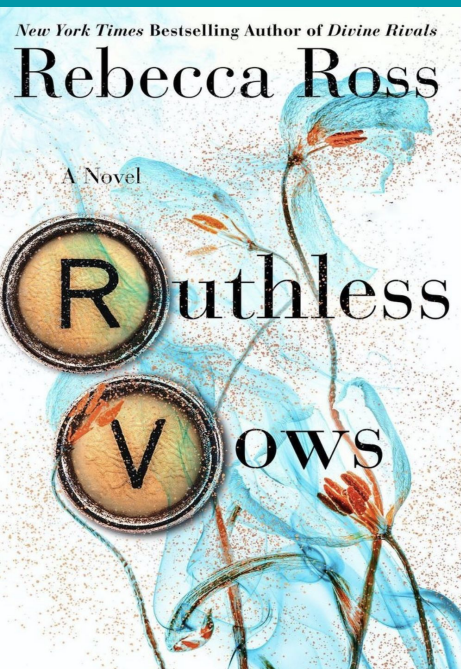
**Practice Thursday, March 27th at 3:40 p.m.**



# Huge Congratulations to our Juvenile Girls volleyball team!!

The team had a fantastic game, winning 25-22 and 25-17 against Collège Bourget !! This secured their spot in the semi finals/finals on April 6th, along with the Cadet girls. Go wolves!

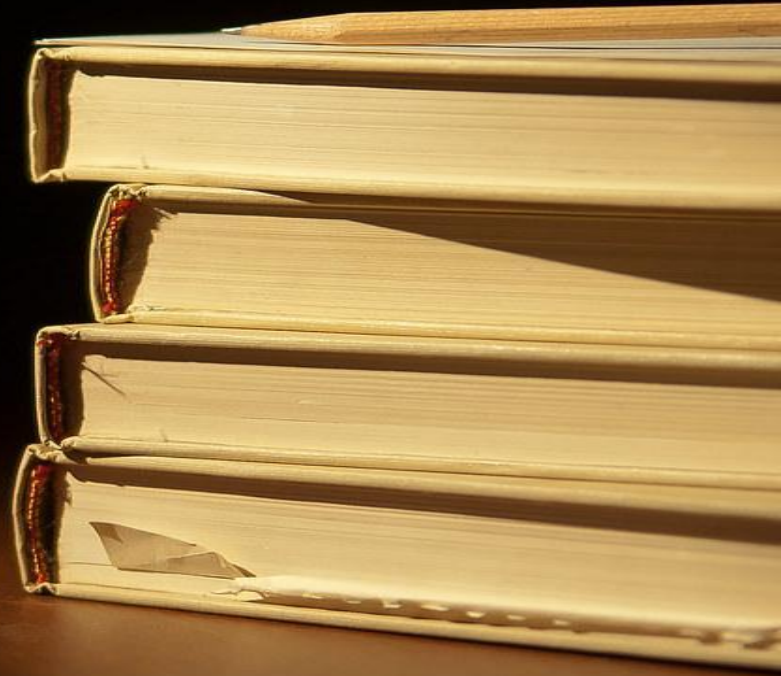




New books in the library - come check them out!



Have you had library  
books since the fall?  
Time to bring them  
back!



# Phoenix student of the Month



**Lucas Gagnon**

For prioritizing his academic  
commitment and  
accomplishing his goals

# Phoenix student of the Month



**Andrii Ulitenko**

For taking on a new approach to the executive functions of Task initiation and Organization.





# Congratulations to the following On a roll students for the month of March

Reshayne Nelson-Dawes	Sec 4	Elkin
Dominic Lucas, Pietramala	Sec 4	Elkin
Zion Streater	Sec 4	Elkin
Jeremiah Matandi-White	Sec 4	Elkin



*IB learner profile of the month (February)!!!*

*The IB Science Teachers have proudly selected the following Inquiring IB students....*

Inquirers (Sciences; February)			Teachers	ATLs taught
Level 1	51	Giulia Fabrizio	Cleveland	Make unexpected or unusual connections between objects and / or ideas ( <b><i>Animal Business Card</i></b> )
	52	Annette Choquet- Schmitz	Sicoli	
Level 2	51	Alexander Fiorentino	Sicoli	Thinking-Transfer ( <b><i>Artinspires ocean plastics-Science and Art</i></b> )  -Compare conceptual understanding across multiple subject groups and disciplines  - Make connections between subject groups and disciplines  - Combine knowledge, understanding and skills to create products or solutions
	52	Andrei Ignatin & Kailyn Hull	Cleveland	
Level 3	51	Isabel Eaton	Panzera	Demonstrates information literacy by: - Making connections between various sources of information - Collect and analyze data to identify solutions and or make informed decisions,
	52	Philippe Oliver-Igartua	Panzera	



Inquirers (Sciences; February)			Teachers	ATLs taught
Level 4	General Science	Matthew Monette	De Wolf	Demonstrates information literacy by: <ul style="list-style-type: none"> <li>- Making connections between various sources of information</li> <li>- Collect and analyze data to identify solutions and or make informed decisions,</li> </ul>
	General and Environment	Sami Mughal Zoe Williams	Mott	Demonstrates information literacy by: <ul style="list-style-type: none"> <li>- Making connections between various sources of information</li> <li>- Collect and analyze data to identify solutions and or make informed decisions,</li> </ul>

Inquirers (ciences; February)			Teachers	ATLs taught
Level 5	Chemistry	Brianna Joly	De Wolf	Analysing and evaluating issues and ideas <ul style="list-style-type: none"> <li>- Practise observing carefully in order to recognise problems</li> <li>- Interpret data</li> <li>- Evaluate evidence and arguments</li> <li>- Draw reasonable conclusions and generalizations</li> <li>- Consider ideas from multiple perspectives</li> <li>- Propose and evaluate a variety of solutions</li> </ul>
	Biology	Devin Henry and Cameron Davie	De Wolf	Demonstrates information literacy by: <ul style="list-style-type: none"> <li>- Making connections between various sources of information</li> <li>- Collect and analyze data to identify solutions and or make informed decisions,</li> </ul>



## *IB learner profile of the month (March!!!)*

*The IB Individuals and Societies and Music teachers will choose the student who has shown to be the most Knowledgeable and the end of the month.*

### *Knowledgeable*

*We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.*





***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

## Approaches to learning Tip of the Week: Proper Research and Citing Original Work

**Skill Focus: Research**

**Understand the School Academic Integrity Policy:** Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See updated Academic Integrity policy on our school website under the IB tab**)

**Keep Track of Your Sources:** Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

**Paraphrase and Summarize:** Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use AI technology.**

**Properly Attribute Images and Media:** Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

**Why It Helps:** Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”  
— C.S. Lewis



# TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE  
[msicoli03@lbpearson.ca](mailto:msicoli03@lbpearson.ca)

WEDNESDAY APRIL 2ND	FULL
WEDNESDAY APRIL 16TH	FULL
WEDNESDAY APRIL 30TH	FULL
WEDNESDAY MAY 14TH	FULL
WEDNESDAY MAY 18TH	FULL





# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends



**TUESDAY & THURSDAY  
JUNIORS DO YOU LOVE  
TACOS? COME LEARN HOW TO  
MAKE AN EASY MEAL.  
LUNCH TIME IN THE KITCHEN**



Senior Book Club

**Tuesdays & Thursdays at Senior  
Lunch**

In the planning room C229

# BOOK CLUB



# AFTER SCHOOL ACTIVITIES NEWS

**THURSDAY**





# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*

# **Weight & Strength Training**

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font. At the bottom, there are two lines of text in a black box with white font: "Monday & Wednesday with Mr. Aaron" and "Tuesday & Thursday with Ms. Julia & Mr. Sheldon".

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**

**SENIOR VOLLEYBALL CLUB**

**THURSDAYS AFTER SCHOOL**



**ANY AND ALL SKILL LEVELS WELCOME**  
**SMALL GYM**





# ***CORE & BOXING***

***TUESDAYS & THURSDAYS WITH  
MR. DIIZON  
DANCE ROOM***





**Thursdays | C244 Room**



**Games include Super Smash Brothers Ultimate and Melee, Tekken 8, Street Fighter 6,  
Guilty Gear Strive and more**

**Mr. Franc & Mr. TJ**

# Craft Club w/ Ms. Victoria

- Crochet / Knitting
- Bracelet Making
- Drawing and more!!!!

Thursdays | **Rm C225**

