

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

April 23rd, 2025 | Day 3

Motivational Quote of the Week

The best
preparation
for tomorrow
is doing your
best today.



Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

April 8th -10th (T-Th)

April 14th -16th (M-W)

April 24th (Th)

April 29th -May 1st (T-Th)



LCCHS UNIFORM REMINDER

All students
are expected
to be in full
uniform at all
times.



Uniform includes **grey pant/skorts**, **white or blue LCCHS tops**, a **crewneck sweater**, and **entirely black shoes**.

***Hoodies are NOT permitted in school.**

Non uniform shoes and athletic wear may be worn in Phys Ed **ONLY**. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!



Bathroom Stall Policy

 One person per stall — no exceptions.

 **If you are caught in a stall with another student, you will be sent home immediately.**

Let's all help keep our school safe and respectful.

Thank you for your cooperation!

- In the morning before class
- During Lunch time
- Afterschool

Please do not come ask for snacks during and in between classes.

Thank you for your understanding.

**Snacks
are only
available**



What is period poverty?

Bring in menstrual products to your homeroom class to help the less fortunate

Donations will be going to @MONTHLYDIGNITY.

Posters will be up around the school for more information.



Bring in any clothes
you are not
wearing anymore,
shoes, toys in good
condition...
Help make a
difference and help
our school raise
money.

Giving goes a long way



LET'S RECYCLE FOR A HEALTHY PLANET

Fundraising Clothing Drive. We accept clothes, linens, shoes and small toys in good conditions. Based on the weight collected, the funds we raise will be used to finance a project.

LCCHS

May 12th and May 13th

Deposit your donations at the front entrance

www.SuperRecycleurs.com

Rainbow Day - Dress-Down

Friday, April 25th is a dress-down day. Wear a colour of the rainbow to raise awareness about issues facing the LGBTQ+ community.



What do the colours of the flag mean?



RED

The red in the flag represents life. Blood is red and blood is a vital force of the body.



ORANGE

Orange represents healing. Orange is believed to be a fun and celebratory color. Fun and celebration are both healing activities.

2026 LCCHS Humanitarian Trip

Please return your sign up form along with your deposit to Mme B (B239), Mme Gesto (C220), Mr. Wasacz (C258) before April 30.

The refundable deposit can be cash or a postdated check. Please see us if you have any questions.

ANNOUNCEMENT

2025 GRADS

UPCOMING INFORMATION

- Grad photo day will take place on May 29th
AFTER the miniday! (in uniform)

"THINGS TO START THINKING ABOUT"

- Yearbook quotes
 - Ambition(s)
 - Best friend(s)
 - Senior quote
 - Nickname
 - Favourite memory
 - Find a baby picture

**WE WILL SEND FORMS
SOON!**

**Yearbooks will be on sale
May 12 - 23 for \$60**



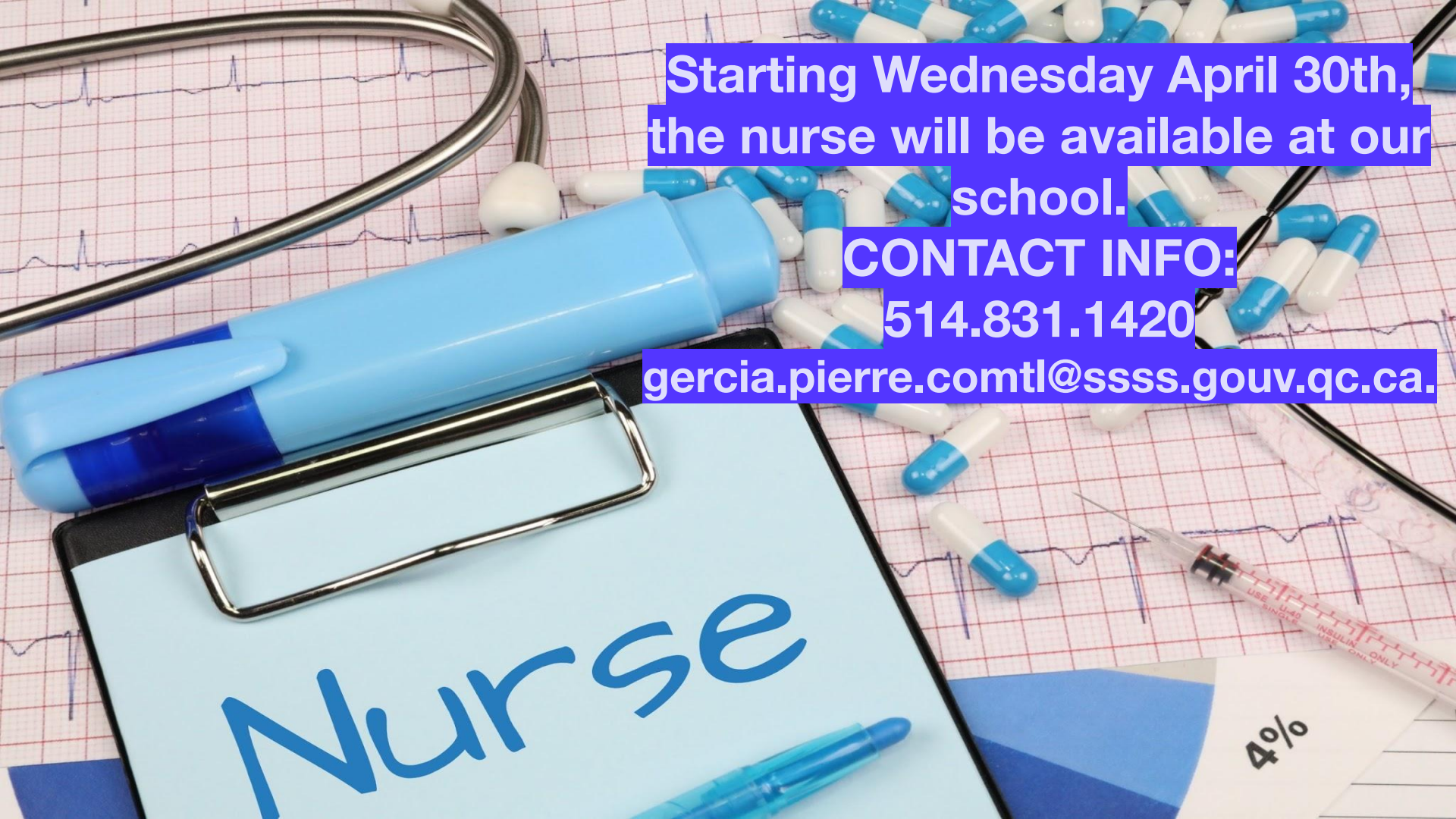
Sparkle Room



**Please visit
the Office
to schedule
your visit
to the**

Sparkle Room

**We have received
more dresses and
some suits**

A collection of medical supplies including a stethoscope, blue and white capsules, a blue highlighter, a syringe, and a clipboard with a light blue sheet of paper. The background is a grid pattern with a faint ECG line.

Starting Wednesday April 30th,
the nurse will be available at our
school.

CONTACT INFO:

514.831.1420

gercia.pierre.comtl@ssss.gouv.qc.ca

Nurse

4%

Girls Outdoor Track & Field

There will be a **practice** on **Friday, April 25th at 8:00 a.m.**
in the small gymnasium.

Only girls that come to practice and participate will be registered and released to go to the outdoor meet on
May 12th.

LCCHS ATHLETICS SPORTS BANQUET

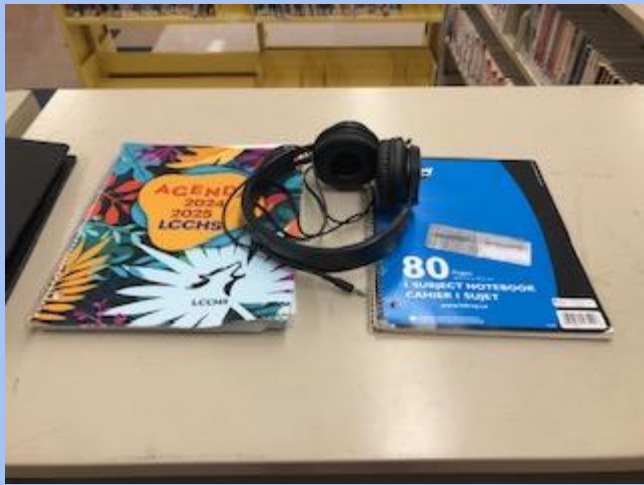


When: Thursday, May 15th @ 3:45pm

Where: Caf @ 3:45, followed by awards in the auditorium.

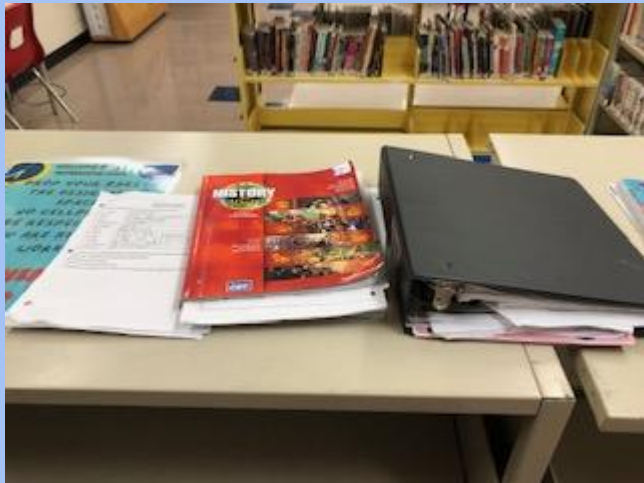
Who: All GMAA athletes & scorekeepers

RSVP @ <https://forms.gle/pybM3V1msLZJaQBz9>



Many things have been left in the library lately.

Please come get them!



Take pride in keeping your school clean.

Phoenix Students of the Month

Rhyder
Jurcotte

For showing up for yourself and stepping into the unknown with enthusiasm and determination.

Yuri
DiRoberto

For sharing your wisdom with the world around you and remaining curious with the one that lies ahead of you.

Phoenix Students of the Month

Mario Macri

For your relentless persistence for better in all that you do.

Kyla Campbell

For your exemplary and incomparable work ethic. Your grit is contagious.



Community and Service

Looking for volunteers to help out at our soccer tournament the weekends of April 12-13 and April 26. 27. The games will be taking place at Riverside Park on the two fields.

We are looking for help to direct teams and guide parents as well as to help in the canteen,

We are looking for approximately 12 people for each weekend. They can either work the full day from 8:00 to 4:00 or from 8:00 to 12:00. Pizza will be served at lunch.

Email Mme. Baillargeon if interested:

kbaillargeon@lbpearson.ca



Girls 4 Girls Soccer Event – Free!

Join us for a special **Girls for Girls** soccer event on **Saturday, May 3** at **Riverside Park!**

LaSalle Soccer is inviting girls who love soccer — and especially those who want to try it for the first time — to join the fun!

Event Schedule:

- 9:30–10:30 AM: Girls 4 - 8
- 10:30–11:30 AM: Girls 9 - 14

This event is **free of charge** and open to all. We encourage our **existing members** to bring a **friend who doesn't currently play** with us — let's grow the game and build our community of female players!

The event will feature **all female coaches** and will be led by **Allie Martin**, our **Female Director at LaSalle Soccer**. For any questions, feel free to contact her at allie.martin@lasalle.ca.

This is a historic time for women's soccer in Canada, with the launch of our new professional league (NSL) and more pathways than ever before. Come be part of the movement!

If you're interested, please sign up [here](#).

Let's show what girls supporting girls can do!



On A Roll - March 2025

Student Name	Grade	Teacher/Staff member name
Reshayne Nelson-Dawes	Sec 4	Elkin
Dominic Lucas, Pietramala	Sec 4	Elkin
Zion Streater	Sec 4	Elkin
Jeremiah Matandi-White	Sec 4	
Ayden Greenham-Salmon	Sec 4	Milton
Elijah Ruiz-Der	Sec 4	Milton
Luca D'Amato	Sec 4	Milton
Paolo Verdino	Sec 4	Milton
Leon Testa	Sec 1	Newton
Alyssa Caputo	Sec 4	Elkin



Congratulations to the following IB knowledgeable students for the month of March. Your Music and Individuals and Society teachers have proudly selected the following students:

Knowledgeable Individuals and Societies and Music

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

Knowledgeable (Individuals and Society and Music March) Individuals and Societies			Teachers	ATLs taught
Level 1	51	Vincent Crevier Noemi Coletta Annalisa Mittempergher	Badiane	Compétences de réflexion - L'élève développe de nouvelles compétences, techniques et stratégies permettant un apprentissage efficace Compétences de transfert - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et les disciplines.



Congratulations to the following IB knowledgeable students for the month of March. Your music teacher and Individuals and Society teachers have proudly selected the following students:

	52	Emily Collins Giacomo Panattoni	Badiane	<p>Compétences de réflexion</p> <ul style="list-style-type: none"> - L'élève développe de nouvelles compétences, techniques et stratégies permettant un <u>apprentissage efficace</u> <p>Compétences de transfert</p> <ul style="list-style-type: none"> - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et <u>les disciplines.</u>
Level 2	51	Sierra Maruca Michelle Gayle	Badiane	<p>Compétences de réflexion</p> <ul style="list-style-type: none"> - L'élève développe de nouvelles compétences, techniques et stratégies permettant un <u>apprentissage efficace</u> <p>Compétences de transfert</p> <ul style="list-style-type: none"> - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et <u>les disciplines.</u>
	52	Adam McLachlam Andrei Ignatin	Badiane	<p>Compétences de réflexion</p> <ul style="list-style-type: none"> - L'élève développe de nouvelles compétences, techniques et stratégies permettant un <u>apprentissage efficace</u> <p>Compétences de transfert</p> <ul style="list-style-type: none"> - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et <u>les disciplines.</u>



Level 3	51	Isabel Eaton	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Nathan Rossi	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
Level 4	51	Ahi Sen	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Charlotte Lemay	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
Level 5	51	Olivia Bender Isabella Rossi	Levesque	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Brianna Joly Madison Too	Levesque	Communication Skills Effectively express ideas through various forms (written, oral, visual)]

Knowledgeable (Music March)

Level 1	51	Jaziah Cole
Level 2	51	Andrei Ignatin
Level 3	51	Liam Gabriel Bresnahan-Arseneault
Level 4	52	Armand Christen
Level 5	51	Zackary Ben Sabat



IB Learner profile for the month of April will celebrate Thinkers and will be selected by the IB Math teachers

We use critical and creative thinking skills to analyze and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

Approaches to learning Tip of the Week: Proper Research and Citing Original Work

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See updated Academic Integrity policy on our school website under the IB tab**)

Keep Track of Your Sources: Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

Paraphrase and Summarize: Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use AI technology.**

Properly Attribute Images and Media: Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps: Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”
— C.S. Lewis



TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE
msicoli03@lbpearson.ca

WEDNESDAY APRIL 2ND Jacob Dickson, Imani Raymond, Evan Flores Doyle, and Elisa Sofia Arellano-Morales

WEDNESDAY APRIL 16TH Annette-Choquet, Evan Flores Doyle, and Elisa Sofia Arellano-Morales

WEDNESDAY APRIL 30TH FULL

WEDNESDAY MAY 14TH FULL

WEDNESDAY MAY 18TH FULL



LCCHS HOMEWORK ZONE

Monday, Tuesday,
Wednesday & Thursday
3:40 - 4:40 pm
Library

Starting
September
23rd



- For all levels
- Help from teachers of different subjects
- Complete your assignments (computers available)
- Work alone or with friends

A close-up photograph of a white ceramic bowl filled with a thick, dark red chili. The chili is packed with kidney beans, ground meat, and small pieces of vegetables. A slice of golden-brown, buttered garlic bread is tucked behind the bowl. The bowl sits on a light-colored wooden surface with a visible grain pattern. The lighting is warm, highlighting the textures of the food.

**CHILI
WITH GARLIC BREAD**

THURSDAY AT JR LUNCH IN KITCHEN



Senior Book Club

Thursday at Senior Lunch

In the planning room C229

With Ms. Kathleen

BOOK CLUB



**PLEASE HAVE A CHANGE OF
CLOTHES OTHERWISE YOU MAY
NOT BE LET IN**

**OPEN WEIGHT ROOM
FRIDAY
SENIOR LUNCH**

AFTER SCHOOL ACTIVITIES **NEWS**

PLEASE NOTE THE FOLLOWING ACTIVITIES ARE
NOW CANCELLED FOR THE YEAR:

- PICKLEBALL (MONDAY)
- JR VOLLEYBALL (FRIDAY)

AFTER SCHOOL ACTIVITIES NEWS

WEDNESDAY

Run For It



Since 2018, there has been a 22% increase in young Canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- * When: Monday and Wednesday after school
- * Length: 6-8 weeks
- * Race date: June 8th
- * Sign up: See Ms. Joanne
- * Email: jgraham@lbpsb.qc.ca





Cooking Club

In the Kitchen

Mondays

w/ Ms. Lorine & Ms. Mel

Tuesdays

w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays

w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

Weight & Strength Training

A photograph of Arnold Schwarzenegger, a bodybuilder, flexing his right arm and shoulder. He is wearing a red tank top and red shorts. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in white, bold, sans-serif font. At the bottom, there are two lines of text in white, bold, sans-serif font on a black background: "Monday & Wednesday with Mr. Aaron" and "Tuesday & Thursday with Ms. Julia & Mr. Sheldon".

Monday & Wednesday with Mr. Aaron

Tuesday & Thursday with Ms. Julia & Mr. Sheldon



Guitar Club

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room



**LEARN ABOUT SKINCARE & MAKEUP WITH
MS. NESRINE
WEDNESDAYS
ROOM C220**



Badminton w/ Mr. Rind Wednesdays

