#### LaSalle Community Comprehensive High School

DAILY HOWL

#### April 30th, 2025 | Day 2

e < 7

Motivational Quote of the Week

### Nothing is impossible. The word itself says "I'm possible!"

AUDREY HEPBURN



Start your day with breakfast Free breakfast in the cafeteria from 8:15am to 8:45am Please note the dates April 8th -10th (T-Th) • April 14th -16th (M-W) April  $24^{th}$  (Th) April 29th -May 1st (T-Th)

#### LCCHS UNIFORM REMINDER

All students are expected to be in full uniform at all times.



Uniform includes grey pant/skorts, white or blue LCCHS tops, a crewneck sweater, and entirely black shoes.

\*Hoodies are NOT permitted in school.

Non uniform shoes and athletic wear may be worn in Phys Ed **ONLY**. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!



# 🚫 Bathroom Stall Policy 🚫

Mone person per stall — no exceptions.

If you are caught in a stall with another student, you will be sent home immediately. Let's all help keep our school safe and respectful.

Thank you for your cooperation!

- In the morning before class
- **During Lunch time**
- Afterschool

Please do not come ask for snacks during and in between classes.

Thank you for your understanding.



## Snacks

are only



# Run For

#### Dress Down Day (athletic/sportswear)

Students are invited to participate in a Dress Down Day fundraiser on <u>May 8<sup>th</sup></u>.

Proceeds will go towards the RUN FOR IT PROGRAM which promotes awareness and women's mental health programs.

The suggested donation is \$2



Running shoes, jogging pants, t-shirts, shorts, hoodies, sweatshirts, leggings and track suits are permitted.

#### **Connections** Open House

Join U ONNECTIONS

The Connections Program helps students between the ages of 16 and 18 transition between high school and adult education



Flexible schedule

Supportive atmosphere

Our Advantages

WEDNESDAY

MAY 6:30 PM

Dedicated teachers

Modular curriculum

For more information contact

📞 514-798-5588 ext. 1 🛛 🔄 d.macdonald@lbpearson.ca

Student visit to PACC (Pearson Adult and Career *Center*) on Thursday May 8th at 9 a.m.

Please see Miss Rachelle (guidance counsellor in the Main Office) or Miss Kathleen (Planning Room) if you are interested in joining

#### UNE INITIATIVE DU SERVICE DE POLICE DE LA VILLE DE MONTRÉAL (SPVM)

### JOURNÉE CARRIÈRES SERVICES D'URGENCE

### Samedi 17 mai 2025 10 h à 15 h



Stationnement du Carrefour Angrignon Près de l'entrée de la foire alimentaire Dear family, friends, and staff of L.C.C.H.S . You are cordially invited to

# LOCALS 21 SI

# ANNUAL ARTEXHIBITION

ON THURSDAY MAY 29TH ARTWORK FROM ALL LEVELS WILL BE ON DIPLAY! THE SHOW BEGINS AT 6:30 PM AND UNTIL 8:30 PM. HELP US RAISE FUNDS FOR THE VISUAL ARTS PROGRAM. YOUR DONATION WOULD BE GREATLY APPRECIATED! PLEASE USE THE 9TH AVE. MAIN ENTRANCE. Please join us and help celebrate our students' creativity! Yours truly, Ms.Aubertin and Ms. G

### Mandatory Toronto Trip Meeting

### THURSDAYMay 1st JUNIOR LUNCH - AUDITORIUM

### FINAL PAYMENT IS DUE!

Zoom Link will be given for parents meeting Thursday night at 6pm

To all level 4 students who are interested in the Phoenix Program, there will be a meeting on **Today**, April 30th at the first bell of senior lunch in the Phoenix room (c-180). You must bring your goal setting sheet (filled out by yourself for each day),a pencil and a calculator. IF YOU WERE ABSENT OR MISSED THE PREVIOUS MEETING, YOU MUST COME TO SEE Ms.O'NEILL in c-180 BEFORE THE NEXT MEETING. Communication is key. Please note that any student not attending meetings without communicating with Miss O'Neill/Mr.Coderre will be removed from the candidate classroom by May 1st.

Any questions/concerns are to be addressed ooneill@lbpearson.ca



# 2026 LCCHS **Manitarian** Trip

Please return your sign up form along with you deposit to Mme B (B239), Mme Gesto (C220) Wasacz (C258) before April 30.

The refundable deposit can be cash or a postdated check. Please to be the any questions.

# ANNOUNCEMENT 2025 GRADS

**UPCOMING INFORMATION**ay will take place on May 29th AFTER the miniday! (in uniform)

"THINGS TO START THINKING ABOUT"

- Yearbook quotes
  - Ambition(s)
  - Best friend(s)
  - Senior quote
  - Nickname
  - Favourite memory
  - Find a baby picture





Please visit the Office to schedule your visit to the Sparkle Raam

#### We have received more dresses and some suits

Starting Wednesday April 30th, the nurse will be available at our school. CONTACT INFO: 514.831.1420

gercia.pierre.comtl@ssss.gouv.qc.ca.

0/0

Nurge

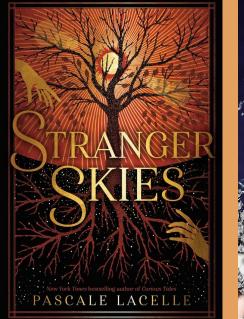
# Girls Flag Football

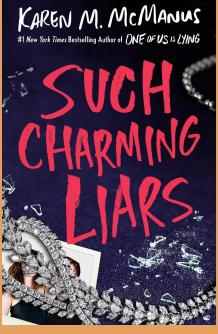
The girls had their second game of the season and managed a 13-0 win at Billings High School. Apparently, somebody put Ella Graham-Roache in charge of the scoring because she scored all 13 points including a 60-yard touchdown run, a 50-yard touchdown catch and run thrown by Q.B. Michelle Gayle and a 1 point Rouge off a punt. Defense pitched a very rare shutout as Malika Sobers intercepted a key pass.

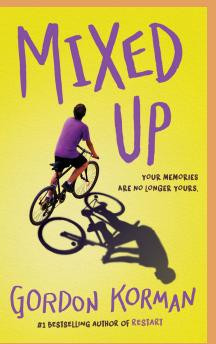
Overall the girls played well but more practice is necessary as many silly mistakes were made.

# SPORTS BANQUET

When: Thursday, May 15th @ 3:45pm Where: Caf @ 3:45, followed by awards in the auditorium. Who: All GMAA athletes & scorekeepers <u>RSVP @ https://forms.gle/pybM3V1msLZJaQBz9</u>







#1 NEW YORK TIMES THE INTERTANCE GAMES JENNIFER LYNN BARNES LOVE IS POWF  $\infty$  an inheritance games collection  $\infty$ 

### New books in the library - come check them out!

Balanced Day will be passing for recycling Wednesday, April 30, Period 1!! Please put your bins in the hallway!!!



# Phoenix Students of the Month

For showing up for yourself and stepping into the unknown with enthusiasm and determination.

<u>Chyder</u> Jurcotte <u>Yuri</u> Diloberto

For sharing your wisdom with the world around you and remaining curious with the one that lies ahead of you. Phoenix Students of the Month

For your relentless persistence for better in all that you do.

Mario Macri

For your exemplary and incomparable work ethic. Your grit is contagious.

Kyla Campbell

Community and Service

Looking for volunteers to help out at our soccer tournament the weekends of April 12-13 and April 26. 27. The games will be taking place at Riverside Park on the two fields.

We are looking for help to direct teams and guide parents as well as to help in the canteen,

We are looking for approximately 12 people for each weekend. They can either work the full day from 8:00 to 4:00 or from 8:00 to 12:00. Pizza will be served at lunch.

Email Mme. Baillargeon if interested:

kbaillargeon@lbpearson.ca



#### Girls 4 Girls Soccer Event - Free!

Join us for a special **Girls for Girl**s soccer event on <u>Saturday, May 3</u> at **Riverside Park!** 

**LaSalle Soccer is inviting girls who love soccer** — and especially those who want to try it for the first time — to join the fun!

#### **Event Schedule:**

- 9:30–10:30 AM: Girls 4 8
- 10:30–11:30 AM: Girls 9 14

This event is **free of charge** and open to all. We encourage our **existing members** to bring a **friend who doesn't currently play** with us — let's grow the game and build our community of female players! The event will feature **all female coaches** and will be led by **Allie Martin,** our **Female Director at LaSalle Soccer**. For any questions, feel free to contact her

#### at allie.martin@lasalle.ca.

This is a historic time for women's soccer in Canada, with the launch of our new professional league (NSL) and more pathways than ever before. Come be part of the movement!

If you're interested, please sign up <u>here</u>. Let's show what girls supporting girls can do!



On A Roll - March 2025			
Student Name	Grade	Teacher/Staff member name	
Reshayne Nelson-Dawes	Sec 4	Elkin	
Dominic Lucas, Pietramala	Sec 4	Elkin	
Zion Streater	Sec 4	Elkin	
Jeremiah Matandi-White	Sec 4		
Ayden Greenham-Salmon	Sec 4	Milton	
Eliah Ruiz-Der	Sec 4	Milton	
Luca D'Amato	Sec 4	Milton	
Paolo Verdino	Sec 4	Milton	
Leon Testa	Sec 1	Newton	
Alyssa Caputo	Sec 4	Elkin	



Congratulations to the following IB knowledgeable students for the month of March. Your Music and Individuals and Society teachers have proudly selected the following students:

#### Knowledgeable Individuals and Societies and Music

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

Knowledgeable (Individuals and Society and Music March) Individuals and Societies		Teachers	ATLs taught	
Level 1	51	Vincent Crevier Noemi Coletta Annalisa Mittempergher	Badiane	Compétences de réflexion - L'élève développe de nouvelles compétences, techniques et stratégies permettant un apprentissage efficace Compétences de transfert - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et les disciplines.



Congratulations to the following IB knowledgeable students for the month of March. Your music teacher and Individuals and Society teachers have proudly selected the following students:

	52	Emily Collins Giacomo Panattoni	Badiane	Compétences de réflexion - L'élève développe de nouvelles compétences, techniques et stratégies permettant un apprentissage efficace Compétences de transfert - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et les disciplines.
Level 2	51	Sierra Maruca Michelle Gayle	Badiane	Compétences de réflexion - L'élève développe de nouvelles compétences, techniques et stratégies permettant un apprentissage efficace Compétences de transfert - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et les disciplines.
	52	Adam <u>McLachlam</u> Andrei Ignatin	Badiane	Compétences de réflexion - L'élève développe de nouvelles compétences, techniques et stratégies permettant un apprentissage efficace Compétences de transfert - Utiliser des stratégies d'apprentissage efficaces dans les groupes de matières et les disciplines.



Level 3	51	Isabel Eaton	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Nathan Rossi	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
Level 4	51	Ahi Sen	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Charlotte Lemay	Francom	Communication Skills Effectively express ideas through various forms (written, oral, visual).
Level 5	51	Olivia Bender Isabella Rossi	Levesque	Communication Skills Effectively express ideas through various forms (written, oral, visual).
	52	Brianna Joly Madison Too	Levesque	Communication Skills Effectively express ideas through various forms (written, oral, visual).

Knowledgeable (Music March)		
Level 1	51	Jaziah Cole
Level 2	51	Andrei Ignatin
Level 3	51	Liam Gabriel Bresnahan-Arseneault
Level 4	52	Armand Christen
Level 5	51	Zackary Ben Sabat



*IB Learner profile for the month of April will celebrate Thinkers and will be selected by the IB Math teachers* 

We use critical and creative thinking skills to analyze and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.



Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

- Caring (Empathy)
- Reflective (Perseverance)
- Knowledgeable
- Principled (Integrity)
- Open-minded (Adaptability/inclusive)
- Risk-takers (Leadership)
- Communicator
- Balanced

- Inquirer (Curiosity)
- Thinker (Creativity)

#### Approaches to learning Tip of the Week: Proper Research and Citing Original Work

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (See updated Academic Integrity policy on our school website under the IB tab)

**Keep Track of Your Sources:** Use tools like a simple google doc to keep track of all your sources.Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

**Paraphrase and Summarize:** Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. This also applies to the use AI technology.

**Properly Attribute Images and Media:** Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license.Use tools Is like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps: Creates a school climate of enhancing credibility and integrity and



"Integrity is doing the right thing, even when no one is watching." — C.S. Lewis



#### TLC PRE-SCHOOL COMMUNITY AND SERVICE CLEANUP 2025 SCHEDULE

#### NEW TLC VOLUNTEER CLEANUP DATES NOW AVAILABLE BEGINNING NEXT TUESDAY JANUARY 14TH FROM 4-6PM

EMAIL MR. SICOLI IF INTERESTED WITH THE EXACT DATES YOU ARE INTERESTED IN. ONLY 4 STUDENTS PER DATE msicoli03@lbpearson.ca

WWEDNESDAY APRIL 2ND Jacob Dickson, Imani Raymond, Evan Flores Doyle, and Elisa Sofia Arellano-Morales

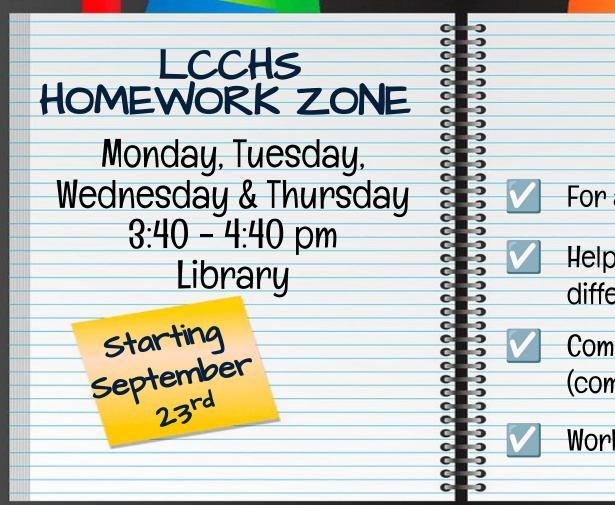
WEDNESDAY APRIL 16TH Annette-Choquet, Evan Flores Doyle, and Elisa Sofia Arellano-Morales

WEDNESDAY APRIL 30TH FULL

WEDNESDAY MAY 14TH FULL

WEDNESDAY MAY 18TH FULL





For all levels Help from teachers of different subjects Complete your assignments (computers available)

Work alone or with friends

FAJITAS FRENZY MAKING FOR JUNIORS

#### **TUESDAY & THURSDAY**

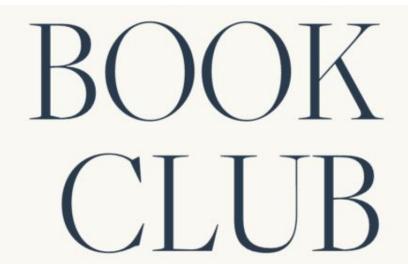




Senior Book Club

Tuesdays & Thursdays at Senior Lunch

In the planning room C229



#### PLEASE HAVE A CHANGE OF CLOTHES OTHERWISE YOU MAY NOT BE LET IN

### OPEN WEIGHT ROOM FRIDAY SENIOR LUNCH

### AFTER SCHOOL ACTIVITIES NEWS

# BOXING WILL BE ON TUESDAY ONLY, MOVING FORWARD

### AFTER SCHOOL ACTIVITIES NEWS

### PLEASE NOTE THE FOLLOWING ACTIVITIES ARE NOW CANCELLED FOR THE YEAR:

# BASKETBALL (TUESDAY) THE BAND (TUESDAY)

### AFTER SCHOOL ACTIVITIES NEWS

# WEDNESDAY

# Run For



Since 2018, there has been a 22% increase in young canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- \* When: Monday and Wednesday after school
- Length: 6-8 weeks
- Race date: June 8th
- Sign up: See Ms. Joanne
- Email: jgraham@lbpsb.qc.ca











### **Guitar Club**

With Mr. Brault

Wednesday's at 3:45-4:45

Music Room

LEARN ABOUT SKINCARE & MAKEUP WITH MS. NESRINE WEDNESDAYS ROOM C220

Cera

OCHE-POSAT

Daily Moistur

Lotion

BADE

ordinary

### Badminton w/ Mr. Rind Wednesdays

# Cooking Club

In the Kitchen

Mondays w/ Ms. Lorine & Ms. Mel

**Tuesdays** w/ Ms. Lynda & Ms. Kristen

Wednesdays/Thursdays w/ Ms. Cynthia, Ms. Kim & Ms. Lorine

### Weight & Strength Training

#### Monday & Wednesday with Mr. Aaron Tuesday & Thursday with Ms. Julia & Mr. Sheldon