

### Motivational Quote of the Week

Nothing is impossible. The word itself says "I'm possible!"

AUDREY HEPBURN



# Start your day with breakfast Free breakfast in the cafeteria from 8:15am to 8:45am Please note the dates May 6th -8th (T-Th) May 13th -15th (T-Th) May 20th 22th (T-Th)

Breakfast will be served everyday during exam weeks

### **LCCHS UNIFORM REMINDER**

All students are expected to be in full uniform at all times.



Uniform includes grey pant/skorts, white or blue LCCHS tops, a crewneck sweater, and entirely black shoes.

\*Hoodies are NOT permitted in school.

Non uniform shoes and athletic wear may be worn in Phys Ed **ONLY**. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!





- M One person per stall no exceptions.
- If you are caught in a stall with another student, you will be sent home immediately.

Let's all help keep our school safe and respectful.

Thank you for your cooperation!





# Run For It

### **Dress Down Day (athletic/sportswear)**

Students are invited to participate in a Dress Down Day fundraiser on <u>May 8<sup>th</sup></u>.

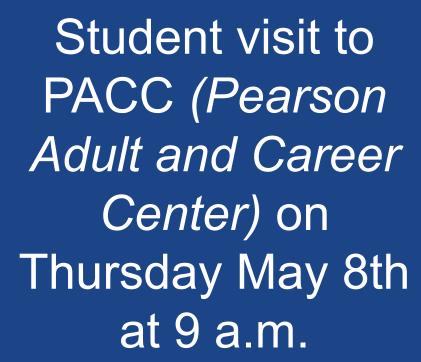
Proceeds will go towards the RUN FOR IT PROGRAM which promotes awareness and women's mental health programs.

The suggested donation is \$2

Running shoes, jogging pants, t-shirts, shorts, hoodies, sweatshirts, leggings and track suits are permitted.



Connections Open House WEDNESDAY MAY 6:30 PM ONNECTIONS Our Advantages Flexible schedule ✓ Supportive atmosphere 1 on 1 support ✓ Dedicated teachers The Connections Program helps students Modular curriculum between the ages of 16 and 18 transition between high school and adult education For more information contact 



Please see Miss Rachelle (guidance counsellor in the Main Office) or Miss Kathleen (Planning Room) if you are interested in joining

UNE INITIATIVE DU SERVICE DE POLICE DE LA VILLE DE MONTRÉAL (SPVM)

### JOURNÉE CARRIÈRES SERVICES D'URGENCE

Samedi 17 mai 2025 10 h à 15 h



Stationnement du Carrefour Angrignon Près de l'entrée de la foire alimentaire Dear family, friends, and staff of L.C.C.H.S . You are cordially invited to

# I SI SI SI SI

# ANNUAL ARTEXHIBITION

ON THURSDAY MAY 29TH ARTWORK FROM ALL LEVELS WILL BE ON DIPLAY!

THE SHOW BEGINS AT 6:30 PM AND UNTIL 8:30 PM.

HELP US RAISE FUNDS FOR THE VISUAL ARTS PROGRAM.

YOUR DONATION WOULD BE GREATLY APPRECIATED!
PLEASE USE THE 9TH AVE. MAIN ENTRANCE.

Please join us and help celebrate our students' creativity!

Yours truly,

Ms. Aubertin and Ms. G

Artwork by Level 5 art student
Madison Too

The next meeting for all candidates is on Wednesday, **May 7th**, right after the mini day. Please note that this **Friday**, **May 9th** is the Phoenix candidate retreat. You are to enter by the Phoenix doors, where we will be going outside for a duration. Wear comfortable clothing (uniform is not necessary, but dress code is mandatory). We begin from 9 a.m -2 p.m.

Any questions/concerns are to be addressed ooneill@lbpearson.ca



## ANNOUNCEMENT

# **2025 GRADS**

### **UPCOMING**

INFORMATION ay will take place on May 29th AFTER the miniday! (in uniform)

### "THINGS TO START THINKING ABOUT"

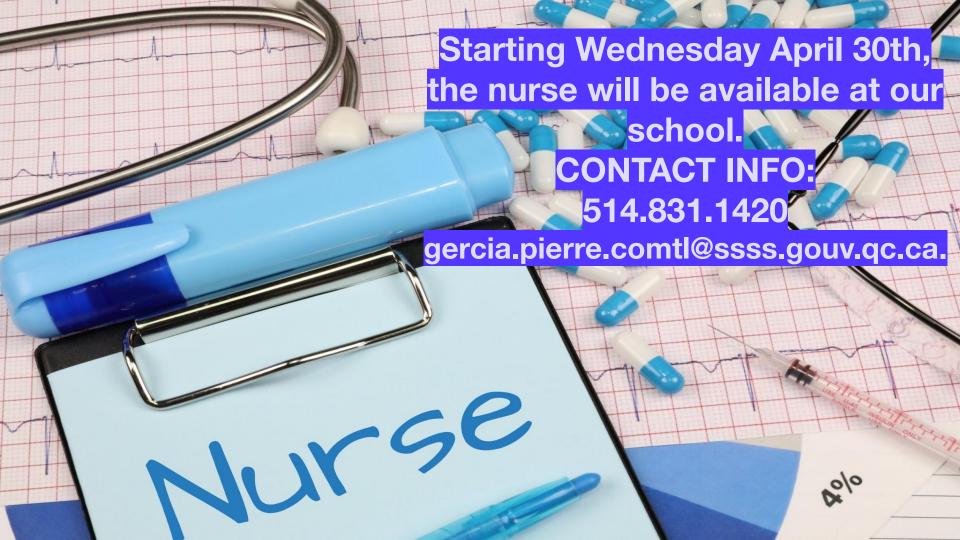
- Yearbook quotes
  - Ambition(s)
  - Best friend(s)
  - Senior quote
  - Nickname
  - Favourite memory
  - Find a baby picture

WE WILL SEND FORMS
SOON!









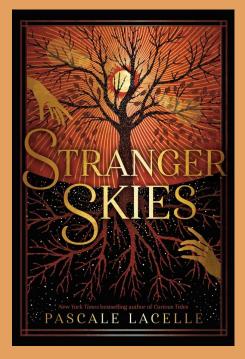
# LCCHS ATHLETICS SPORTS BANQUET

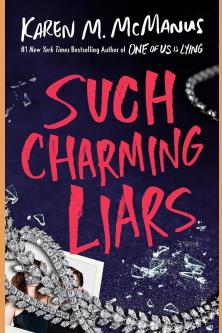


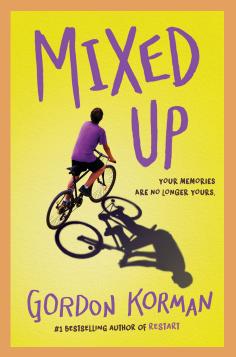
When: Thursday, May 15th @ 3:45pm Where: Caf @ 3:45, followed by awards in the auditorium.

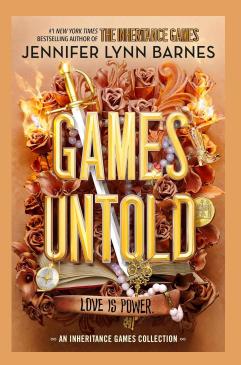
Who: All GMAA athletes & scorekeepers

RSVP @ https://forms.gle/pybM3V1msLZJaQBz9









New books in the library - come check them out!





# STM x LCCHS Bus Network Redesign Online Survey

Your opinion could influence positive changes towards our STM school bus network!

#### What to expect?

All survey information gathered will potentially go towards designing the new STM école bus network for LCCHS.

We will keep you updated of any further changes.

For more information, contact:

Dustin Flores-Ranger - dustingwr@gmail.com



#### Scan the QR code below!

(Posters with the QR code are also available in the Mall)



#### Primary objectives of the redesign:

- To reduce crowding on busy routes.
- To introduce more school services.
- To make sure our school routes are accessible within walking distance.

\*not all are fully guaranteed

# All students who use public transit should participate

https://forms.gle/e2YeeN2WaYEqyT5k6

#### Girls 4 Girls Soccer Event - Free!

Join us for a special Girls for Girls soccer event on Saturday, May 3 at

Riverside Park!

**LaSalle Soccer is inviting girls who love soccer** — and especially those who want to try it for the first time — to join the fun!

#### **Event Schedule:**

- 9:30–10:30 AM: Girls 4 8
- 10:30–11:30 AM: Girls 9 14

This event is **free of charge** and open to all. We encourage our **existing members** to bring a **friend who doesn't currently play** with us — let's grow the game and build our community of female players!

The event will feature all female coaches and will be led by Allie Martin, our Female Director at LaSalle Soccer. For any questions, feel free to contact her at allie.martin@lasalle.ca.

This is a historic time for women's soccer in Canada, with the launch of our new professional league (NSL) and more pathways than ever before. Come be part of the movement!

If you're interested, please sign up <u>here</u>.

Let's show what girls supporting girls can do!





Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)

Caring (Empathy)

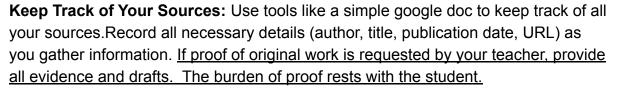
- Inquirer (Curiosity)
- Reflective (Perseverance)
- Thinker (Creativity)

- Knowledgeable
- Principled (Integrity)
- Open-minded (Adaptability/inclusive)
- Risk-takers (Leadership)
- Communicator
- Balanced

### **Approaches to learning Tip of the Week: Proper Research and Citing Original Work**

Skill Focus: Research

Understand the School Academic Integrity Policy: Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (See updated Academic Integrity policy on our school website under the IB tab)



**Paraphrase and Summarize:** Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use Al technology.** 

**Properly Attribute Images and Media:** Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools Is like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

Why It Helps:Creates a school climate of enhancing credibility and integrity and





"Integrity is doing the right thing, even when no one is watching."

— C.S. Lewis

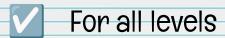


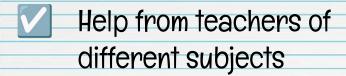
### LCCHS HOMEWORK ZONE

Monday, Tuesday, Wednesday & Thursday 3:40 - 4:40 pm Library

Starting September 23<sup>rd</sup>







Complete your assignments (computers available)





### AFTER SCHOOL ACTIVITIES NEWS

# PLEASE NOTE THE FOLLOWING ACTIVITIES ARE NOW CANCELLED FOR THE YEAR:

- BASKETBALL (TUESDAY)
  - THE BAND (TUESDAY)