

The background image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the center, there is a blue circular overlay containing text. The text reads "LaSalle Community Comprehensive High School" in white, and "DAILY HOWL" in black. Below this, the date "May 6th, 2025 | Day 6" is displayed in black. The school's name "LaSalle Community Comprehensive High School" is also visible in large letters on the building's facade. The entrance features a set of stairs with metal railings.

# **LaSalle Community Comprehensive High School**

**DAILY HOWL**

**May 6th, 2025 | Day 6**

# Motivational Quote of the Week

Any goal can be achieved  
if you break it down into  
enough small parts.

Brian Tracy

quote fancy



# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

May 6<sup>th</sup> - 8<sup>th</sup> (T-Th)

May 13<sup>th</sup> - 15<sup>th</sup> (T-Th)

May 20<sup>th</sup> - 22<sup>th</sup> (T-Th)

Breakfast will be served everyday during exam weeks



Interested by the 2026 Humanitarian  
Trip? Already Signed up?

Join our Parents/Guardians Info  
Session

Students are welcome  
May 7 - 7pm



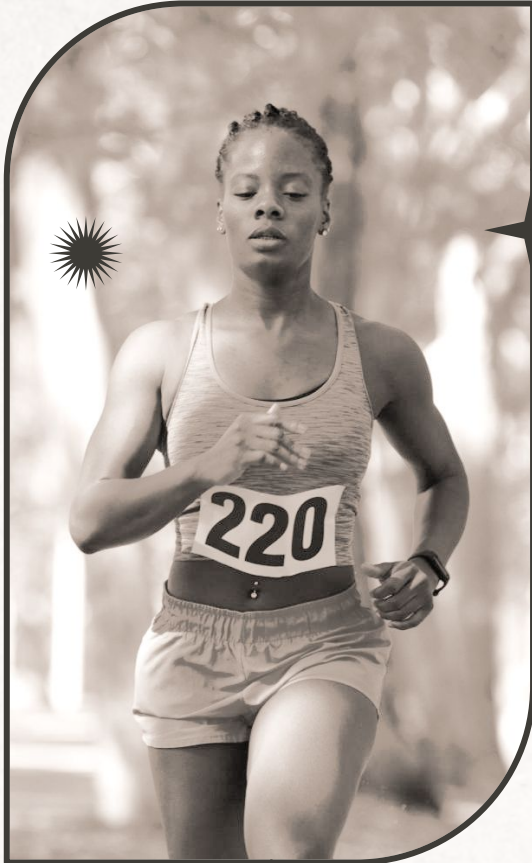
Link

Or email [tgesto@lbpearson.ca](mailto:tgesto@lbpearson.ca) or

[kbaillargeon@lbpearson.ca](mailto:kbaillargeon@lbpearson.ca) to get the invite



# Run For It



## Dress Down Day (athletic/sportswear)

Students are invited to participate in a Dress Down Day fundraiser on **May 8<sup>th</sup>**.

Proceeds will go towards the RUN FOR IT PROGRAM which promotes awareness and women's mental health programs.

The suggested donation is \$2

*Running shoes, jogging pants, t-shirts, shorts, hoodies, sweatshirts, leggings and track suits are permitted.*



Connections Open House

WEDNESDAY

7

MAY

6:30 PM

Join Us  
**CONNECTIONS**  
*Open House*

*RSVP*



The Connections Program helps students between the ages of 16 and 18 transition between high school and adult education

*Our Advantages*

- ✓ Flexible schedule
- ✓ Supportive atmosphere
- ✓ 1 on 1 support
- ✓ Dedicated teachers
- ✓ Modular curriculum

*For more information contact*

📞 514-798-5588 ext. 1    📧 d.macdonald@lbpearson.ca

Student visit to  
**PACC** (*Pearson  
Adult and Career  
Center*) on  
Thursday May 8th  
at 9 a.m.

Please see Miss Rachelle (guidance counsellor in the Main Office) or Miss Kathleen (Planning Room) if you are interested in joining

**Reminder: PISA assessment next  
Tuesday, May 13th, at 9:30 am. Details  
have been sent home to the pre-selected  
42 students and their parents.**

**Thank you to all selected students for  
their participation!**

05 - 29

IB

2025

PERSONAL  
PROJECT  
EXPO



**IB PERSONAL  
PROJECT  
EXHIBITION  
WILL BE HELD  
ON MAY 29TH**





Dear family, friends, and staff of L.C.C.H.S. . You are cordially invited to

# L.C.C.H.S.' 21<sup>st</sup> ANNUAL ART EXHIBITION

**ON THURSDAY MAY 29TH ARTWORK FROM ALL LEVELS WILL BE ON DIPLAY!  
THE SHOW BEGINS AT 6:30 PM AND UNTIL 8:30 PM.  
HELP US RAISE FUNDS FOR THE VISUAL ARTS PROGRAM.  
YOUR DONATION WOULD BE GREATLY APPRECIATED!  
PLEASE USE THE 9TH AVE. MAIN ENTRANCE.**

Please join us and help celebrate our students' creativity!

Yours truly,  
Ms.Aubertin and Ms. G

Artwork by Level 5 art student  
Madison Too



# SENIOR DAY LA RONDE

June 20

\$50

(Entrance & Meal Included)



# PROM OLD HOLLYWOOD

\$155

\$60 Tickets  
& Yearbooks

Sold in Mall Area  
May 12 – May 23



# CONVOCATION

Rehearsal

June 18 • 2 PM

Ceremony

June 19 • 7 PM

4 tickets/student



# ANNOUNCEMENT

## 2025 GRADS

### UPCOMING INFORMATION

- Grad photo day will take place on May 29th  
AFTER the miniday! (in uniform)

### "THINGS TO START THINKING ABOUT"

- Yearbook quotes
  - Ambition(s)
  - Best friend(s)
  - Senior quote
  - Nickname
  - Favourite memory
  - Find a baby picture

**WE WILL SEND FORMS  
SOON!**

**Yearbooks will be on sale  
May 12 - 23 for \$60**





# Sparkle Room



**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*

**We have received  
more dresses and  
some suits**

The next meeting for all candidates is on Thursday, **May 8th**, at the beginning of lunch. Please note that this **Friday ,May 9th** is the Phoenix candidate retreat. You are to enter by the Phoenix doors, where we will be going outside for a duration. Wear comfortable clothing (uniform is not necessary, but dress code is mandatory). We begin from 9 a.m -2 p.m. Any questions/concerns are to be addressed [ooneill@lbpearson.ca](mailto:ooneill@lbpearson.ca)



Lord of the Dragons

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[www.EEDENARTWORK.BLOGSPOT.COM](http://www.EEDENARTWORK.BLOGSPOT.COM)



UNE INITIATIVE DU SERVICE DE POLICE  
DE LA VILLE DE MONTRÉAL (SPVM)

# **JOURNÉE CARRIÈRES SERVICES D'URGENCE**

**Samedi 17 mai 2025  
10 h à 15 h**

Stationnement du Carrefour Angrignon  
Près de l'entrée de la foire alimentaire





A collection of medical supplies including a stethoscope, blue and white capsules, a blue pen, a syringe, and a clipboard with a light blue sheet of paper, all resting on a pink ECG grid background. The word 'Nurse' is written in blue cursive on the clipboard. A green text box is positioned in the upper right, and a blue text box is in the lower right.

**Nurse available on  
Wednesday May  
14th**

**Nurse**

**CONTACT INFO:**

**514.831.1420**

**[gercia.pierre.comtl@ssss.gouv.qc.ca](mailto:gercia.pierre.comtl@ssss.gouv.qc.ca)**

# Girls Flag Football

The girls continued their hot streak on Monday with an 18-6 win over Sacred Heart.

Ella Graham-Roache led the way with 2 touchdowns (1 long run and 1 long reception). Rowan Devlin joined in on the fun with a beautiful 10-yard touchdown catch thrown by quarterback Michelle Gayle.

Kezia Osaru-Iyaho and Malika Sobers played tough recording interceptions on defence.

Great job girls but more practice needed to improve that offence.

# LCCHS ATHLETICS SPORTS BANQUET



When: Thursday, May 15th @ 3:45pm

Where: Caf @ 3:45, followed by awards in the auditorium.

Who: All GMAA athletes & scorekeepers

**RSVP @ <https://forms.gle/pybM3V1msLZJaQBz9>**



# Bathroom Stall Policy



**One person per stall — no exceptions.**



**If you are caught in a stall with another student, you will be sent home immediately.**

Let's all help keep our school safe and respectful.

Thank you for your cooperation!

# LCCHS UNIFORM REMINDER

**All students**  
**are expected**  
**to be in full**  
**uniform at all**  
**times.**



Uniform includes **grey pant/skorts**, **white or blue LCCHS tops**, a **crewneck sweater**, and **entirely black shoes**.

**\*Hoodies are NOT permitted in school.**

Non uniform shoes and athletic wear may be worn in Phys Ed **ONLY**. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!





- In the morning before class
- During Lunch time
- Afterschool

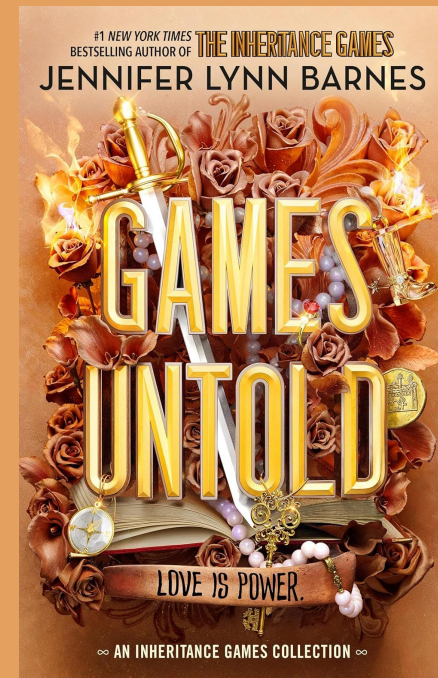
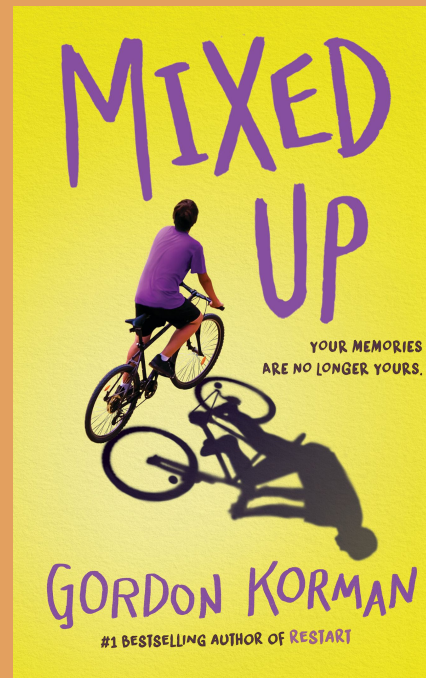
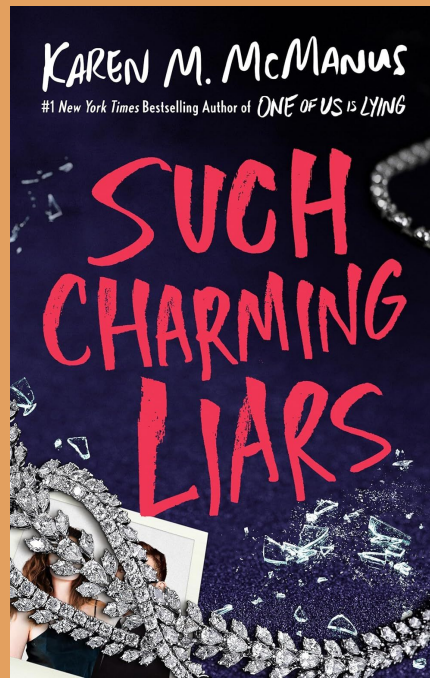
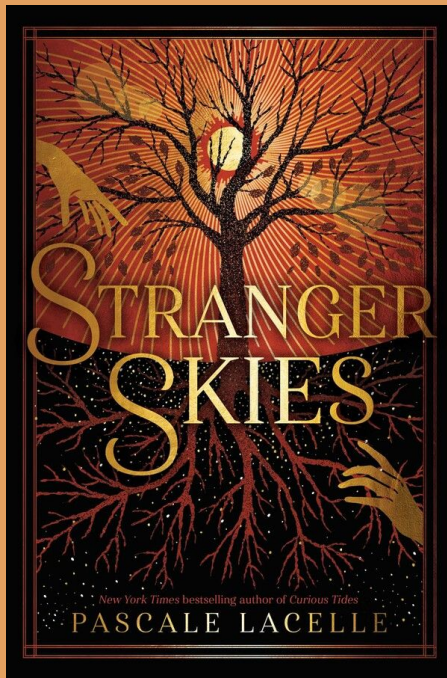
Please do not come ask for snacks during and in between classes.

Thank you for your understanding.

**Snacks  
are only  
available**







New books in the library - come check them out!



# STM x LCCHS Bus Network Redesign Online Survey

Your opinion could influence  
positive changes towards our  
STM school bus network!

## What to expect?

All survey information gathered will  
potentially go towards designing the new  
STM école bus network for LCCHS.

We will keep you updated of any further  
changes.

For more information, contact:

Dustin Flores-Ranger - dustinqwr@gmail.com



## Primary objectives of the redesign:

- To reduce crowding on busy routes.
- To introduce more school services.
- To make sure our school routes are accessible within walking distance.

\*not all are fully guaranteed

**All students who use  
public transit should  
participate**

<https://forms.gle/e2YeeN2WaYEqyT5k6>

# PHOENIX

## STUDENTS OF THE MONTH

For your  
dependable  
approach to the  
classroom and  
your wolfpack.

***Utsav Roy***

For your  
dedication and  
service to the  
program and all  
future Phoenix  
students.

***Conor Doyle***



# PHOENIX

## STUDENTS OF THE MONTH

For displaying  
continuous  
academic and  
personal growth.  
You are an essential  
piece to the  
wolfpack puzzle.

**Merrick Gregory  
Dahn**

For your quiet  
commitment to  
the classroom and  
your true gift for  
finding humour in  
the everyday.

**Eddie Kreutzer**



***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***

## Approaches to learning Tip of the Week: Proper Research and Citing Original Work

**Skill Focus: Research**

**Understand the School Academic Integrity Policy:** Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See *updated Academic Integrity policy on our school website under the IB tab***)

**Keep Track of Your Sources:** Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

**Paraphrase and Summarize:** Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use AI technology.**

**Properly Attribute Images and Media:** Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

**Why It Helps:** Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”  
— C.S. Lewis





# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments (computers available)
- ✓ Work alone or with friends



**JUNIOR LUNCH - TUES & THURS**



Senior Book Club

**Tuesdays & Thursdays at Senior  
Lunch**

In the planning room C229

# BOOK CLUB





**PLEASE HAVE A CHANGE OF  
CLOTHES OTHERWISE YOU MAY  
NOT BE LET IN**

**OPEN WEIGHT ROOM  
TUESDAY & FRIDAY  
SENIOR LUNCH**

# **Dance the line with Ms. Lynda**

## **Learn 2 line dances at lunch!**



**Wednesday - Senior Lunch**  
**1 - 130pm Mall Area**

**AFTER SCHOOL ACTIVITIES NEWS**

**TUESDAY**



# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# **Weight & Strength Training**

A full-page background image of Arnold Schwarzenegger in a red tank top, flexing his right arm and leg, holding a dumbbell in his left hand. The background is a solid blue color.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**



# Run For It



Since 2018, there has been a 22% increase in young Canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- \* When: Monday and Wednesday after school
- \* Length: 6-8 weeks
- \* Race date: June 8th (Sunday)
- \* Sign up: See Ms. Joanne
- \* Email: [jgraham@lbpsb.qc.ca](mailto:jgraham@lbpsb.qc.ca)

