

The background image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication.

# **LaSalle Community Comprehensive High School**

**DAILY HOWL**

**May 12th, 2025 | Day 3**

Motivational Quote of the Week

A little Progress Each  
Day Adds up to Big  
Results

# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

May 6<sup>th</sup> - 8<sup>th</sup> (T-Th)

May 13<sup>th</sup> - 15<sup>th</sup> (T-Th)

May 20<sup>th</sup> - 22<sup>th</sup> (T-Th)

Breakfast will be served everyday during exam weeks







Gardening



Lawn mowing

 DESTINATION  
TRAVAIL



CRÉNEAU  
PARREFOUR JEUNESSE

## UNLOCK OPPORTUNITIES

Your First Work Experience Begins Here!

Are You Between The Ages Of 12 to 17 Years Old?

**COME SEE US ON MAY 13TH  
FROM 12:48-1:40 DURING YOUR  
LUNCH PERIOD  
& JOIN US THIS SUMMER!**

TO SIGN UP: DM US ON  
INSTAGRAM!



@CJS.LaSalle



Window  
cleaning



Car wash

**Reminder: PISA assessment next  
Tuesday, May 13th, at 9:30 am. Details  
have been sent home to the pre-selected  
42 students and their parents.**

**Thank you to all selected students for  
their participation!**

# **BAKE SALE**

## **MAY 15**



**INTERNATIONAL DAY AGAINST  
HOMOPHOBIA, BIPHOBIA AND  
TRANSPHOBIA**

**HELP US SUPPORT  
LGBTQIA+ EQUALITY**





# UPCOMING EVENT!!!!

- MAY 23RD, THERE'LL BE A DANCE!
  - 7:00PM-10:00PM!
  - \$5 PER TICKET!
  - SALES ON NOW



05 - 29

2025

IB

PERSONAL  
PROJECT  
EXPO



**IB PERSONAL  
PROJECT  
EXHIBITION  
WILL BE HELD  
ON MAY 29TH**





Dear family, friends, and staff of L.C.C.H.S. . You are cordially invited to

# L.C.C.H.S.' 21<sup>st</sup> ANNUAL ART EXHIBITION

**ON THURSDAY MAY 29TH ARTWORK FROM ALL LEVELS WILL BE ON DIPLAY!**  
**THE SHOW BEGINS AT 6:30 PM AND UNTIL 8:30 PM.**  
**HELP US RAISE FUNDS FOR THE VISUAL ARTS PROGRAM.**  
**YOUR DONATION WOULD BE GREATLY APPRECIATED!**  
**PLEASE USE THE 9TH AVE. MAIN ENTRANCE.**

Please join us and help celebrate our students' creativity!

Yours truly,  
Ms.Aubertin and Ms. G

Artwork by Level 5 art student  
Madison Too



# SENIOR DAY LA RONDE

June 20

\$50

(Entrance & Meal Included)



# PROM

OLD HOLLYWOOD

\$155

\$60 Tickets  
& Yearbooks

Sold in Mall Area  
May 12 – May 23



# CONVOCATION

Rehearsal

June 18 • 2 PM

Ceremony

June 19 • 7 PM

4 tickets/student





# STAFF VS. STUDENTS



## SIGN UP:

- ☐ Join an **INTENSE** game of basketball with your friends against teachers



Date of event: Friday, June

# BASKETBALL<sup>6th</sup>

# ANNOUNCEMENT

## 2025 GRADS

### UPCOMING INFORMATION

- Grad photo day will take place on May 29th  
AFTER the miniday! (in uniform)

### "THINGS TO START THINKING ABOUT"

- Yearbook quotes
  - Ambition(s)
  - Best friend(s)
  - Senior quote
  - Nickname
  - Favourite memory
  - Find a baby picture

**WE WILL SEND FORMS  
SOON!**

**Yearbooks will be on sale  
May 12 - 23 for \$60**





# Sparkle Room

**Please visit  
the Office  
to schedule  
your visit  
to the**

*Sparkle Room*

**We have received  
more dresses and  
some suits**

UNE INITIATIVE DU SERVICE DE POLICE  
DE LA VILLE DE MONTRÉAL (SPVM)

# **JOURNÉE CARRIÈRES SERVICES D'URGENCE**

**Samedi 17 mai 2025**  
**10 h à 15 h**

Stationnement du Carrefour Angrignon  
Près de l'entrée de la foire alimentaire





A collection of medical supplies including a stethoscope, blue and white capsules, a blue pen, a clipboard with a silver clip, a syringe, and a pair of glasses, all resting on a pink ECG grid background.

**Nurse available on  
Wednesday May  
14th**

**Nurse**

**CONTACT INFO:**

**514.831.1420**

**[gercia.pierre.comtl@ssss.gouv.qc.ca](mailto:gercia.pierre.comtl@ssss.gouv.qc.ca)**

# LCCHS ATHLETICS SPORTS BANQUET



When: Thursday, May 15th @ 3:45pm

Where: Caf @ 3:45, followed by awards in the auditorium.

Who: All GMAA athletes & scorekeepers

**RSVP @ <https://forms.gle/pybM3V1msLZJaQBz9>**



Balanced Day will be passing for recycling  
Tuesday, May 13, Period 3!!  
Please put your bins in the hallway!!!



# Bathroom Stall Policy



**One person per stall — no exceptions.**



**If you are caught in a stall with another student, you will be sent home immediately.**

Let's all help keep our school safe and respectful.

Thank you for your cooperation!

# LCCHS UNIFORM REMINDER

**All students**  
**are expected**  
**to be in full**  
**uniform at all**  
**times.**



Uniform includes **grey pant/skorts**, **white or blue LCCHS tops**, a **crewneck sweater**, and **entirely black shoes**.

**\*Hoodies are NOT permitted in school.**

Non uniform shoes and athletic wear may be worn in Phys Ed **ONLY**. For hygiene purposes, it is your responsibility to be prepared and look presentable at school. It is a matter of pride!





- In the morning before class
- During Lunch time
- Afterschool

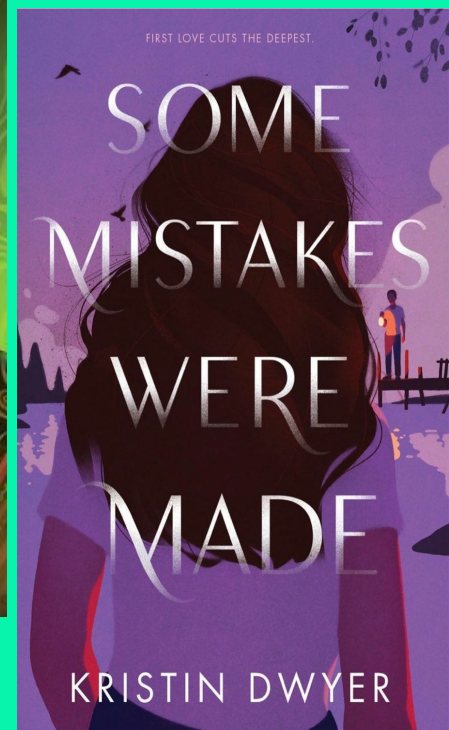
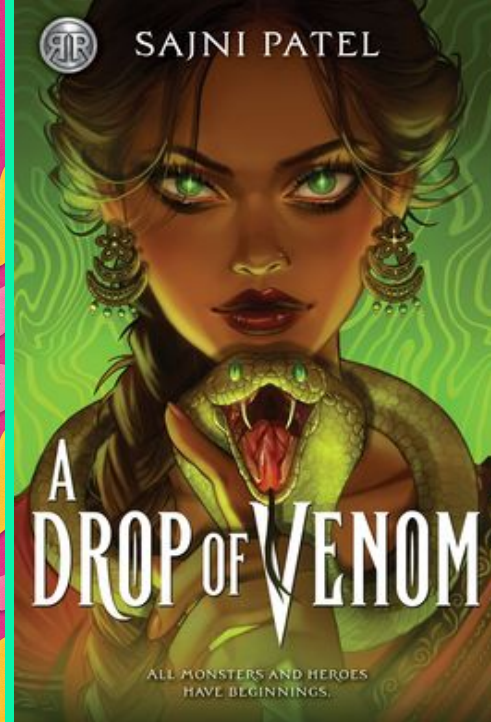
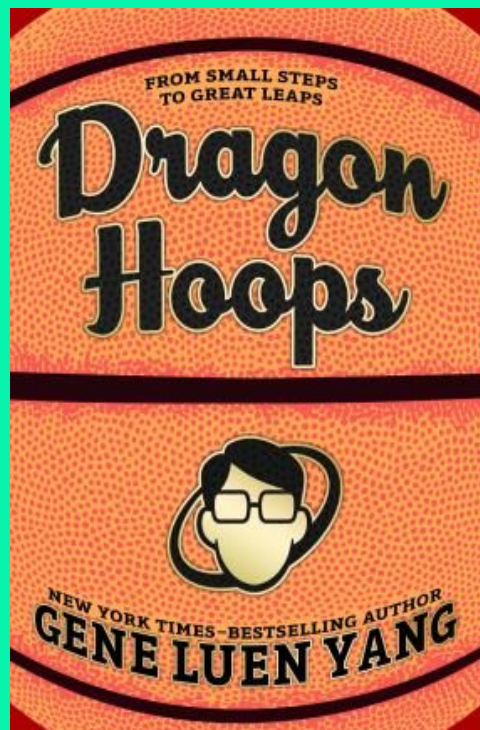
Please do not come ask for snacks during and in between classes.

Thank you for your understanding.

**Snacks  
are only  
available**







New books in the library - come check them out!



# STM x LCCHS Bus Network Redesign Online Survey

Your opinion could influence  
positive changes towards our  
STM school bus network!

## What to expect?

All survey information gathered will  
potentially go towards designing the new  
STM école bus network for LCCHS.

We will keep you updated of any further  
changes.

For more information, contact:

Dustin Flores-Ranger - dustinqwr@gmail.com



## Primary objectives of the redesign:

- To reduce crowding on busy routes.
- To introduce more school services.
- To make sure our school routes are accessible within walking distance.

\*not all are fully guaranteed

**All students who use  
public transit should  
participate**

<https://forms.gle/e2YeeN2WaYEqyT5k6>

# PHOENIX

## STUDENTS OF THE MONTH



For your  
dependable  
approach to the  
classroom and  
your wolfpack.

***Utsav Roy***



For your  
dedication and  
service to the  
program and all  
future Phoenix  
students.

***Conor Doyle***



# PHOENIX

## STUDENTS OF THE MONTH

For displaying  
continuous  
academic and  
personal growth.  
You are an essential  
piece to the  
wolfpack puzzle.

**Merrick Gregory  
Dahn**



For your quiet  
commitment to  
the classroom  
and your true gift  
for finding  
humour in the  
everyday.

**Eddie Kreutzer**





# **Important notice to all Level 1-4 IB students**

**IB Community and Service Hours.**

Reminder: minimum annual number of hours has to be reached:

Grade 7: 5 hours  
Grade 8: 5 hours  
Grade 9: 10 hours  
Grade 10: 15 hours  
Grade 11: 15 hours

Note: Hours must be within the current year (2025)

**All Community and Service hours for Sec 1-4 must be entered and approved for this year by June 10th**

**This means complete detailed reflection, listed hours, and supervisor approval. Do not wait until the last minute.**

**IB hours that have missing information or unapproved hours will be considered incomplete. Any hours enter after the 15th will not be considered for your IB report card.**

**If you have any questions, be an Independent learner and see Mme. Baillargeon**

# IB PORTFOLIOS AND END OF YEAR REFLECTIONS



ALL IB STUDENTS MUST FINISH THEIR IB PORTFOLIOS AND END OF YEAR REFLECTIONS BY JUNE 10TH. DO NOT TAKE PHOTOS OF THE SAMPLES, PLEASE USE AN APP WITH A PDF SCANNER OR AN ACTUAL SCANNER. THE SAMPLES NEED TO BE CLEAR.

PORTFOLIOS MUST CONTAIN ONE SAMPLE OF WORK FOR EACH CRITERION IN ALL OF YOUR CLASSES. SEE YOUR TEACHERS FOR ANY QUESTIONS.

END OF YEAR REFLECTIONS WILL BE SENT OUT BY THE END OF THE MONTH

SEE MR. SICOLI, MME. BAILLARGEON, OR MRS. CLEVELAND FOR ANY QUESTIONS REGARDING IB REQUIREMENTS.



***Psst..Teachers! Do you have evidence of LCCHS students demonstrating the following traits throughout the year? please share with Mr. Sicoli and Mr. Swiderski! (Photos, videos etc)***

- ***Caring (Empathy)***
- ***Reflective (Perseverance)***
- ***Knowledgeable***
- ***Principled (Integrity)***
- ***Open-minded (Adaptability/inclusive)***
- ***Risk-takers (Leadership)***
- ***Communicator***
- ***Balanced***
- ***Inquirer (Curiosity)***
- ***Thinker (Creativity)***



## Approaches to learning Tip of the Week: Proper Research and Citing Original Work

**Skill Focus: Research**

**Understand the School Academic Integrity Policy:** Familiarize yourself with types of academic misconduct and strategies to practice creating original work. (**See *updated Academic Integrity policy on our school website under the IB tab***)

**Keep Track of Your Sources:** Use tools like a simple google doc to keep track of all your sources. Record all necessary details (author, title, publication date, URL) as you gather information. If proof of original work is requested by your teacher, provide all evidence and drafts. The burden of proof rests with the student.

**Paraphrase and Summarize:** Instead of copying text, paraphrase or summarize the information in your own words. Even when paraphrasing, always provide a citation to the original source. **This also applies to the use AI technology.**

**Properly Attribute Images and Media:** Always provide proper attribution for images, videos, and other media. Include the creator's name, title, source, and license. Use tools like Google Images' usage rights filter to find images that are free to use.

If you have any questions, feel free to ask your teachers or Ms. Molly our School librarian.

**Why It Helps:** Creates a school climate of enhancing credibility and integrity and



“Integrity is doing the right thing, even when no one is watching.”  
— C.S. Lewis



# Congratulations to the following IB Critical Thinkers in Math for the month of April

Thinker (Mathematics; April)			Teachers	ATLs taught
Level 1	51	Nathan Bravo Lagunes	Mr. Dort	Critical/Creative Thinking (Real world Application)
	52	Liam Moroney	Mr. Dort	Critical/Creative Thinking (Real world Application)
Level 2	51	Francesco Talarico	Mr. Dort	Critical/Creative Thinking (Real world Application)
	52	Alessandra Farinelli	Mr. Dort	Critical/Creative Thinking (Real world Application)
Level 3	51	Isabel Eaton	Mrs. Mitchell	Critical/Creative Thinking (Real world Application)
	52	Nathan Rossi	Mrs. Mitchell	Critical/Creative Thinking (Real world Application)
Level 4	CST	TBD		Critical/Creative Thinking (Real world Application)
	SN	Noah Keener Tia Anzovino	Mrs. Mitchell Mr. Swiderski	Critical/Creative Thinking (Real world Application)
Level 5	CST	Joyanah Haywood Mary Kanaras	Mr. Swiderski	Critical/Creative Thinking (Real world Application)
	SN	TBD		Critical/Creative Thinking (Real world Application)

# IB learner Traits for the month of May!

# Reflective -Visual Art Caring- Service and Action

## Reflective:

We thoughtfully consider the world and our ideas and experiences. We work to understand our strengths and weaknesses to support our learning and personal development.

## Caring:

We show empathy, compassion and respect. We commit to service, and we act to make a positive difference in the lives of others and in the world around us.





# IB Program

**Do you still need to complete your community and service hours?**

## **Community and Service Opportunity Track Meet May 25th (Sunday)**

The event takes place at the track that is around the  
-Keith Ewenson Stadium  
8299 Central- Corner Central and Raymond



AM group is from 8am to 12pm  
PM group will be from 1pm to 6pm  
(Snacks and water will be provided)

Interested? Email Mme B.  
[kbaillargeon@lbpearson.ca](mailto:kbaillargeon@lbpearson.ca)



# LCCHS HOMEWORK ZONE

Monday, Tuesday,  
Wednesday & Thursday  
3:40 - 4:40 pm  
Library

Starting  
September  
23<sup>rd</sup>



- ✓ For all levels
- ✓ Help from teachers of different subjects
- ✓ Complete your assignments (computers available)
- ✓ Work alone or with friends

**JUNIOR. LUNCH - TUESDAY & THURSDAY**  
**LEARN HOW TO MAKE MAC & CHEESE**







Senior Book Club

**Tuesdays & Thursdays at Senior  
Lunch**

In the planning room C229

# BOOK CLUB



**PLEASE HAVE A CHANGE OF  
CLOTHES OTHERWISE YOU MAY  
NOT BE LET IN**

**OPEN WEIGHT ROOM  
TUESDAY & FRIDAY  
SENIOR LUNCH**

**AFTER SCHOOL ACTIVITIES NEWS**

**MONDAY**





# *Cooking Club*

*In the Kitchen*

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*Mondays*

*w/ Ms. Lorine & Ms. Mel*

*Tuesdays*

*w/ Ms. Lynda & Ms. Kristen*

*Wednesdays/Thursdays*

*w/ Ms. Cynthia, Ms. Kim & Ms. Lorine*



# CURL LOVE

**LEARN ALL ABOUT TAKING CARE  
AND STYLING OF YOUR HAIR. ALL  
HAIR TYPES ARE WELCOME.**

**MONDAYS  
3:45PM - 4:45PM  
WITH MS. RENEE  
INNOVATION ROOM**



# Run For It



Since 2018, there has been a 22% increase in young Canadians experiencing mental health issues. Let's change that together and join the Run for It program! Join Ms. Joanne to train for the Shoppers Love You Run for Women 5k. The program combines mental health education and training for an official 5k walk/run.

- ✱ When: Monday and Wednesday after school
- ✱ Length: 6-8 weeks
- ✱ Race date: June 8th
- ✱ Sign up: See Ms. Joanne
- ✱ Email: [jgraham@lbpsb.qc.ca](mailto:jgraham@lbpsb.qc.ca)





# **Weight & Strength Training**

A full-page background image of Arnold Schwarzenegger in a red tank top, flexing his right arm and leg, holding a dumbbell in his left hand. The background is a solid blue color.

**Monday & Wednesday with Mr. Aaron**

**Tuesday & Thursday with Ms. Julia & Mr. Sheldon**