

The background image shows the exterior of LaSalle Community Comprehensive High School. The building has a modern design with a grey, textured facade and large windows. A Canadian flag is visible on the left side of the building. In the foreground, there are concrete steps leading up to the entrance, flanked by metal railings. A large blue circle is overlaid on the center of the image, containing the school's name and the title of the publication.

# LaSalle Community Comprehensive High School

**DAILY HOWL**

**November 18th, 2025 | Day 2**



# Tuesday Trivia



In what country did french fries originate in?

**00:30**



Answer

Belgium

# MEET YOUR 2025-2026 STUDENT COUNCIL!



**President:** Blake Chan      **Vice President:** Elyssa Samvura-Perrotte      **Secretary:** Tia Anzovino and Ahi Sen

**Public Relations Team:** Tia Anzovino and Ahi Sen and Kaylee Nwammadu.

**Active Members:** Alexandre Rousseau Baker and Aisha Hussain

**Contact us at:** [lcchsstudentcouncil@gmail.com](mailto:lcchsstudentcouncil@gmail.com)





## LCCHS Doughnut Fundraiser

Order forms will be distributed in class by leadership students.

Sell some wonderful treats and help feed the community!



Show You **Kare** 

Help us spread kindness  
through our Kare Bags Initiative!

We're collecting:

-  Lip Balm
-  Deodorant
-  Feminine Hygiene Products

 Drop off all donations in the box at the office with Ms. Cassandra

Upcoming

**Hot Chocolate for sale**  
**Tuesday, November 18th**  
**ONLY \$1**



*Black Girl  
Magic Canada  
presents:*

# SHINE & RISE

AN INSPIRING DISCUSSION  
TO HELP YOU STEP INTO  
YOUR POWER AND FUTURE  
AS A YOUNG BLACK WOMAN

**MEET US IN THE LIBRARY  
NOVEMBER 19 • 11:00 A.M.**

REFRESHMENTS WILL BE SERVED!

 @blackgirlmagic\_canada



# Movember

It is men's health awareness month!

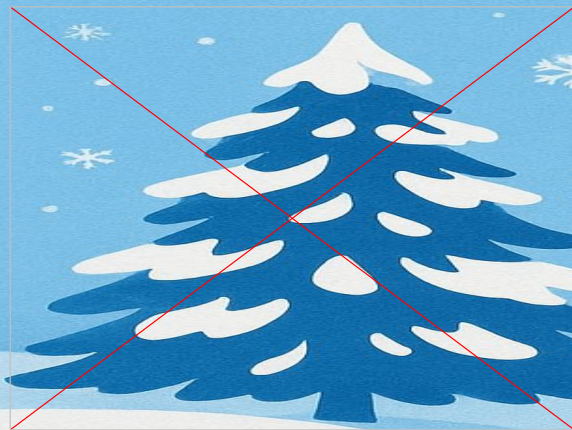
Dress down day November 20th

Wear a moustache to spread awareness on male health issues



# SCHOOL DANCE WINTER WONDERLAND

NOVEMBER 20  
7-10 PM



We're  
hyped!



FREE TICKET  
\$1 FOR FOOD



# Student Council Meeting

On November 25 , 2025 there will be a meeting at the beg  
Senior Lunch. We will meet in Miss Kathleen's Room.

**Discount cards will be sold for SENIORS only during senior lunch  
on November 26th**

**only \$10**

*Tim Hortons has been  
added to the list.*

**Get SPC  
for only  
10 bucks**

from our high school

Save on your favourite brands all year



& many more



*Card is valid for  
1 year!  
Lots of savings!*

# **STAY TUNED OUR SCHOOL SURVEY WILL BE DONE DURING YOUR ENGLISH PERIOD DURING THE WEEK OF NOV. 24TH**

The OurSCHOOL survey gives the school information on how to make things better for students. Based on what information you give in the survey, we can make changes to help improve student experiences at school and help everyone do better.





**FYI and  
Reminders**



**Nurse will be available**

**November 17th  
November 18th  
November 20th**

**You can text or email her  
Info on her door**

**Nurse**

# OPEN HOUSES

**TAV College** November 30th





**A FUTURE  
THAT FITS**

# **LBPSB Post-Secondary Education Fair**



**Friday, November 21, 2025**



**John Rennie High School**  
501 Boulevard St. Jean, Pointe-Claire



**9 am – 12 pm**



**Free admission**

**Opportunities  
in Québec...  
and beyond!**

- CEGEPs
- Vocational Training Centres
- Adult Education

Commission scolaire  
**Lester B. Pearson**  
School Board



[www.lbpsb.qc.ca](http://www.lbpsb.qc.ca)

**All adult education students, high school students and parents are welcome to attend!**

# For Grade 10, 11 and WOTP:

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The Post-Secondary Education Fair is happening on **November 21st from 9am to noon, at John Rennie High School.**

Cegeps and universities will be in attendance!

Your parents were sent information about bussing from LCCHS. Remind them to fill out the form.

See Ms. Rachelle, the Guidance Counsellor, in the Main Office for questions.

# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Nov. 4<sup>th</sup> - 6<sup>th</sup> (T-Th)

Nov. 11<sup>th</sup> - 13<sup>th</sup> (T-Th)

Nov. 18<sup>th</sup> - 20<sup>th</sup> (T-Th)

Nov. 25<sup>th</sup> - 26<sup>th</sup> (T-W)



# ATHLETICS

HOME

GUEST



# Upcoming Wolves Athletics Events

| DATE              | TIME             | Event                                                                       | Location         |
|-------------------|------------------|-----------------------------------------------------------------------------|------------------|
| Monday, Nov 17    | 3:30pm<br>4:45pm | BB Basketball vs Selwyn House<br>CB Basketball vs. Selwyn House             | Selwyn<br>Selwyn |
| Tuesday, Nov 18   | 3:00pm<br>4:30pm | CG Basketball vs. Loyola<br>JB Basketball vs. Loyola                        | HOME<br>HOME     |
| Wednesday, Nov 19 | 3:00pm           | JB Basketball vs. PCHS                                                      | PCHS             |
| Thursday, Nov 20  | 4:00pm           | CG Volleyball Tournament (LSL) vs.<br>(Chene Bleu, Cite Des Jeunes, DXXIII) | Home             |
| Friday, Nov 21    |                  |                                                                             |                  |





**LCCHS**

# **Wolves Store**

[https://store.vbsapparel.ca/LCCHS\\_Wolves\\_2025/shop/home](https://store.vbsapparel.ca/LCCHS_Wolves_2025/shop/home)

# ★ STUDENT RECOGNITION





# **PHOENIX STUDENT OF THE MONTH**

**GENESIS BOSTIC THEODORE**



**For initiating leadership and  
selfless contribution in all aspects  
of both student and community  
life.**



# PHOENIX STUDENT OF THE MONTH



**Alyssa Aginga  
Caputo**

For your determination, organization,  
and everlasting impression on the  
Phoenix classroom.



# IB LEARNER PROFILE

**October 2025 - RISK-TAKER**

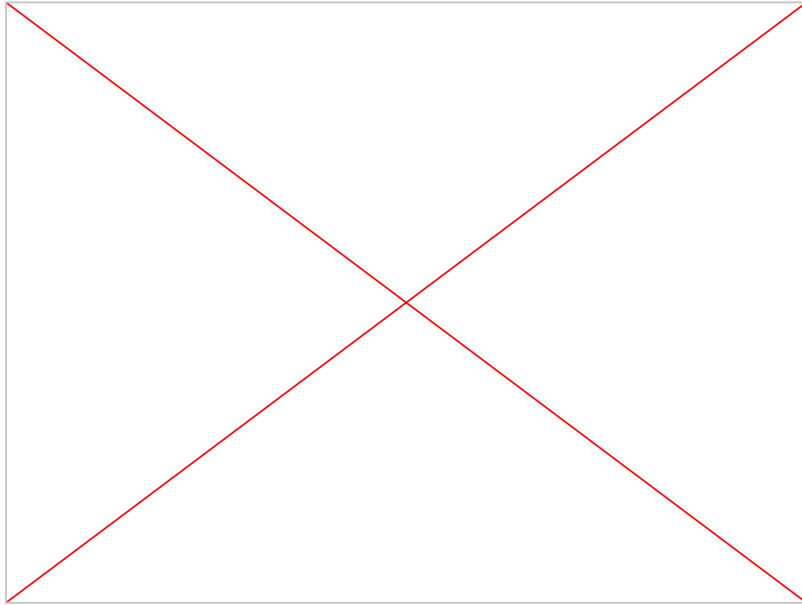
**Physical & Health Education (Phys. Ed.)**



|         |                                                          |
|---------|----------------------------------------------------------|
| LEVEL 1 | 51 - Isaiah Mandunya<br>52 - Azalea Harvey-Roper         |
| LEVEL 2 | 51 - Jaziah Cole<br>52 - Giulia Fabrizio                 |
| LEVEL 3 | 51 - Addison Kyle<br>52 - Reemna Hagos                   |
| LEVEL 4 | 51 - Darnell-Robert Wheeler Hynes<br>52 - Dominic Noonan |
| LEVEL 5 | 51 - Bruna Fernandes Zubakin<br>52 - Blake Chan          |

# ATL SKILLS IN ACTION - October 2025

## Physical & Health Education (Phys. Ed.)



The students were on task throughout the unit and took the time to develop the necessary skills to be successful. They embodied the true essence of the Spirit of the Game of Ultimate Frisbee. Competitive play was encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.



### SOCIAL SKILLS

- Practise focus and concentration
- Demonstrate persistence and perseverance



### SELF-MANAGEMENT SKILLS

- Manage and resolve conflict, and work collaboratively in teams



# School Activities

# Junior Lunchtime Activities

November 17 to November 21



**MONDAY**

**TUESDAY**

**BOARD GAMES  
C211**

**WEDNESDAY**

**MINI DAY**

**THURSDAY**

**CHESS CLUB  
INNOVATION ROOM**

**FRIDAY**

**PED DAY**

**\*\*NOTE\*\***

Limit of 15 students per  
activity

Please be quiet in hallways



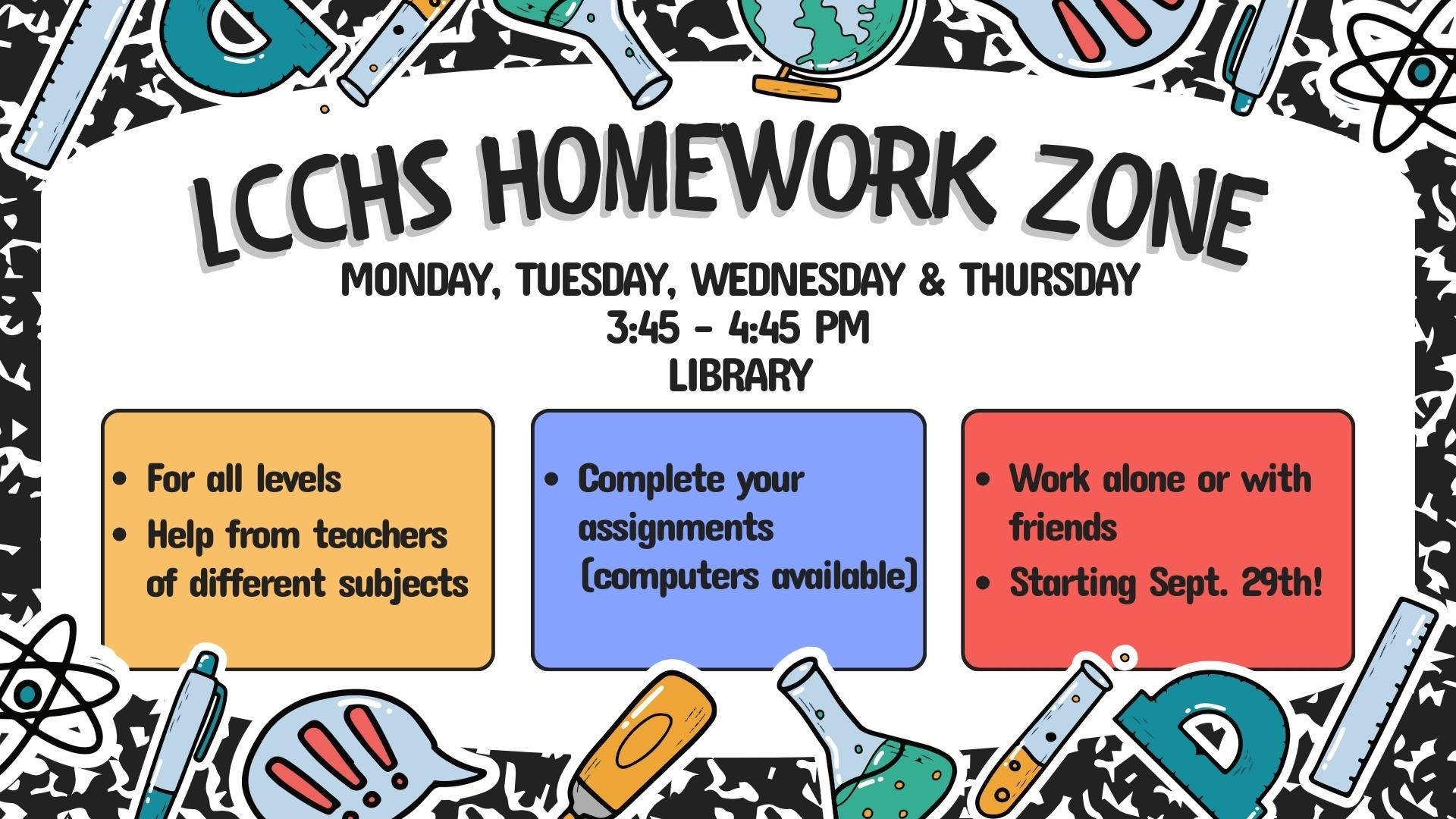
# After School Activities

**WRESTLING**

Starting

**MONDAY NOV. 24th**





# LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

# **AFTER SCHOOL ACTIVITIES NEWS**

**Please note that if you receive a detention, you will not be permitted to attend your after-school activity, even if the detention is served on the same day.**

**You can go to homework zone at 4pm but straight to library otherwise you will be asked to leave, no exceptions.**

# **AFTER SCHOOL ACTIVITIES NEWS**

**ALL AFTER SCHOOL ACTIVITIES IN THE SMALL  
GYM HAVE BEEN CANCELLED UNTIL FURTHER  
NOTICE**

The background features a dark, almost black, field with a subtle grid of thin, light-colored lines. Overlaid on this are several bright, vibrant purple wavy lines that flow horizontally across the frame, creating a sense of motion and depth. The word "TUESDAY" is centered in the middle of the image.

**TUESDAY**



# Junior Board Game Club

Tuesdays  
in C211  
With Ms. Hughes





# Guitar Club

With Mr. Elkin

Tuesday's at 3:45-4:45

Music Room

A person in a dark shirt is cooking in a kitchen. They are holding a black spoon and a small black container. In the background, a pot on a stove is emitting a large amount of white steam. The scene is dimly lit, with the steam providing a bright contrast.

# *Cooking Club*

*In the Kitchen*

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## *Mondays*

*w/ Ms. Cynthia & Ms. Hughes*

## *Tuesdays*

*w/ Ms. Lynda & Ms. Stephanie*

## *Wednesdays*

*w/ Ms. Catherine & Ms. Caroline*

## *Thursdays*

*w/ Ms. Cynthia & Ms. Catherine*

**Bring a container to take some food home.**

# **Weight & Strength Training**

A muscular man with dark hair, wearing a red tank top and red shorts, is flexing his right arm. He is smiling and looking towards the camera. The background is a solid blue color. The text "Weight & Strength Training" is overlaid at the top in a large, bold, white font with a black outline. At the bottom, there is a black banner with white text providing the schedule for the training.

**Monday & Wednesday with Mr. Neill & Mr. Lucas**  
**Tuesday & Thursday with Ms. Julia & Mr. Omar**