



**LaSalle Community
Comprehensive High
School**

DAILY HOWL

LaCHS

December 17th, 2025 | Day 4 MINIDAY

WACKY WEDNESDAY



DID YOU KNOW?

Last year around 4500 people gathered at Stonehenge for the the winter solstice (December 21) and an estimated 100 000 people watched online

Happy Hanukkah

May your candles burn
bright this season

Dec. 14, 2025 – Dec 22, 2025





Today

Please put your bins in the hallway on
Wednesday, December 17, Period 1



Upcoming



DRESS DOWN DAY

DEC
18TH

WEAR THE HOLIDAY COLOUR OF YOUR CHOICE (BLUE, GREEN, RED, WHITE, BLACK, ETC) OR A HOLIDAY SWEATER



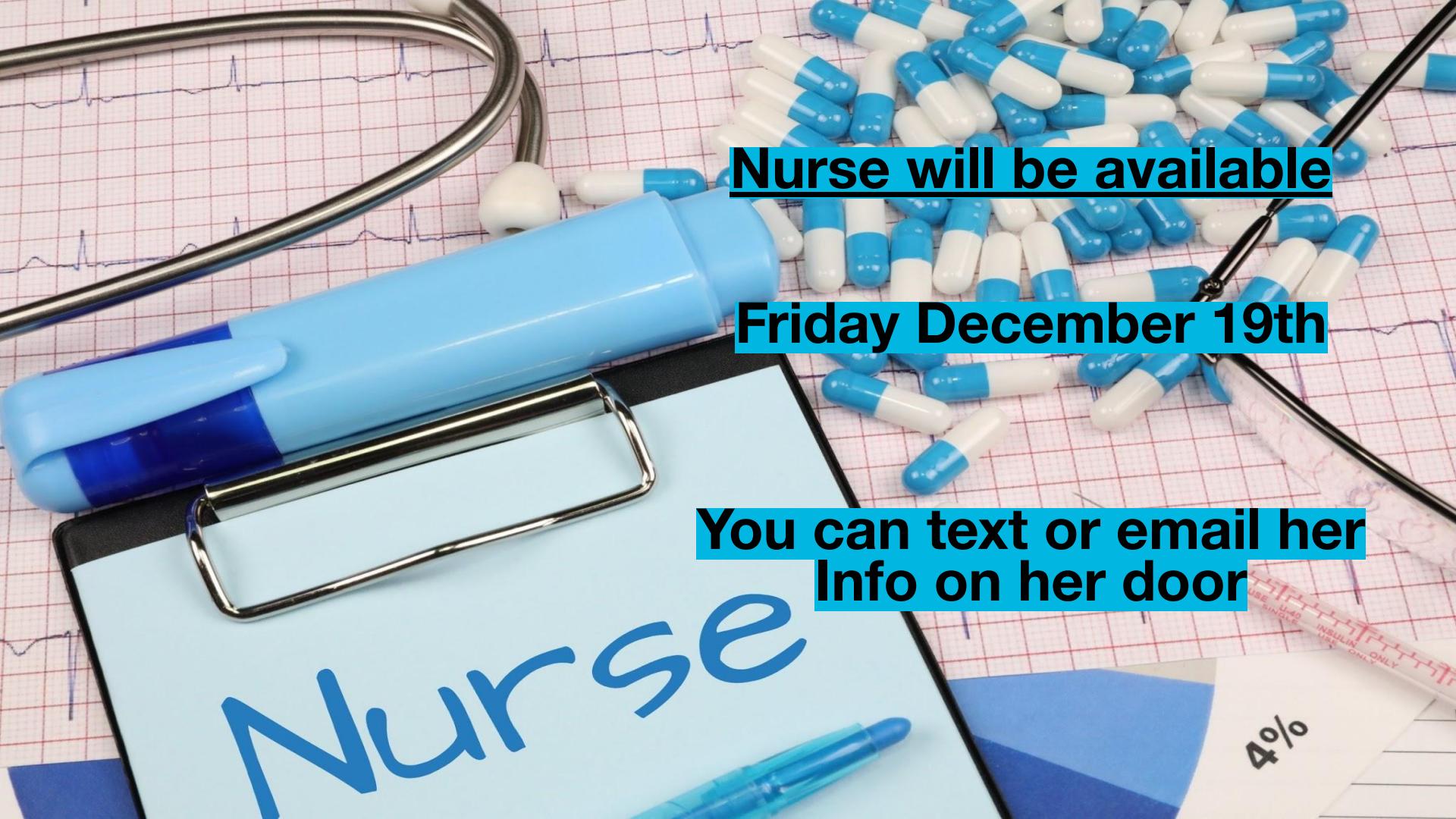
DRESS DOWN DAY

WEAR YOUR FAVORITE COMFY
CLOTHES TO SCHOOL



A vibrant collage of school supplies on a yellow background. It includes a green triangle ruler, a yellow pencil, a blue pencil, a pink notepad with yellow pushpins, a blue calculator, a yellow pushpin, a blue and yellow highlighter, a blue and yellow eraser, a red protractor, a red ruler, a blue and yellow pencil, a blue and yellow notepad, a blue and yellow calculator, and a blue and yellow pushpin. A large white lined notepad is positioned in the center, tilted slightly, with the text 'FYI and Reminders' written on it in a dark blue, sans-serif font.

FYI and Reminders



Nurse will be available

Friday December 19th

**You can text or email her
Info on her door**

4%



DISCOVER THE TRADES NOW

VACC



HMSE is a hands-on summer program that gives high school students a taste of the building trades and what it's like to work with real tools, real projects, and real professionals. Get ready to build your future—literally!

July
27th - 31st
Open to
ages 14-16



vacc@lbpearson.ca

SEND US AN EMAIL IF YOU'RE INTERESTED!



See Ms. Rachelle
(Guidance
Counsellor) for
more information

If you forgot to purchase your SPC card, go see Mrs. D'Alessandro during senior lunch

only \$10

Tim Hortons has been added to the list.

**Get SPC
for only
10 bucks**

from our high school

Save on your favourite brands all year

SPC Cardholders

Save 10% off regular price on purchases of \$20 or more at the following brands:

Brands included:

adidas | Bluenotes' | Foot Locker | ALDO
ARDENE | TACO BELL | SAMSUNG | H&M | KFC
& many more



Card is valid for
1 year!
Lots of savings!

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Dec. 2nd - 4th (T-Th)

Dec. 9th - 11th (T-Th)

Dec. 16th - 18th (T-Th)



Approaches to learning Tip of the Week: Managing time and tasks effectively

Set goals that are challenging and realistic and plan strategies and take action to achieve personal and academic goals.

Preparing for exams and deadlines can be stressful, but with the right strategies, you can manage it effectively. Here are some tips to help you prepare for exams/deadlines:

1. Create a Study Schedule:

- Plan your study time well in advance and stick to a consistent schedule. Don't make excuses or push it off to the next day!
- Break down your study material into manageable chunks and allocate specific times for each subject or topic.
- Include regular breaks to avoid burnout and keep your mind fresh.

2. Use Active Study Techniques:

- Engage with the material actively by summarizing information in your own words, creating flashcards, or teaching the concepts to someone else.
- Practice past exam papers and sample questions to familiarize yourself with the exam format and identify areas where you need more practice. (Math help services, review packages, ALLOPROF website)
- Use mnemonic devices or visual aids like mind maps to help remember key concepts.

3. Take Care of Your Well-being:

- Ensure you get enough sleep, especially the night before the exam, as rest is crucial for memory and concentration.
- Eat nutritious meals and stay hydrated to keep your energy levels up.
- Incorporate relaxation techniques such as deep breathing, meditation, or light exercise to manage stress and anxiety.



“Procrastination makes easy things hard and hard things harder.” — Mason Cooley;



ATHLETICS

HOME

GUEST



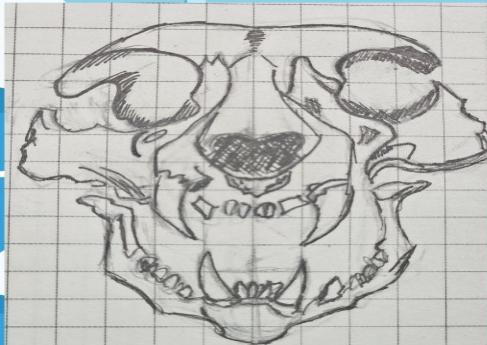
★ STUDENT RECOGNITION ★



Phoenix Students of the Month

Elijah
Ruiz-Der

For your outstanding
contribution
to student life and
active learning.



Gina Ianni
Palarchio

For putting the 'G" in
grit, determination
and attention to
detail.

PROFIL DE L'APPRENANT DE L'IB

Novembre 2025 - COMMUNICATEUR Acquisition de langues (Français)



SECONDAIRE 1	51 - Emily Whitford 52 - Geneviève Manweiller
SECONDAIRE 2	51 - Daniele Settino 52 - Matthew Cutler
SECONDAIRE 3	51 - Kanaya Clayton & Adam McLachlan 52 - Carina Craig
SECONDAIRE 4	51 - Sydney Chicoine 52 - Jeanne Langevin
SECONDAIRE 5	51 - Samuel Gockley 52 - Tia Anzouino





PERFIL DE LA COMUNIDAD DE APRENDIZAJE DEL IB



Noviembre 2025 - MENTALIDAD ABIERTA

Adquisición de lenguas (Español)

2º GRADO DE SECUNDARIA	51 - Aaliyah Jasmine Gamra Ramirez 52 - Eva-Marisa Esposito
3º GRADO DE SECUNDARIA	51 - Leonardo Testa 52 - Alexander Fiorentino





COMMUNICATION SKILLS

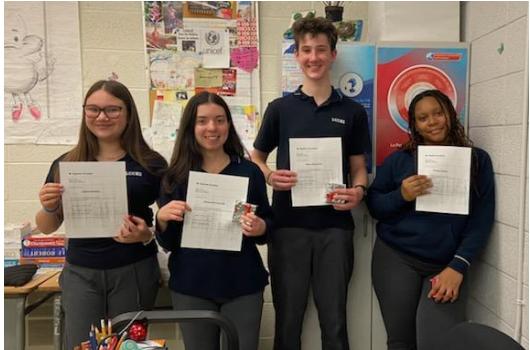
- Exchanging thoughts, messages and information effectively through interaction
- Listen actively to other perspectives and ideas
- Use intercultural understanding to interpret communication

RESEARCH SKILLS

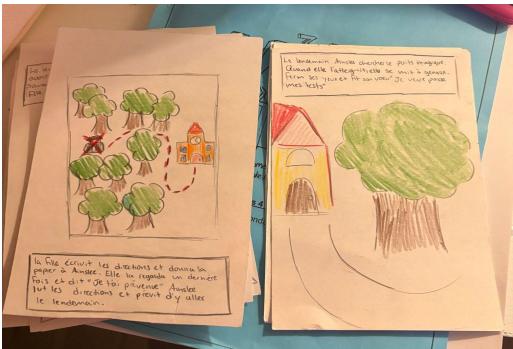
- Collect, record and verify data
- Use a variety of media to communicate with a range of audiences

ATL SKILLS IN ACTION - November 2025

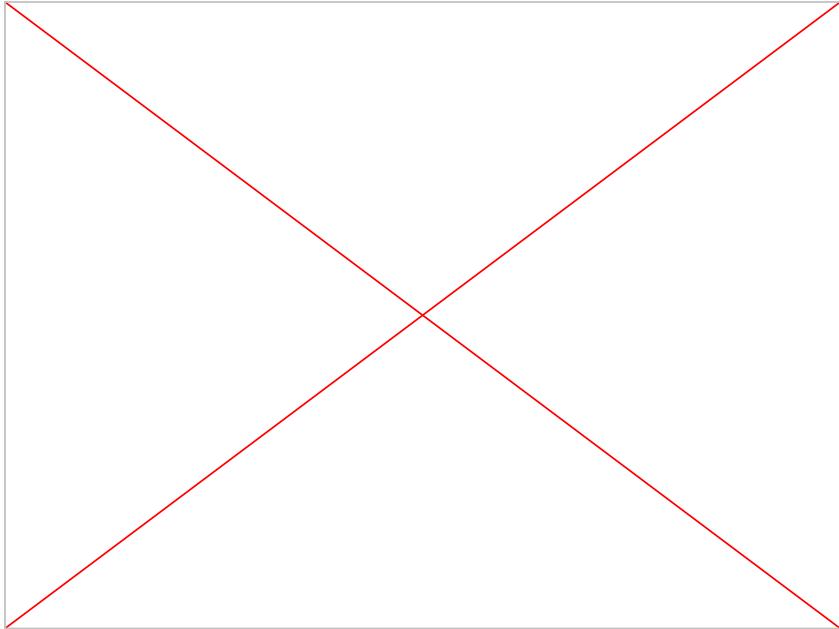
Language Aquisition (French)



MYP Year 3 students created an original urban legend that blended mystery, suspense, and supernatural elements. The text was written in French and presented the characteristics of an urban legend: a realistic setting, unsettling events, a credible tone, as well as an implicit message or warning.



SEC 5 FRENCH COLLABORATION WITH ALLION



COMMUNICATION SKILLS

- Use a variety of speaking techniques to communicate with a variety of audiences



SOCIAL SKILLS

- Help others to succeed
- Listen actively to other perspectives and ideas
- Encourage others to contribute
- Give and receive meaningful feedback



School Activities

Junior Lunchtime Activities

December 15 to December 19



MONDAY

TUESDAY

WEDNESDAY

BOARD GAMES
C211

MINI DAY

THURSDAY

CHESS
INNOVATION ROOM

FRIDAY

MINI DAY

****NOTE****

Limit of 15 students per activity

Please be quiet in hallways

After
School
Activities

LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!



**WEDNESDAY
MINI DAY**