



**LaSalle Community
Comprehensive High
School**

DAILY HOWL

January 8th, 2026 | Day 3

00:30

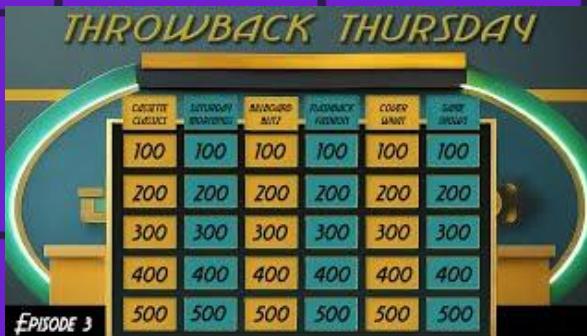
MM Throwback Thursday

Can you name this throwback song?



MM Throwback Thursday

Can you name this throwback song?





Today

Please put your bins in the hallway on
Thursday, January 8, Period 2



INFORMATION MEETING THURSDAY, January 8, 2026
@1:10PM Science Lab



SONIC HOWL

JUNIOR Gender & Sexuality Alliance (GSA)

To all 2SLGBTQI+ students & allies, come join our Gender & Sexuality Alliance (GSA) meetings!

- The GSA is a safe and inclusive space where we can come together to support and celebrate diversity.

Bring your lunch and join us in the library.

Day 3: Junior Lunch

TODAY!



Upcoming

BAKE SALE

The bake sale will take place on

January 9

During Junior lunch and Senior
lunch.

\$1–\$2

FOR PROJET NOVATEUR

FYI and Reminders

Students taking the HISTORY SUPPLEMENTAL EXAM,

Ms. Milton will host exam prep sessions next week:

WHEN:

- Monday, January 12
- Wednesday, January 14
- Friday, January 16
- After school, from 3:40 to 4:40/5:00

WHERE:

- C203 (Ms. Milton's classroom)

We will do a practice exam together, so it would be good to attend all 3 sessions!

Make sure you study beforehand. This is a practice exam session, not a review session.

See Ms. Milton for any questions.

EXAM DATE: MONDAY, JANUARY 19, 9:00 AM - 12:00

PM

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Jan. 8th (Th)

Jan. 13th - 15th (T-Th)

Jan. 20th (T)



Breakfast will be served on Exam Days



LCCHS Mid-Year Exam Schedule

Thursday, January 22nd to Tuesday, January 27th 2026



	Wednesday	Thursday	Friday	Monday	Tuesday
	January 21st	January 22 nd	January 23rd	January 26th	January 27th
AM	Regular scheduled Classes	9am - 12pm: French Exam (grade 7) 9am - 12am: French Exam (grade 8) 9am - 12pm: Social Studies Exam (grade 9) 9am - 12pm: Social Studies Exam (grade 10) 9am - 12pm: French Exam (lecture) (grade 11)	9am - 12pm: Math Exam (grade 7) 9am - 11am: Math Exam (grade 8) 9am - 12pm: Math Exam (grade 9) 9am - 12pm: Math Exam (grade 10) 9am-12pm: Math Exam (grade 11)	9am - 11am: Social Studies Exam (grade 7) 9am-11am: Social Studies Exam (grade 8) 9am - 12pm: French Exam (grade 9) 9am - 12pm: French Exam (grade 10) 9am-12pm: French Exam (grade 11)	9am - 11am: Science Exam (grade 7) 9am-11am: Science Exam (grade 8) 9am - 12pm: Science Exam (grade 9) 9am - 12pm: Science Exam (grade 10) 9am - 12pm: Chemistry (grade 11)
PM		Scheduled tutorials	Scheduled tutorials 1pm - 3pm: Spanish Exam (grade 8)	Scheduled tutorials 1pm - 3pm: Physics (grade 11) 1pm - 3pm: Spanish Exam (grade 9)	

Please note that our school cafeteria will be closed on these days.
There will be NO BUSING for cycle 1 students during exam period

JANUARY MID TERM EXAMS

Reminders

You are responsible for knowing when your exams are.

Locations of the exams will be posted on windows of the Innovation Room the morning of your exam.

If you are more than 30 minutes late, you may not be allowed to write the exam. Please be ON TIME!

If there is an emergency, call the school.

Special accommodations:

Do not go to the exam room.

Cycle 1 (Grades 7–8): Students with a computer or assistive technology should go to the cafeteria on the morning of the exam. Room lists will be posted by the cafeteria doors. For Cycle 2 (Grades 9–11): Class lists will be posted outside the music room.

Please bring wired headphones.



JANUARY MID TERM EXAMS

MORE REMINDERS

- Students are asked to leave all personal belongings including phones and earbuds in their lockers.
- Please go to the washroom before your exam starts. You will only be allowed to leave the classroom with an adult supervisor.
- You must be in **SCHOOL UNIFORM**.
- Neither exam invigilators nor the office will have supplies to lend you. Please bring your own supplies! Borrowing will NOT be permitted.
- Cell phones, smart watches, earbuds are NOT to be used for any reason (not even as calculators or as a watch). Should be left in your locker or at home.
- Students caught with a cell phone/smartwatch during exams will be given a **ZERO**.

Leaving the exams:

- Leave in **SILENCE**.
- Go straight to the mall area or cafeteria.
- Lunch services will not be offered during exams.
- Breakfast will be provided every morning in the cafeteria from 8:30a.m. to 8:50a.m.
- There will be **NO BUSING** for Cycle 1 students on exam days.



YOU GOT THIS!

Exam Reminders

- **Be ON TIME**
- **Belongings stay in your locker.**
- **No phones/smart watches/ earbuds allowed.**
- **Exam rooms posted in front of Innovation room each morning.**
- **Go to the bathroom BEFORE your exam.**

YOU GOT THIS!
BEST OF LUCK!

ERASER



Before sending a student to the office, please always call first. Extension 20309 - Room In the Administration Office.

Text Me!

Confidential and Free Services

- Vaccination
- STI screening and treatment
- Hormonal contraception prescription
 - Emergency contraceptive pill (Plan B, morning-after pill)
 - Pregnancy test
- Free condoms
- Abortion referral/follow-up
- Contraception and STI information

The nurse has NO medication.

YOUTH CLINIC 14 to 24 years old (CLSC LaSalle)
8550 Newman Blvd.
(bus 106, next to Scores)
Make an appointment by visiting the Clic Santé website:
<https://portal3.clicsante.ca/>

EMERGENCY 911
INFO-Santé or INFO-Sociale
811

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 2026			01	02
05	06	07	08 Present Present	09 Present Present
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

You can call me or text me when I am not present in school!

Sabrina James **514-820-9564** sabrina.james.comtl@ssss.gouv.qc.ca

*You can give this number to other students.

Text me!

Nurse will be available

Thursday January 8th
Friday January 9th

**You can text or email her
Info on her door**

Nurse

4%

Lunch Time Activities

Junior Lunchtime Activities

January 5 to January 9



MONDAY

PED DAY

TUESDAY

BOARD GAMES
C211

WEDNESDAY

BOARD GAMES
C211

THURSDAY

FRIDAY

BOARD GAMES
C211

****NOTE****

Limit of 12 students per activity

Please be quiet in hallways

After School Activities

LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

Drama Club

Starting in February

**Develop performance skills
while expressing yourself
through facial and body
language.**

**With Montreal's own actor
TRISTAN LALA**

**Please see Ms. Cassandra for
more information.**



**CRAFTS & CHATS IS CANCELLED UNTIL FURTHER
NOTICE**

THURSDAY

JUNIOR

ROOM C268



DUNGEONS AND DRAGONS

Cooking Club *In the Kitchen*

Mondays

w/ Ms. Cynthia & Ms. Hughes

Tuesdays

w/ Ms. Lynda & Ms. Stephanie

Wednesdays

w/ Ms. Catherine & Ms. Caroline

Thursdays

w/ Ms. Cynthia & Ms. Catherine

A close-up, low-angle shot of a person's hands stirring a dark-colored substance in a black pot on a stove. A large, billowing plume of white steam rises from the pot, filling the frame. The person is wearing a dark t-shirt and a gold ring on their left hand. The background is dark and out of focus.

Bring a container to take some food home.

Weight & Strength Training



**Monday & Wednesday with Mr. Neill & Mr. Lucas
Tuesday & Thursday with Ms. Julia & Mr. Omar**