



**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**January 12th, 2026 | Day 5**

*Motivational Monday*

**SUCCESS IS NOT FINAL;  
FAILURE IS NOT FATAL:  
IT IS THE COURAGE TO CONTINUE  
THAT COUNTS.**

WINSTON S. CHURCHILL



Today

# SENIOR Gender & Sexuality Alliance (GSA)

To all 2SLGBTQI+ students & allies, come join our Gender & Sexuality Alliance (GSA) meetings!

- The GSA is a safe and inclusive space where we can come together to support and celebrate diversity.

**Bring your lunch and join us in  
the library.**

**Day 5: Senior  
Lunch**

**TODAY!**



# Upcoming

# Student Council Meeting

On January 13 , 2026 there will be a meeting at the beg Senior Lunch. We will meet in Miss Kathleen's Room.

# POPCORN SALE



**FRIDAY, JAN 16  
BOTH LUNCHES**





# Volunteering Opportunity



# 2026 St. Patrick's Parade Banner Carriers needed

**Sunday, March 22  
11 am to 4 pm**

- 40 spots
- IB Hours granted

Interested? [tgesto@lbpearson.ca](mailto:tgesto@lbpearson.ca)  
or sign up outside of C-220

# FYI and Reminders

# **Students taking the HISTORY SUPPLEMENTAL EXAM,**

**Ms. Milton will host exam prep sessions next week:**

**WHEN:**

- Monday, January 12
- Wednesday, January 14
- Friday, January 16
- After school, from 3:40 to 4:40/5:00

**WHERE:**

- C203 (Ms. Milton's classroom)

We will do a practice exam together, so it would be good to attend all 3 sessions!

Make sure you study beforehand. This is a practice exam session, not a review session.

See Ms. Milton for any questions.

**EXAM DATE: MONDAY, JANUARY 19, 9:00 AM - 12:00**

**PM**

# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Jan. 8th (Th)

Jan. 13<sup>th</sup> - 15<sup>th</sup> (T-Th)

Jan. 20<sup>th</sup> (T)



Breakfast will be served on Exam Days



## LCCHS Mid-Year Exam Schedule

Thursday, January 22nd to Tuesday, January 27th 2026



	Wednesday	Thursday	Friday	Monday	Tuesday
	January 21st	January 22 <sup>nd</sup>	January 23rd	January 26th	January 27th
AM	<b>Regular scheduled Classes</b>  9am - 12pm: French Exam (grade 7)  9am - 12am: French Exam (grade 8)  9am - 12pm: Social Studies Exam (grade 9)  9am - 12pm: Social Studies Exam (grade 10)  9am - 12pm: French Exam (lecture) (grade 11)	9am - 12pm: Math Exam (grade 7)  9am - 11am: Math Exam (grade 8)  9am - 12pm: Math Exam (grade 9)  9am - 12pm: Math Exam (grade 10)  9am-12pm: Math Exam (grade 11)	9am - 11am: Social Studies Exam (grade 7)  9am-11am: Social Studies Exam (grade 8)  9am - 12pm: French Exam (grade 9)  9am - 12pm: French Exam (grade 10)  9am-12pm: French Exam (grade 11)	9am - 11am: Science Exam (grade 7)  9am-11am: Science Exam (grade 8)  9am - 12pm: Science Exam (grade 9)  9am - 12pm: Science Exam (grade 10)  9am - 12pm: Chemistry (grade 11)	9am - 11am: Science Exam (grade 7)  9am-11am: Science Exam (grade 8)  9am - 12pm: Science Exam (grade 9)  9am - 12pm: Science Exam (grade 10)  9am - 12pm: Chemistry (grade 11)
	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>
PM	Scheduled tutorials	Scheduled tutorials  1pm - 3pm: Spanish Exam (grade 8)	Scheduled tutorials  1pm - 3pm: Spanish Exam (grade 9)	Scheduled tutorials  1pm - 3pm: Physics (grade 11)	

**Please note that our school cafeteria will be closed on these days.**

**There will ONLY BE MORNING BUSING provided for cycle 1 students during exam period**

JANUARY MID TERM EXAMS

# Reminders

**You are responsible for knowing when your exams are.**

**Locations of the exams will be posted on windows of the Innovation Room the morning of your exam.**

**If you are more than 30 minutes late, you may not be allowed to write the exam. Please be ON TIME!**

**If there is an emergency, call the school.**

**Special accommodations:**

**Do not go to the exam room.**

**Cycle 1 (Grades 7–8): Students with a computer or assistive technology should go to the cafeteria on the morning of the exam. Room lists will be posted by the cafeteria doors. For Cycle 2 (Grades 9–11): Class lists will be posted outside the music room.**

**Please bring wired headphones.**



# JANUARY MID TERM EXAMS

## **MORE REMINDERS**

- Students are asked to leave all personal belongings including phones and earbuds in their lockers.
- Please go to the washroom before your exam starts. You will only be allowed to leave the classroom with an adult supervisor.
- You must be in **SCHOOL UNIFORM**.
- Neither exam invigilators nor the office will have supplies to lend you. Please bring your own supplies! Borrowing will NOT be permitted.
- Cell phones, smart watches, earbuds are NOT to be used for any reason (not even as calculators or as a watch). Should be left in your locker or at home.
- Students caught with a cell phone/smartwatch during exams will be given a **ZERO**.

### Leaving the exams:

- Leave in **SILENCE**.
- Go straight to the mall area or cafeteria.
- Lunch services will not be offered during exams.
- Breakfast will be provided every morning in the cafeteria from 8:30a.m. to 8:50a.m.
- There will **ONLY BE MORNING BUSING** for Cycle 1 students on exam days.



**YOU GOT THIS!**

# Exam Reminders

- **Be ON TIME**
- **Belongings stay in your locker.**
- **No phones/smart watches/ earbuds allowed.**
- **Exam rooms posted in front of Innovation room each morning.**
- **Go to the bathroom BEFORE your exam.**

**YOU GOT THIS!**  
**BEST OF LUCK!**

ERASER



# Reminder

Cycle 1 busing for exams  
will be provided in the  
**MORNING** only. Students  
will need to arrange their  
own transportation home.





























































# ATHLETICS

HOME

GUEST



# **Badminton Practice**

## **Bantam + Juvenile Girls**

**MONDAY, January 12th AFTER SCHOOL**



# Lunch Time Activities



Sketching  
w/ Mr. Roger  
@ Jr. Lunch on  
Thursdays

Please see Ms.  
Cassandra if interested

# Junior Lunchtime Activities

January 12 to January 16



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**\*\*NOTE\*\***

BOARD GAMES  
C211

Sketching with Mr. Roger  
will be on Thursdays - soon  
  
Please be quiet in hallways

# After School Activities

# LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

# Drama Club

**Starting in February**

**Develop performance skills  
while expressing yourself  
through facial and body  
language.**

**With Montreal's own actor  
TRISTAN LALA**

**Please see Ms. Cassandra for  
more information.**



**CRAFTS & CHATS IS CANCELLED UNTIL FURTHER  
NOTICE**

# MONDAY

# *Cooking Club* *In the Kitchen*

***Mondays***

*w/ Ms. Cynthia & Ms. Hughes*

***Tuesdays***

*w/ Ms. Lynda & Ms. Stephanie*

***Wednesdays***

*w/ Ms. Catherine & Ms. Caroline*

***Thursdays***

*w/ Ms. Cynthia & Ms. Catherine*

A close-up, low-angle shot of a person's hands stirring a dark-colored substance in a black pot on a stove. A large, billowing plume of white steam rises from the pot, filling the frame. The person is wearing a dark t-shirt and a gold ring on their left hand. The background is dark and out of focus.

Bring a container to take some food home.

# Weight & Strength Training



**Monday & Wednesday with Mr. Neill & Mr. Lucas**  
**Tuesday & Thursday with Ms. Julia & Mr. Omar**



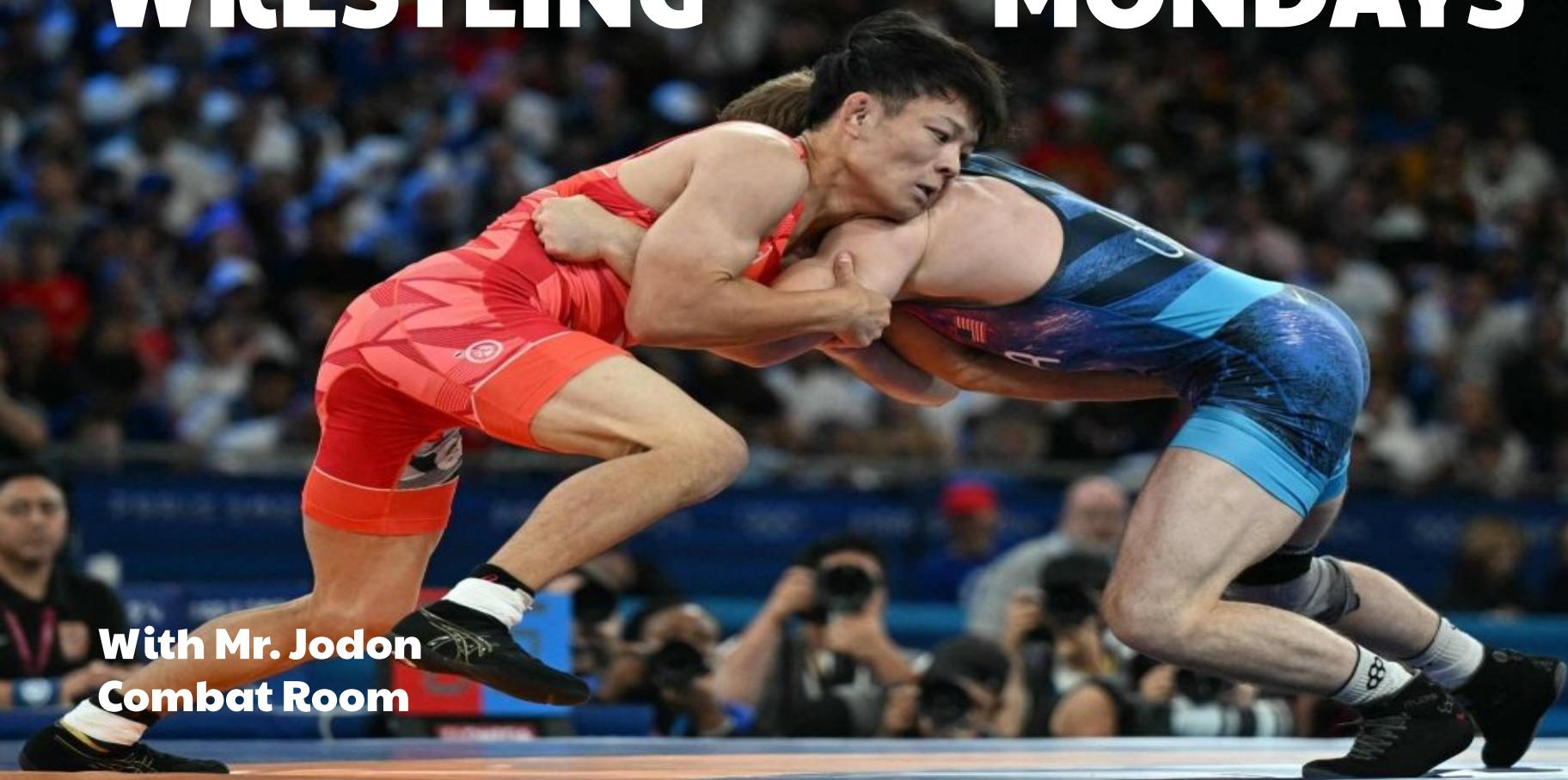
# CURL LOVE

LEARN ALL ABOUT TAKING CARE  
AND STYLING OF YOUR HAIR. ALL  
HAIR TYPES ARE WELCOME.

MONDAYS  
3:45PM - 4:45PM  
WITH MS. RENEE  
THRIVE ROOM

# WRESTLING

# MONDAYS



**With Mr. Jodon**  
**Combat Room**