



**LaSalle Community  
Comprehensive High  
School**

**DAILY HOWL**

**January 14th, 2026 | Day 1**



# WACKY WEDNESDAY



## DID YOU KNOW?

This includes guinea pigs, parrots and other social birds (such as canaries and budgerigars), rabbits, mice and rats, gerbils, goldfish, and ferrets. Swiss animal-welfare laws recognize that some species are naturally social and rely on companionship for their mental and emotional well-being.

In Switzerland, it is illegal to keep certain animals alone.



# Upcoming

# Winter is HERE!!!

**LCCHS WINTER CARNIVAL DAY**  
**February 25, 2026**

**SKIING AND TUBING**

Information and  
permission forms  
available at the office

and C-213



**Forms & payment will be collected started next week!**

**Space is limited!**

# POPCORN SALE

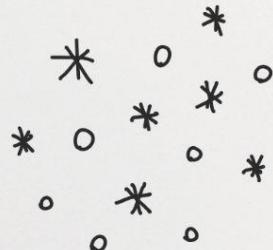


**FRIDAY, JAN 16  
BOTH LUNCHES**



LOVE

# MEDIA ARTS PROGRAM



TO SIGN UP,  
SEE  
MS. JOANNE!



Greater  
than  
anything

LOVE



Helping Your  
Community



# 2026 St. Patrick's Parade Banner Carriers needed

**Sunday, March 22  
11 am to 4 pm**

- 40 spots
- IB Hours granted

Interested? [tgesto@lbpearson.ca](mailto:tgesto@lbpearson.ca)  
or sign up outside of C-220

# FYI and Reminders

Please put your bins in the hallway on  
Thursday, January 15, Period 1



# GUIDANCE COUNSELOR

WELCOME MS. MAVIS

SCHEDULE YOUR  
APPOINTMENT! (EMAIL  
ONLY)



MONDAYS AND TUESDAYS ONLY  
[MTHEYEO2@LBPEARSON.CA](mailto:MTHEYEO2@LBPEARSON.CA)

# **Students taking the HISTORY SUPPLEMENTAL EXAM,**

**Ms. Milton will host exam prep sessions next week:**

**WHEN:**

- Monday, January 12
- Wednesday, January 14
- Friday, January 16
- After school, from 3:40 to 4:40/5:00

**WHERE:**

- C203 (Ms. Milton's classroom)

We will do a practice exam together, so it would be good to attend all 3 sessions!

Make sure you study beforehand. This is a practice exam session, not a review session.

See Ms. Milton for any questions.

**EXAM DATE: MONDAY, JANUARY 19, 9:00 AM - 12:00**

**PM**

# Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Jan. 8th (Th)

Jan. 13<sup>th</sup> - 15<sup>th</sup> (T-Th)

Jan. 20<sup>th</sup> (T)



Breakfast will be served on Exam Days



## LCCHS Mid-Year Exam Schedule

Thursday, January 22nd to Tuesday, January 27th 2026



	Wednesday	Thursday	Friday	Monday	Tuesday
	January 21st	January 22 <sup>nd</sup>	January 23rd	January 26th	January 27th
AM	<b>Regular scheduled Classes</b>  9am - 12pm: French Exam (grade 7) 9am - 12am: French Exam (grade 8) 9am - 12pm: Social Studies Exam (grade 9) 9am - 12pm: Social Studies Exam (grade 10) 9am - 12pm: French Exam (lecture) (grade 11)	9am - 12pm: Math Exam (grade 7) 9am - 11am: Math Exam (grade 8) 9am - 12pm: Math Exam (grade 9) 9am - 12pm: Math Exam (grade 10) 9am-12pm: Math Exam (grade 11)	9am - 11am: Social Studies Exam (grade 7) 9am-11am: Social Studies Exam (grade 8) 9am - 12pm: French Exam (grade 9) 9am - 12pm: French Exam (grade 10) 9am-12pm: French Exam (grade 11)	9am - 11am: Science Exam (grade 7) 9am-11am: Science Exam (grade 8) 9am - 12pm: Science Exam (grade 9) 9am - 12pm: Science Exam (grade 10) 9am - 12pm: Chemistry (grade 11)	9am - 11am: Science Exam (grade 7) 9am-11am: Science Exam (grade 8) 9am - 12pm: Science Exam (grade 9) 9am - 12pm: Science Exam (grade 10) 9am - 12pm: Chemistry (grade 11)
	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>	<b>12- 1:00: extra time</b>
PM	Scheduled tutorials	Scheduled tutorials  1pm - 3pm: Spanish Exam (grade 8)	Scheduled tutorials  1pm - 3pm: Spanish Exam (grade 9)	Scheduled tutorials  1pm - 3pm: Physics (grade 11)	

**Please note that our school cafeteria will be closed on these days.**

**There will ONLY BE MORNING BUSING provided for cycle 1 students during exam period**

JANUARY MID TERM EXAMS

# Reminders

**You are responsible for knowing when your exams are.**

**Locations of the exams will be posted on windows of the Innovation Room the morning of your exam.**

**If you are more than 30 minutes late, you may not be allowed to write the exam. Please be ON TIME!**

**If there is an emergency, call the school.**

**Special accommodations:**

**Do not go to the exam room.**

**Cycle 1 (Grades 7–8): Students with a computer or assistive technology should go to the cafeteria on the morning of the exam. Room lists will be posted by the cafeteria doors. For Cycle 2 (Grades 9–11): Class lists will be posted outside the music room.**

**Please bring wired headphones.**



# JANUARY MID TERM EXAMS

## **MORE REMINDERS**

- Students are asked to leave all personal belongings including phones and earbuds in their lockers.
- Please go to the washroom before your exam starts. You will only be allowed to leave the classroom with an adult supervisor.
- You must be in **SCHOOL UNIFORM**.
- Neither exam invigilators nor the office will have supplies to lend you. Please bring your own supplies! Borrowing will NOT be permitted.
- Cell phones, smart watches, earbuds are NOT to be used for any reason (not even as calculators or as a watch). Should be left in your locker or at home.
- Students caught with a cell phone/smartwatch during exams will be given a **ZERO**.

### Leaving the exams:

- Leave in **SILENCE**.
- Go straight to the mall area or cafeteria.
- Lunch services will not be offered during exams.
- Breakfast will be provided every morning in the cafeteria from 8:30a.m. to 8:50a.m.
- There will **ONLY BE MORNING BUSING** for Cycle 1 students on exam days.



**YOU GOT THIS!**

# Exam Reminders

- **Be ON TIME**
- **Belongings stay in your locker.**
- **No phones/smart watches/ earbuds allowed.**
- **Exam rooms posted in front of Innovation room each morning.**
- **Go to the bathroom BEFORE your exam.**

**YOU GOT THIS!**  
**BEST OF LUCK!**

ERASER



# Reminder

Cycle 1 busing for exams  
will be provided in the  
**MORNING** only. Students  
will need to arrange their  
own transportation home.



# ATHLETICS

HOME

GUEST



## Cadet Girls Futsal

A big congratulations to our Cadet girls futsal team on their first win of the season! In an incredible display of grit, the girls battled back from a 2-0 deficit to secure a dominant **9-5 victory** over Lester B. Pearson High School.

### Player Highlights:

- **Madison Pierson:** Huge shoutout to our replacement keeper for being an absolute wall in net!
- **Mia Ruscitto:** Set the momentum with a beautiful assist for our first goal.
- **Ella Graham-Roache:** An unstoppable performance with an astounding **7 goals!**
- **Eva Esposito & Lilliana Sicoli:** Both found the back of the net to help seal the win.

Way to go, girls! Keep that momentum sliding into the next game!



# JUVENILE BOYS VOLLEYBALL

LCCHS VS LCCHS

Thursday January 15  
4:00 in the Big Gym!



# Lunch Time Activities



UPCOMING  
Sketching  
w/ Mr. Roger  
@ Jr. Lunch on  
Thursdays

Please see Ms.  
Cassandra if  
you are interested



## UPCOMING

**Senior Book Club** at lunch (Tuesdays) with Ms.

Kathleen

*If interested please see Ms. Cassandra*

# BOOK CLUB

# Junior Lunchtime Activities

January 12 to January 16



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**\*\*NOTE\*\***

BOARD GAMES  
C211

Sketching with Mr. Roger  
will be on Thursdays - soon  
  
Please be quiet in hallways

# After School Activities

# LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!



**Crafts  
w/ Ms. Lorine  
Mondays, C132  
Starting February 2nd**

# Drama Club

**Starting in February**

**Develop performance skills  
while expressing yourself  
through facial and body  
language.**

**With LCCHS ALUMNI 's own  
actor**

**TRISTAN LALA**

**Please see Ms. Cassandra for  
more information**



**Session 2 will begin February 2nd.**

**Sign ups will be during both lunches**

**January 28th & 29th**

**More information to come!**

**JEWELRY MAKING WILL START  
AGAIN IN FEBRUARY**

# WEDNESDAY

SENIOR

C269



DUNGEONS AND DRAGONS



# LEARN ABOUT SKINCARE & MAKEUP WITH MS. NESRINE WEDNESDAYS ROOM B217



# COME ONE, COME ALL

## WEDNESDAYS, MUSIC ROOM

Guitarists, bassists, drummers, keyboardists, sax-ists (is that a word?!?), didgeridoo players, and SINGERS!

All instruments welcome—bring yours or use ours.

VOICE IS AN INSTRUMENT too, but singers must bring their own!

MICROPHONE SING and PLAY your favorite songs! GUITAR

The repertoire will depend on the taste of the players—all styles welcome!





# Weight & Strength Training



**Monday & Wednesday with Mr. Neill & Mr. Lucas  
Tuesday & Thursday with Ms. Julia & Mr. Omar**

# *Cooking Club* *In the Kitchen*

***Mondays***

*w/ Ms. Cynthia & Ms. Hughes*

***Tuesdays***

*w/ Ms. Lynda & Ms. Stephanie*

***Wednesdays***

*w/ Ms. Catherine & Ms. Caroline*

***Thursdays***

*w/ Ms. Cynthia & Ms. Catherine*

A close-up, low-angle shot of a person's hands stirring a dark substance in a black pot on a stove. A large, billowing plume of white steam rises from the pot, filling the frame. The person is wearing a dark t-shirt and a gold ring on their left hand. The background is dark and out of focus.

Bring a container to take some food home.