



LaSalle Community
Comprehensive High
School

DAILY HOWL

LC CHS

February 2nd, 2026 | Day 3

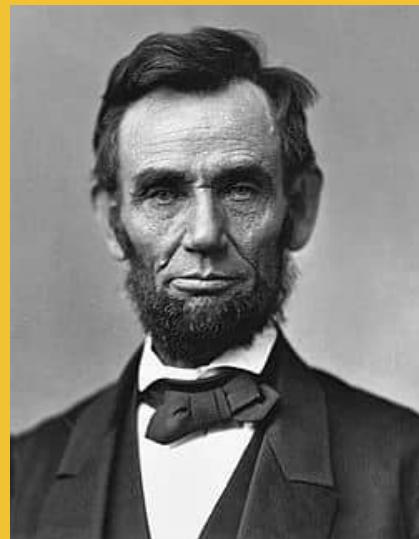
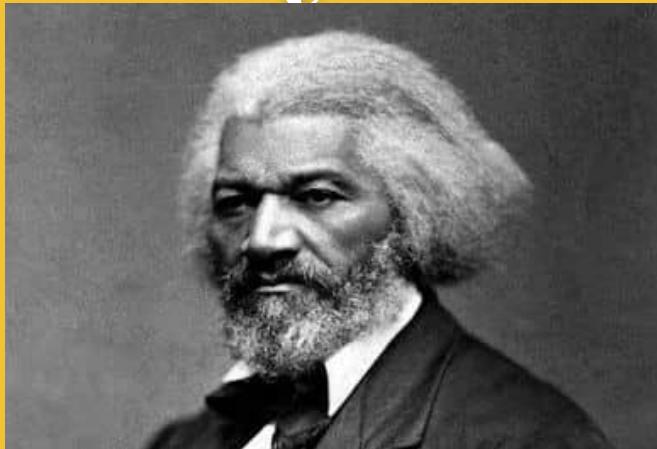
Motivational Monday

“When we’re talking about diversity, it’s not a box to check. It is a reality that should be deeply felt and held and valued by all of us.”

**—AVA DUVERNAY,
FILMMAKER AND
CULTURE-SHIFTER**



Why Is Black History Month in February?



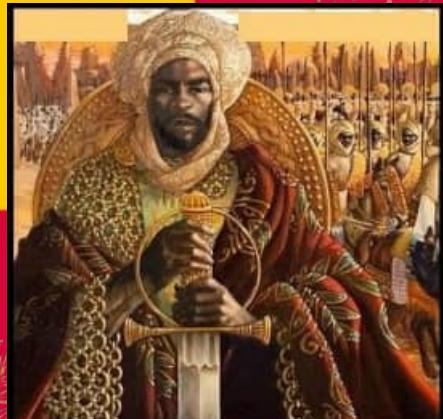
Maya Angelou (1928-2014)

Maya Angelou was an African-American woman born in St. Louis, Missouri. She was a poet, author, actor, and activist, best known for her civil rights work with Dr. Martin Luther King Jr. and Malcolm X. She also helped plan the Organization of Afro-American Unity and received the NAACP Springarn Medal in 1994.



Empire Of Mali

The Mali empire (C. 1226 to 1610) is best known for Mansa Musa and his wealth. The empire was once the biggest empire in west africa. The empire had vast amounts of gold from trades with other nations. Their currency was mostly gold and salt. At their largest the Mali empire occupied 1,300,000 km² which is equivalent to France, Germany and the UK.





Today

JUNIOR Gender & Sexuality Alliance (GSA)

To all 2SLGBTQI+ students & allies, come join our Gender & Sexuality Alliance (GSA) meetings!

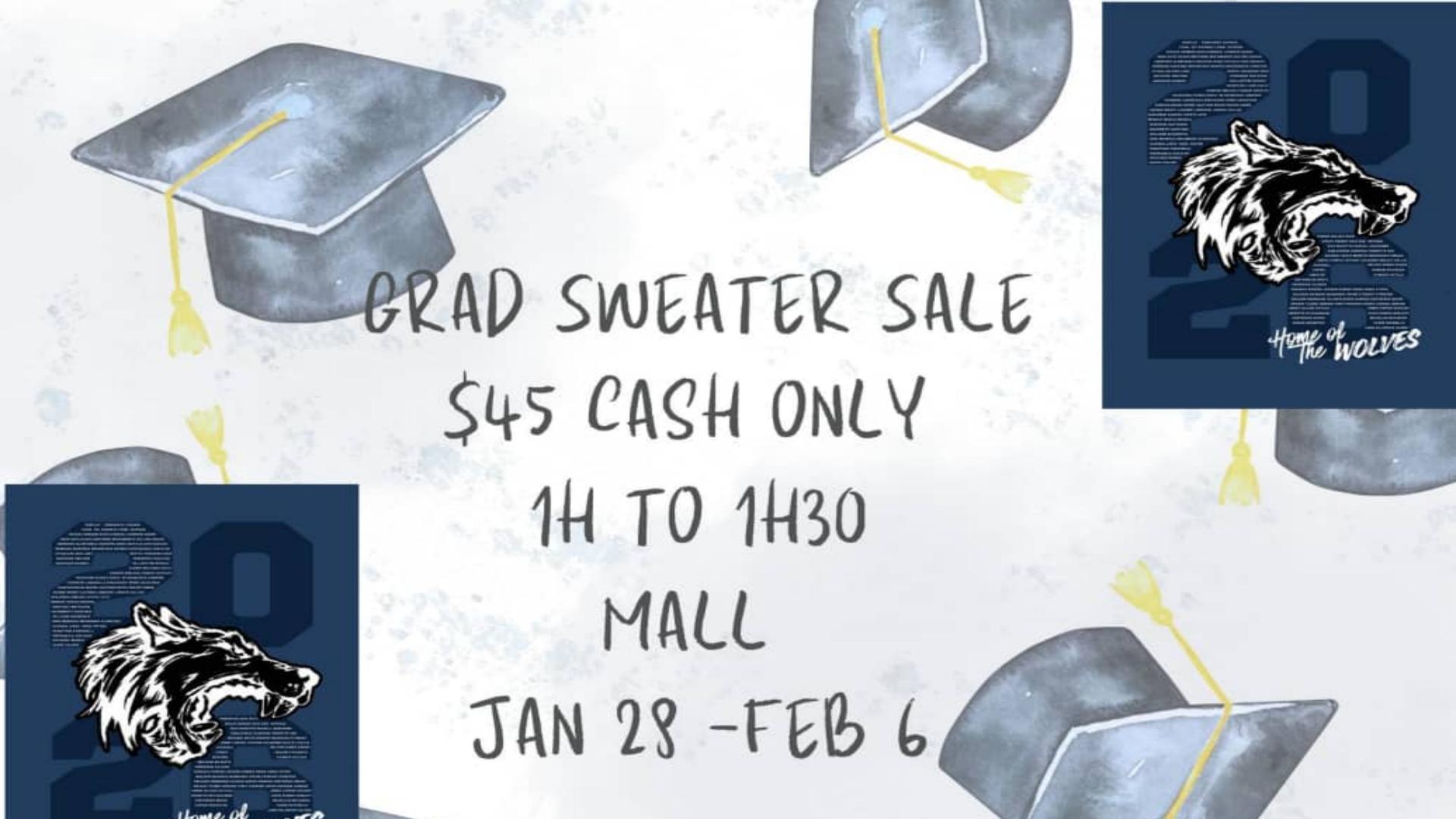
- The GSA is a safe and inclusive space where we can come together to support and celebrate diversity.

Bring your lunch and join us in the library.

Day 3: Junior Lunch

TODAY!





GRAD SWEATER SALE

\$45 CASH ONLY

1H TO 1H30

MALL

JAN 28 - FEB 6



Home of
The WOLVES



Not sure what you
want to do after
high school?

★ **DISCOVER VACC!** ★

February 2nd

**LUNCH
TIME**

12:48 - 1:40

Programs

Professional Sales
Plumbing and Heating
General Building Maintenance
Information Technology Support
Residential & Commercial Drafting

Why Choose Us?

Hands-On Experience
Expert Guidance
Skilled trades & career pathways



vacc@lbpearson.ca



514-798-0405



[www.lbpearson.ca/vacc/](https://lbpearson.ca/vacc/)

Upcoming

INFORMATION MEETING TUESDAY, FEBRUARY 3, 2026
@1:10PM Science Lab



SONIC HOWL

LOVE

MEDIA ARTS PROGRAM



TO SIGN UP,
SEE
MS. JOANNE!

Photography
Group discussions
Creative Writing
Arts & Crafts
Safe Space
FREE SNACKS!

FOR STUDENTS
IN GRADE 9



Starts March 12
for 10 weeks
On Thursdays,
during Period 2

Greater
than
anything

LOVE

School Trips



Information



MEETING WEDNESDAY, FEBRUARY 3, 2026 @ 1:10PM
SHARP - Location:TBD (Auditorium/Combat Room)





Helping Your
Community

Course et marche populaires de LaSalle

Community and Service opportunity



Date: Sunday, March 29, 2026

Time: 7:00 a.m. to 11:30 a.m.–12:00 p.m.



Location:

Pearson Adult and Career Center (PACC)
8310 Georges Street, LaSalle

Meeting Area:

PACC Cafeteria

All the information is posted in your **MYP Google Classroom**. Please make sure to review it **before emailing me to confirm your participation**.



Mme B.
kbaillargeon@lbpearson.ca

2026 St. Patrick's Parade

Banner Carriers needed

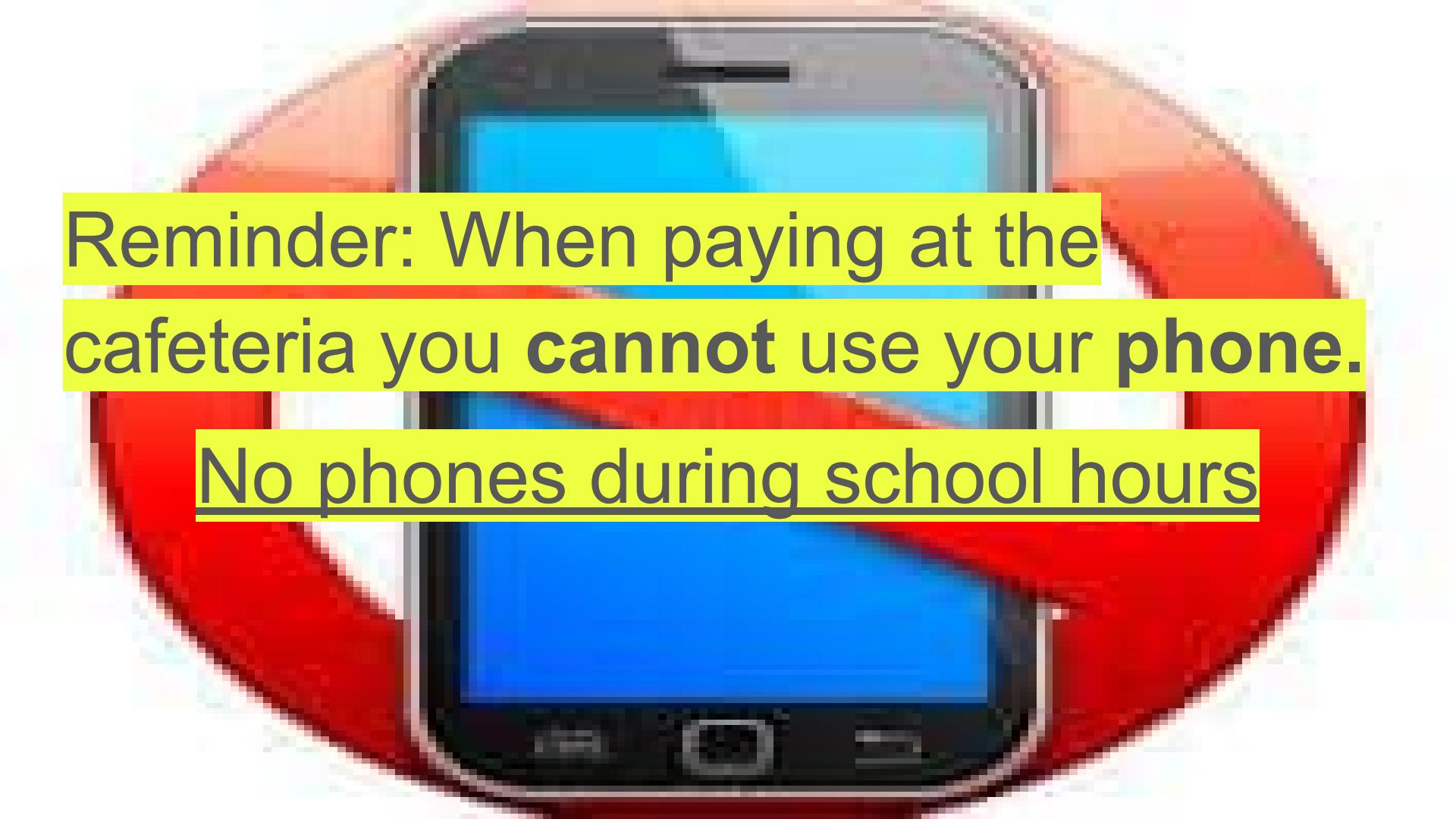
Sunday, March 22
11 am to 4 pm

- 40 spots
- IB Hours granted

Interested? tgesto@lbpearson.ca
or sign up outside of C-220

A vibrant collage of school supplies on a yellow background. It includes a green triangle ruler, a yellow pencil, a blue pencil, a pink notepad with yellow pushpins, a blue calculator, a yellow pushpin, a blue and yellow highlighter, a blue and yellow eraser, a red protractor, a blue and yellow pencil, a blue and yellow notepad, a blue and yellow calculator, and a blue and yellow ruler. A blue and yellow notepad is prominently displayed in the center, tilted diagonally.

FYI and Reminders



Reminder: When paying at the
cafeteria you **cannot** use your **phone**.

No phones during school hours

GUIDANCE COUNSELOR

WELCOME MS. MAVIS

SCHEDULE YOUR
APPOINTMENT! (EMAIL
ONLY)



MONDAYS AND TUESDAYS ONLY
MTHEYEO2@LBPEARSON.CA

Lunch Time Activities

Come join us in the innovation room



Board Games available during
JR and SR Lunch

Junior Lunchtime Activities

January 26 to January 30



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NOTE

PED DAY

BOARD GAMES
C211

Please be quiet in hallways



**PLEASE HAVE A CHANGE OF
CLOTHES OTHERWISE YOU MAY
NOT BE LET IN**

**OPEN WEIGHT ROOM
TUESDAY
1-130pm
SENIOR LUNCH**

After School Activities

LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

After school activities that are still available to sign up for:

Check following slides

See Ms. Cassandra in the morning, during your lunch, or
after school - NOT IN BETWEEN CLASSES

THE VOICE LAB

with Ms. Caroline
Tuesdays

Start in Cafeteria - Auditorium

A person with dark hair and glasses is singing into a black microphone. The background is a warm, orange-yellow color, creating a cozy and intimate atmosphere. The person's profile is visible, showing their mouth open as they sing.

Your voice, your vibe! No pressure just music. Sing, perform, belong!

All skill levels welcome, just bring your voice!



*Jewellery Making & Design
Wednesdays - Thrive Room*

Cooking Club

In the Kitchen

Wednesdays
w/ Ms. Catherine & Ms. Caroline

A close-up, low-angle shot of a person's hands stirring a pot on a stove. A large, billowing plume of white steam rises from the pot, filling the upper right portion of the frame. The person is wearing a dark, long-sleeved shirt. The background is dark and out of focus.

Bring a container to take some food home.



Crafts
w/ Ms. Lorine
Mondays, C132
SIGN UPS THURSDAY JAN
29TH

Drama Club

Starting in February

**Develop performance skills
while expressing yourself
through facial and body
language.**

**With LCCHS ALUMNI 's own actor
TRISTAN LALA**

SIGN UP WEDNESDAY JAN 28TH



**Drama Club
cancelled today!!!**

MONDAY



The Creative Drip
w/ Ms. Lorine
Mondays, C132
Starting February 2nd

Cooking Club *In the Kitchen*

Mondays

w/ Ms. Cynthia & Ms. Hughes

Tuesdays

w/ Ms. Lynda & Ms. Stephanie

Wednesdays

w/ Ms. Catherine & Ms. Caroline

Thursdays

w/ Ms. Cynthia & Ms. Catherine

A close-up, low-angle shot of a person's hands stirring a pot on a stove. A large, billowing plume of white steam rises from the pot, filling the frame. The person is wearing a dark, short-sleeved shirt. The background is dark and out of focus.

Bring a container to take some food home.

Weight & Strength Training



**Monday & Wednesday with Mr. Neill & Mr. Lucas
Tuesday & Thursday with Ms. Julia & Mr. Omar**

CURL LOVE



LEARN ALL ABOUT TAKING CARE
AND STYLING OF YOUR HAIR. ALL
HAIR TYPES ARE WELCOME.

MONDAYS
3:45PM - 4:45PM
WITH MS. RENEE
THRIVE ROOM

WRESTLING

MONDAYS



With Mr. Jodon

Combat Room