

The image shows the exterior of a school building with a grey, textured facade and brick accents. A large blue circle is overlaid in the center, containing text. A Canadian flag is visible on the left side of the building.

LaSalle Community Comprehensive High School

DAILY HOWL

February 5th, 2026 | Day 6 Mini-day

00:30

Throwback Thursday

Can you guess the 90s R & B intro?



Throwback Thursday

Can you guess the 90s R & B intro?



Empire Of Zimbabwe



The Empire of Zimbabwe (c. 1200-1600) was roughly 50,000 km² and occupied modern day Zimbabwe and parts of south africa, Mozambique, Zambia and Botswana. The economy was mostly sustained on agriculture, cattle rearing and on trade routes through the goldfields of the Zimbabwe plateau.

Viola Desmond (1914-1965)

Viola Desmond was a black civil rights activist and businesswoman. She is well known for her bravery and resilience.

In 1964 she was arrested and jailed overnight for sitting in a white only zone. Despite being told to move she refused. In 2018 she was introduced to the 10\$ bill





*Thank you to
our teachers and staff*

Staff Appreciation Week
February 9th until February 13th

THANK YOU FOR YOUR DEDICATION!
WE APPRECIATE YOU!
THANK YOU FOR ALL THAT YOU DO!



Today



LCCHS WINTER CARNIVAL DAY



February 25, 2026

SKIING AND TUBING



A FEW SPOTS STILL REMAINING!!!

SIGN UP ASAP!!!

See MS. VARINSKY in C213





GRAD SWEATER SALE

\$45 CASH ONLY

1H TO 1H30

MALL

JAN 28 - FEB 6



Upcoming

February is worlds international heart month

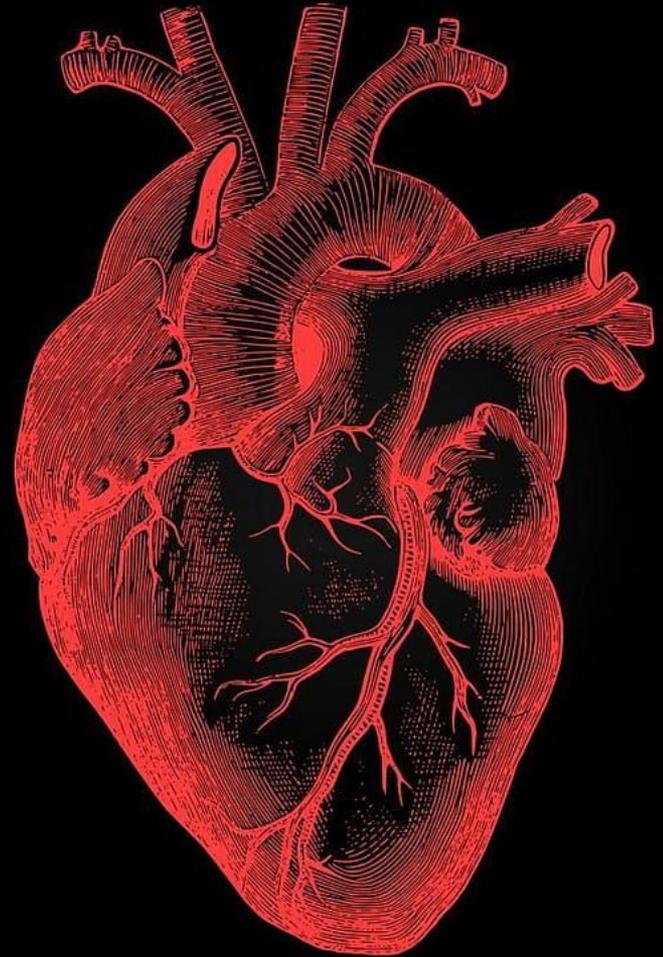
On February 13th we will have a Valentines dress down day.
(Red, Pink and white colours)
All the money will go to the
Fondation En Coeur

“ 1 in 100 children are born with a heart disease or defect that will require medical care” “we have a mission of helping children with congenital heart disease and their families by offering them information and support services.” fondation en coeur



[Your donation, your way to make a difference](#)
[- Site web](#)

With your help this fondation can help many
people



Pink Shirt day

Wear a pink shirt and
school uniform pants
To raise awareness of
bullying!

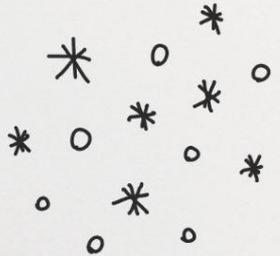
February 25th
Tuesday



Stop bullying!!!

LOVE

MEDIA ARTS PROGRAM



TO SIGN UP,
SEE
MS. JOANNE!

Photography
Group discussions
Creative Writing
Arts & Crafts
Safe Space
FREE SNACKS!



FOR STUDENTS
IN **GRADE 9**



Starts March 12
for 10 weeks
On **Thursdays**,
during **Period 2**



Helping Your
Community

Course et marche populaires de LaSalle Community and Service opportunity

Date: Sunday, March 29, 2026

Time: 7:00 a.m. to 11:30 a.m.–12:00 p.m.

Location:

Pearson Adult and Career Center (PACC)
8310 Georges Street, LaSalle

Meeting Area:

PACC Cafeteria

All the information is posted in your **MYP Google Classroom**. Please make sure to review it **before emailing me to confirm your participation**.



Mme B.

kbaillargeon@lbpearson.ca



by Charles Prevost



**2026 St. Patrick's Parade
Banner Carriers needed
Sunday, March 22
11 am to 4 pm**

- 
- 
- 40 spots
 - IB Hours granted

Interested? tgesto@lbpearson.ca
or sign up outside of C-220



ATHLETICS

HOME

GUEST



CONGRATULATIONS

TO OUR BANTAM BOYS FUTSAL TEAM!

The team played an **AMAZING** game against Royal Vale, tying the game 5-5.

Special shout outs to

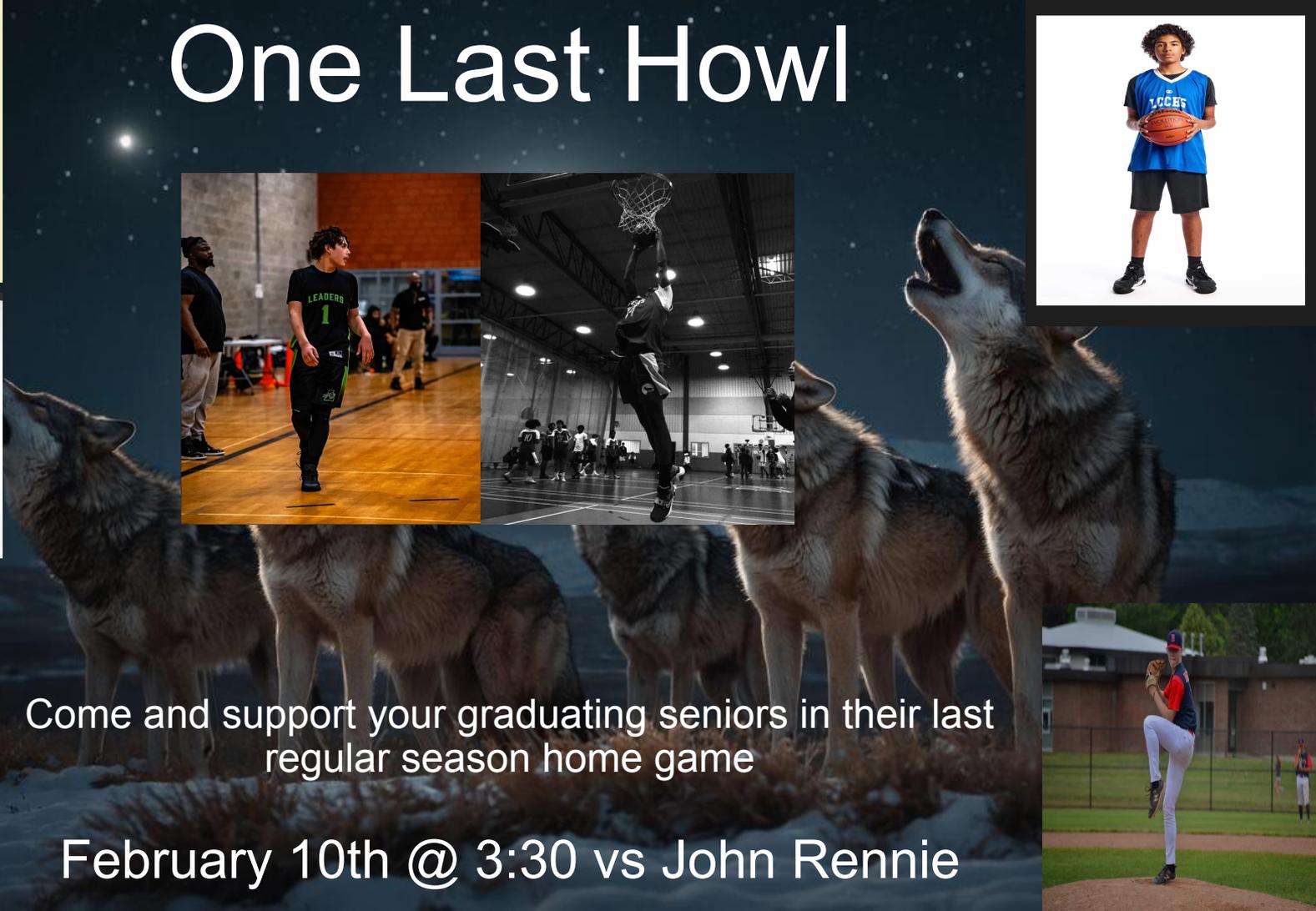
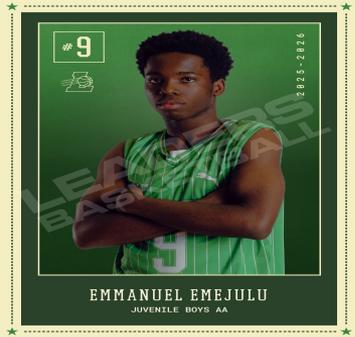
Kaleb Durant for his 1 goal, **Isaiah Mandunya** for his 1 goal + 1 assist,
Franco Mendolia for his 2 goals + 1 assist, **Agostino Toppeta** for his 1 goal,
and **Tristan Riley** for his 3 assists!

Shout out to **Matthew Cutler**, **Kayson Doherty-Macnicoll**, **Joey Lopes**,
Solomon Ofere, and **Kyle Ottoni-Savage** for playing a great game!

You made LCCHS proud!
Way to go, boys!



One Last Howl



Come and support your graduating seniors in their last regular season home game

February 10th @ 3:30 vs John Rennie



Players Graduating

Kaiylon Parks

Jaxen Bustamante

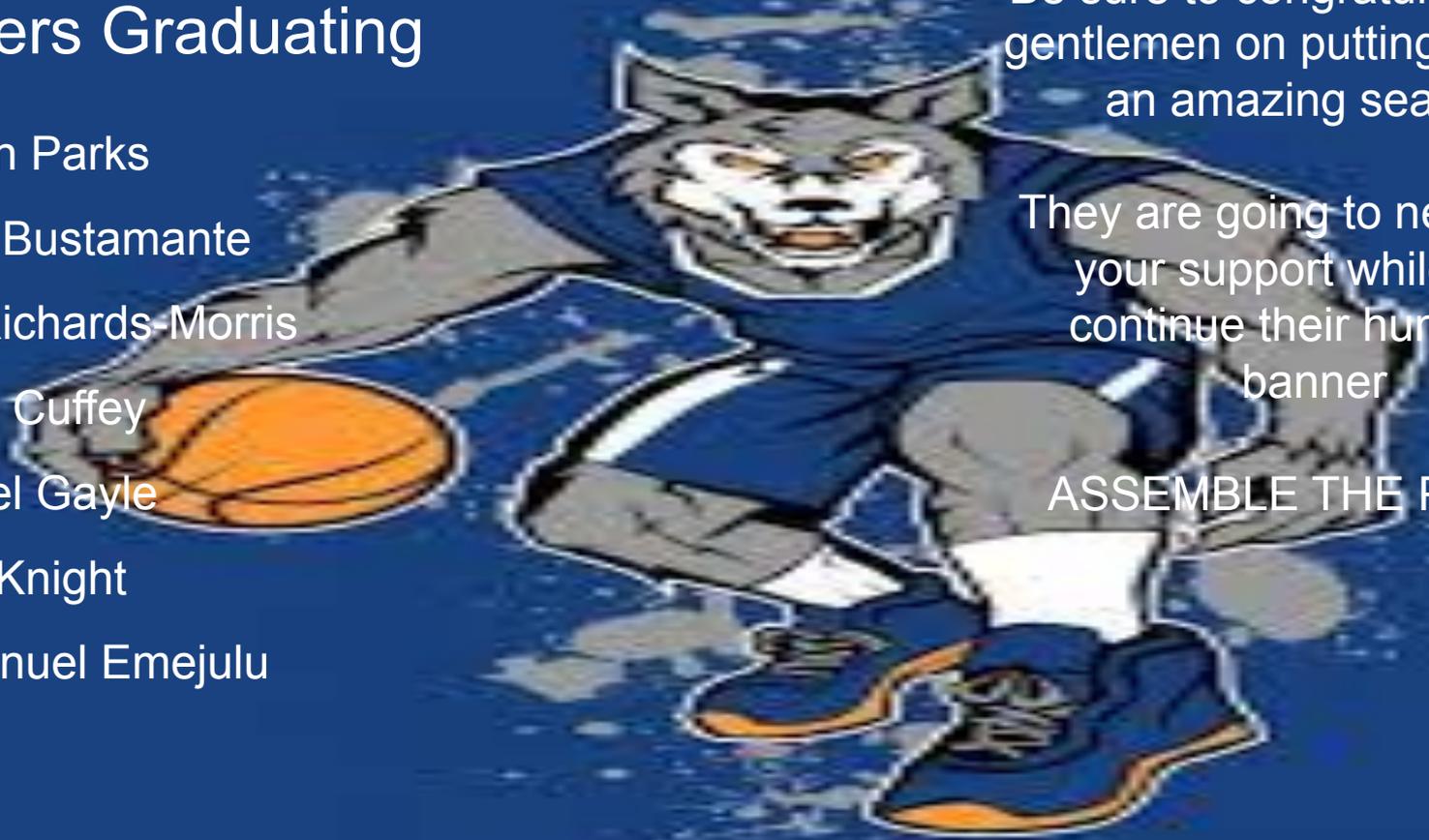
Zion Richards-Morris

Jaylen Cuffey

Samuel Gayle

Blake Knight

Emmanuel Emejulu



Be sure to congratulate these gentlemen on putting together an amazing season!

They are going to need all of your support while they continue their hunt for a banner

ASSEMBLE THE PACK!!!



**FYI and
Reminders**

SPC cards go on sale again on February 19th during SENIOR lunch

only \$10

Tim Hortons has been added to the list.



**Get SPC
for only
10 bucks**

from our high school

Save on your favourite brands all year

 |  |  | 

 |  |  |  | 

& many more

Card is valid for
1 year!
Lots of savings!

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Feb. 3rd, (T)

Feb. 10th - 12th (T-Th)

Feb. 17th - 19th (T-Th)

Feb. 24th - 26th (T-Th)



February 2026



Before sending a student to the office, please always call first. Extension 20309 - Room In the Administration Office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05 AM Present PM Present	06 AM Present PM Present

Confidential and Free Services

- Vaccination
- STI screening and treatment
- Hormonal contraception prescription
- Emergency contraceptive pill (Plan B, morning-after pill)
- Pregnancy test
- Free condoms
- Abortion referral/follow-up
- Contraception and STI information

The nurse has NO medication.

YOUTH CLINIC 14 to 24 years old (CLSC LaSalle)
8550 Newman Blvd.
(bus 106, next to Scores)
Make an appointment by visiting the Clic Santé website:
<https://portal3.clicsante.ca/>

EMERGENCY 911
INFO-Santé or INFO-Sociale
811

Text Me!

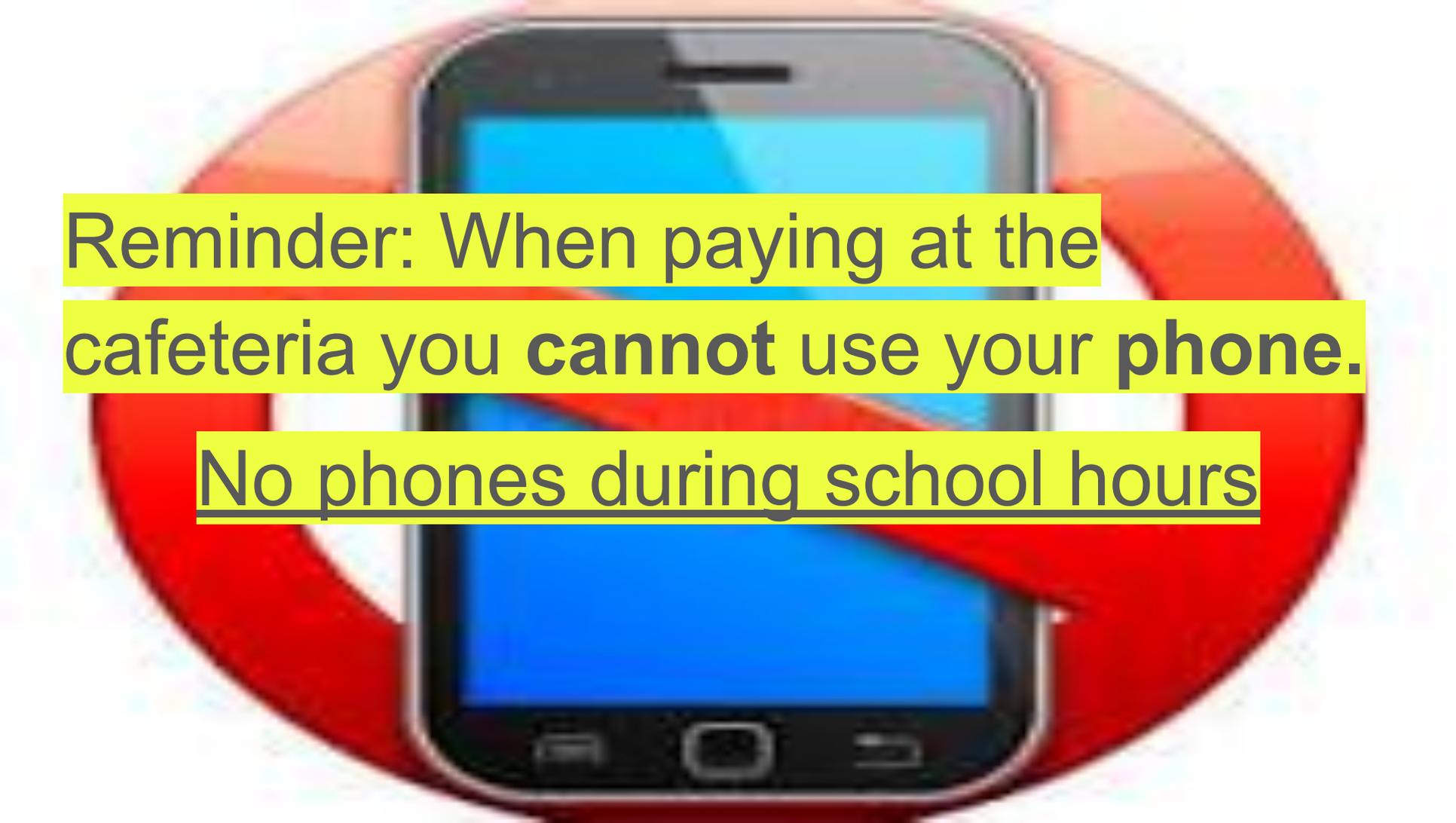
You can call me or text me when I am not present in school!

Sabrina James 514-820-9564 sabrina.james.comtl@ssss.gouv.qc.ca

*You can give this number to other students.

Nurse

4%



Reminder: When paying at the cafeteria you **cannot** use your **phone**.

No phones during school hours

GUIDANCE COUNSELOR

WELCOME MS. MAVIS

SCHEDULE YOUR
APPOINTMENT! (EMAIL
ONLY)



MONDAYS AND TUESDAYS ONLY

MTEYEO2@LBPEARSON.CA



**Lunch
Time
Activities**

Come join us in the innovation room



Lounging area and games available during

JR and SR Lunch

Junior Lunchtime Activities

January 26 to January 30



MONDAY

TUESDAY

WEDNESDAY

**BOARD GAMES
C211**

**BOARD GAMES
C211**

THURSDAY

FRIDAY

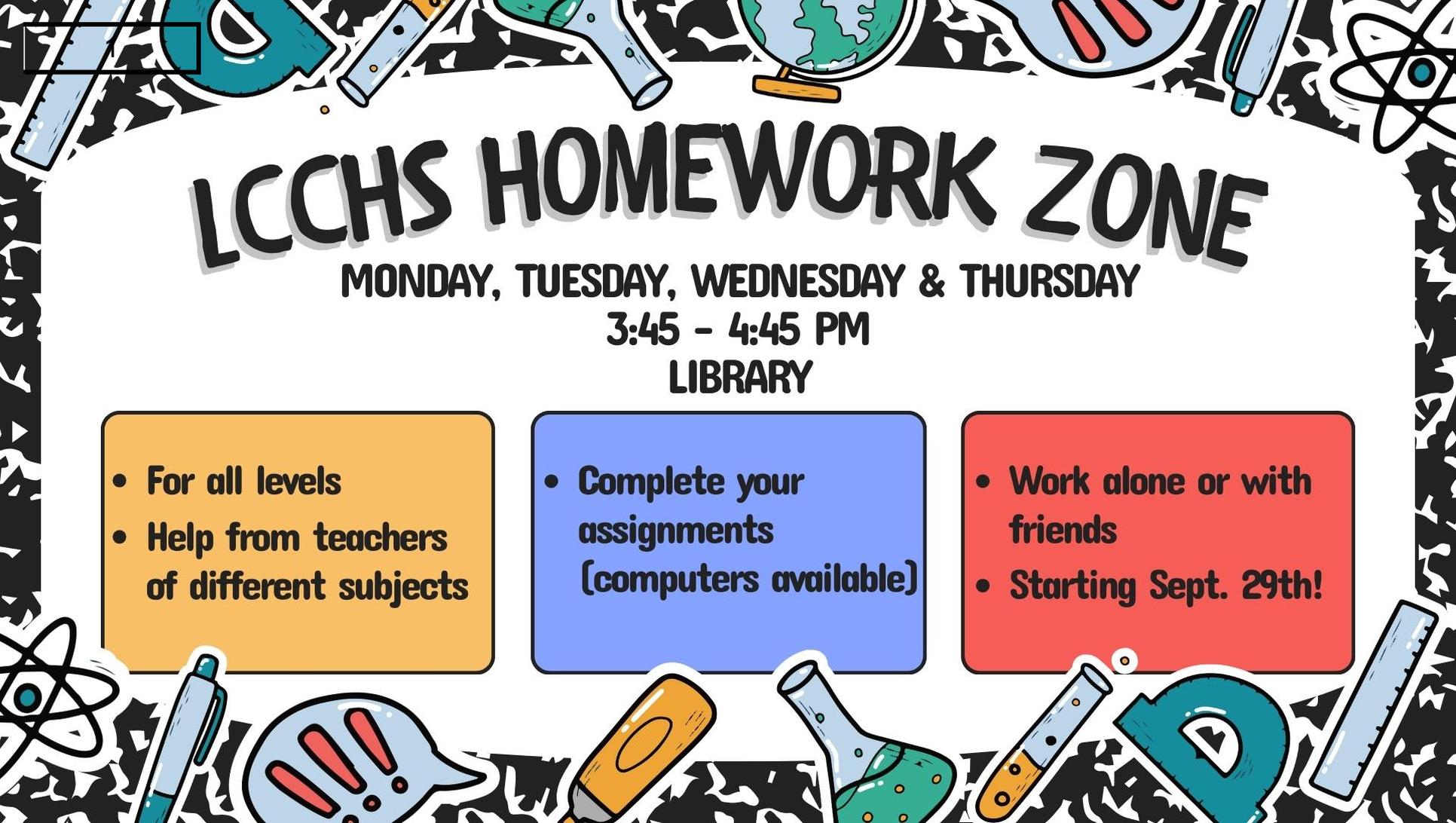
****NOTE****

PED DAY

**BOARD GAMES
C211**

Please be quiet in hallways

**After
School
Activities**



LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

After school activities that are still available to sign up for:

Check following slides

**See Ms. Cassandra in the morning, during your lunch, or
after school - NOT IN BETWEEN CLASSES**

THE VOICE LAB

A person with glasses and a star-shaped earring is shown in profile, singing into a microphone. The background is a warm, orange glow.

with Ms. Caroline

Tuesdays

Start in Cafeteria - Auditorium

Your voice, your vibe! No pressure just music. Sing, perform, belong!

All skill levels welcome, just bring your voice!



*Jewellery Making & Design
Wednesdays - Thrive Room*

A person in a dark, patterned shirt is holding a small black pot with a long handle. In the background, a larger stainless steel pot is on a stove, with thick white steam rising from it. The scene is dimly lit, focusing on the person's hands and the steam.

Cooking Club *In the Kitchen*

Wednesdays
w/ Ms. Catherine & Ms. Caroline

Bring a container to take some food home.

A high-angle photograph of a pottery workshop. Several people are seated around a long, light-colored wooden table. The table is cluttered with various pottery-making supplies: wooden rolling pins, small plastic containers filled with different colored glazes (white, brown, yellow), brushes, and pieces of pottery. Some people are actively working on their pieces, while others are observing. The scene is brightly lit, suggesting an outdoor or well-lit indoor setting. The overall atmosphere is one of creative activity and shared learning.

**The Creative Drip
w/ Ms. Lorine
Mondays, C132**

DRAMA CLUB

MONDAYS

**Develop performance skills
while expressing yourself
through facial and body
language.**

**With LCCHS ALUMNI 's own actor
TRISTAN LALA**



步步惊心



**THURSDAY
MINI DAY
NO ACTIVITIES**