



**LaSalle Community
Comprehensive High
School**

DAILY HOWL

February 6th, 2026 | Day 1



*Thank you to
our teachers and staff*

Staff Appreciation Week
February 9th until February 13th

THANK YOU FOR YOUR DEDICATION!
WE APPRECIATE YOU!
THANK YOU FOR ALL THAT YOU DO!



DAISY BATES; CIVIL RIGHTS LEADER, "LITTLE ROCK HERO"

Daisy was born in Huttig, Arkansas in 1914, she grew up in a foster home. Her mother was killed in a act of racism when she was young which left an emotional imprint on her and pushed her to fight against racial injustice throughout her life.

She started one of the only African American news papers solely dedicated to the Civil Rights Movement, *The Arkansas Weekly*, which was circulated state wide.

For many years she also served as the president of the arkansas chapter of the NAACP (National Association for the Advancement of Colored People)

Her work transformed the Civil Rights Movement and made Bates a household name.



The image features a vibrant, multi-colored background. A central teal banner with a white dashed border is tilted and contains the word "Today" in a bold, rounded, multi-colored font. The letters are: 'T' (green), 'o' (pink), 'd' (orange), 'a' (purple), and 'y' (purple). The banner is layered over a light green shape on the left and a purple shape at the bottom. The entire composition is set against a dark blue background with a white dashed border.

Today



LCCHS WINTER CARNIVAL DAY



February 25, 2026

SKIING AND TUBING



A FEW SPOTS STILL REMAINING!!!

SIGN UP ASAP!!!

See MS. VARINSKY in C213





GRAD SWEATER SALE

\$45 CASH ONLY

1H TO 1H30

MALL

JAN 28 - FEB 6



Upcoming

February is worlds international heart month

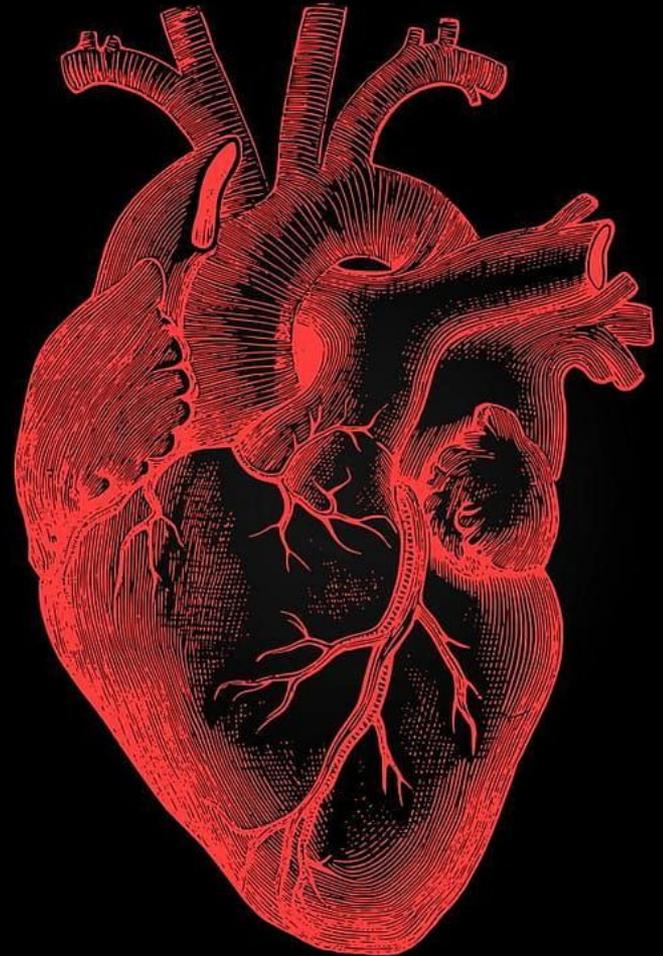
On February 13th we will have a Valentines dress down day.
(Red, Pink and white colours)
All the money will go to the
Fondation En Coeur

“ 1 in 100 children are born with a heart disease or defect that will require medical care” “we have a mission of helping children with congenital heart disease and their families by offering them information and support services.” fondation en coeur



[Your donation, your way to make a difference](#)
[- Site web](#)

With your help this fondation can help many
people



Pink Shirt day

Wear a pink shirt and
school uniform pants
To raise awareness of
bullying!

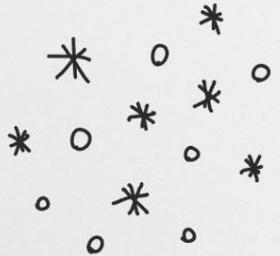
Tuesday, February 24th



Stop bullying!!!

LOVE

MEDIA ARTS PROGRAM



TO SIGN UP,
SEE
MS. JOANNE!

Photography
Group discussions
Creative Writing
Arts & Crafts
Safe Space
FREE SNACKS!



FOR STUDENTS
IN GRADE 9



Starts March 12
for 10 weeks
On Thursdays,
during Period 2

School Trips



Information



Quebec City Trip Meeting

There will be a meeting for all students going to Quebec City on **Tuesday, February 10th at 3:45** in Mr. Abracen's room, **B219**. All students on the trip are expected to attend.



Helping Your
Community

Course et marche populaires de LaSalle Community and Service opportunity

Date: Sunday, March 29, 2026

Time: 7:00 a.m. to 11:30 a.m.–12:00 p.m.

Location:

Pearson Adult and Career Center (PACC)
8310 Georges Street, LaSalle

Meeting Area:

PACC Cafeteria

All the information is posted in your **MYP Google Classroom**. Please make sure to review it **before emailing me to confirm your participation**.



Mme B.

kbaillargeon@lbpearson.ca



by Charles Prevost



2026 St. Patrick's Parade Banner Carriers needed Sunday, March 22 11 am to 4 pm

- 
- 
- 40 spots
 - IB Hours granted

Interested? tgesto@lbpearson.ca
or sign up outside of C-220



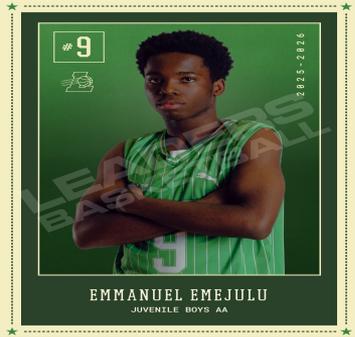
ATHLETICS

HOME

GUEST



One Last Howl



Come and support your graduating seniors in their last regular season home game

February 10th @ 3:30 vs John Rennie



Players Graduating

Kaiylon Parks

Jaxen Bustamante

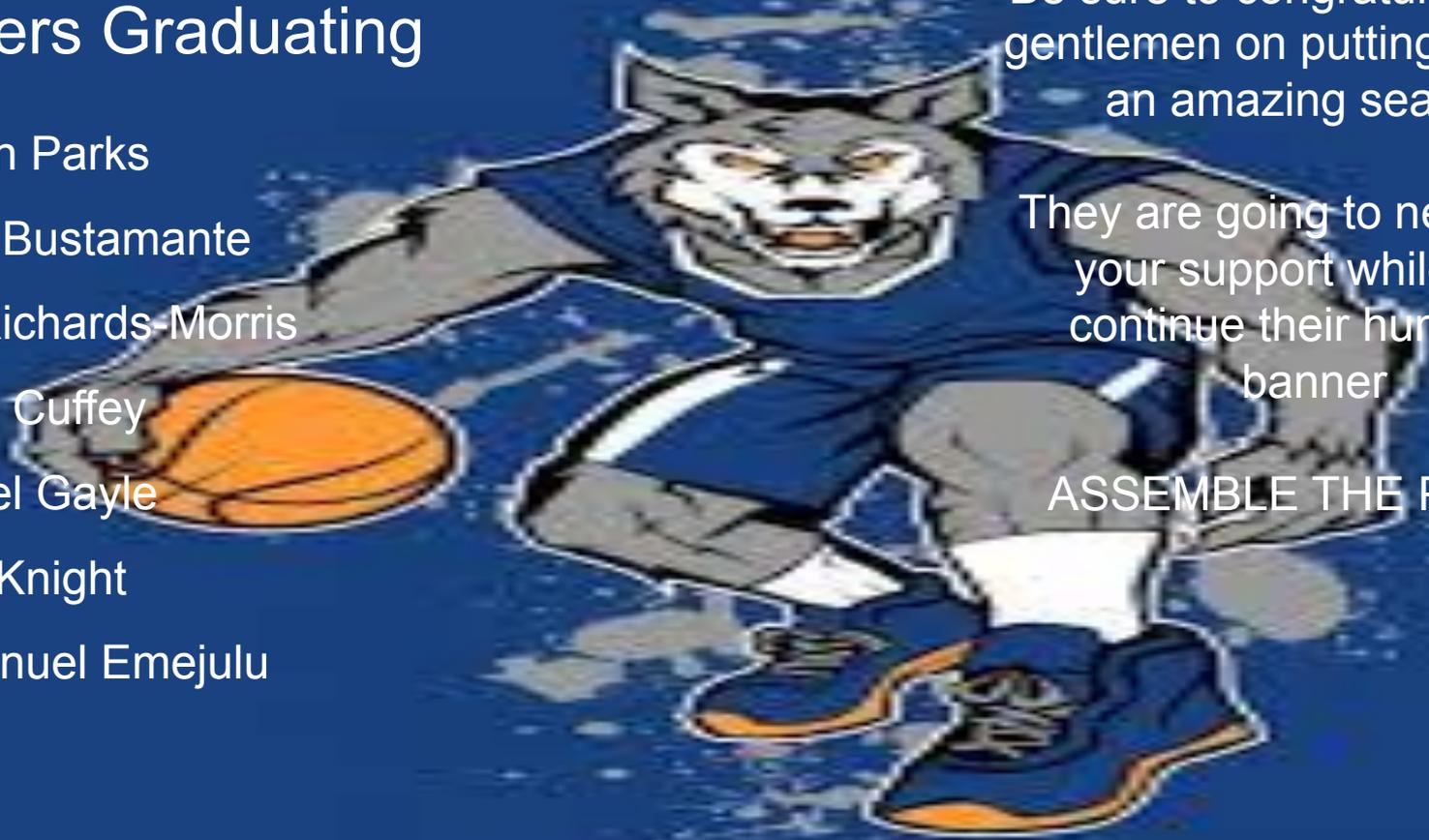
Zion Richards-Morris

Jaylen Cuffey

Samuel Gayle

Blake Knight

Emmanuel Emejulu



Be sure to congratulate these gentlemen on putting together an amazing season!

They are going to need all of your support while they continue their hunt for a banner

ASSEMBLE THE PACK!!!



**FYI and
Reminders**

SPC cards go on sale again on February 19th during SENIOR lunch

only \$10

Tim Hortons has been added to the list.



Get SPC for only 10 bucks

from our high school

Save on your favourite brands all year



& many more



Card is valid for
1 year!
Lots of savings!

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Feb. 3rd, (T)

Feb. 10th - 12th (T-Th)

Feb. 17th - 19th (T-Th)

Feb. 24th - 26th (T-Th)



February 2026



Before sending a student to the office, please always call first. Extension 20309 - Room In the Administration Office.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---------|-----------|--------------------------------|--------------------------------|
| 02 | 03 | 04 | 05 AM Present PM Present | 06 AM Present PM Present |

Confidential and Free Services

- Vaccination
- STI screening and treatment
- Hormonal contraception prescription
- Emergency contraceptive pill (Plan B, morning-after pill)
- Pregnancy test
- Free condoms
- Abortion referral/follow-up
- Contraception and STI information

The nurse has NO medication.

YOUTH CLINIC 14 to 24 years old (CLSC LaSalle)
8550 Newman Blvd.
(bus 106, next to Scores)
Make an appointment by visiting the Clic Santé website:
<https://portal3.clicsante.ca/>

EMERGENCY 911
INFO-Santé or INFO-Sociale
811

Text Me!

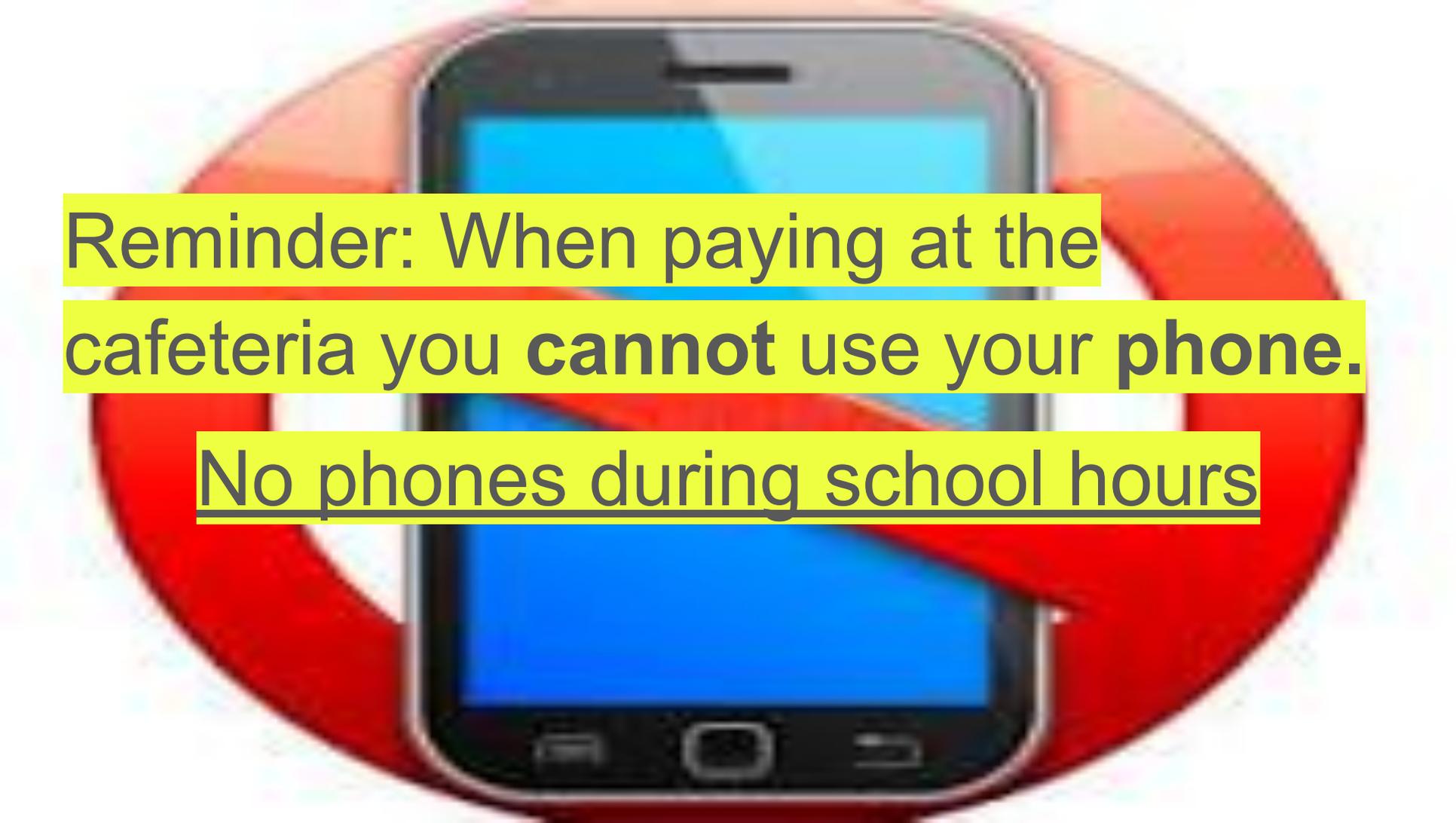
You can call me or text me when I am not present in school!

Sabrina James 514-820-9564 sabrina.james.comtl@ssss.gouv.qc.ca

*You can give this number to other students.

Nurse

4%



Reminder: When paying at the cafeteria you **cannot** use your **phone**.

No phones during school hours

GUIDANCE COUNSELOR

WELCOME MS. MAVIS

SCHEDULE YOUR
APPOINTMENT! (EMAIL
ONLY)



MONDAYS AND TUESDAYS ONLY

MTEYEO2@LBPEARSON.CA



**Lunch
Time
Activities**

Come join us in the innovation room



Lounging area and games available during

JR and SR Lunch

Junior Lunchtime Activities

January 26 to January 30



MONDAY

TUESDAY

WEDNESDAY

**BOARD GAMES
C211**

**BOARD GAMES
C211**

THURSDAY

FRIDAY

****NOTE****

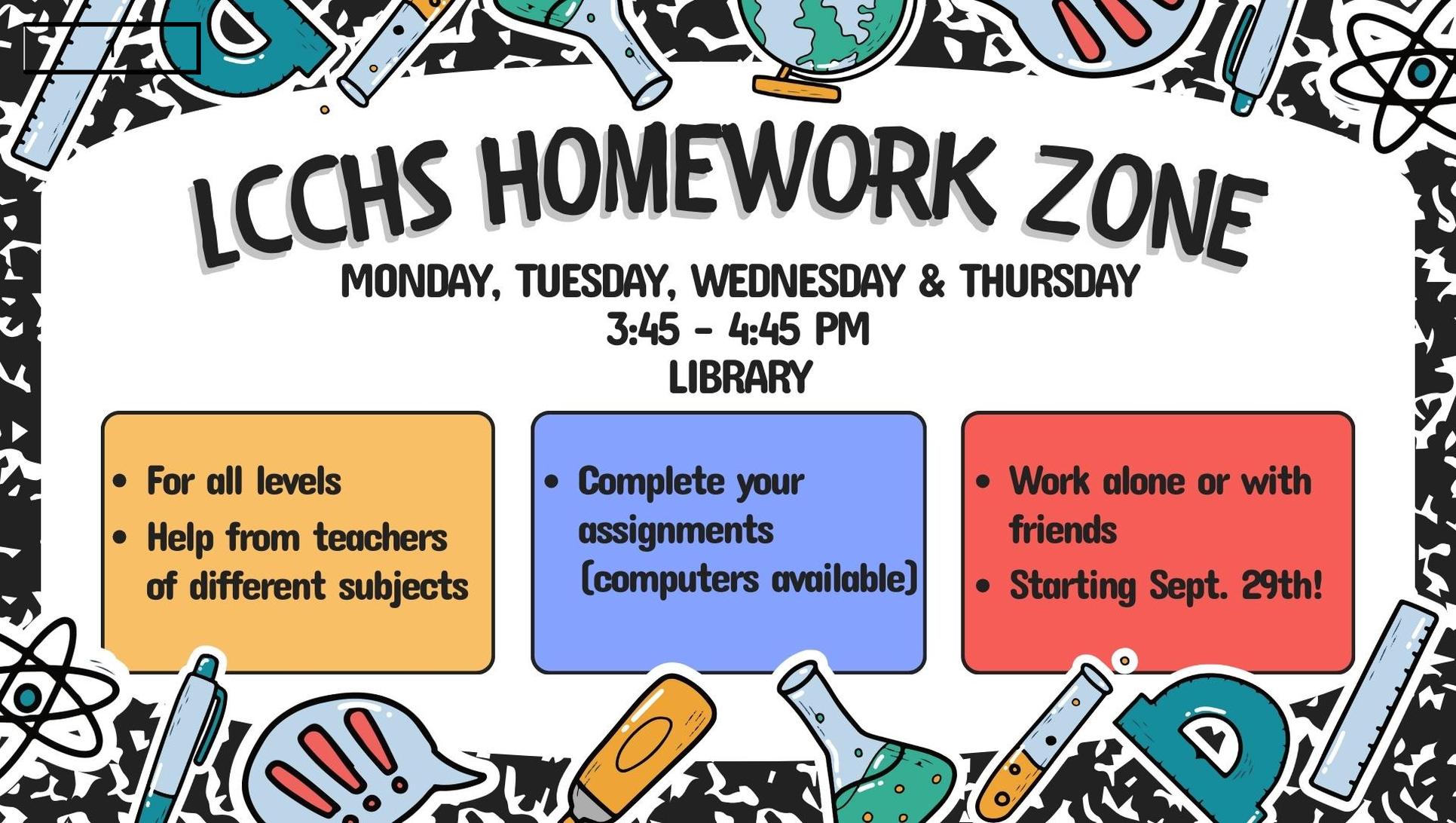
PED DAY

**BOARD GAMES
C211**

Please be quiet in hallways



**After
School
Activities**



LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!

After school activities that are still available to sign up for:

Check following slides

**See Ms. Cassandra in the morning, during your lunch, or
after school - NOT IN BETWEEN CLASSES**

THE VOICE LAB

A person with glasses and a star-shaped earring is shown in profile, singing into a microphone. The background is a warm, orange glow.

with Ms. Caroline

Tuesdays

Start in Cafeteria - Auditorium

Your voice, your vibe! No pressure just music. Sing, perform, belong!

All skill levels welcome, just bring your voice!



*Jewellery Making & Design
Wednesdays - Thrive Room*

A person in a dark, patterned shirt is holding a small black pot with a long handle. In the background, a larger stainless steel pot is on a stove, with thick white steam rising from it. The scene is set in a kitchen with a blurred background.

Cooking Club *In the Kitchen*

Wednesdays
w/ Ms. Catherine & Ms. Caroline

Bring a container to take some food home.

A high-angle photograph of a pottery workshop. Several people are seated around a long, light-colored wooden table. The table is cluttered with various pottery-making supplies: wooden rolling pins, small plastic containers filled with different colored glazes (white, yellow, brown, red), brushes, and pieces of pottery. Some people are actively working on their pieces, while others are observing. The scene is brightly lit, suggesting an outdoor or well-lit indoor setting. The overall atmosphere is one of creative activity and learning.

**The Creative Drip
w/ Ms. Lorine
Mondays, C132**

DRAMA CLUB

MONDAYS

**Develop performance skills
while expressing yourself
through facial and body
language.**

**With LCCHS ALUMNI 's own actor
TRISTAN LALA**



步步惊心



FRIDAY
NO ACTIVITIES