

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

February 11th, 2026 | Day 4 Miniday

WHO KNEW? WEDNESDAY



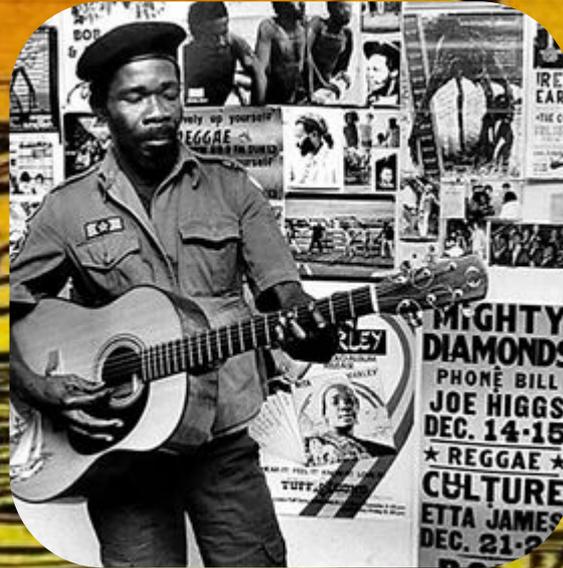
DID YOU KNOW?

Hiram Rhodes Revels was sworn in as the first Black U.S. senator in 1870. He only served one year but broke the racial barrier in federal governance, championed the integration of schools, and advocated for the rights of freedmen.



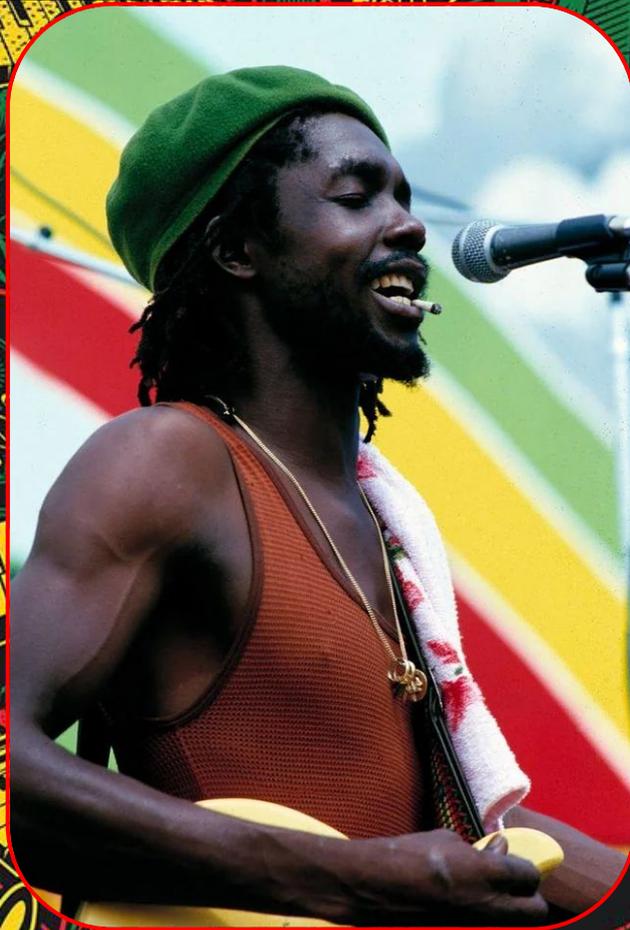
Reggae

Reggae finds its beginnings as a music genre in the heart of Jamaica in the late 60s. Reggae is a mix of Jazz, rhythm and blues, and rocksteady. Reggae is the music of the people, most songs are about the struggle and injustices suffered by marginalized groups. The genre's most well known artists are the father reggae Joe Higgs, Bob Marley and Jimmy cliff.



Reggae honorable mentions

Peter Tosh and Dennis Brown are more incredible reggae artists. Peter Tosh was a core member of the Wailers who later became an established solo artist. Dennis Brown was an incredible creative who in just a few years recorded over 75 albums.



Jackie Robinson (1919–1972)



Jackie Robinson was an African American baseball player in the 1940's. He was the first ever African American player to break the color barrier in the National League. He was able to pave the way for many other African American baseball players.

Every april 15th they celebrate Jackie and what he did. All teams all players all umpires that play on april 15th wear 42(Jackie's number).

<https://www.youtube.com/watch?v=-VE0-ynbg4A>



*Thank you to
our teachers and staff*

Staff Appreciation Week
February 9th until February 13th

THANK YOU FOR YOUR DEDICATION!
WE APPRECIATE YOU!
THANK YOU FOR ALL THAT YOU DO!





Today

Please put your bins in the hallway on
Wednesday, February 11, **Period 1**



Upcoming

February is worlds international heart month

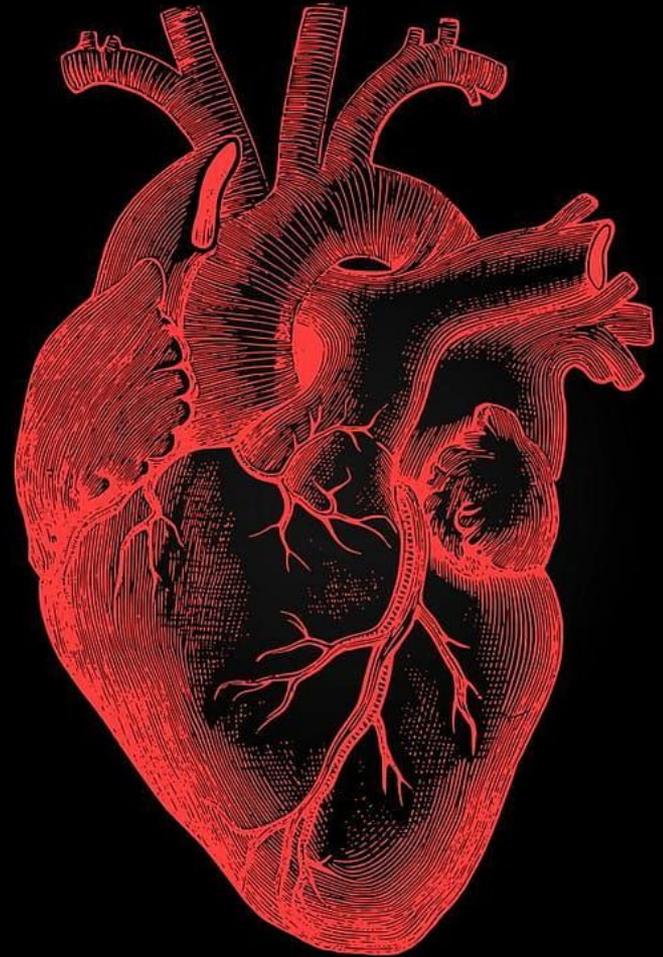
On February 13th we will have a Valentines dress down day.
(Red, Pink and white colours)
All the money will go to the
Fondation En Coeur

“ 1 in 100 children are born with a heart disease or defect that will require medical care” “we have a mission of helping children with congenital heart disease and their families by offering them information and support services.” fondation en coeur



[Your donation, your way to make a difference](#)
[- Site web](#)

With your help this fondation can help many
people



**Hot Chocolate for sale
Tuesday, February 24th
ONLY \$1**



Pink Shirt day

Wear a pink shirt and
school uniform pants
To raise awareness of
bullying!

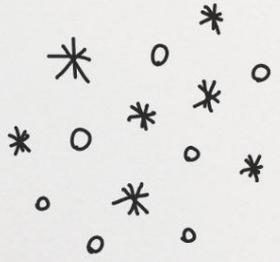
Tuesday, February 24th



Stop bullying!!!

LOVE

MEDIA ARTS PROGRAM



TO SIGN UP,
SEE
MS. JOANNE!

Photography
Group discussions
Creative Writing
Arts & Crafts
Safe Space
FREE SNACKS!



FOR STUDENTS
IN **GRADE 9**



Starts March 12
for 10 weeks
On **Thursdays**,
during **Period 2**

Greater than anything

LOVE



Helping Your
Community

Course et marche populaires de LaSalle Community and Service opportunity



Date: Sunday, March 29, 2026

Time: 7:00 a.m. to 11:30 a.m.–12:00 p.m.

Location:

Pearson Adult and Career Center (PACC)
8310 Georges Street, LaSalle

Meeting Area:

PACC Cafeteria

All the information is posted in your **MYP Google Classroom**. Please make sure to review it **before emailing me to confirm your participation**.



Mme B.
kbaillargeon@lbpearson.ca





2026 St. Patrick's Parade Banner Carriers needed Sunday, March 22 11 am to 4 pm

- 
- 40 spots
 - IB Hours granted

Interested? tgesto@lbpearson.ca
or sign up outside of C-220



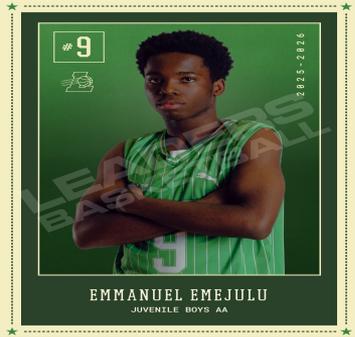
ATHLETICS

HOME

GUEST



One Last Howl



Come and support your graduating seniors in their last regular season home game

February 10th @ 3:30 vs John Rennie



Players Graduating

Kaiylon Parks

Jaxen Bustamante

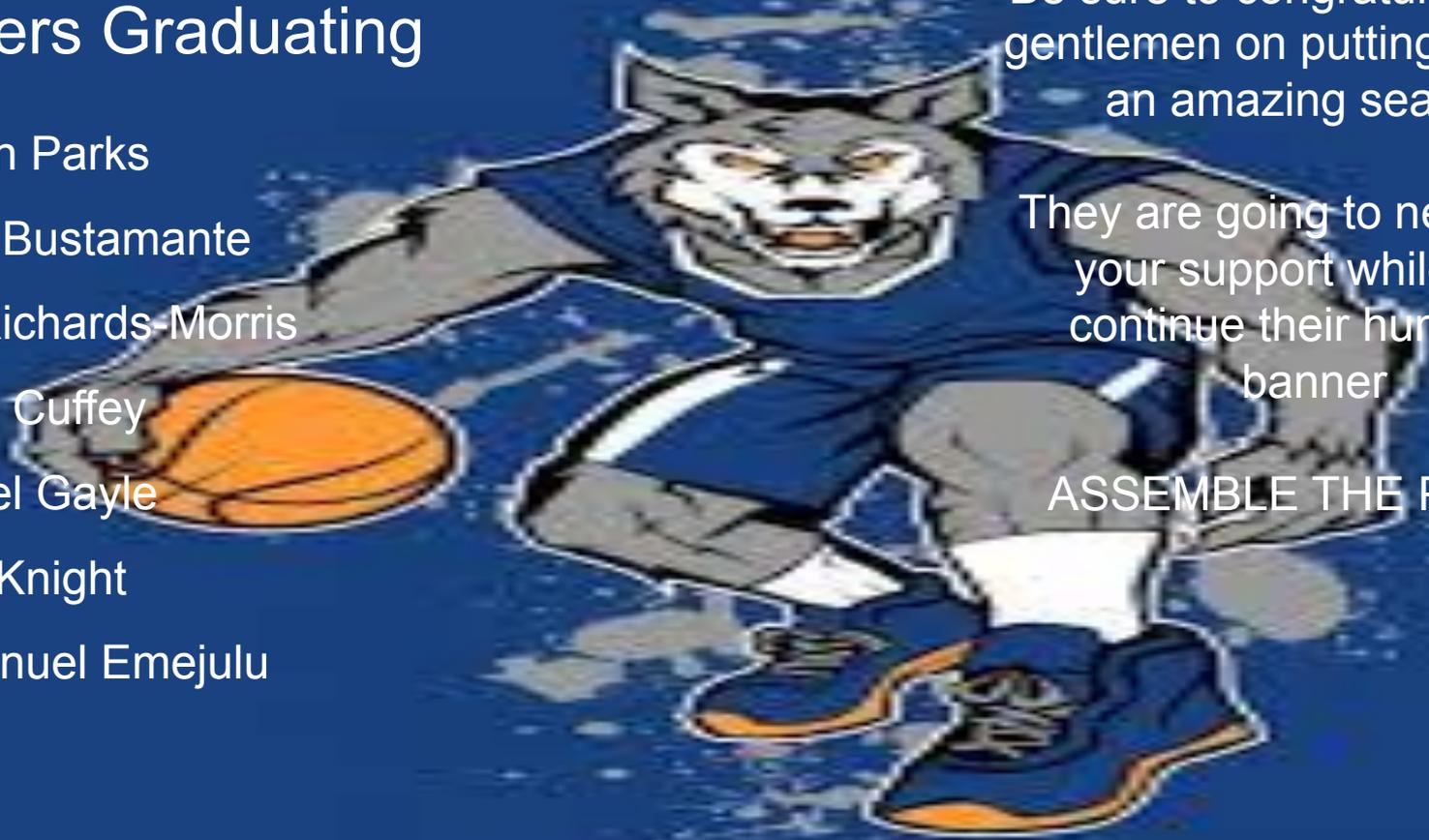
Zion Richards-Morris

Jaylen Cuffey

Samuel Gayle

Blake Knight

Emmanuel Emejulu



Be sure to congratulate these gentlemen on putting together an amazing season!

They are going to need all of your support while they continue their hunt for a banner

ASSEMBLE THE PACK!!!



**FYI and
Reminders**

SPC cards go on sale again on February 19th during SENIOR lunch

only \$10

Tim Hortons has been added to the list.



Get SPC for only 10 bucks

from our high school

Save on your favourite brands all year



& many more



*Card is valid for
1 year!
Lots of savings!*

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Feb. 3rd, (T)

Feb. 10th - 12th (T-Th)

Feb. 17th - 19th (T-Th)

Feb. 24th - 26th (T-Th)



February 2026



Before sending a student to the office, please always call first. Extension 20309 - Room In the Administration Office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
09 CLSC	10 CLSC Youth Clinic	11 AM Present PM Present	12 CLSC Youth Clinic	13 Congé

Text Me!

Confidential and Free Services

- Vaccination
- STI screening and treatment
- Hormonal contraception prescription
- Emergency contraceptive pill (Plan B, morning-after pill)
- Pregnancy test
- Free condoms
- Abortion referral/follow-up
- Contraception and STI information

The nurse has NO medication.

YOUTH CLINIC 14 to 24 years old (CLSC LaSalle)
8550 Newman Blvd.
(bus 106, next to Scores)
Make an appointment by visiting the Clic Santé website:
<https://portal3.clicsante.ca/>

EMERGENCY 911
INFO-Santé or INFO-Sociale
811

You can call me or text me when I am not present in school!

Sabrina James 514-820-9564 sabrina.james.comt@ssss.gouv.qc.ca

*You can give this number to other students.

Nurse

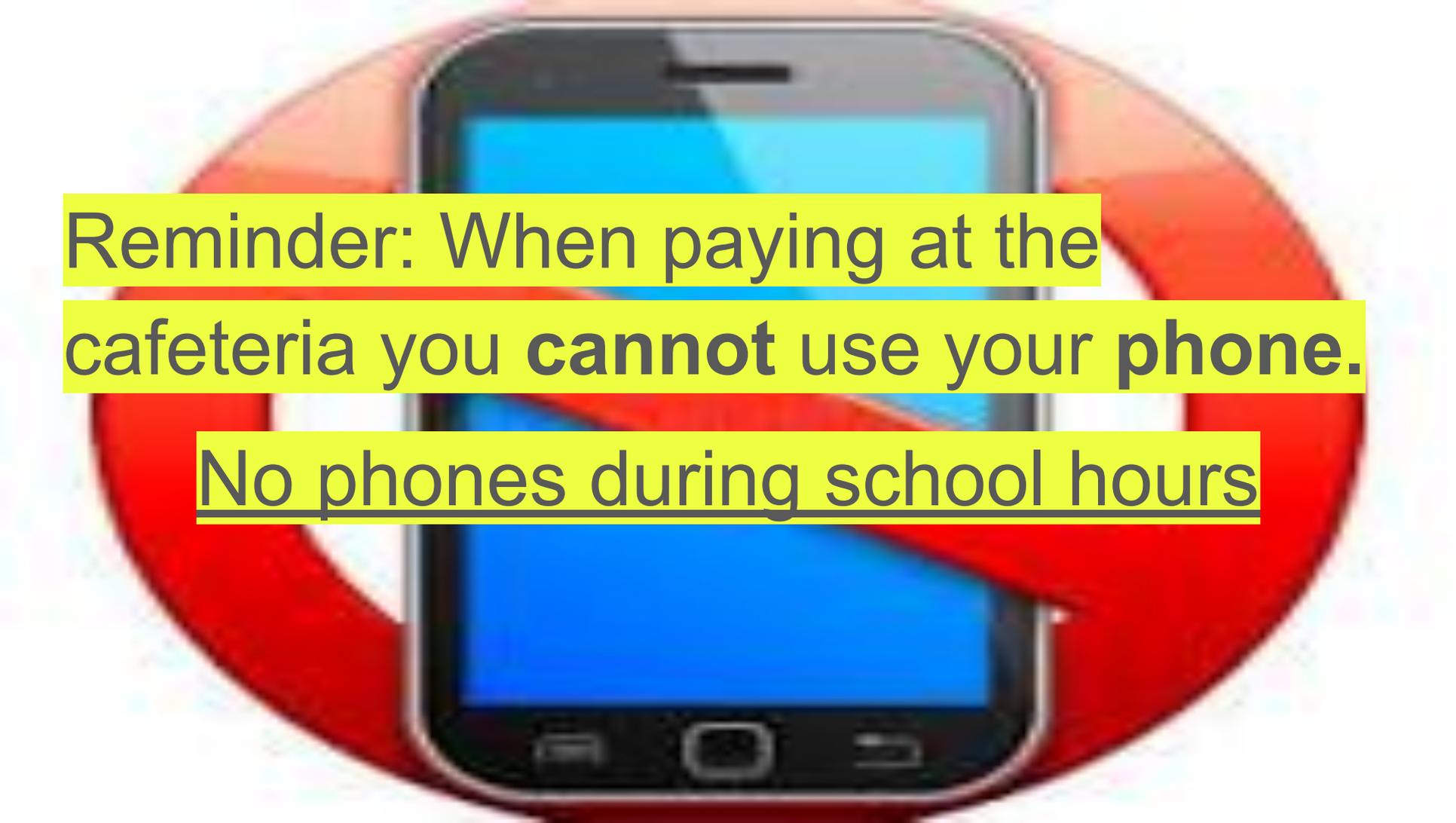
Our Guidance Counsellor, Ms. Rachelle, is back at LCCHS *5 days a week*

Book an appointment for:

- Cegep applications (deadline: March 1)
- Trade school applications
- Career exploration

<https://calendly.com/lcchs>
rdoucet03@lbpearson.ca

Office located in the Main Office area

A red prohibition sign, consisting of a circle with a diagonal slash, is superimposed over a smartphone. The smartphone screen is blue. The background is white with faint, colorful confetti.

Reminder: When paying at the cafeteria you **cannot** use your **phone**.

No phones during school hours



**Lunch
Time
Activities**

Come join us in the innovation room



Lounging area and games available during

JR and SR Lunch

Junior Lunchtime Activities



MONDAY

TUESDAY

WEDNESDAY

**BOARD GAMES
C211**

MINI DAY

THURSDAY

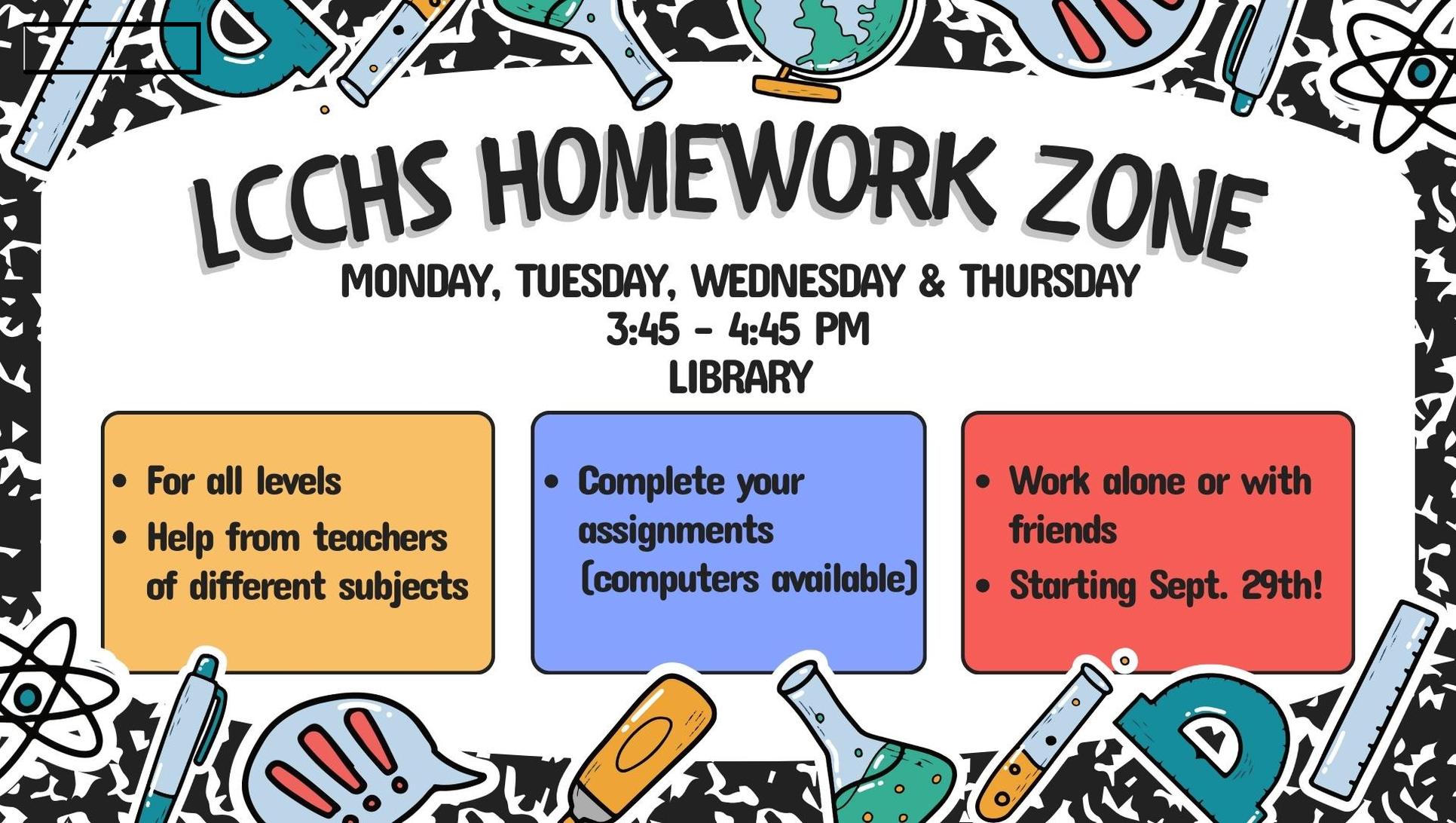
FRIDAY

****NOTE****

**BOARD GAMES
C211**

Please be quiet in hallways

**After
School
Activities**



LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!



WEDNESDAY
MINI DAY
NO ACTIVITIES