

The image shows the exterior of a school building with a modern, geometric facade. A large blue circle is overlaid on the center of the image, containing text. The building has a brick base and a grey upper section with decorative panels. A Canadian flag is visible on the left side of the building. The sky is clear and blue.

**LaSalle Community
Comprehensive High
School**

DAILY HOWL

February 20th, 2026 | Day 4

COMMUNITY

Spotlight

During Black History Month, we want to highlight the achievements of the members of the black community in Montreal. This week we are proud to spot light:

DR. DOROTHY WILLIAMS

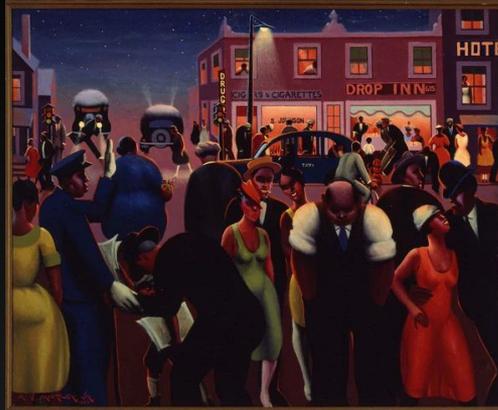


DR. WILLIAMS HAS WORKED AS A HISTORIAN, AUTHOR, EDUCATOR, RESEARCHER, CONTENT DEVELOPER, AND CONSULTANT. SHE SPECIALIZES IN BLACK CANADIAN HISTORY .

DR. DOROTHY WILLIAMS ADVANCED INCLUSIVE EDUCATION BY CREATING ACCESSIBLE RESOURCES ON BLACK CANADIAN HISTORY AND TRAINING EDUCATORS TO BETTER TEACH IT. ROOTED IN MONTREAL'S LITTLE BURGUNDY, HER DECADES OF COMMUNITY WORK HELPED PRESERVE LOCAL BLACK HERITAGE AND STRENGTHEN REPRESENTATION IN SCHOOLS.

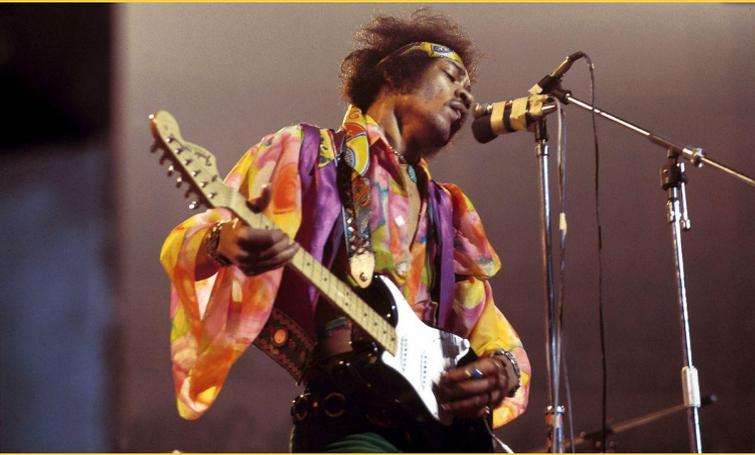
Harlem Renaissance

In the 1920's there was a great cultural shift within the black community. Black people from the south were moving north to major cities like Harlem, in such great numbers it was called the Great Migration. This led to an explosive growth in African American identity. The emergence of new Black literature, art, music and intellectuals created the foundation of the Black identity in America.



Jimi

Hendrix



1942-1970

Arguably the most influential & greatest guitarist of all time. He was influential as he broke the major racial barrier that being in the rock & roll industry at the time & inspired freedom for anyone to do the same that he did.

Facts & Discography

- Played at Woodstock 69
- Self Taught Left handed guitarist
- All Along the Watchtower



March 11 1950

Bobby McFerrin was an American operatic baritone and the first African-American man to sing at the Metropolitan Opera in New York City



He preferred to sing without fixed lyrics

McFerrin's parents both had distinguished vocal careers

He started playing in 1977

It was the first a capella song to reach number-one on the Billboard Hot 100 chart



Bobby McFerrin was born in Manhattan, New York City, United States

In 1984, McFerrin performed onstage at the Playboy Jazz Festival in Los Angeles

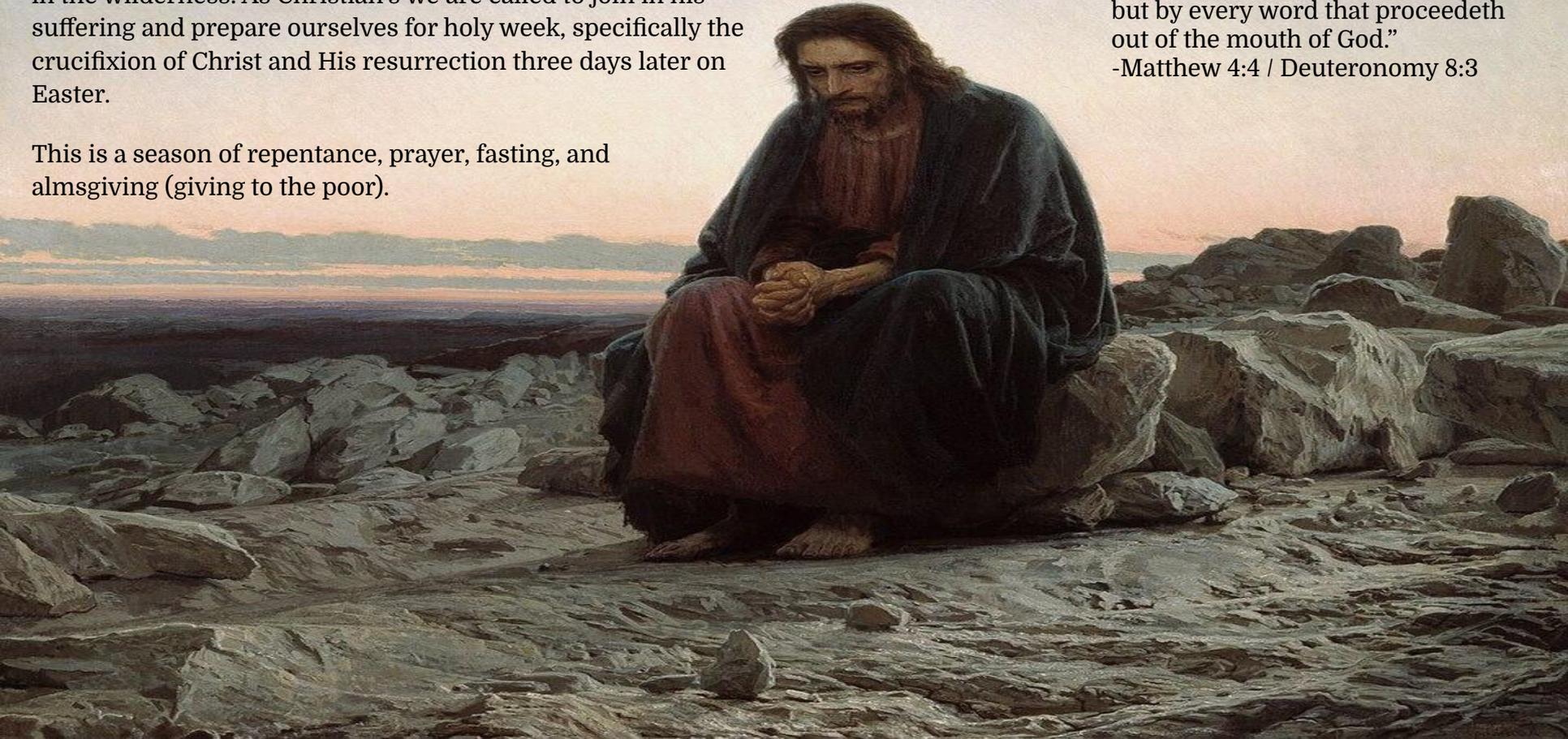
40 Days Of Lent

Lent is a period of 40 days where Jesus fasted and was tempted in the wilderness. As Christians we are called to join in his suffering and prepare ourselves for holy week, specifically the crucifixion of Christ and His resurrection three days later on Easter.

This is a season of repentance, prayer, fasting, and almsgiving (giving to the poor).

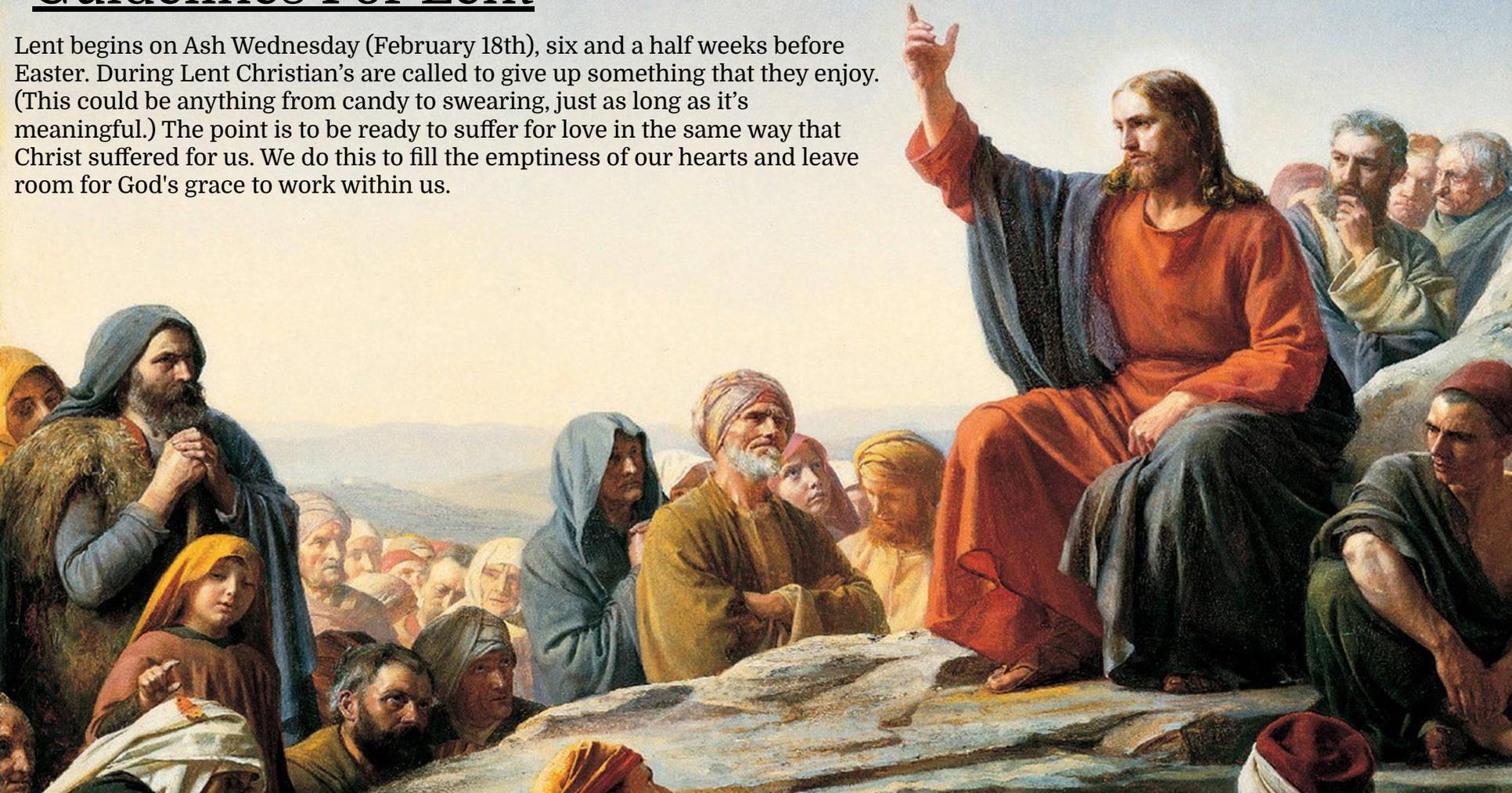
“Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God.”

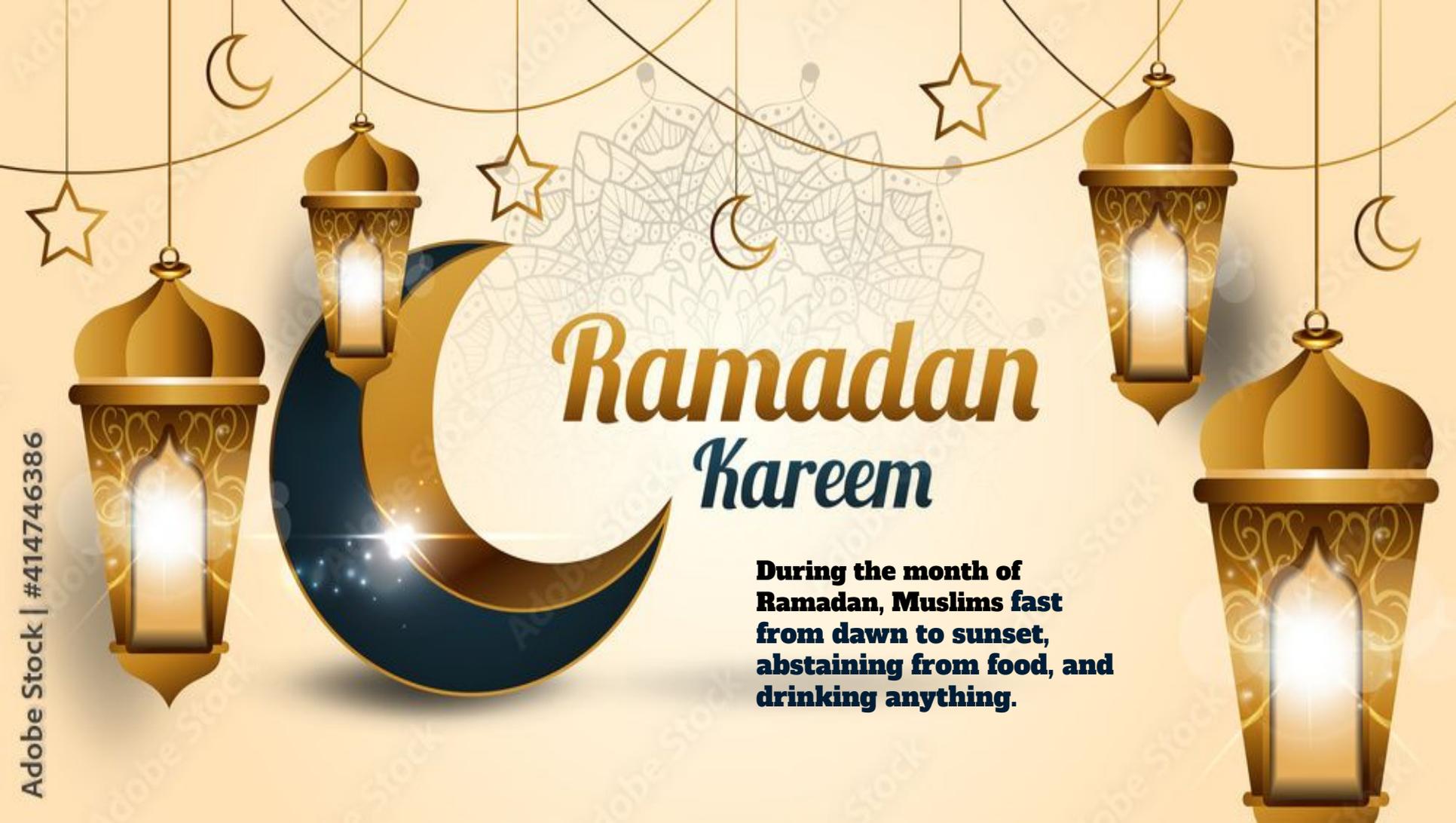
-Matthew 4:4 / Deuteronomy 8:3



Guidelines For Lent

Lent begins on Ash Wednesday (February 18th), six and a half weeks before Easter. During Lent Christians are called to give up something that they enjoy. (This could be anything from candy to swearing, just as long as it's meaningful.) The point is to be ready to suffer for love in the same way that Christ suffered for us. We do this to fill the emptiness of our hearts and leave room for God's grace to work within us.





Ramadan Kareem

**During the month of
Ramadan, Muslims fast
from dawn to sunset,
abstaining from food, and
drinking anything.**

Upcoming



WINTER CARNIVAL 2026
Wednesday, February 25

HEY TUBERS !!!

- Meet at LCCHS: **8:15 AM**
- **Bring your lunch!** The canteen is quite expensive!
- Wear snow & winter boots!
STAYING DRY IS FUN!
- Depart time from hill: 3:00 PM
(back by 4:30 PM)
- Questions? svarinsky@lpearson.ca

WINTER CARNIVAL 2026
Wednesday, February 25

HEY SKIERS !!!

- Depart: **7:30 AM** (yikes!)
- **Bring your lunch!** The cantine is quite expensive!
- Bring goggles or sunglasses
- Depart time from hill: 3:00 PM (back by 4:30 PM)
- Questions? svarinsky@lbpearson.ca



TAKING A LESSON?
YOU NEED TO HAVE YOUR
PARENTS SIGN A WAIVER.
PICK IT UP IN C-213

**Hot Chocolate for sale
Tuesday, February 24th
ONLY \$1**



Pink Shirt day

Wear a pink shirt and
school uniform pants
To raise awareness of
bullying!

Tuesday, February 24th



Stop bullying!!!

Winter Carnival

Free Skate

When: Wednesday, Feb 25th
Where: Jacque Lemaire Arena
Time: 10:00 am - 12:00

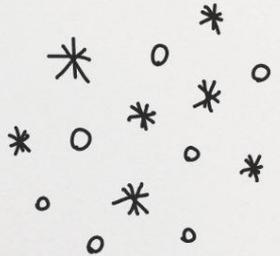


You must sign-up either at lunch outside the Innovation room or see Mr. Dort in room C260 Thursday and Friday of this week.

You must have skates and proper helmet to participate.

LOVE

MEDIA ARTS PROGRAM



TO SIGN UP,
SEE
MS. JOANNE!

Photography
Group discussions
Creative Writing
Arts & Crafts
Safe Space
FREE SNACKS!



FOR STUDENTS
IN GRADE 9



Starts March 12
for 10 weeks
On Thursdays,
during Period 2



Helping Your
Community

Course et marche populaires de LaSalle Community and Service opportunity



Date: Sunday, March 29, 2026

Time: 7:00 a.m. to 11:30 a.m.–12:00 p.m.

Location:

Pearson Adult and Career Center (PACC)
8310 Georges Street, LaSalle

Meeting Area:

PACC Cafeteria

All the information is posted in your **MYP Google Classroom**. Please make sure to review it **before emailing me to confirm your participation**.



Mme B.
kbaillargeon@lbpearson.ca





2026 St. Patrick's Parade Banner Carriers needed Sunday, March 22 11 am to 4 pm

- 
- 
- 40 spots
 - IB Hours granted

Interested? tgesto@lbpearson.ca
or sign up outside of C-220





**FYI and
Reminders**

February 2026



Before sending a student to the office, please always call first. Extension 20309 - Room In the Administration Office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16	17	18	19 AM PRESENT	13 AM PRESENT PM PRESENT

Confidential and Free Services

- Vaccination
- STI screening and treatment
- Hormonal contraception prescription
 - Emergency contraceptive pill (Plan B, morning-after pill)
 - Pregnancy test
- Free condoms
 - Abortion referral/follow-up
- Contraception and STI information

The nurse has NO medication.

YOUTH CLINIC 14 to 24 years old (CLSC LaSalle)
8550 Newman Blvd.
(bus 106, next to Scores)
Make an appointment by visiting the Clic Santé website:
<https://portal3.clicsante.ca/>

EMERGENCY 911
INFO-Santé or INFO-Sociale
811

Text Me!

You can call me or text me when I am not present in school!

Sabrina James 514-820-9564 sabrina.james.comtl@ssss.gouv.qc.ca

*You can give this number to other students.

SPC cards go on sale again on February 19th during SENIOR lunch

only \$10

Tim Hortons has been added to the list.



Get SPC for only 10 bucks

from our high school

Save on your favourite brands all year



& many more



*Card is valid for
1 year!
Lots of savings!*

Start your day with breakfast

Free breakfast in the cafeteria

from 8:15am to 8:45am

Please note the dates

Feb. 3rd, (T)

Feb. 10th - 12th (T-Th)

Feb. 17th - 19th (T-Th)

Feb. 24th - 26th (T-Th)



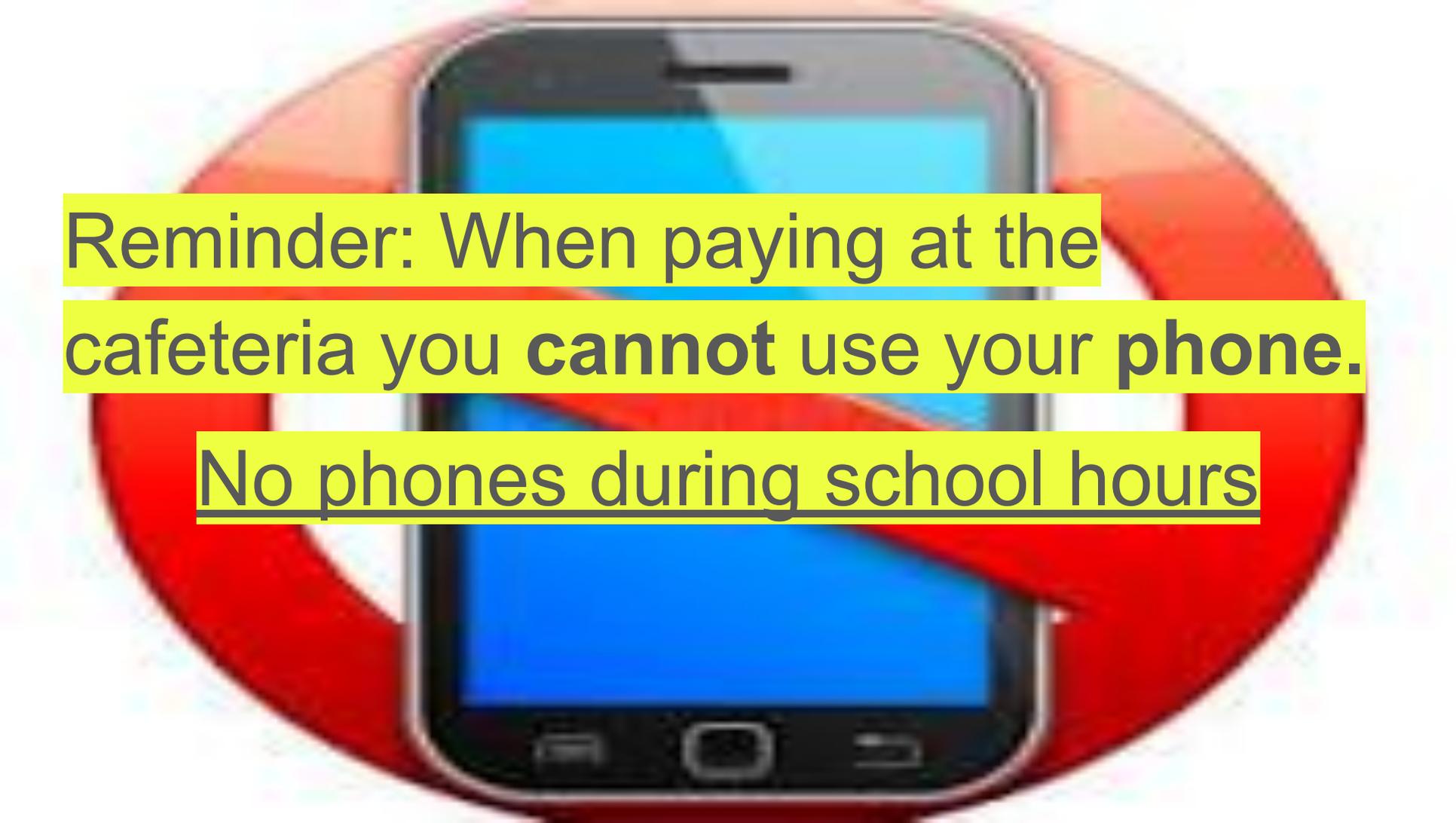
Our Guidance Counsellor, Ms. Rachelle, is back at LCCHS *5 days a week*

Book an appointment for:

- Cegep applications (deadline: March 1)
- Trade school applications
- Career exploration

<https://calendly.com/lcchs>
rdoucet03@lbpearson.ca

Office located in the Main Office area



Reminder: When paying at the cafeteria you **cannot** use your **phone**.

No phones during school hours



**Lunch
Time
Activities**

Come join us in the innovation room



Lounging area and games available during

JR and SR Lunch

Junior Lunchtime Activities



MONDAY

PED DAY

TUESDAY

**BOARD GAMES
C211**

WEDNESDAY

**BOARD GAMES
C211**

THURSDAY

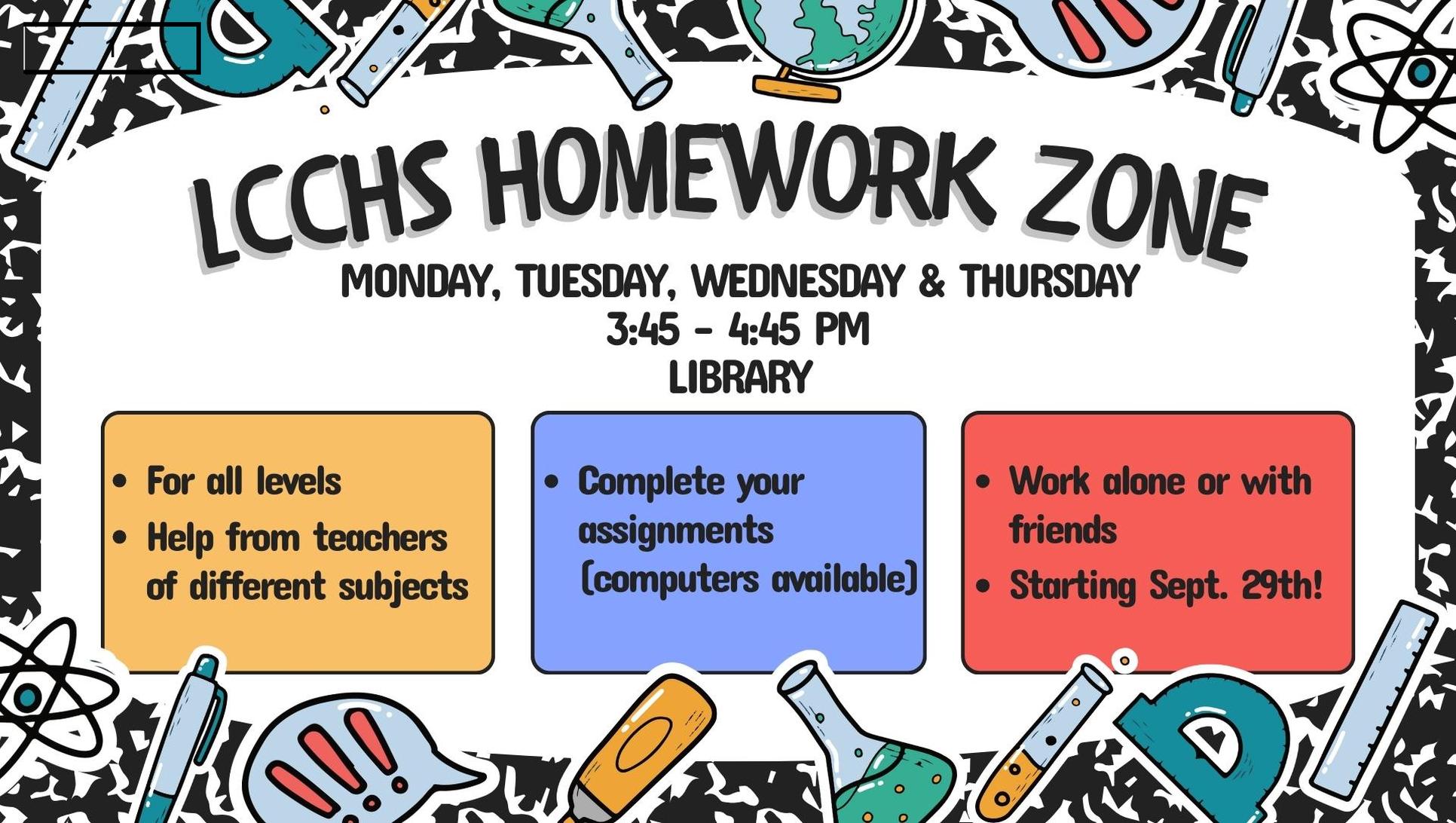
FRIDAY

**BOARD GAMES
C211**

****NOTE****

Please be quiet in hallways

**After
School
Activities**



LCCHS HOMEWORK ZONE

MONDAY, TUESDAY, WEDNESDAY & THURSDAY

3:45 - 4:45 PM

LIBRARY

- For all levels
- Help from teachers of different subjects

- Complete your assignments (computers available)

- Work alone or with friends
- Starting Sept. 29th!



Friday
No activities

★ STUDENT RECOGNITION



IB LEARNER PROFILE



December 2025 - BALANCED **Arts - Drama**

LEVEL 1	Viviana Anderson Romero
---------	-------------------------

LEVEL 2	Vincent Crevier
---------	-----------------

LEVEL 3	Reemna Hagos
---------	--------------

LEVEL 4	Sarina Turner
---------	---------------

LEVEL 5	Lynx Patten
---------	-------------

IB LEARNER PROFILE



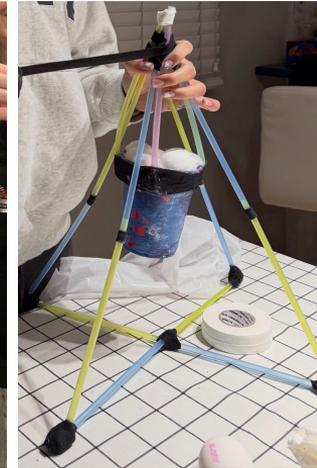
January 2026 - PRINCIPLED Design

LEVEL 1	51 - Harmony Knight 52 - Victoria Vetro
LEVEL 2	51 - Keegan Cousins 52 - Emily Collins
LEVEL 3	51 - Adam McLachlan 52 - Andrei Ignatin
LEVEL 4	35 - Matias Cofré, Nicolas Furgieule & Nathan Rossi 36 - Ishana Ahamed, Sydney Chicoine & Megan Too

ATL SKILLS IN ACTION - January 2026

Design

SEC 1 IB - EGG LANDER PROJECT



COMMUNICATION SKILLS

- Read a variety of sources for information
- Find information using a variety of media



RESEARCH SKILLS

- Identify primary and secondary sources

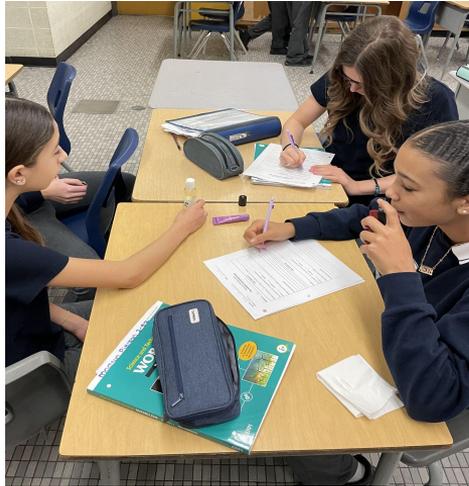


THINKING SKILLS

- Apply existing knowledge to generate new ideas, products or processes

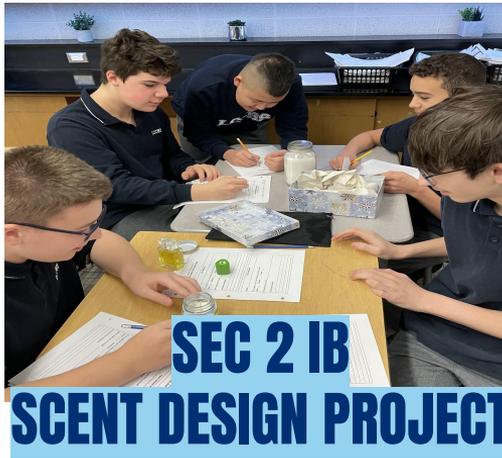
COMMUNICATION SKILLS

- Read a variety of sources for information
- Find information using a variety of media



SOCIAL SKILLS

- Give and receive meaningful feedback



THINKING SKILLS

- Apply existing knowledge to generate new ideas, products or processes

